In the 1960s the U.S. crafted and implemented an array of social assistance and social insurance policies aimed at alleviating poverty. Fifty years later, many of these programs and policies—or variations of them—are still in effect. Primarily using data from literature, this paper analyzes the effectiveness of antipoverty programs over the last half-century. We find that social insurance programs have had much stronger effects on reducing poverty rates than have social assistance programs. Overall, the U.S. social welfare system tends to favor in-kind over cash benefits, and has expanded the scope and reach of its provision of medical care, food, and tax benefits. While antipoverty programs and policies have been somewhat successful in alleviating poverty among the elderly and disabled, they have failed to alleviate poverty among single mothers and their children.
Introduction

By the 1960s more than one fifth of the U.S. population lived in poverty. Rates of poverty were highest among the elderly (35%), followed by children (27%) (DeNavas-Walt, Proctor, & Smith, 2013). Although the nation had enjoyed close to a decade of postwar economic prosperity, a host of internal and external conflicts posed new challenges (Trattner, 1999; Stern & Axinn, 2012). An increased flow of immigrants and refugees from Europe, Latin America and Asia, and changing birth and death rates, led to an enormous increase in population size—132 million in 1940, to 205 million in 1970—which in turn created new social welfare needs (Stern & Axinn, 2012). Urbanization posed another set of challenges. The percentage of the population living in urban areas grew from 64% in 1950 to 72% in 1970, and urban centers experienced worsening conditions (Trattner, 1999; Stern & Axinn, 2012). Redlining practices left poor families with limited access to building loans, urban renewal projects displaced predominantly nonwhite residents, and pollution intensified (Paker & Shepherd, 2008). In Appalachian communities, there were high rates of high school dropout, incarceration, and joblessness (Gillette, 2010; Ziliak, 2010). Several notable books, including Michael Harrington’s The Other America: Poverty in the United States and Dwight MacDonald’s Our Invisible Poor, helped spark public discourse about both urban and rural poverty. At the same time, the intensifying Civil Rights Movement drew widespread attention to the state of inequality and discrimination.

President Lyndon B. Johnson’s ambitious “unconditional war on poverty,” which he launched within months of taking office, aimed to “not only relieve the symptom of poverty, but to cure it and, above all, to prevent it” (Johnson, 1964). This war on poverty centered on several key pieces of legislation. The Food Stamp Act (1964) gave permanent legislative authority to the pilot program, which had been created in 1962 to raise levels of nutrition among low-income households. The Economic Opportunity Act (1964) centered on job training, work incentives, and social services, established programs to provide the education, skills, training, and experience deemed necessary for success (e.g., Job Corps, VISTA, and federal work-study), created specialized programs to combat rural poverty, and established the Office of Economic Opportunity (OEO). The Social Security Amendments (1965) established Medicare and Medicaid and expanded Social Security benefits. Also enacted in 1965, the Elementary and Secondary Education Act established Title I, which distributed federal funding to low-income schools. Finally, the 1965 Appalachian Regional Development Act (ARDA) created the Appalachian Regional Commission (ARC) to expand economic opportunities, human capital, transportation, and other forms of infrastructure (Trattner, 1999; Stern & Axinn, 2012).

Following the 1960s, the war on poverty encountered several key shifts. Although numerous social, political, and economic factors shaped social welfare developments during the 1970-1990 period, two particularly framed its history. The first was a consequence of slow economic growth, high inflation, and high unemployment, which left limited resources to pay for expanding social welfare demands. Wage growth slowed significantly during the 1970s, which meant that economic growth had less of an effect on raising the wages of low-skilled workers (Bailey & Danziger, 2013). Second, the veto of 1971 marked a substantial ideological shift in the sphere of social welfare. The political right, dubbed the “New Right,” was suspicious of government programs, and viewed welfare as weakening traditional family structure and morality (Stern & Axinn, 2012). Over time, the New Right’s battle for conservative fiscal and social policies contributed to a shift in public opinion (Trattner, 1999; Stern & Axinn, 2012).

Since the 1990s, antipoverty programs and policies have continued to undergo significant changes. While the 1990s began in the shadow of a recession, unemployment and inflation rates quickly decreased as technological advances led to increased productivity and standards of living (Stern & Axinn, 2012). At the same time, racial and ethnic demographic shifts, increasing rates of incarceration, divorce and single motherhood, and the increasing visibility of gay and lesbian populations, have challenged some of the key assumptions of many antipoverty programs and policies (Bailey & Danziger, 2013). Program and policy reforms during this period, most notably the 1996 welfare reforms, have made the American social safety net more work-based. In addition, the system has shifted further in favor of social insurance programs and tax incentives, which do not necessarily target the poor (Ziliak, 2011).

The purpose of this paper is to analyze the effectiveness of antipoverty programs over the last fifty years. Certainly, antipoverty programs and policies are closely tied to changing cultural, political and economic contexts. Before exploring some of these issues further, and considering their effects on antipoverty effectiveness, this paper will first provide a brief overview of a number of key programs.

Types and Content of Anti-Poverty Programs

Social Assistance Programs

Social assistance programs are
aimed at alleviating poverty among low-income individuals and families. These are means-tested programs that require recipients to meet specific sets of requirements. In particular, Temporary Assistance to Needy Families (TANF) and the Supplemental Nutrition Assistance Program (SNAP) provide benefits to very low-income recipients; SNAP is the largest income support program in the U.S. The tax system is another important means of delivering cash assistance to low-income families with children, through tax credits like the Earned Income Tax Credit (EITC), Child Tax Credit, structural aspects of the tax code, and credits such as the Child Tax Credit (CTC) and Child and Dependent Care Credit (CDCC), that provide greater benefits to lower-income families.

**TANF.** The 1935 Aid to Dependent Children (ADC) program, created by the Social Security Act, functioned as a fully funded assistance approach to poverty alleviation. This program was aimed at poor, single, white mothers, who were expected to remain at home with their children— and thus reinforced women’s roles as wives and homemakers (Tolleson-Rinehart & Josephson, 2005). In 1962, partly in response to concerns about the program’s discouraging marriage, ADC was renamed Aid to Families with Dependent Children (AFDC). By the 1990s, mothers were seen as employable and were expected to work, and a subsequent wave of welfare reforms imposed time limits and more stringent work requirements on all recipients. The Personal Responsibility and Work Opportunity Reconciliation Act was passed and signed into law in 1996, and effectively ended families’ entitlement to cash assistance. This marked the transition from AFDC to Temporary Assistance for Needy Families (TANF).

The programs and policies aimed at poverty prevention and alleviation have changed dramatically since this latter set of reforms, when the Clinton administration and Republican Congress focused on “making work pay” and “ending welfare as we know it.” Currently, TANF provides a basic block grant of $16.5 billion to all states and requires states to contribute a maintenance-of-effort (MOE) requirement of at least $10.4 billion annually (CRS, 2012). As of 2011 there were 1.9 billion needy families receiving TANF cash assistance—a 58% decline since 1998 (Trisi & Pavetti, 2012). One important distinguishing feature of the TANF program is its lifetime limitation on receiving benefits. The maximum, federal limit is 60 months, and many states have imposed shorter limits—as low as 21 months (CRS, 2013). Recipients also face strict job search and work requirements (20-30 hours per week), a feature that was instituted as a means to offset the risk for disincentivizing work. In many respects, TANF also allows for greater flexibility on the part of states, both in terms of monthly benefit amounts and work requirement exemptions. For instance, the maximum monthly benefit for a family of 3 in 2011 was $170 in Mississippi, and $704 in California (CRS, 2013). Additionally, while 6 states make no allowances for parents caring for young children, 12 states (including New Jersey) provide 3 months of exemption from work requirements (CRS, 2013).

While TANF did expand childcare options for recipients, it failed to require states to offer educational and training opportunities. In turn, many states adopted a “rapid attachment” strategy, which entailed moving welfare recipients into low-wage jobs as quickly as possible, without proper skills matching or job training. In the decade following the 1996 welfare reforms TANF caseloads fell by at least 27% in every state, and by over 50% in 36 states, as policies shifted dramatically toward work support (Trisi & Pavetti, 2012).

**SSI.** Created in 1974, Supplemental Security Income (SSI) provides means-tested income for adults over the age of 65 and the permanently disabled. The federal government administers this program, which is indexed to keep pace with inflation, and several states, including New Jersey, provide supplemental SSI funding. Recipients of SSI are automatically eligible for Medicaid. In the decades following its passage, the number of Americans receiving SSI was limited; numerous applications were denied, despite serious income inadequacy.

As with Social Security, the SSI program is criticized for having structural work disincentives; recipients experience a “cash cliff” (i.e. suddenly lose benefits) when they engage in any so-called “substantial gainful activity (SGA)” (Guzman et al., 2013). Some states have addressed this problem by developing “benefit offset” initiatives. However, researchers have found that such policies have thus far had little effect on labor force participation (Weathers & Hemmeter, 2011). There were 7,912,266 recipients of federally administered SSI payments in 2010, 1,183,853 of them aged; 2,385,933 of all recipients also received state supplementation. On average, an individual receiving SSI in 2012 received $8,376 annually (CRS, 2012).

**EITC.** The Earned Income Tax Credit (EITC) is a refundable tax credit for low- and medium-income families and individuals, enacted in 1975. It is one form of tax expenditure, which is a cost in foregone revenue attributable to tax provisions that are incurred when the tax system is used as a means to attain social outcomes or goals. Tax expenditures are generally used to measure income, distribute fiscal benefits and burdens according to ability to pay, and promote socially desirable ends. While they do not in-
volve directly spending government money, as do government programs, tax expenditures such as EITC do entail foregone revenue and are therefore considered a form of government spending. Politically, Republicans tend to support tax expenditures, while Democrats are more supportive of government programs.

Tax expenditures have also shifted substantially in recent decades; they have arguably become the government’s primary means of providing cash assistance to low-income families (Eissa & Hoynes, 2011; Guzman et al., 2013). The EITC was a relatively small program until 1994, when credit levels were increased and eligibility was extended to the entire U.S. population. In the wake of the financial crisis of 2007 and 2008, to strengthen the weakened economy the U.S. government expanded EITC and instituted additional, temporary tax credits. These included the “Making Work Pay” provision of the American Recovery and Reinvestment Act of 2009, which provided a refundable tax credit of up to $400 for working individuals and up to $800 for married taxpayers (IRS, 2014), and a tax exclusion for the first $2,400 of unemployment benefits received (IRS, 2012). In 2011, 28 million working families with children with annual incomes between $37,900 and $51,600 received EITC. The benefits received depend on marital status, number of children, and household income; on average, EITC for a family with children was $2,905 (CRS, 2012).

America’s anti-poverty programs are rooted in America’s strongest virtues: the desire for fairness, compassion, and a sense of community. However, these values are tempered by strong beliefs in work, autonomy and self-reliance, and the “primacy of the family” (Ellwood, 1988). Because of this, among U.S. social assistance programs, EITC is perhaps most in line with Americans’ preferences. It is not considered a handout, although it is technically a form of government spending, and is aimed at helping working individuals and families support themselves through autonomy and self-reliance.

**SNAP.** In 1965 the U.S. created the federal Food Stamps program to provide food to low-income families. Replaced in 2008 by the Supplemental Nutrition Assistance Program (SNAP), it is a means tested program but does not consider age or family structure. Thus, SNAP reaches a broader target population than other social assistance programs (Ziliak, 2011). One out of every seven Americans, and one out of every five American children, accesses this program, and all who receive TANF or General Assistance (GA) are eligible. There is also a specialized variation of the program, DSNAP, which is designed to provide food assistance in disaster relief situations.

Although SNAP is the largest food assistance program, others exist for particularly vulnerable segments of the population. The supplemental feeding program for Women, Infants, and Children (WIC) is premised on the idea that ensuring pregnant and breastfeeding mothers’ access to healthy foods is in the public interest. This program covers the cost of many essential food products for mothers, including dairy, fresh produce, and infant formula. Through the School Lunch program, free and reduced price breakfast and lunch meals are offered to low-income children in a school-based setting. Eligibility for both of these programs is income-based.

The SNAP program is an example of an “in-kind” benefit, as it entails limited choice on the part of recipients. The primary advantages of in-kind benefits are that recipients are encouraged to use the benefits toward the needs of themselves and their families, and that misuse of funds is discouraged. However, in-kind benefits such as SNAP also constrain choice, potentially stigmatize the recipients, incur administrative costs, and in some cases, encourage illegal behavior to circumvent the constraint (e.g., selling food stamps). During the 1990s welfare reforms, SNAP was made to phase out paper coupons in favor of Electronic Benefit Transfer (EBT) cards, and restrict eligibility. The 2002 Farm Bill expanded eligibility once again, and the program was further liberalized in 2008. In 2013 the program participation was 47,636,000, and recipients received $133.07 per month on average (FNS, 2014).

**Medicaid.** Medicaid is the largest social assistance program in the U.S. Its coverage extends to individuals with certain disabilities, and to low-income adults and their children. Anyone who receives SSI is automatically eligible to enroll in Medicaid. Jointly funded by the federal and state governments, Medicaid covers almost all health care costs and dental service costs incurred by recipients. While the majority of recipients are single mothers and their children, the elderly incur the majority of expenditures. Under the Patient Protection and Affordable Care Act (PPACA), enacted in 2010, states have the option to increase eligibility to Medicaid.

There are a number of other programs that subsidize health-related costs for low-income Americans. Pharmaceutical Assistance to the Aged and Disabled (PAAD) is a means-tested program that permits recipients to fill any prescription and pay no more than $5 in co-payment. Through Ryan White programs, which are administered by the Department of Health, the federal government subsidizes the costs of pediatric HIV/AIDS medications. Federally Qualified Health Care Centers (FQHC) are federally funded, community-based medical centers in low-income regions with poor access.
to services. Finally, the State Children’s Health Insurance Program (SCHIP), also referred to as CHIP, provides matching funds to states for the purpose of insuring low-income children whose families do not qualify for Medicaid. In 2013 the Medicaid served 71.7 million beneficiaries, and the CHIP program served 8.4 million—a total of 80.1 million enrollees.

**Other In-Kind Programs.** Housing assistance in the U.S. takes a number of different forms. These include public housing; Emergency Assistance (EA), which may consist of a hotel, motel, or transitional housing facility; Temporary Rental Assistance (TRA), for those who owe back rent or mortgage payments; and Section 8 Rental Assistance vouchers, which subsidize rental costs for privately owned housing. These housing assistance programs are implemented by more than 2,400 local housing authorities, which set guidelines on eligibility and oversee public housing maintenance (Ziliak, 2011). As of 2011, there were over 14,000 public housing units serving 2.3 million Americans, most of them elderly or disabled (Ziliak, 2011). Insufficient funding and maintenance has led to widespread demolition of public housing in recent years, and in such situations Section 8 vouchers are often used to partially subsidize rental fees for displaced residents. In 1992 the HOPE VI program was launched to replace poor-quality public housing units with mixed-income developments, but funding has been cut substantially in recent years.

Childcare is an increasingly important economic instrument, as more and more U.S. families rely on two incomes. Head Start, an evidence-based, means tested program, is centered on providing nutritional support and health screenings, fostering parental involvement, and developing school readiness among low-income preschool children. It is financed federally to local, community-based organizations. The Child Care and Development Block Grant (CCDBG), which was passed along with TANF, heavily subsidizes childcare for low-income families. Every county in the U.S. features a “lead” childcare agency, where eligible community members may obtain vouchers redeemable at participating, licensed, and approved childcare centers—whether center-based or home-based.

The War on Poverty also established several educational and college-preparation programs, aimed at reducing poverty through expanding opportunities for young Americans (Haskins & Rouse, 2013). The EOA (1965) and the Higher Education Act (1968) authorized the Upward Bound (UB), Student Support Services (SSS), Educational Opportunity Grants, and Educational Talent Search (ETS) programs, and in the late 1990s several programs were added, including the McNair Scholars program (1986), Upward Bound Math-Science (1990) and GEAR UP (1998). These programs differ modestly, but all center on helping low-income students graduate from high school and college. They provide participating colleges and nonprofits funding, and offer students educational preparation and summer school. In addition, ETS aims to inform low-income students about educational opportunities and available aid.

**Social Insurance Programs**

Social insurance programs and policies also expect certain requirements of beneficiaries, but are universal and not means tested. These programs are intended to protect people from normal vacillations in the labor market, and to assist the elderly and disabled who are not able to fully participate in the labor market. In certain cases, social insurance programs can be costly, large-scale, and potentially unsustainable (CRS, 2012). They are typically funded via payroll tax, and pay out cash benefits to qualifying participants.

**OASDI.** The Social Security Act in 1935 was the major piece of legislation resulting from the New Deal, and was an important landmark for U.S. social welfare policy. This act placed responsibility for social welfare on the federal government, and reflected a shift from public concern for property rights, to concern for the rights of people (Trattner, 1999; Stern & Axinn, 2012). In its final version, the SSA was considerably more conservative than had been envisioned by the Committee on Economic Security; it did not include provisions for health or disability insurance, and entailed only fiscal administration of unemployment insurance and relief programs. However, by introducing old age insurance, unemployment compensation, and relief for vulnerable populations (e.g. widows and children), the SSA drew attention to the limitations of an unfettered market, and the need for government intervention. Subsequent amendments extended coverage and benefits to survivors and family dependents (1939) and to the disabled (1954), added Medicare health care benefits (1965), and mandated cost-of-living adjustments (1977).

Older Age Survivors and Disability Insurance (OASDI) includes retirement benefits and Social Security Disability Insurance (DI). Qualified retirees may begin receiving reduced cash benefits at age 62, or full benefits at 65. Like other insurance programs, dependent children and spouses are also eligible to receive benefits. The DI program provides cash assistance to qualified workers who have experienced mental or physical disabilities that impact their ability to engage in “significant gainful activity” (SGA). Recipients of DI must have significant history of earnings, and are made eligi-
ble for Medicare (Ben-Shalom et al., 2011). Both of these programs are federally financed and are moderately progressive and redistributive; while benefits are positively related to contributions, replacement rates are higher for low-income workers (Ben-Shalom, 2011).

In 2013 over 59 million Americans received Social Security benefits. The average monthly benefits for retired workers was $1,294; for disabled workers, $1,146; and for survivors, $1,244 (Social Security Administration, n.d.). There were a number of changes made to Social Security eligibility requirements and benefit amounts in 2014. The cost-of-living adjustment (COLA) was increased in response to a rise in the Consumer Price Index (CPI-W), and while tax rates remained the same, maximum taxable earnings were increased from $113,700 to $117,000 (U.S. House of Representatives, 2013; Social Security Administration, n.d.).

**Medicare.** Medicare, a federal entitlement program, was developed in 1965 to provide medical benefits to adults aged 65 or older, and to SSDI recipients under 65. Benefits are distributed by the Center for Medicare Services (CMS), and cover hospital expenses, prescription drugs, and physician charges. The federal government is solely responsible for financing this program, and therefore Congress determines all eligibility and benefit formulas (Ben-Shalom et al., 2011). Coverage is limited, and many recipients choose to supplement their Medicare benefits with privately sold “Medigap” policies. In 2012 Medicare covered approximately 50 million individuals, and total spending was $555.9 billion.

**Employment.** Unemployment Insurance (UI) is a state-level program that provides cash payments to those who have been involuntarily laid off, and who have adequate employment histories. These benefits are often capped after a state-determined period of time, typically six months, but the federal government provides extended payments during economic downturns (Ben-Shalom et al., 2011). They range widely by state; for instance, in 2012 the weekly maximums in Mississippi and Massachusetts were $235 and $653, respectively. Unemployment Insurance Benefits (UIB) are also available to those who have worked a certain number of quarters, with coverage, and have been discharged at no fault of their own. Workers’ Compensation, a state program, provides cash and medical benefits to those who experience temporary or permanent work-related injuries, and to dependents of workers whose deaths were work-related. This program allows workers to file claims with their employers, and if substantiated, receive medical care fees and lost wages through their employers’ insurance. Temporary Disability Insurance (TDI), also referred to as cash sickness benefits, is a state-level program that was first enacted in Rhode Island in 1942. In most states TDI covers commercial and industrial wage and salary workers who are privately employed, and several states include government employees and agricultural workers (SSA, n.d.). Typically, claimants must have specified amounts of past earnings and be unable to perform regular work due to a physical or mental disability (SSA, n.d.). Finally, the Family Medical Leave Act (FMLA) provides guaranteed insurance, and in some cases monetary benefits, to those who cannot work while on medical leave. This law provides job protection and income security for the general population.

**Measuring Poverty**

**Official U.S. Measure**

The U.S. uses an absolute standard to measure poverty, based on thresholds developed in 1959 by Mollie Orshansky of the Social Security Administration, and implemented in 1965. In 1969, the U.S. Bureau of the Budget designated a revised version of these poverty thresholds as the federal government’s official statistical definition of poverty (Fisher, 1992). This standard is based on the concept of a family being able to afford minimally nutritious food. In the late 1950s, the federal government used the nationally representative Consumer Expenditure Survey to analyze the distribution of Americans’ expenditures. As families spent about one third of their income on food at that time, the measure estimated a minimum food budget, and multiplied this by three (Cofer, Grossman & Clark, 1962; Orshansky, 1965).

Today this measure is still in use, having been updated annually for inflation according to the Consumer Price Index, as well as for family size, family composition, and age. Income, dividends and accrued interest, child support, and cash assistance are included in the measure, while non-cash benefits (such as food stamps and tax benefits) are excluded. According to the U.S. Census Bureau, the poverty threshold in 2012 was $11,722 for a single person household, $14,960 for a two-person household, $18,287 for 3 people, $23,497 for 4, $27,815 for 5, $31,485 for 6, $35,811 for 7, $39,872 for 8, and $47,536 for 9 or more (U.S. Census Bureau, 2012).

In addition to the poverty line, it is important to consider several other categories of poverty in the U.S. Currently, 5% of the U.S. population lives in “chronic poverty,” meaning they consistently live at or below the poverty line for at least a two-year period. Transitory poverty entails being poor at any time during a two-year period; this rate is currently 28% (Duclos, Araar, & Giles, 2006). These distinctions have been used by governments and social commentators throughout history to analyze policy.
needs and effectiveness (Duclos, Araar, & Giles, 2006). It is important to consider these categories of poverty, as the rates of each may respond differently to policies (Chronic Poverty Research Centre, 2004).

**Criticisms**

The current measure was created at a period of time when food typically represented one third of a family’s budget. However, this is infrequently the case today, given the higher relative expense of health care, childcare, and housing costs. While the measure is adjusted for inflation, it does not account for rapidly increasing standards, and costs, of living (Guzman et al., 2013). In 2011 the poverty threshold for a family of four was 37% of the median, whereas in 1963 it had represented 50% (U.S. Census Bureau, 2012). An individual who works full time at the minimum wage, currently $7.25 per hour, will earn only $14,500 annually—nearly $4,000 less than the poverty threshold for a single parent with two children ($18,123).

Additionally, the poverty measure is critiqued because it cannot assess the impacts of anti-poverty programs, as it does not account for non-cash benefits. In-kind transfers such as Medicaid, public housing, and SNAP, are ultimately not counted (Guzman et al., 2013). The measure is also not adjusted for geographical differences. States use the Federal Poverty Threshold (FPT) for distribution of benefits, but there are stark differences among states’ living and out-of-pocket expenses (Hutto et al., 2011).

Household economies of scale create further complications in measuring living standards and poverty. When no economies of scale are assumed, children—who often live in relatively large families—have higher risk of poverty than the elderly, and when strong economies of scale are used, the opposite is true (World Bank, 2000). Household economies of scale are not easily defined, as demand for goods and services generally stem from both size and composition of a household (Logan, 2008). In addition, income and substitution effects work differently according to the consumed goods and services in question (Logan, 2008). In fact, trends have revealed that food expenditures in this country have been particularly inconsistent in relation to household scale economies (Logan, 2008). Economies of scale also vary according to the economic climate and over time. For instance, relative price changes have been shown to have strong effects on economies of scale during large or sudden relative price shifts in transition economies (Lanjouw et al., 2009).

Finally, the current measure is based on income—but income reporting, from the U.S. Census and surveys, does not account for the homeless, institutionalized, incarcerated, or undocumented. These populations are particularly vulnerable and at-risk for being poor, yet are involuntarily excluded from the processes that determine their needs. This exemplifies what scholars term “social exclusion”—a phenomenon that prevents particular individuals and groups from fully participating in society (Atkinson & Marlier, 2010; Nolan & Whelan, 2010).

**Alternative Measures**

Most OECD countries, and the European Union, use a relative poverty measure that compares households to the median household income. For instance, a number of European countries use 50% of the median equivalized disposable income as their poverty line. This is based on the idea that median income is an indicator of what is considered normal in a society, and should therefore be the basis of identifying those at risk for exclusion (UNICEF, 2012). Relative poverty measures inherently account for inequality, and are comparable internationally.

The Supplemental Poverty Measure (SPM) is an alternative poverty measure that has recently gained interest. The U.S. government adopted the SPM in its last census, albeit supplementally. The SPM is a means to extend the information found in the official poverty measure, and includes many of the assistance programs that are not included in the latter (Short, 2012). In addition to income, the SPM considers other factors. Payroll taxes are accounted for, but assets are not. The SPM counts out medical payments that are paid out-of-pocket, and counts in health care costs and in-kind benefits. It accounts for geography, and makes adjustments on the basis of housing costs, family size, and family composition. In effect, the SPM raises poverty thresholds. For example, for a family of four the threshold is $22,811 according to the federal poverty line, but $25,703 according to the SPM (Short, 2012). However, its differences vary by demographics. While poverty rates among the elderly are drastically higher according to the SPM, likely due to out of pocket medical expenses, the child poverty rate is lower. By accounting more comprehensively for the various outflows of spending and various inflows of money, the SPM addresses some of the aforementioned critiques of the official measure (Guzman et al., 2012; Short, 2012).

**Effectiveness of Anti-Poverty Programs**

**Trends in Poverty Rates**

Between 1959 and 2012 the poverty rate has gradually declined, from 22.5% to 15.0%, while the number of Americans living in poverty has increased from approximately 40 to 46.5 million, see Figure 1 (DeNavas-Walt, Proctor, & Smith, 2013). The poverty rates differ widely by demographics. While elderly poverty rates have declined substantially, from approxi-
mately 35% in 1959 to 9.1% in 2012, the poverty rates of adults (17.0% to 13.7%) and children (27.0% to 21.8%) have fallen only slightly, see Figure 2 (DeNavas-Walt, Proctor, & Smith, 2013). Poverty is lowest among non-Hispanic whites (9.7%) and Asians (11.7%), and highest among blacks (27.2%) and Hispanics (25.6%). Family structure and composition also play important roles. Poverty rates among families headed by single women are highest (30.9%), followed by single households headed by men (16.4%); married-couple households have relatively low poverty rates, at 6.3%. America’s poverty rates are sharply higher than those of many other economically developed OECD countries (Gould & Wething, 2012).

Expenditures of Anti-Poverty Programs

Social insurance programs have experienced significant growth, particularly OASI and Medicare (Ziliak, 2011), see Table 1. Expenditures on OASI, Medicare, Unemployment Insurance and Disability Insurance were each more than 100 billion dollars in 2009, and with Workers’ Compensation, totaled 1,389 billion. In comparison, spending on social assistance programs totaled only 587 billion in the same year—less than half that spent on social insurance programs. Spending on means-tested programs has fluctuated over the last 40 years. While AFDC (TANF) spending has increased very slightly since its peak in the mid-1970s, with long periods of 0% growth, Food Stamps (SNAP), housing aid, SSI, and EITC expenditures have grown more substantially (Ben-Shalom et al., 2011).

These antipoverty program expenditure trends have resulted in a “double redistribution” of wealth in the U.S. The first has been from the very poor, to the less poor and near poor, likely owed to increased expenditures on SNAP and EITC. The second has been from the nonelderly and nondisabled to the elderly and disabled, as a product of greatly increased expenditures on OASDI, Medicare, and Medicaid (Ben-Shalom, Moffitt, & Scholz, 2011). Overall, antipoverty program spending has reflected an increasing focus on elderly and families and individuals, as well as those with disabilities. While program expenditures for single-parent families decreased by 15% between 1984 and 2004, spending on the elderly and disabled over the same period increased by 21% and 18%, respectively, see Table 2 (Ben-Shalom, Moffitt, & Scholz, 2011). The U.S. system has also favored workers over workers, given the significant expansion of EITC alongside declining TANF spending.

Effects of Anti-Poverty Programs on Poverty

Ben-Shalom, Moffitt, and Scholz (2011) calculated the effects of anti-poverty programs on poverty; see Table 3. According to their study the official poverty rate in 2004 would have been 29% without government intervention, and would have decreased to 13.5% after accounting for all anti-poverty programs. The overall reduction in poverty by these programs was about 53% in 2004. The rates were 56.7% and 52.3% in 1993 and 1984, respectively. There is evidence that anti-poverty programs have had strong effects on reducing deep poverty, but that the rate of deep poverty has increased over time. For example, anti-poverty programs reduced deep poverty by 69% [(21.3-6.6)/21.3] in 2004, while the rate of deep poverty in that year increased to 6.6%, from 4.5% in 1984. In measuring 50 percent of the poverty line, the reduction effects of anti-poverty programs appear stronger over time, from 26.9% in 1984 to 36.1% in 2004.

Social assistance programs currently have limited effects on poverty in the United States. Once accounted for, Medicaid and SSI reduced the overall poverty rate from 29.0% to 25.2% and 28.6%, respectively, and reduced the deep poverty rate from 21.3% to 14.7% and 19.5%. On the other hand, TANF, EITC, and SNAP had very effects, reducing the poverty rate to 28.9%, 28.1% and 28.6%. Housing assistance did reduce the deep poverty rate to 19.7%, and EITC reduced the percentage of Americans living at or below 150% of the poverty line from 39.6% to 38.6%, but overall there was very limited impact.

Although social assistance programs do not necessarily have significant effects on poverty rates, they have had other important impacts on poverty in the U.S. The food and nutrition programs created and expanded during the War on Poverty have been successful, in that they have successfully combated food insecurity and hunger, and improved related outcomes for low-income families (Hoynes & Schanzenbach, 2011; Waldfogel, 2013). Using the SPM to account for in-kind benefits, researchers have shown that child poverty in 2010 would have been three percentage points higher if SNAP benefits were not counted as income, and one additional percentage point higher if free and reduced price school lunches were not counted (Wimer et al., 2013).

The EITC has played an important role in poverty reduction since its inception in 1975, and currently is the largest income support program for low-income families with children (Waldfogel, 2013). Using the SPM, researchers estimate that the child poverty rate would have been four percentage points higher if the EITC were not counted as income (Wimer et al., 2013). Other research has explored whether, and how, EITC and other tax credits have altered recipients’ behavior and circumstances (Athreya, Reilly & Simpson, 2010; Guzman et al., 2013;
have had modest impacts on reducing the overall poverty rate, they have only slightly decreased the poverty rate from 12% and 13.8%, respectively. Although Medicare and OASI have decreased the poverty rate from 29.0% to 19.9% and 21.0%, respectively, and deep poverty from 21.3% to 12% and 13.8%, respectively. Although the DI, UI, and Worker’s Compensation programs have only slightly decreased the overall poverty rate, they have had modest impacts on reducing the deep poverty rate.

Social Security has been the most important tool in alleviating poverty among the elderly (McGarry, 2013). After the 1964 amendments to the SSA significantly increased benefits, elderly poverty rates declined more sharply than that of other age groups, and have continued to fall. The program has meaningfully contributed to the circumstances of America’s elder poor; in 2008 Social Security comprised 84% of income for those in the lowest income quartile, and only 20% of income for those in the top quartile (McGarry, 2013).

Medicare has also been successful in alleviating poverty among the elderly and disabled. Within a decade of Medicare’s establishment, low-income elderly were as likely as high-income elderly to visit a physician (Davis & Schoen, 1978). Medicare also hastened the racial desegregation of hospitals, which expanded access to quality healthcare among low-income, nonwhite elderly (Swartz, 2013). Today, however, rising health care costs and gains in life expectancy are placing the effectiveness and sustainability of Medicare at risk. Medicare Part B premiums and long-term care services may become unaffordable for low-income elderly, if the program’s inefficiencies and unsustainable financing mechanisms are not addressed (Swartz, 2013).

Appalachia

The War on Poverty entailed a unique, decades-long campaign in Appalachia, where poverty rates in 1960 were 10 percentage points higher, on average, than in the rest of the country. To date, the Appalachian Regional Commission is the second longest running, and geographically largest, place-based regional development program in the U.S. (Ziliak, 2010). Some reformers at the time viewed measures to address rural poverty as “gestures,” secondary to urban antipoverty measures. While the Johnson White House was notably sensitive to the plight of the rural poor, the massive population shift from rural areas to urban centers gave rise to a public perception that rural economies were disappearing and therefore not worth investing in (Gillette, 2010; Ziliak, 2010).

The systemic problems that existed in the 1960s continue to cripple many Appalachian communities: excess natural resource extraction by absent landowners has poured money out of the region, and severely degraded the environment (APA, 2014; Burns, 2007; Shapiro, 2010). The growing prevalence of mountaintop coal mining has also led to significantly worsened health outcomes, higher mortality rates, and higher poverty rates in Appalachian counties reliant on this form of mining (Hendryx, 2011). Fifty years after the War on Poverty, employment has stagnated in the ARC region, and many counties suffer high rates of family dissolution, imprisonment, and prescription drug abuse (Gabriel, 2014).

There have been some modest gains, however. Research shows that poverty rates in central Appalachia dropped substantially between 1960 and 2000, from 59.4% to 23%, and that income growth improved on average (Ziliak, 2010). According to James Sundquist, a political scientist who was involved in formulating War on Poverty legislation, the most effective programs for the Appalachian region were those funded by the EOA: loans and grants to poor farmers and small business owners in the ARC region (Gillette, 2010).
and disabled populations, social assistance programs have had negligible effects on poverty levels. However, in considering the effects of the war on poverty it is important to consider the historical, social, economic, and cultural factors that have shaped the implementation of antipoverty policies and programs in the U.S. The historical context of the war on poverty initially shaped antipoverty programs and policies, and since that time, issues such as race, gender, economic development, and party politics have further contributed to the direction in which they have moved. While this study does not directly analyze the effects of context, the following section will briefly explore some of these external issues that have impacted the effectiveness of antipoverty programs and policies over the last 50 years.

While the war on poverty is often criticized for its limited scope and impact, many historians laud its lasting legacies. It generated direct government involvement in education, health, labor, and community development, and enacted antipoverty legislation that influenced subsequent programs and policies (Bailey & Danziger, 2013). It also importantly influenced the grassroots style of politics that later emerged in the early 1970s, when advocates worked to challenge the status quo through community action and representation (Rosales, 2000).

In this vein, the Community Action Program (CAP) was one of the most controversial initiatives of the war on poverty (Gillette, 2010). Toward building self-sufficiency among low-income communities, CAP established and funded Community Action Councils that called for the “maximum feasible participation” of the poor. The program gave rise to a new form of accountability—to participants. This led to vital and dramatic changes in the U.S. social welfare system (Bailey & Danziger, 2013). Along with CAP, a number of “national emphasis programs” were developed to empower low-income individuals, families and communities. These included legal aid programs; job training programs; educational programs such as Head Start, Follow Through, and Upward Bound; and community-based programs to fund and coordinate comprehensive community health and family planning centers.

From the outset of War on Poverty programs’ and policies’ implementation, strong waves of political opposition and backlash undermined their effectiveness. The regulatory and political context of the 1960s was relatively inhospitable for an antipoverty movement rooted in community-based initiatives and the “maximum feasible participation” of the poor (Melish, 2014). City mayors were politically threatened by their lack of control over federally funded programs, and the public was shaken by the perceived aggressiveness of newly empowered poor communities. In their quantitative analysis of the geographic distribution of spending through the EOA (a program designed to expand participatory engagement and equalize opportunity), Bailey & Duquett (2014) found that political variables had played a very minor role in EOA funding; the authors believed that this small role of politics partly explains the particularly strong backlash against Johnson’s antipoverty programs, as political factions and lobby groups were not sufficiently appeased.

**Conceptual Framework**

Johnson’s war on poverty was rooted in certain social and cultural assumptions that have inherently affected the long-term relevance and effectiveness of the policies and programs it produced (Raz, 2013). Many of the programs and policies aimed at alleviating poverty among minority and working class families, particularly those that were education-based, such as Head Start, were informed by cultural deprivation theory. This theory was based on maternal and sensory deprivation experiments, but ultimately lacked empirical validation (Raz, 2013). Rather than considering alternative forms of support that were more salient to rural, working class, and minority communities (e.g. extended kinship networks), many war on poverty policies and programs aimed to overcompensate for the perceived inadequacies and deficiencies of poor families, based largely on prevailing stereotypes (Fagan, 1995; Huffman, 2010; Raz, 2013).

**American Values**

In discussing and evaluating U.S. anti-poverty programs, it is also important to consider the attitudes, values, and philosophies that shape U.S. political platforms. Conflicting values have given rise to what David Ellwood termed “helping conundrums” (1988), which are further magnified by regional and political differences. The first conundrum pertains to security and work—specifically, the conflict between Americans’ desire to support the needy, and their desire to encourage self-support. When the government provides financial security, particularly in the form of cash security, to low-income individuals and families, and reduces benefits as their earnings increase, it can reduce financial pressure and disincentivize work. A second conflict exists between supporting single parent families and undermining incentives to marry—although little empirical evidence supports this idea.

Finally, when the government targets the neediest, it is seen to “change the rules,” label these recipients, and lower their incentives. In isolating and stigmatizing those in need, the U.S. inherently undermines the social and political support behind anti-poverty programs (Ellwood,
Over the last 50 years, the U.S. social welfare system has also tended toward paternalism, imposing its consumption preferences on the poor (Ben-Shalom et al., 2011). In general, the U.S. system is heavily influenced by public perceptions of deservingness, and has increasingly subsidized the low-income employed over nonemployed men and women (Bane et al., 2009; Ben-Shalom et al., 2011). It has also consistently favored those subgroups that are perceived as having special needs, and thereby deserving support and services—for instance, individuals with disabilities, and the elderly.

Changing social norms have certainly influenced the direction and scope of antipoverty programs. In particular, attitudes about employment and marriage have evolved since the 1960s. Currently, almost all adults besides the elderly and disabled are widely expected to work, including parents of young children—however, despite an expanding job market, the employment rates and inflation-adjusted wages of uneducated workers have stagnated since 1973 (Cancian & Danziger, 2009). Family structure has also experienced stark changes, as rates of divorce and out-of-wedlock birth have increased dramatically (Cancian & Danziger, 2009).

Party politics also plays an important role in shaping public discussions about poverty. Conservatives typically value programs that are transferred through tax credits, and programs that incentivize educational attainment and labor market participation. Liberals tend to support social assistance programs, and feel government should play a more key role in providing equal opportunities and safety nets for those unable to fairly participate in the labor market. Overall, Americans harbor strong beliefs in work, autonomy and self-reliance, and the “primacy of the family.” This contributes to Americans’ distrusting redistributive policies and government intervention, and blaming poverty on the poor, at higher rates than many other nationalities (Karabel & Laurison, 2012).

Despite these challenges, America’s anti-poverty programs are ultimately rooted in America’s strongest virtues: the desire for fairness, compassion, and a sense of community (Ellwood, 1988). While American values are often thrown into conflict, they also provide a strong philosophical basis for reforming poverty policies to support individuals, strengthen families, and provide dignity and security to the poor (Cancian & Danziger, 2009).

Scale and Efficiency

One of the inherent problems with “anti-poverty” programs is the aforementioned difficulty, and controversy, involved in defining and measuring poverty. As Guzman et al. (2013) point out, understanding and identifying the populations most in need of assistance through social policy is a core challenge. Another difficulty is that of determining and assessing the mechanisms through which welfare programs affect outcomes—for instance, do School Breakfast and Lunch programs incentivize school attendance among low-income children, or do its arguable health effects lead students to achieve more academically? This is a complicated task, as a wide range of factors must come into consideration alongside program logistics. These include family makeup, educational opportunities, school environments, and community characteristics (Bartfield & Kim, 2010).

In financial terms, there are key drawbacks specific to large social insurance programs. If these programs are not implemented sustainably, their sheer scale means that potential insolvency might be important consequences for the U.S. economy (Aaron, 2011; Kotlikoff, 2011). Although economists and researchers disagree on the scale of the problem, it is generally recognized that reforms will be necessary to correct potential financial shortfalls (Aaron, 2011; Goda et al., 2011; Guzman et al., 2013; Kotlikoff, 2011). Additionally, there is some resistance, philosophically, to insurance programs such as social security shifting resources from single to married adults, from those with lower to higher life expectancies, and from future generations to current and past ones (Guzman et al., 2013; Kotlikoff, 2011).

Work Incentives & Disincentives

As previously discussed, embedded in many U.S. anti-poverty programs are so-called “cash cliffs” that families encounter as their earnings increase, and benefits decrease. These cash cliffs arguably hurt the overall effectiveness of social assistance programs in this country (Guzman et al., 2013; Romich et al., 2007). Childcare costs and health care costs are of special concern to low-income parents, who worry about becoming ineligible for subsidized daycare and health insurance (Romich et al., 2007).

Another long-debated issue in the formulation and implementation of anti-poverty programs is the concept of work incentives. Particularly among conservatives, criticism is often framed as the concept that participation in welfare programs shapes recipients’ attitudes and behaviors, and that such programs disincentivize labor force participation. As pointed out by Hoynes and Schanzenbach (2011), testing this idea as it pertains to welfare programs like TANF and SNAP is very difficult because of their uniformity among states. Researchers, therefore, cannot analyze significant policy variations and their disparate outcomes. Social insurance programs have also fielded similar criticisms. Social Security, for example, begins to impose an “implicit tax” on work after fourteen years of employment. At this point, the
value of Social Security taxes begins to exceed the discounted value of future benefits (Guzman et al., 2009). The SSDI program likewise involves a series of cash cliffs. In response, certain states have attempted to employ new policies to offset benefits, but these policies—while encouraging recipients to earn slightly more—have not had significant effects on labor force participation (Weathers & Hemmeter, 2011).

**Role of Discrimination**

Discrimination continues to bar access to education, employment, and other opportunities that can empower individuals and lift them out of poverty. Subsequently, discrimination serves to widen inequalities and reduce social mobility among the populations it affects. In this vein, discrimination drives a wedge between social equality and income equality, and perhaps more importantly, prevents the attainment of income equality from the start. This occurs because geographic isolation, often within portions of urban areas, forces certain groups into harsh circumstances, while keeping them removed from the majority, power-wielding population. These circumstances, which propel a cycle of injustice, include endemic poverty, inadequate resources, and high crime rates. Researchers have found evidence demonstrating the existence of discrimination in access to employment (albeit less discrimination in wage allocation), pervasive discrimination in rental and housing markets, and widespread discrimination pertaining to credit markets and consumer transactions (Pager & Shepherd, 2008).

Women are also importantly affected by discrimination. Policies and programs often reinforce gendered cultural norms, such as occupational goals and behavioral expectations, which in turn affect the way that women conceive of their own roles, abilities, and limitations (Tolleson-Rinehart & Josephson, 2005).

**Inequality & Economic Mobility**

In discussing the effectiveness of anti-poverty programs, it is important to also look at two related indicators: inequality and economic mobility. The programs and policies described in this article have not yet suitably addressed America’s severe levels of poverty, vast inequalities in wealth distribution, and limited economic mobility. While the American people are typically attuned to the ways that unfettered trade policies aggravate and sustain economic problems, they often disregard (or at least fail to suitably address) other factors that help to sustain cycles of poverty (Kreuger, 2003). The level of a nation’s economic well-being certainly depends on variables such as policy, culture, social institutions, and the talents and virtues of its people. However, equality and mobility are likewise important, and often discounted, predictors of economic success. Noted economists Torsten Persson and Guido Tabellini have shown that nations with higher rates of earnings inequality often have lower economic growth rates (Persson & Tabellini, 1995). While poverty inhibits a wide class of people from being productive and entrepreneurial, seemingly guaranteed wealth encourages unproductive, speculative spending.

American attitudes toward poverty and anti-poverty programs are certainly shaped, in part, by the belief in U.S. economic mobility. Yet, in the United States economic mobility varies according to socioeconomic status. In particular, being raised in deep poverty places poor children at a tremendous disadvantage in future endeavors. In addition, the “unusually large premiums that American employers pay for college degrees” certainly magnifies the importance of family background and parents’ educational trajectories (DeParle, 2012). Compared to other developed countries, America’s rates of socioeconomic mobility are relatively low. A multi-country study, the Cross-National Research on Intergenerational Transmission of Advantage (CRITA), assessed levels of economic mobility in ten countries (Smeeding et al., 2009). Its findings showed that differences in mobility are often established at a very early age, and that the U.S. consistently demonstrated the strongest relationship between family background and child outcomes. Given the wide range it found among developed countries, this study posits that policies and institutions bear important consequences for the magnitude of these early gaps, and later, lower levels of socioeconomic mobility.

**Conclusion**

Overall, the American social welfare system tends to favor in-kind over cash benefits. In turn, it has expanded the scope and reach of its provision of medical care, food, and tax benefits. These preferences reflect the U.S. system’s tendency toward paternalism—it imposes its consumption preferences on the poor and is heavily influenced by perceptions of deservingness. The American social welfare system, often categorized as a “liberal” welfare regime, is not based on a universal idea. Instead, as previously discussed, it is shaped by complex political and social views that shift over time. Ultimately dominated by the logic of the market, however, U.S. welfare and benefits are often modest and potentially stigmatizing. While research has shown that social-democratic welfare regimes have the greatest impact on poverty reduction, liberal regimes are less effective than conservative and corporatist systems, which are largely status-based and have modest redistributive effects.

In determining whether the War on Poverty was a failure or success, it is important to consider its effects on a
number of different groups. Antipoverty programs and policies have been successful in alleviating poverty among the elderly and disabled, but have failed to alleviate poverty among single mothers and their children. Over one fifth of American children live in single mother families, whose poverty rate is 80% before transfers, and 67% after transfers are accounted for. In light of these dismal statistics it is perhaps warranted to claim that the U.S. social welfare system, while protecting many vulnerable individuals and families, is failing to sufficiently support the new generation of Americans.
Table 1: Total Expenditures of Anti-Poverty Programs, 1999-2009

<table>
<thead>
<tr>
<th>Unit: Billion$</th>
<th>1999</th>
<th>2009</th>
<th>% Change</th>
</tr>
</thead>
<tbody>
<tr>
<td>Social Insurance</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>OASI</td>
<td>424</td>
<td>568</td>
<td>34.0</td>
</tr>
<tr>
<td>Medicare</td>
<td>270</td>
<td>519</td>
<td>92.2</td>
</tr>
<tr>
<td>UI</td>
<td>26</td>
<td>122</td>
<td>369.2</td>
</tr>
<tr>
<td>DI</td>
<td>65</td>
<td>121</td>
<td>86.2</td>
</tr>
<tr>
<td>Workers Compensation</td>
<td>55</td>
<td>59</td>
<td>7.3</td>
</tr>
<tr>
<td>Social Assistance</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Medicaid</td>
<td>260</td>
<td>392</td>
<td>50.8</td>
</tr>
<tr>
<td>EITC</td>
<td>40</td>
<td>59</td>
<td>47.5</td>
</tr>
<tr>
<td>SNAP</td>
<td>23</td>
<td>55</td>
<td>139.1</td>
</tr>
<tr>
<td>SSI</td>
<td>39</td>
<td>47</td>
<td>20.5</td>
</tr>
<tr>
<td>Housing</td>
<td>36</td>
<td>41</td>
<td>13.9</td>
</tr>
<tr>
<td>TANF</td>
<td>29</td>
<td>29</td>
<td>0.0</td>
</tr>
</tbody>
</table>

Source: Ziliak, 2011, Table 1.

Table 2: Average Monthly Expenditures per Family

<table>
<thead>
<tr>
<th>Monthly Expenditures per Family</th>
<th>1984</th>
<th>1993</th>
<th>2004</th>
<th>% Change</th>
</tr>
</thead>
<tbody>
<tr>
<td>Nonelderly, Nondisabled</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Single-parent families</td>
<td>624</td>
<td>623</td>
<td>501</td>
<td>-20</td>
</tr>
<tr>
<td>Two-parent families</td>
<td>199</td>
<td>224</td>
<td>322</td>
<td>62</td>
</tr>
<tr>
<td>Childless families and individuals</td>
<td>143</td>
<td>164</td>
<td>153</td>
<td>7</td>
</tr>
<tr>
<td>Employed families</td>
<td>130</td>
<td>156</td>
<td>210</td>
<td>62</td>
</tr>
<tr>
<td>Nonemployed families</td>
<td>693</td>
<td>718</td>
<td>544</td>
<td>-22</td>
</tr>
<tr>
<td>Elderly families and individuals</td>
<td>1177</td>
<td>1304</td>
<td>1324</td>
<td>12</td>
</tr>
<tr>
<td>Disabled families and individuals</td>
<td>1247</td>
<td>1305</td>
<td>1445</td>
<td>16</td>
</tr>
</tbody>
</table>

Source: Ben-Shalom, Moffitt, & Scholz, 2011, Table 2.
Table 3: Effects of Anti-Poverty Programs on Poverty

<table>
<thead>
<tr>
<th></th>
<th>% Poor</th>
<th>% Deep Poverty</th>
<th>150% Poverty</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Pre</td>
<td>Post</td>
<td>Pre</td>
</tr>
<tr>
<td>2004</td>
<td>29.0</td>
<td>13.5</td>
<td>21.3</td>
</tr>
<tr>
<td>1993</td>
<td>30.3</td>
<td>13.1</td>
<td>20.8</td>
</tr>
<tr>
<td>1984</td>
<td>32.1</td>
<td>15.3</td>
<td>20.4</td>
</tr>
</tbody>
</table>

Source: Ben-Shalom, Moffitt, & Scholz, 2011, Table 3.

Table 4: Effects of Poverty Reduction, by Programs

<table>
<thead>
<tr>
<th>Level of Poverty</th>
<th>Poor</th>
<th>Deep</th>
<th>150%</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pre-Transfer</td>
<td>29.0</td>
<td>21.3</td>
<td>39.6</td>
</tr>
<tr>
<td>Effects of the Program</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Medicaid</td>
<td>25.2</td>
<td>14.7</td>
<td>35.3</td>
</tr>
<tr>
<td>SSI</td>
<td>28.6</td>
<td>19.5</td>
<td>39.3</td>
</tr>
<tr>
<td>TANF</td>
<td>28.9</td>
<td>21.0</td>
<td>39.6</td>
</tr>
<tr>
<td>EITC</td>
<td>28.1</td>
<td>20.9</td>
<td>38.6</td>
</tr>
<tr>
<td>SNAP</td>
<td>28.6</td>
<td>20.8</td>
<td>39.4</td>
</tr>
<tr>
<td>Housing</td>
<td>28.4</td>
<td>19.7</td>
<td>39.3</td>
</tr>
<tr>
<td>OASI</td>
<td>21.0</td>
<td>13.8</td>
<td>32.3</td>
</tr>
<tr>
<td>DI</td>
<td>27.2</td>
<td>18.5</td>
<td>38.4</td>
</tr>
<tr>
<td>Medicare</td>
<td>19.9</td>
<td>12.0</td>
<td>32.7</td>
</tr>
<tr>
<td>UI</td>
<td>28.1</td>
<td>20.2</td>
<td>39.0</td>
</tr>
<tr>
<td>Workers Compensation</td>
<td>28.7</td>
<td>21.1</td>
<td>39.3</td>
</tr>
</tbody>
</table>

Source: Ben-Shalom, Moffitt, & Scholz, 2011, Table 5.
Figure 1: Numbers and Rates of Poverty, 1959-2012

Source: DeNavas-Walt, Proctor, & Smith, 2013, Figure 4.

Figure 2: Poverty Rates by Age, 1959-2012

Source: DeNavas-Walt, Proctor, & Smith, 2013, Figure 5.
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