

## Lucy Nonas-Barnes, LMSW

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### EDUCATION

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**Rutgers School of Social Work | Expected Graduation: 2026** New Brunswick, NJ

- Doctorate in Philosophy (PhD)
- Dissertation: A Mixed-Methods Pilot Evaluation of Social Emotional Learning Implementation in NYC Public Middle Schools

**Columbia University School of Social Work | Graduation: May 2017** New York, NY

- Master of Science (M.S.) program
- Clinical Concentration, Contemporary Social Issues Field of Practice
- Dialectical Behavioral Therapy (DBT) Training Program
- Criminal Justice Emphasis

**University of Michigan | Graduation: December 2011** Ann Arbor, MI

- Bachelor of Arts (B.A.)
- Major: Social Anthropology
- Criminal Justice Emphasis

### RESEARCH INTERESTS

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Implementation science, social-emotional learning, Dialectical Behavior Therapy, school-to-prison pipeline, mass incarceration, juvenile justice, child welfare, educational effectiveness

### AWARDS

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**Rutgers University School of Social Work**

- Outstanding PhD Student Teaching Award, 2025

### PUBLICATIONS

#### Peer Reviewed Publications

Szlyk, H.S., Motley, R., Joe, S., **Nonas-Barnes, L.** & Azasu, E (2023). An examination of suicidal behavior among black college students with exposure to police violence. *Social Work*, 68(1), 18-27.

<https://doi.org/10.1093/sw/swac046>

Jones, C., & **Nonas-Barnes, L.** (2017). Effectiveness of Skills Groups for Adolescents in Correctional Settings: A Scientific Systematic Review. *Columbia Social Work Review*, 15(1), 1–5.

<https://doi.org/10.7916/cswr.v15i1.1847>

Morton, C.M., Alexander, L.A., **Nonas-Barnes, L.**, & Addison, S.M. Integrating lived experience on interagency coordinating councils: Engaging youth and family voice within a children's system of care. *Children and Youth Services Review* (under review).

#### Under Development

**Nonas-Barnes, L.**, Maxwell, J., Duron, J., Alexander, L., Grimes N., & Kawulicz, L. Implementation of social emotional learning programs in K-12 schools in the United States: A scoping review.

**Nonas-Barnes, L.**, Morton, C.M., Toto, L., Goodwin, J.. Adapting and implementing a DBT consultation team model to meet the needs of a child welfare evaluation team.

Alexander, L.A., **Nonas-Barnes, L.**, Toto, L., Goodwin, J., & Morton, C.M. Understanding the impact of the Nurtured

Heart Approach among foster parents: A mixed methods approach.

Morton, C.M., Toto, L., **Nonas-Barnes, L.**, Addison, S., Pomales, H., Thiruvankadam, N., & Powell, K. Reimagining Quality Improvement through Family Voice: A Collaborative Model for Interview Tool Development in Child Welfare.

Helseth, S., **Nonas-Barnes, L.**, Price, D., & Morton, C.M. Questions about cannabis: Leveraging youth interests to build prevention programs.

Morton, C.M., Alexander, L.A., **Nonas-Barnes, L.**, Toto, L., Addison, S.M., & Thiruvankadam, N. Integrating lived experience on interagency coordinating councils: Engaging youth and family voice within a children's system of care.

### **Technical Reports**

**Nonas-Barnes, L.**, Morton, C.M., Toto, L. & Goodwin, J. (2025). *Collaborative Quality Improvement: Survey Development Report*. Technical report submitted to New Jersey Department of Children and Families, Office of Quality. Trenton, NJ, 18 pages.

\*Goodwin, J., Kim, A.H., **Nonas-Barnes, L.**, Sullivan, N., Thiruvankadam, N. (2024) *Anti-racist climate survey: Report to program director*. Rutgers School of Social Work PhD program. [Internal evaluation]

\*All authors contributed equally

Morton, C., Toto, L., **Nonas-Barnes, L.**, & Goodwin, J. (2024). *Youth and Family Interview Team Annual Report*. Technical report submitted to the New Jersey Department of Children and Families, Office of Quality, Trenton, NJ, 374 pages.

**Nonas-Barnes, L.**, Toto, L., & Morton, C.M. (2024). *Collaborative Quality Improvement Youth and Family Interview Findings, Bergen South County*. Technical report submitted to the New Jersey Department of Children and Families, Office of Quality, Trenton, NJ, 8 pages.

**Nonas-Barnes, L.**, Toto, L., & Morton, C.M. (2024). *Collaborative Quality Improvement Youth and Family Interview Findings, Bergen Central County*. Technical report submitted to the New Jersey Department of Children and Families, Office of Quality, Trenton, NJ, 6 pages.

**Nonas-Barnes, L.**, Toto, L., & Morton, C.M. (2024). *Collaborative Quality Improvement Youth and Family Interview Findings, Cumberland West County*. Technical report submitted to the New Jersey Department of Children and Families, Office of Quality, Trenton, NJ, 8 pages.

**Nonas-Barnes, L.**, Toto, L., & Morton, C.M. (2024). *Collaborative Quality Improvement Youth and Family Interview Findings, Cumberland East County*. Technical report submitted to the New Jersey Department of Children and Families, Office of Quality, Trenton, NJ, 4 pages.

**Nonas-Barnes, L.**, Toto, L., & Morton, C.M. (2024). *Collaborative Quality Improvement Youth and Family Interview Findings, Camden South County*. Technical report submitted to the New Jersey Department of Children and Families, Office of Quality, Trenton, NJ, 7 pages.

### **PRESENTATIONS**

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**Nonas-Barnes, L.**, Duron, J., Maxwell, J., Alexander, L., Grimes N., & Kawulicz, L.. (2026, February 18-19). Implementation of Social Emotional Learning Programs in High Schools in the United States: A Scoping Review. In J. Hoffmann (Chair), *Evidence and Implementation for Whole-School Approaches to SEL in Secondary Schools* [Symposium]. Collaborative for Academic, Social, and Emotional Learning (CASEL) SEL Exchange, Virtual.

**Nonas-Barnes, L.,** Maxwell, J., Alexander, L., Grimes N., & Duron, J. *Implementation of Social Emotional Learning Programs in K-12 Schools in the United States: A Scoping Review*. [Poster presentation]. The Society for Social Work Research (SSWR) 27<sup>th</sup> Annual Conference. Seattle, Washington, January 2025.

Motley, R., Szlyk, H.S., Joe, S., **Nonas-Barnes, L.** & Azasu, E. *An examination of suicidal behavior among black college students with exposure to police violence*. Paper presented at the Society for Social Work Research Conference 27<sup>th</sup> Annual Conference. Phoenix, Arizona, January 2023.

Szlyk, H.S. & **Nonas-Barnes, L.** *Preventing firearm suicide by phone: An examination of means safety practices across US crisis centers*. Report presented at Gun Violence Research Center Research Day. Rutgers University, New Brunswick, NJ, May 2022.

## RESEARCH EXPERIENCE

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### American Institute of Research

Research Intern (Supervisor Dr. Yibing Li, PhD), January 2024-Present

- Efficacy study of HS RULER in U.S. High Schools
- Survey methodology (programming surveys, data analysis)
- Participant recruitment (organizing recruitment data, coordinating with schools for data collection)
- Drafting research proposals for large urban school districts
- Leading Focus Group Interviews of implementation teams
- Implementation Study Support staff, including development of fidelity scoring guide
- Meta-Analysis screening, extraction, coding, data cleaning, and analysis about the relationships between instructional support, student engagement, and math outcomes
- Report and presentation preparation

### Rutgers School of Social Work

Graduate Research Assistant (Supervisor Dr. Cory Morton, PhD), September 2022-Present  
Center for Prevention Science

- Collaborative Quality Improvement Qualitative Child Welfare Study
- Conducted numerous literature reviews
- Facilitated focus groups with youth, families, and service provider
- Collaborated in consensus based qualitative coding methods using NVivo and Atlas.ai
- Performed statistical data analysis using SPSS
- Manuscript development
- Gave presentations and trainings on child welfare history and policies
- Produced reports for state and local offices
- Quantitative measure development, and validation
- Implementing DBT-informed consultation team into research project
- DBT-informed research consultation team proposal development

Graduate Research Assistant (Supervisor Dr. Hannah Szlyk, PhD), September 2021-July 2022

- Assist in writing manuscript on suicidal behavior of Black college students with exposure to police violence
- Mixed-Methods research study on firearms means safety and crisis call centers
- Survey methodology (survey programming, administering surveys, data analysis)

### University of Pennsylvania, Philadelphia, PA and Brooklyn, NY

Research Assistant (Supervisor Dr. Andrea Doyle), August 2016-June 2017

- Trauma-Informed Skills for Women of Color with a Diagnosis of HIV and Emotion Dysregulation Pilot Study
- Assist in the implementation of a 12-week DBT skills training group
- Assist in recruitment of participants and administer pre, mid, post, and follow-up measurements

- Lead weekly adherent skills training group

## TEACHING EXPERIENCE

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### **Columbia University School of Social Work**

Adjunct Lecturer, September 2023- Present

Course: Contemporary Social Issues

Course: Decolonizing Social Work/Foundations in Social Work

Course: Advanced Clinical Practice: Intro to DBT Skills

Course: Introduction to DBT

### **Rutgers University School of Social Work**

Lecturer, September 2024- Present

Course: Clinical Social Work I

Course: Clinical Social Work II

Guest Lecture, Clinical Social Work I, 2021-2023

## PRACTICE EXPERIENCE

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### **The Counseling Center Group**

Therapist, February 2022-Present

- Clinical outpatient therapy with families, youth, adolescents, adults, and couples
- Comprehensive DBT, DBT-C, DBT-A, parent-coaching, individual therapy, group therapy
- Treat mood disorders, personality disorders, adjustment disorders

### **Sanctuary Intensive Outpatient Trauma Treatment, New York, NY**

In-Person IOP Group Therapist, September 2021- January 2022

- Group therapist for in-person IOP trauma treatment center
- Focused on DBT skills, CBT, and somatic therapy

### **The Children's Village, Dobbs Ferry, NY**

#### **STEP AFTERCARE**

Assistant Clinical Director, January 2020-July 2021

- Supervise team of 5-7 clinical program staff, including DBT Family Therapists, Intensive Reunification Workers, Juvenile Justice Intervention Workers, Independent Living Specialists, and MSW Interns
- Carries caseload of 1-3 family therapy cases and possibly 1-2 case management cases
- Monitor therapeutic interventions and Dialectical Behavior Therapy (DBT) that are provided to families
- Assist staff to develop and implement new interventions
- Provide routine DBT trainings and refreshers to STEP Aftercare staff
- Develop STEP DBT Aftercare model
- Take lead on development of DBT assessments and documentation to be utilized within STEP program
- Monitor clinical staff documentation including FASPS, Court Reports, Permanency Hearing Reports, and progress notes
- Collaborate with all relevant systems and key participants to ensure buy-in and cooperation
- Assist with auditing internal forms currently in use for consistency and manageability

Clinical Supervisor, November 2018-January 2020

- Supervise team of 2-3 clinical program staff, including DBT Family Therapists, Intensive Reunification Workers, and MSW Interns
- Carries caseload of 2-5 family therapy cases and possibly 1-2 case management cases
- Monitor therapeutic interventions and Dialectical Behavior Therapy (DBT) that are provided to families
- Assist staff to develop and implement new interventions
- Provide routine DBT trainings and refreshers to STEP Aftercare staff
- Work with Director of Aftercare to research and build DBT aftercare and STEP model
- Take lead on development of DBT assessments and documentation to be utilized within STEP program

- Monitor clinical staff documentation including FASPS, Court Reports, Permanency Hearing Reports, and progress notes
- Collaborate with all relevant systems and key participants to ensure buy-in and cooperation
- Assist with auditing internal forms currently in use for consistency and manageability

#### Multi-Family Therapist, June 2017-November 2018

- Provide services to individuals leaving residential care referred to STEP Aftercare from Westchester Department of Social Services.
- Provide in home and/or community-based
- DBT-informed family therapy.
- Responsible for introducing the DBT model to families, including concepts, skills training, homework, Diary Cards, and expectations of treatment

## CLINICAL LEAD TRAINER EXPERIENCE

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### Introduction to Dialectical Behavior Therapy | Stony Brook University | June 2018, December 2018, June 2020, January 2021, January 2022

- Co-facilitated an introductory 8-hour DBT training for social workers for CEU credits

### Behavior Chain Analysis Training | Sanctuary Inc. | January 2022

- Facilitated training for Sanctuary clinical staff on Behavior Chain Analysis process

### Validation Training | The Children's Village | September 2018-present

- Co-facilitated training for The Children's Village staff on the concepts and forms of validation

### DBT Skills Training - Mindfulness | The Children's Village | September 2018-present

- Co-facilitate training for The Children's Village staff on DBT Mindfulness skills

### Integrated Treatment Model Training | The Children's Village | September 2018-present

- Co-facilitate 4-day training on ITM concepts, values, and DBT skills

### DBT Skills Training- Mindfulness | The Children's Village | September 2018-present

- Co-facilitate training for The Children's Village staff on the DBT Interpersonal Effectiveness skills

### Behavior Chain Analysis Training | The Children's Village | September 2018-present

- Co-facilitate training for The Children's Village staff on Behavior Chain Analysis process

### DBT Skills Training- Emotion Regulation | The Children's Village | September 2018-present

- Co-facilitate training for The Children's Village staff on the DBT Interpersonal Effectiveness skills

## PROFESSIONAL AFFILIATIONS and LICENSURE

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Licensed Masters in Social Work, New York State Department of Education (License Number: 101478-1)  
NPPES NPI #: 1285280248

## SERVICE

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Clinical Social Work Journal | Reviewer February 2025- Present

### Student Planning Committee for Anti-Racism | Rutgers University, New Brunswick, NJ April 2022- May 2025

- Creating an anti-racist resource guide (ARRG) with the Rutgers SW resource librarian Julia Maxwell based on student input regarding needed content around anti-racist issues in research, teaching, and practice
- SPCA Panel event on March 21, 2023 (open to DSW & PhD students) Implementing Anti-Racist and Diversity Practices in Academic Work Outside the Classroom with 3 panelists

- Event planned for April 11, 2023 - Organized in collaboration with GSA - IIDEA event open to students and staff (canceled due to Rutgers strike)
- November 9 event (PhD students only)- *Talking About Anti-Racism in Academia: a PhD Student Discussion*
- Multiple working meetings with RUSSW PhD students to gather input on the ARRG and begin compiling resources
- Starting newsletter to highlight SPCA work, resources, student-relevant resources
- Drafting survey to go out to students this summer with their feedback on anti-racist resources; student needs of SPCA
- Meeting with PhD director for future directions and informing curriculum changes
- Panel discussion with 4 Rutgers professors regarding the role of anti-racism in their research (April 25, 2024)
- Submitted an abstract to SSWR 2025 about the anti-racist resource guide
- Attended new student visit day and shared about: anti-racist efforts of Rutgers SSW/areas for improvement, the SPCA group and support available to RU students (Spring 2024)
- Submitted report to SSW Director on results of SPCA survey administered over the summer.

**Inclusion, Intersectionality, Diversity, Equity and Advancement Committee (IIDEA) | Rutgers University, New Brunswick, NJ** September 2022- July 2023

**Doctoral Student Association Board | Rutgers University, New Brunswick, NJ** July 2022- July 2023

**Peer Mentor | Rutgers University, New Brunswick, NJ** May 2022- July 2023

**Undoing Institutional Racism Committee | The Children's Village, Dobbs Ferry, NY** August 2019-August 2021