Samantha Michaele, Director of Business Services 00:03 Rutgers School of Social Work

This is Samantha Michael from Rutgers School of Social works toward a more just future podcast. During my time with Theresa McCutcheon, I asked a few extra questions that didn't make our episode. Here's our rapid fire with Teresa. Okay, Tess, let's start our rapid fire questions I'm going to ask you to answer these in the fewest words possible, though, and I know that's hard.

Theresa McCutcheon, Director of the Institute for Families 00:27

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Especially for me. Yes, okay.

Samantha Michaele, Director of Business Services 00:30 Rutgers School of Social Work

Okay. Tess, I feel like I'm going to learn some stuff about you with this. What is your proudest achievement?

Theresa McCutcheon, Director of the Institute for Families 00:36 **Rutgers School of Social Work**

I'm going to say that that is raising two very spirited little boys into young men who are open to the world around them.

Samantha Michaele, Director of Business Services 00:42

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What was the hardest thing you've ever done?

Theresa McCutcheon, Director of the Institute for Families 00:45 **Rutgers School of Social Work**

I'm going to say defining my own leadership style, but then finding the confidence to practice it. Who do you admire you most admire my dad. He never stops learning, and every decision he makes is with deep integrity. What motivates you Innovation and Learning, what makes you hopeful? My own personal belief that a force greater than me guides my life.

Samantha Michaele, Director of Business Services 01:09 Rutgers School of Social Work What is your favorite book?

Theresa McCutcheon, Director of the Institute for Families 01:12 Rutgers School of Social Work

My favorite book is The Notebook by Nicholas Sparks. Although I'm not a fan of him, I will say that book is my favorite.

Rutgers School of Social Work Toward A More Just Future: Season 4, Episode 4

Samantha Michaele, Director of Business Services 01:19 Rutgers School of Social Work What music is on your recently played playlist,

Theresa McCutcheon, Director of the Institute for Families 01:24 Rutgers School of Social Work Amy Winehouse and Jack Harlow.

Samantha Michaele, Director of Business Services 01:26 Rutgers School of Social Work Would you rather have a pet dinosaur or a pet dragon? And why?

Theresa McCutcheon, Director of the Institute for Families 01:31 Rutgers School of Social Work Oh, a dragon, fire and flying. Come on.

Samantha Michaele, Director of Business Services 01:36 Rutgers School of Social Work What's your favorite dessert?

Theresa McCutcheon, Director of the Institute for Families 01:37 Rutgers School of Social Work A really good chocolate chip cookie.

Samantha Michaele, Director of Business Services 01:39 Rutgers School of Social Work What's your favorite place in New Jersey,

Theresa McCutcheon, Director of the Institute for Families 01:41 Rutgers School of Social Work

the Jersey Shore on a cool, sunny day when no one is around me,

Samantha Michaele, Director of Business Services 01:47 Rutgers School of Social Work what's the greatest lesson you've learned, and who or what taught you that lesson?

Theresa McCutcheon, Director of the Institute for Families 01:52 Rutgers School of Social Work

So the greatest lesson is that true lasting change is evolution, not revolution. And I learned this by accepting that progress is rarely a straight line or a comfortable One to walk. Thank you for sharing. Thank you. You