



## **Bowen Family Systems Theory Clinical Certificate**

### ***Basic Program Application Form***

**Bowen family systems theory** has long been a cornerstone of social services education and clinical practice. Rooted in natural science and aligned with contemporary evolutionary and neuroscience research, it offers a powerful framework for understanding human behavior, families, organizations, and society as dynamic, multigenerational emotional systems. This institute-level certificate program is designed for individuals seeking a deeper understanding of Bowen theory - its scientific foundations, its systems-based approach to emotional and physical symptoms, and its practical application for managing self in both professional and personal contexts.

### **Institute-Level Training**

#### **10 Monthly Live Interactive Webinars**

**Mondays, 9am-3:30pm ET  
September 2025– June 2026**

***Plus***

#### **10 Monthly Online Supervision Sessions**

**All Sessions Conducted 100% Online via Zoom**

Webinar Dates	
2025	2026
1. September: 15	5. January: 12
2. October: 20	6. February: 09
3. November: 17	7. March: 16
4. December: 15	8. April: 20
	9. May: 18
	10. June: 15



### ***Program Details***

- The cost for Basic Certificate Program is **\$2400 until August 15<sup>th</sup> | \$2500 starting August 16<sup>th</sup>**
- This includes:
  - All 10 live webinars in the series. September – June, 9:00am-3:30pm ET.
  - Live webcast presentations each month by an international Bowen theory expert.
  - Seven Aggregate & Three Individual Supervision Sessions.
  - Rutgers Certificate: Bowen Family Systems Theory Clinical Certificate, Basic.
  - 71 continuing education hours (clinical).
- Tuition is due upon acceptance into the certificate program to hold your spot.

Applications due by **September 5<sup>th</sup>, 2025**

**Please submit this application & supporting materials via email no later than:**  
**September 5, 2025** to Dr. Douglas Behan, [dbehan@ssw.rutgers.edu](mailto:dbehan@ssw.rutgers.edu)

Name:

Address:

Current Professional Position(s):

Employer(s):

Job Title(s):

Phone Home:

Office:

Cell:

Email:

#### **1) Please indicate the type of work setting(s) you are employed in:**

☐ Self-Employed   ☐ Government   ☐ Non-Profit   ☐ Private-for-Profit   ☐ Other (specify)

#### **2) Indicate your profession (e.g., Social Work, Psychology, Nursing, Counseling):**

#### **3) Please indicate how long you have worked in your current profession(s):**

- ☐ Less than two years
- ☐ Two to five years
- ☐ Five to ten years
- ☐ Ten to fifteen years



☐ Fifteen+ years

**4) Indicate your highest level of education completed:**

☐ Master's degree

☐ Doctoral degree

☐ Other:

**5) Current Employment**

Please briefly describe your current work responsibilities and your experience providing individual, couples & family therapy, organizational consultation, etc.:

**6) Professional and Educational Background**

- a) Please forward your resume listing positions held since completing college, most recent first. Please include your educational background. List college, university, or any other educational institution attended and degree(s) conferred with dates of study.
- b) Are you currently a candidate for a degree? If so, give university, area of specialization, degree to be earned, and expected date of graduation.
- c) In addition to training from degree-conferring institutions, what applicable professional training have you had? Name of Institution | Location | Course | Years:
- d) List any research experience and interests. Please include published and unpublished papers.
- e) How did you become acquainted with and interested in Bowen theory and this Certificate Program?

**7) Forward a Document Answering the Following Questions:**

- a) Briefly describe your major long-term professional interests and goals. How do you see this program as relevant to these goals?
- b) What is your current theoretical base for conceptualizing human behavior and guiding your professional work? How did you arrive at your current theoretical orientation? What have you found to be the strengths and weaknesses of this theoretical base?
- c) Please describe any previous experience with Bowen theory and the study of family systems.

**8) Applicant Agreement:** If accepted, I understand that I must complete a family functioning and history application supplemental prior to the start of the September



webinar and that to complete this certificate program, I must complete all assignments, attend all ten workshops, and attend all supervision sessions. I also understand that during the supervision component of this certificate program, part of the educational process will involve exploring my own family-of-origin and related issues. I will be expected to discuss my three-to-five generation family diagram (genogram) with my supervisor during most supervision sessions and in the presence of my fellow supervisees. I also understand that this family diagram will include information on family size; history of physical, mental, and social symptoms and illnesses; and any additional information that may be helpful for understanding my family's functioning and that I am comfortable sharing in a professional, confidentiality-focused, supervision environment.

☐ Yes Initials \_\_\_\_\_

Signature (typed name is sufficient):

Date:

---

**EACH APPLICATION MUST INCLUDE:**

- 1. A completed copy of this application form**
- 2. Narrative document for questions 7A, 7B, & 7C**
- 3. A current resume**

*In a digital format (Word, PDF), send the completed application form, narrative document, and resume to: Dr. Douglas Behan, [dbehan@ssw.rutgers.edu](mailto:dbehan@ssw.rutgers.edu)*

**Application materials must be received by: September 5, 2025**

- 
- Enrollment is limited to 18 certificate participants per cohort. Selections are based on the strength of the application.
  - A maximum of three persons will be assigned to each supervision group
  - Webinars may be attended individually without submitting an application – just like regular continuing education webinars. However, this level of participation will not include the supervision component and does not lead to receiving the program certificate.
  - Admissions to the cohort are made on a rolling basis until all slots are filled.
  - Additional information & application forms can be found at:  
<https://socialwork.rutgers.edu/academics/continuing-education/children-and-families-certificates#bowen>