

CURRICULUM VITAE

Rupa M. Khetarpal, Ph.D., LCSW

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Associate Professor of Teaching

School of Social Work
Rutgers University
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Director-Certificate on Interpersonal Violence and Trauma (C-IVT) Program

Center for Research on Ending Violence
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EDUCATION

2024	Ph.D., Rutgers University, School of Social Work.
2008	M.S.W., Rutgers University, NJ, School of Social Work.
1993	Masters (MA) in English Literature, Jadavpur University, India.
1991	Bachelor (BA) in English Literature (Honors), Jadavpur University, India

POST GRADUATE CLINICAL TRAINING

2022	Global Mental Health-Trauma and Recovery Certificate. Harvard Medical School.
2015	Gender-Based Violence, John Hopkins University
2015	Certificate in Complex Trauma, Rutgers University
2011-2014	Body- Oriented Psychotherapy for Anxiety Disorders,
2012	Mindfulness-Based Stress Reduction (MBSR), MBSR Center of NJ
2012-2013	Eye Movement Desensitization Reprocessing (EMDR), EMDR Institute
2013-2014	Marriage and Family Therapy at the Multicultural Family Institute

ACADEMIC POSITIONS

2021-Present	<u>Associate Professor of Teaching</u> , School of Social Work, Rutgers University
2015–2021	<u>Assistant Professor of Teaching</u> , School of Social Work, Rutgers University
2013–2015	<u>Adjunct Faculty</u> , School of Social Work, Rutgers University

LEADERSHIP & ADMINISTRATIVE POSITIONS

2023-Present	<u>Director, Center for Research on Ending Violence</u> , School of Social Work, Rutgers University. Oversee implementation of all functions related to the Certificate on Interpersonal Violence and Trauma (C-IVT) Program, including marketing and recruitment, selection of students, managing practicums and interfacing with external agencies.
2015– 2023	<u>Program Coordinator, Center on Violence Against Women & Children</u> School of Social Work, Rutgers University. Oversee implementation of all functions related to the VAWC-Certificate Program, including marketing and recruitment, selection of students, managing field placements and interfacing with external agencies.

- 2008-2012 Director, Cross Cultural Counseling Center, International Institute of New Jersey
- Structured, planned, staffed, and supervised a multicultural community-based mental health program providing clinical and case management services to immigrants, refugees and asylum seekers in NJ from over 40 countries; [was the only program in NJ funded to provide services to torture survivors]
 - Provided leadership and built the Program from a single project program into four projects in 2 years supported by the NJ state, federal and UN funds. Oversaw management including budgeting, structuring, staffing and supervision of the ‘Survivors of Torture Program’, ‘Anti Trafficking Program’, ‘Immigrant Family Violence Institute Project’ and the ‘Refugee Mental Health Program’.
 - Provided training and technical assistance to mental health professionals, law enforcement, health care workers, academia, faith based agencies on topics of trauma, torture, gender based violence, mental health, asylum, and immigration.
 - Represented the Institute on State Coalitions, County Multidisciplinary Teams and Social Service Boards
 - Developed strategic partnerships with academic institutions, law firms, immigration courts, asylum offices, mental health and medical care providers, human rights organizations, and ethnic communities
 - Supervised and managed 15-20 multicultural and multilingual staff comprising of clinicians, caseworkers, Americorp members and student interns
 - Provided support to the Executive Director in key decision making and participated in organizational strategic management planning
 - Carried clinical caseload, focusing on forensic evaluation, treatment, and advocacy on behalf of survivors of refugee trauma, torture, domestic and sexual violence.

DIRECT PRACTICE POSITIONS

2024-present: Mental Health Consultant & Clinician, Church World Service, Jersey City, NJ
Provide mental health program consultation and clinical services to refugees from Afghanistan under the Services to Afghan Survivors Impacted by Combat Grants (SASIC) program.

2012-present Private Practice, Highland Park, NJ
Utilizing a holistic and integrative approach, provide psychotherapy to survivors of trauma who have experienced traumatic event/s such as torture, captivity, loss, the experience of physical, sexual, and emotional abuse, a range of anxiety disorders, migration trauma, and intergenerational and family conflict. The approaches used comprehensively are Stress Inoculation Techniques (SIT), Cognitive Processing Therapy (CPT), Cognitive Behavioral Therapy (CBT), Mindfulness-Based Stress Reduction Techniques (MBSR), Eye Movement Desensitization Reprocessing (EMDR), and forms of Body Oriented Trauma therapy (BOT) with critical emphasis on an individual’s faith, cultural belief systems, family structure, socialization and traditional healing methods.

- 2011-2014 Team Clinician, Artemis Collaborative - Psychosocial Care Unit, Médecins Sans Frontières, USA. Contracted by Doctors Without Borders/Médecins Sans Frontières (MSF, USA), the Collaborative comprises four independent consultants (psychologists and social workers) with extensive experience in trauma response and international disaster relief work.
- Provide psychosocial support through “Return Talks” and “Pre-Departure Talks” to humanitarian relief workers returning from field assignments
 - Participate in developing policies, protocols, and operational models of psychosocial support for humanitarian workers
- 2006-2008 Counselor/Advocate/Educator, Morris County Sexual Assault Center, NJ
- Individual Therapy – Intake, treatment plans & short-term psychotherapy for clients ranging in age from 13 to adults
 - Crisis Intervention – Responder to St. Clare’s and Morristown Memorial’s emergency and psychiatric unit for crisis counseling involving sexual assault
 - Educating and training law enforcement, municipal court personnel, and community agencies regarding the prevention of sexual violence and response
 - Advocating for clients and collaborating with social service agencies, local law enforcement, County Prosecutor’s Office, hospitals and schools
 - Advocate – Member of the Sexual Assault Response Team, interfacing with medical personnel, the Prosecutor’s office, relevant law enforcement, and community agencies, responding to sexual violence incidences in Morris County
- 2004-2006 Domestic Violence Advocate, Victim-Witness Advocacy Program, Morris County Prosecutors Office, NJ
- Outreach to victims of domestic violence in the municipal courts
 - Investigative interviews with victims for needs assessment
 - Reviewing cases with victims and witnesses and providing appropriate referrals to social service agencies
 - Victim accompaniment to courts in criminal cases and explaining procedures in the criminal justice system to the victims
 - Assistance with victim impact statements and applications for crime victims’ compensation
 - Providing coordinated services to victims as a member of the Multi-Disciplinary Team
- 2002-2003 Volunteer, Anti-oppression and Resident Services Units, North York Women’s Shelter, Toronto, Canada
- Women’s Services: Providing referrals to individuals, organizations and community groups. Working with donations, understanding and fulfilling requirements. Booking and scheduling interpreter service for residents. Accompanying residents to community group sessions. Managing client expenses in regard to daily disbursement and accounting. Administrative support, data input and documentation of information.

- Communications: Editing the shelter newsletter, photographing special events related to the shelter for shelter documentation

- 1994-95 Resource Development Executive, CRY (Child Relief & You), Delhi, India
CRY is one of India's foremost Non-Government Organization which implements key initiatives for supporting and developing underprivileged children.
- Prepared case histories and status profiles of various projects undertaken by CRY, for presentation to high net worth individuals and corporations with the objective of raising funds and securing sponsorships
 - Researched community resources and established information sources.

HONORS & AWARDS

- 2016 Recipient of the “Community Champion Award,” by SANAR Wellness Institute, NJ
- 2013 Recipient of the “Outstanding Provider Award,” by South Asian Mental Health Awareness Jersey (SAMHAJ), National Alliance of Mental Illness (NAMI, NJ)
- 2008 Rutgers University – Recipient of the Deans Award for the Most Outstanding Student in Direct Practice
Verizon Wireless Violence against women and Children scholarship recipient

GRANTS: Research

- 2023-2025 Hetling, A., **Khetarpal, R.M.**, Cohen, D., , Gault, G., McMahon, S. & Williams , SZ. (2023) Building a Resilient Healthcare Workforce through Trauma-Informed Care. \$46,988
- 2020-2021 McMahon, S., Schwartz, R. & **Khetarpal, R.M.** (2020) Innovations in Education and Teaching Pilot Grant, Teaching Intimate Partner Violence through an interactive online case studies module. \$10,000

GRANTS: Direct Service Programs

- 2011-2014 Three-year Program Grant from U.S. Dept. of Health and Human Services/Office of Refugee Resettlement to provide direct services to international victims of human trafficking, subcontracted by Heartland Alliance under the Northern Tier Anti Trafficking Consortium (NTAC), \$22,000 (per year)
- 2009-2012 Four consecutive one-year Program Victims Assistance Grant from NJ State Office of Victim Witness Advocacy to serve survivors of torture related crimes in New Jersey, \$45,000 (per year)
- 2009-2012 Program Grants from the United Nations Voluntary Fund for Victims of Torture (UNVFVT) to provide services to international survivors of torture, \$ 40,000 (per year)
- 2008-2011 Three-year grant from the Department of Health and Human Services, Administration of Children and Families, to develop the Immigrant Family Violence Institute in collaboration with five other national immigrant service agencies. \$300,000

2009-2011 Two-year Program Grants from Office of Refugee Resettlement (ORR) as a subcontractor for the United States Conference for Catholic Bishops (USCCB) to serve international victims of sex and labor trafficking. \$ 60,000 (per year)

PUBLICATIONS

Peer-Reviewed Publications

1. Im, H., Saleh M., & **Khetarpal, R.M.** (2024). Embodiment of Structural Vulnerability: Complex Illness Experiences of Somali Refugee Women in Displacement. *Journal of Ethnicity & Health*
2. Nikolova, K., Cardenas, I., Steiner, J. J., & **Khetarpal, R.** (2023). Women's Help-Seeking in China and Papua New Guinea: Factors That Impact Survivors of Intimate Partner Violence. *SAGE Open*, 13(4). <https://doi.org/10.1177/21582440231221329>
3. **Khetarpal, R.M.**, Johnson, L. & Stemetski, E. (2022). Identifying core competencies for a Violence Against Women and Children Certificate Program. *Journal of Social Work Education*.
4. Mincin, J., & **Khetarpal, R.** & Steiner, J. (2022). Protecting Vulnerable Populations During Health Emergencies: COVID-19 Pandemic, Mental Health, and Refugees and Asylees. *Journal of Emergency Management*, special edition COVID-19 and Mental Health.
5. Yu, M., Reyes, L., Malik, S., **Khetarpal, R.** & Steiner, J. (2021). Reciprocity among forced migrants: refugees and asylees as agents of facilitating integration and community-building for self and others in the United States, *Journal of Ethnic and Migration Studies*, DOI: [10.1080/1369183X.2021.1953377](https://doi.org/10.1080/1369183X.2021.1953377)
6. Niklova, K., Buttner C., Cardenas, I., **Khetarpal, R.M.**, Postmus, J., & Simmel, C. (2019) Caseworker's attitudes about domestic violence (DV): Does personal experience with abuse matter? *Human Service Organizations: Management, Leadership*. DOI: [10.1080/23303131.2020.1869130](https://doi.org/10.1080/23303131.2020.1869130)
7. Johnson, L., Postmus, J. L., **Khetarpal, R.**, Schwartz, R., Buttner, C., & McMahon, S. (2018). The Center on Violence Against Women and Children at Rutgers University *Research on Social Work Practice* 29(2), 234–240. <https://doi.org/10.1177/1049731518798698>

Manuscripts under Review

Under 2nd Review

1. Mincin, J., **Khetarpal, R.**, & Steiner, J. (2021). ***“For the people- by the people.”*** Evaluating the Refugee Community Health Promoter Program in New Jersey. International Rescue Committee (IRC), New Jersey Office of Refugees. *Journal of Refugee & Global Health*.
2. Mincin, J., **Khetarpal, R.**, Ast. R., Yu. M. & Steiner, J. (2021). Continuity of care among refugees entering the U.S.: A Qualitative case study. *Journal of Immigrant and Refugee Studies*

Manuscripts in Preparation

3. **Khetarpal, R. M.** (2020) Trauma informed supervision trauma informed field supervision for students working with trauma and abuse. *Journal of Social Work Education*
4. **Khetarpal, R.**, Sharp, G., Banyard, V., & McMahon, S. (2020). Promoting Resilience in Social Workers: Exploring “mattering,” social support and job satisfaction. *Journal of Social Work Education*.
5. **Khetarpal, R.** Madsen, C. Trott., D & Steiner., J. (2020). Alternate Approaches to Addressing Mental Health in Refugees. *Journal of Ethnic and Migration Studies*

PUBLICATIONS-CURRICULUM GUIDES, REPORTS & TOOLKITS

Published

- Council of Social Work Education (2018). *Specialized Practice Curricular Guide for Trauma-Informed Social Work Practice*. Alexandria, VA. Assisted with writing of guide as a member of the National Task Force. [Trauma Competencies Guide](#)
- **Khetarpal, R.** Madsen, C. & Trott., D (2020). Refugee Wellbeing and Mental Health Interventions. Recommendations for refugees in New Jersey. A White Paper for distribution to all refugee resettlement agencies in NJ. Created under a grant by the New Jersey Office of Refugees (NJOR) [https://cwsjerseycity.org/about-us/reports/Refugee Mental Health](https://cwsjerseycity.org/about-us/reports/Refugee%20Mental%20Health)
- Mincin, J., **Khetarpal, R.**, & Steiner, J. (2021). Refugee Community Health Promoter Program Evaluation Report for International Rescue Committee (IRC), New Jersey Office of Refugees. [CHP Report](#)
- Trauma Informed Aftercare Manual (TIAM), (2019). SANAR Wellness Institute. Newark, New Jersey. Contributed as a reviewer.

CONFERENCE PRESENTATIONS

1. **Khetarpal, R.M.** (2025). Collaborative Strategy Meeting on Labour Rights For Indian Sex Workers Durbar Mahila Samanwaya Committee (DMSC). Panelist. Kolkata, India.
2. Bennett, C., **Khetarpal, R.M.**, Roebuck, J., & Lanza, T. (2024). Cultivating Joy and Liberation Through Trauma Informed, Anti-oppressive Social Work, NASW NJ Conference, 2024, Atlantic City, NJ.
3. Saleh M., **Khetarpal, R.M.** & Im, H. (2024). Embodiment of Structural Vulnerability: Complex Illness Experiences of Somali Refugee Women in Displacement. SSWR, Washington D.C.
4. Mincin, J. & **Khetarpal, R.M.** (2024). Continuity of Care, Self-Sufficiency, and Wellness Among Asylees in the U.S.: A Qualitative Case Study. SSWR. Washington D.C.
5. **Khetarpal, R.M.**, & Sharpe, G. (2023) Sex Workers and the Power of Collaboration: Reflections from a Study Abroad to Kolkata. CSWE APM, 2023. Atlanta GA
6. **Khetarpal, R.M.** (2023). The Seventh Annual Challenging Racism Conference. Moderator, Expert Panel.
7. **Khetarpal, R.M.** (2023). Impact of Domestic Violence on Adolescents and Young Adults. 2nd Annual Interprofessional Forum for HRSA-Funded, BHWET Conference, Virtual conference.

8. Yuan, N., **Khetarpal, R.M.**, Sharpe, G., Gauer, C. Patel., N. (2022). *An Introspective Discourse on Building Resilience in the Classroom During the COVID-19 Pandemic*. ResCon, Virtual Conference.
9. Schwartz, R. & Khetarpal, R.M. (2022). *"A day in the life" of a survivor: Experiential Teaching Intimate Partner Violence Online*. Poster presentation. CSWE APM 2022, Anaheim, CA
10. Banyard, V, **Khetarpal, R.M.**, Sharpe, G. & McMahon, S. (2021) *Promoting resilience in social workers: Exploring "mattering," social support and job satisfaction*, ResCon, Virtual Conference.
11. **Khetarpal, R.** (2021). *Social Work Responses to Collective Trauma*. Panelist at the Doctoral Student Panel, SSWR 2021, virtual conference.
12. Malik, S., Reyes, L. **Khetarpal, R.**, Yu, M. & Steiner, J. (2020) Resettlement Experiences of Refugees in the Tri-State Area: Examining the Role of Community Ethnic Density. SSWR, 2021.
13. Yu, M., Reyes, L., Malik, S., **Khetarpal, R.** & Steiner, J (2020). Migrant Reciprocity: Refugees and Asylees As Agents of Facilitating Integration for Self and Others. SSWR, 2021.
14. Nikolova, K., Steiner, J., Cardenas, I., **Khetarpal, R.** (2019) *Factors that impact women's help-seeking who are facing IPV in Asia and the Pacific*, SSWR 2020, Washington, D.C.
15. **Khetarpal, R.M.** (2019) *"Hear the Silent Cries" Domestic Violence in Immigrant Communities.* At the Crossroads of Complex Trauma: Domestic Violence and Addiction. Annual Conference at the Graduate School of Applied Psychology, Rutgers University. New Brunswick, NJ
16. **Khetarpal, R.M.** (2019) *"Lost in a new land: Addressing Refugee Mental Health."* Racism in Medicine Conference. Cooper Medical School, Rowan University, Camden, NJ.
17. Banyard, V, **Khetarpal, R.M.**, Sharpe, G. & McMahon, S. (2019) *Promoting resilience in social workers: Exploring "mattering," social support and job satisfaction*, CSWE APM 2019, Denver, Colorado
18. Steiner, J.J., Cardenas, I., Nikolova, N. & **Khetarpal, R.M.** (2019) *Incubations for knowledge mobilization: Connecting research and practice for GBV and refugees*, CSWE APM 2019, Denver, Colorado
19. **Khetarpal, R.M** (2019). *Lost in a New Land: Cultural practices and resilience in torture survivors*, ResCon, Nashville, TN
20. **Khetarpal, R.M.**, McMahon S., & Johnson, L. (2018). *Developing core competencies for a Violence Against Women and Children Certificate Program*. CSWE APM 2018, Orlando, FL
21. **Khetarpal, R.M.** & Oceanak, N. (2017) *Trauma informed field supervision for students working with trauma and abuse* (CE) CSWE APM Conference, Dallas, TX
22. Schwartz, R., **Khetarpal, R.M.** & Oceanak, N. (2017) *Integrating innovative ways for teaching interpersonal trauma online*. CSWE APM Conference, Dallas, TX
23. Lin, H.F., **Khetarpal, R.M.** & Oceanak, N (2017) *Work together! Engagement of alumni network for MSW VAWC Certificate Program*. CSWE APM Conference, Dallas, TX.

SSWR Special Interest Group (SIG) 2022

24. Yoon, S., **Khetarpal, R.M.**, Berg, K., & Barnhart, S. (2022). Resilience & Strengths-Based Research Special Interest Group (SIG), SSWR 2022, Washington, D.C.

ResCon 2025, (Resilience Conference: abstract accepted), Nashville, TN

25. Khetarpal, R.M. (2025). Refugee Perspectives on Employment and Mental Health: A phenomenological qualitative exploration. ResCon, Nashville.

Research Contribution

26. Steiner, J., **Khetarpal, R.M.**, Mincin, J. & Indart, M. (2019). Addressing Wellbeing, Mental Health, and Integration of Refugee Survivors of Sexual Violence in the U.S. Unveiling Inequality & Gender-Based Violence: A Global Public Policy Symposium, Monmouth University, NJ

INVITED & CONTINUING EDUCATION PRESENTATIONS

1. **Khetarpal, R.M.** & Roebuck, J. (2025). Domestic Violence Laws and Service Provisions: A cross learning collaborative session with India. Rutgers & Indian Institute of Social Welfare and Business Management (IISWBM), Virtual Webinar.
2. **Khetarpal, R.M.** & Roebuck, J. (2023). Advanced Trauma Certificate, NASW- NJ. A series of four 4-hour days of training with 16 CEs.
3. **Khetarpal, R.M.** (2023). Working with Domestic Violence Survivors. Teaching module. New York Institute of Technology. Recorded Online Module.
4. **Khetarpal, R.M.** (2022). *Intersecting Pathways- Experiencing Mental Illness and Intimate Partner Violence*. Women Aware, NJ. 40-hour Domestic Violence Training
5. **Khetarpal, R.M.** & Howard, L. (2022). *Let's Talk: Pivoting the Challenges in Fostering an Inclusive Classroom Environment*, PhD Student Planning Group on Anti-Racism
6. **Khetarpal, R.M.** (February 2, 2022). *Trauma-Informed Care*. Grand Rounds, Department of Medicine, Robert Wood Johnson Medical School (RWJMS).
7. **Khetarpal, R.M.** (2021). *Lost in a New Land: Addressing Refugee Mental Health*. Sheppard Pratt, Baltimore, Maryland.
8. **Khetarpal, R.M.** & Trott, D. (2021). *Refugee Wellbeing and Mental Health Interventions: Evidence-based alternative interventions for refugees*. Continuing Education Department. Rutgers University.
9. **Khetarpal, R.M.** (2021). *Understanding the Caste System in India: Being Culturally Responsive*. Covenant House, NJ
10. **Khetarpal, R.M.** (2021). *Sexual Violence Prevention: Understanding Safety and Consent. Circuit Sehat*. A National South Asian Dance Competition Organization
11. **Khetarpal, R.M.** & Roebuck, J. (2020) *Building Trauma Informed Classrooms, A Solution*. Faculty Development Seminar, Rutgers School of Social Work
12. **Khetarpal, R.M.** (2020). *Definition and Prevalence of Sexual Violence, Understanding Safety and Consent*. Desi Dance Network. A National South Asian Dance Competition Organization
13. **Khetarpal, R.M.** (2019) *"Looking Through the Invisible Borders: A cross cultural response to trauma survivors"* Rutgers Continuing Education Department, New Jersey
14. **Khetarpal, R.M.** & Roebuck, J. (2019). *"Understanding Sexual Harassment: The not-so hidden acts of privilege and power."* Culture Connections, New Jersey
15. **Khetarpal, R.M.** (2019). *"The Secret Shame: Male and LGBTQ survivors of Intimate Partner Violence."* Jersey Battered Women's Service (JBWS), NJ.
16. **Khetarpal, R.M.** & Roebuck, J. (2018). *"Lost in a New Land- psychological evaluations for at risk immigrants."* Rutgers Continuing Education Department, New Jersey

17. **Khetarpal, R.M.** & Roebuck, J. (2018). *"Understanding Sexual Harassment."* Rutgers Continuing Education Department, New Jersey
18. **Khetarpal, R.M.** (2018) *"Working with Muslim clients and families: culturally competent care"* California Board of Social Services, CalWORKS, CA, Online Webinar
19. **Khetarpal, R.M.** (2018) *"Working with Muslim clients and families: culturally competent care."* Ackerman Institute, New York
20. **Khetarpal, R.M.** (2018) *"Trauma informed care for homeless youth"* New Jersey Department of Child Protection and Permanency (DCP &P) and Corporation for Supportive Housing (CSH) Collaborative, New Jersey
21. **Khetarpal, R.M.** (2017) *"Working with Muslim clients and families: culturally competent care"* Adelphi University, New York
22. **Khetarpal, R.M.** (2017) *"Working with Muslim clients and families: culturally Competent Care."* Ackerman Institute, New York
23. **Khetarpal, R.M.** (2017) *"Looking through the invisible borders: A cross cultural response to trauma survivors"* Marywood University, School of Social Work, PA
24. **Khetarpal, R.M.** & Roebuck, J.(2017) *"Looking through the invisible borders: A cross cultural response to trauma survivors"* Rutgers Continuing Education Department, New Jersey
25. **Khetarpal, R.M** (2016) *"Working with Muslim clients and families: culturally competent care"* Culture Conference, Graduate School of Applied Psychology, Rutgers university, NJ
26. **Khetarpal, R.M** (2016) *"Understanding the perpetuation of violence against women."* NJ Courts Education Conference, Family Court and Criminal Court Divisions, April & May 2016, New Jersey
27. **Khetarpal, R.M.** (2014, 2013) *"Cultural competency in working with South Asians."* Series of 3 sessions of 5 hours each. Jersey Battered Women's Service (JBWS), New Jersey
28. **Khetarpal, R.M.** (2013) *"Working with trauma and post-traumatic stress disorder."* Veterans Administration (VA) Community Hope, SSVF, New Jersey
29. **Khetarpal, R.M.** (2012) *"Violence against women, a global epidemic."* Culture Connections of New Jersey, 2012, New Jersey
30. **Khetarpal, R.M.** (2012) *"Trauma and culture, treating trauma within a multicultural perspective"*, Culture Connections of New Jersey, New Jersey
31. **Khetarpal, R.M.** (2010) *"Domestic violence and culture, understanding the experience of immigrant victims of domestic violence and help seeking behavior"* Mental Health Association of New Jersey (MHANJ), New Jersey
32. **Khetarpal, R.M.** (2010) *"Behind the Pain, understanding the experience of trauma amongst immigrant survivors of domestic violence; assessment and treatment of PTSD within the multicultural context"* Mental Health Association of New Jersey (MHANJ) Training, 2 part Series, New Jersey
33. **Khetarpal, R.M.**(2010) *"Hear the Silent Cries, understanding the experience of immigrant victims of domestic violence and help seeking behavior"* Culture Conference, Graduate School of Applied Psychology, Rutgers University, New Jersey
34. **Khetarpal, R.M** (2010) *"Domestic violence in a cultural context"* Domestic Violence Resource Network Annual Meeting (DVRN), North Dakota
35. **Khetarpal, R.K.** (2010) *"Immigrant battered women: understanding help-seeking behavior and immigration relief"* NJ Association of DV Professionals (NJADVP) Conference, New Jersey

36. **Khetarpal, R.M.** (2010) "*The Hidden Shame, understanding the experience of immigrant male victims of domestic violence*" International Society for Traumatic Stress Studies (ISTSS) Conference, Montreal, Canada

MEDIA & PRINT

1. Khetarpal, R.M (2023) Quoted in "Rape and Sexual Violence in Manipur, India," Ochab, E.U. Forbes. [Link](#)
2. Khetarpal, R.M. (2023). Rutgers Expert Available to Comment on Prevalence of Violence Against Women During Conflict in India, Newswise. [Link](#)
3. Khetarpal R. M. (2021).Print: NJ.com, Crisis behind Closed Doors- Domestic Violence During Covid Times. <https://www.nj.com/coronavirus/2021/07/a-crisis-behind-closed-doors.html>.
4. Documentary (2020): Interviewed for the documentary: Anik Khan- I Vote Because. Story of a young Bangladeshi Immigrant Rap Artist from NYC. [Documentary](#)
5. Podcast Series: *What will people say? Understanding domestic violence in South Asian homes.*" (October 2020). A series of 8 podcasts. Channel: [DV Podcast Series](#) Introductory: [Introduction to the Series, Episode 1](#)
6. Video (2020). COVID 19 Stressors and Ways to Cope for Health Workers. [SAMBHAV COVID video](#)
7. Khetarpal, R. & Berkowitz, A. (2021) Human Trafficking Prevention Month. <https://socialwork.rutgers.edu/news-events/news/human-trafficking-month>
8. Television: Live interview by Vikas Nangia on TV Asia, Focus Live (2019) "*Empowering Domestic Violence Survivors: Addressing domestic violence in South Asian families.*" [TV Asia Interview](#)
9. Print: Blog for South Asian Mental Health Initiative & Network (SAMHIN). No Escape: Domestic Violence During the COVID 19 Pandemic. September 2020. [Domestic violence during COVID-19](#)
10. Print: Article published in *Tiranga*, an online magazine for the South Asian Community. [Domestic Violence Article](#)
11. Print: Interviewed by Vidya Sri, Ganashakti.org, (2017) Voices from the Frontline: Addressing Forced Marriage within the United States. [Forced Marriage Publication](#)
12. Documentary Film: Director and Producer. *Hear the Silent Cries*. Interviews with four Refugee women survivors of domestic violence. (2012). [Hear the Silent Cries](#)

PROFESSIONAL AFFILIATIONS

- Council on Social Work Education (CSWE)
- National Association of Social Workers (NASW)
- The Society for Social Work and Research (SSWR)
- Phi Alpha Honor Society Nu Omicron Chapter
- National Association of Social Workers (NASW)
- United Way of Morris County Inclusion Committee
- United Way of Northern New Jersey ALICE Committee
- Domestic Violence Working Group, Morris County, & Hudson County
- State Anti-Trafficking Taskforce, DCJ, NJ
- Representative of IINJ associated with DPI-United Nations, NY

TEACHING EXPERIENCE

Graduate Courses – Rutgers University

- Study Abroad Program to Kolkata, India (2023, 2025)
- Trauma-specific Practice with Children and Families, Synchronous Online.
- Clinical Social Work: Working with Survivors of Abuse & Trauma – Fully Online, On the Ground (OTG) and Hybrid formats. Developed and taught this course
- Violence & Abuse in Adulthood – On the ground (OTG), Fully Online
- Social Work with Immigrants and Refugees-Hybrid, Intensive Weekend (IW)
- Self-Care for Professional Practice: Online Module for MSW students [Under review]

Course Development: Rutgers University

- 2020: Social Work in Complex Times, 5 Modules in “Self-Care”
- 2019: Study Abroad Program for Kolkata, India
- 2019: Self Care for Professional Practice, MSW Program
- 2016: Clinical Social Work: Working with Survivors of Abuse & Trauma (WSAT)

Course Coordinator: Rutgers University

- Understanding Violence & Abuse in Adulthood – On the Ground (OTG) (2017-2024)
- Clinical Social Work: Working with Survivors of Abuse & Trauma – Fully Online, On the Ground (OTG), Hybrid and Intensive Weekend formats. (2016- Present)

COMMUNITY SERVICE

New Jersey State

1. Co-Chair of the Refugee Wellness Committee, NJ State Office of Refugees/International Rescue Committee (IRC) 2018-present
2. Co-Founder, SAMBHAV [South Asian Mental & Behavioral Health AdVocacy] 2018-present*
3. New Jersey Human Trafficking Services Committee, a consortium of interdisciplinary trafficking service providers in New Jersey. 2020-present
4. Member of the Advisory Council of SAMHAJ [South Asian Mental Health Awareness of Jersey] 2007-2018
5. Member of the Northern Jersey Coalition against Human Trafficking, NJ, 2017-present
6. Member of the Clinical Advisory Committee & Community Champion, SANAR Wellness Institute, NJ, 2016-present*
7. Member of the Morris County Children’s Sub Committee Working Group 2012-present

Current*

Rutgers University

1. Member SSW IIDEA Committee, 2023-2025*
2. Member Committee on Students, 2023-2025*
3. Member, Violence Prevention Victim Assistance (VPVA) Faculty Coalition, Rutgers University, 2022-2024*
4. Member, MSW Curriculum Committee, Rutgers School of Social Work, 2017-2019, 2021-2023
5. Member NTT Annual Evaluation Committee Rutgers School of Social Work, 2017- 2019
6. Member of the Pre- Arrest Diversion Program Committee (Human Trafficking), Rutgers Law School 2020
7. STAFF domestic Violence and Asylum Working Group, representing Rutgers University, 2018- 2020
8. Member of the Culture Conference Committee, Graduate School of Applied Psychology, Rutgers University, NJ 2016-2019
9. Member of the CSWE Trauma Competencies Taskforce, representing Rutgers University, School of Social Work, 2017- 2018

Current*

International Social Work

1. Volunteer Clinician: Dzaleka Refugee Camp, Malawi*
2. Volunteer Consultant: Durbar, a collective of sex workers, Kolkata, India*

Current*

SOCIAL WORK LICENSE

NJ State Board of Social Work: Licensed Clinical Social Worker (LCSW) #44SC05504400
NY State Education Department: Licensed Clinical Social Worker (LCSW) # 084111