

Rutgers DSW Program Syllabus

Module Title: Antiracist Clinical Practice

Instructor:

Residency: School of Social Work

Date:

Module Description:

Students will understand how clinicians address racialized trauma. In the age of the quadruple pandemic: COVID-19, systemic racism, mass violence and partisan politics, students will examine the issues, emotions, and thoughts BIPOC clients bring into a therapeutic relationship.

Module Objectives:

1. To understand the power of stories in gaining insights into one's experience of racialized trauma.
2. To engage in self-interrogation to better appreciate one's feelings, thoughts, and family history with racialized trauma.
3. To review select material to learn the principles and dynamics of being an antiracist clinician.

Required Readings and Websites/YouTube:

1. Latino Families in Therapy, Introduction
2. Climbing Up the Rough Side of the Mountain: Hope, Culture and Therapy
3. THE CHARACTERISTICS OF WHITE SUPREMACY CULTURE
4. <https://www.pisab.org/our-principles/>
5. <http://www.antiracistalliance.com>
6. https://youtu.be/dTFZ_3mMblI
7. Hardy, Being a GEMM
8. Ten R's About Talking About Race, <https://www.netimpact.org/blog/talking-about-race>
9. Understanding and Dismantling Racism: A Booklist for White Readers.
<https://www.charisbooksandmore.com/understanding-and-dismantling-racism-booklist-white-readers>
10. Race Equity Tools - <https://www.racialequitytools.org/resources/fundamentals/core-concepts/system-of-white-supremacy-and-white-privilege>

Additional Recommended (optional) reading:

Hardy, K. (2023). *Racial Trauma: Clinical Strategies and Techniques for Healing Invisible Wounds*. Norton Professional Books.

Norris, D. M. & Primm, A.B. (Eds.) (2023). *Mental Health, Racism, and Contemporary Challenges of Being Black in America, 1st Edition*. American Psychiatric Association Publishing, Inc.

Williams, K. Y. (2022). *Dear White Woman: Please Come Home – Hand Me Your Bias, and I'll Show You, Our Connection*. Elephant Room Press.

Module Assignment: Due via Canvas. One page (250 words) reading reflection paper to (a) identify and describe three main takeaways from the reading and (b) list one question you hope will be answered during the module.