

Rutgers DSW Program Syllabus

Module Title: Cultural Humility= Genuine Self-

Awareness Instructor:

Residency:

Date:

Module Description: We often discuss the need for social workers to engage in cultural competence but that often lacks the need to engage in critical self-reflection and critique. It is incumbent on us as social workers to look introspectively before we work interpersonally. This module will introduce the concept cultural humility and how social workers should engage in individual and institutional accountability.

Module Objectives:

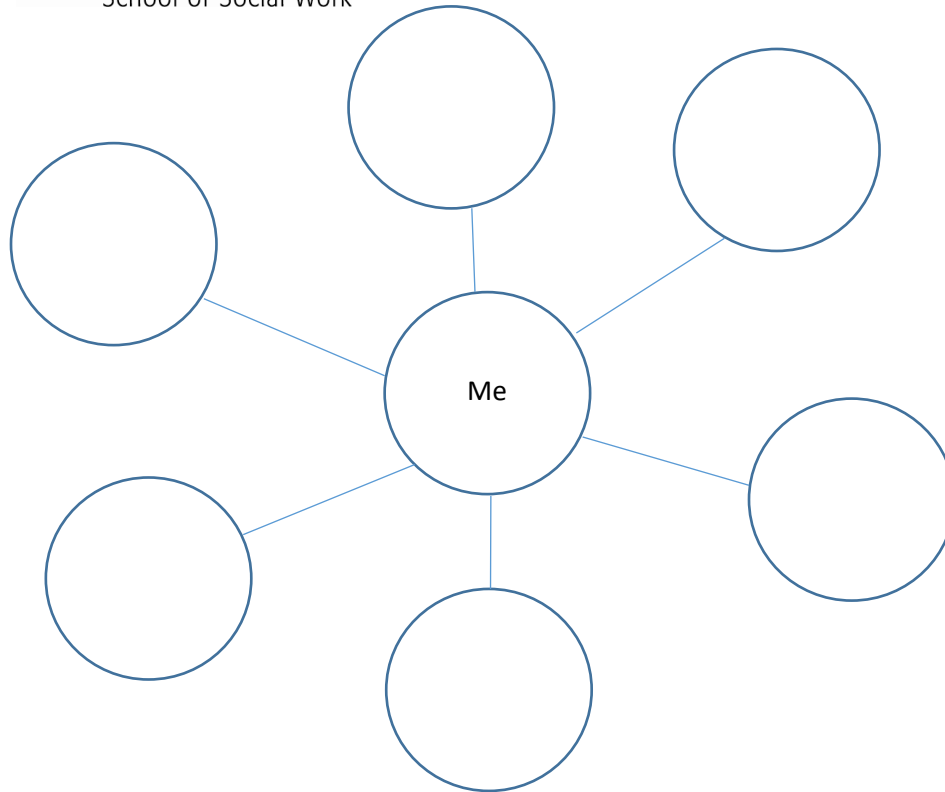
1. Define cultural humility.
2. Examine ways to engage in critical self-reflection and critique
3. Describe how values and beliefs impact interactions in our personal and professional lives.
4. Practice cultural humility in one's personal and professional life.

Module Assignment:

What makes you, you?

Create a wheel/map using this format, feel free to add as many circles as you feel necessary. Place your name in the center and list identities/intersectionality that relate to you in the outer circles. It could be cultural identity, gender identity/expression, race, politics, religion, education, etc.

Reflect on your wheel, what reactions or reflections did you have while completing the wheel? What identities were most and least salient to you? What meaning do you make about the saliency of your identities? How have these identities changed or shifted over time? What privileges, advantages, inequities, or discrimination have you experienced based on your identities? What messages did you receive about your identities? Did any feelings come up for you as you completed your wheel?



Required Readings:

1. Abe, J. (2020). Beyond cultural competence, toward social transformation: Liberation psychologies and the practice of cultural humility. *Journal of Social Work Education*, 56(4), 696–707. <https://doi.org/10.1080/10437797.2019.1661911>
2. Gottlieb, M. (2021). The case for a cultural humility framework in social work practice. *Journal of Ethnic & Cultural Diversity in Social Work*, 30(6), 463-481. DOI: [10.1080/15313204.2020.1753615](https://doi.org/10.1080/15313204.2020.1753615)
3. Moore-Bembry, N. (2020). Cultural Humility: A Life-Long Transformation. *Reflections: Narratives of Professional Helping*, 26(2), 4–12. <https://reflections narratives of professional helping.org/index.php/Reflections/article/view/1762>
4. Nguyen, P.V. (2020). Cultural competence and cultural humility: A complete practice. *Journal of Ethnic & Cultural Diversity in Social Work*, 30(3), 273-281. DOI: [10.1080/15313204.2020.1753617](https://doi.org/10.1080/15313204.2020.1753617)

Recommended Readings:

1. Fisher, K. (2021). An experiential model for cultivating cultural humility and embodying antiracist action in and outside the social work classroom. *Advances in Social Work*, 21(2/3), 690-707. DOI: <https://doi.org/10.18060/24184>