

Vivien Wen Li Anthony

Curriculum Vitae

Rutgers University
School of Social Work
120 Albany St., Tower One
New Brunswick, NJ 08901
Office: 838-932-8431
wanthony@ssw.rutgers.edu

ACADEMIC POSITIONS

- 2022-present **Associate Professor with Tenure**
School of Social Work
Rutgers, The State University of New Jersey
- 2022-present **Scientific Director for Video Gaming and eSports**
Center for Gambling Studies
Rutgers, The State University of New Jersey
- 2016-2022 **Assistant Professor**
School of Social Work
Rutgers, The State University of New Jersey
- 2016-2022 **Research Associate**
Center for Gambling Studies
Rutgers, The State University of New Jersey
- 2010-2011 **Lecturer**
Project Manager
International Education and Training Office
Beijing College of Social Administration, Ministry of Civil Affairs, Beijing, China
- 2006-2008 **Lecturer**
International Program Facilitator
China Civil Affairs College, Ministry of Civil Affairs, Beijing, China

EDUCATION

- 2016 PhD **University of North Carolina at Chapel Hill**
Dissertation: Mindfulness-oriented recovery enhancement for video game addiction in us emerging adults (Chair: *Matthew O. Howard, PhD*)
- 2010 MSW **University of North Carolina at Chapel Hill**

Concentration: Addiction and mental health

2006 BA **Beijing Language and Culture University**, Beijing, China
Major: English

RESEARCH INTERESTS

- Substance and behavioral addictions
- Problematic Internet use and gaming disorder
- Technology-related problem behaviors
- Intervention development and evaluation

TEACHING INTERESTS

- Research methods
- Statistical analyses
- Intervention research and program evaluation

PUBLICATIONS

*Please note some publications were published under the name **Wen Li**

REFERRED JOURNAL PUBLICATIONS

1. Mills, D., **Anthony, W. L.**, & Nower, L. (Accepted). A narrative review of research on the convergence of video gaming and gambling. *Canadian Journal of Addiction, Special Issue*.
2. **Anthony, W. L.**, Mills, D., Stanmyre, J., & Nower, L. (2023). Mindfulness profiles among video game players: Exploring differences in gaming behaviors, motivations, and mental health. *Psychology of Addictive Behaviors*. Advance online publication. <https://doi.org/10.1037/adb0000904>
3. **Anthony, W. L.**, Mills, D., & Nower, L. (2023). Measurement instruments for Internet gaming disorder: A systematic review using the COSMIN methodology. *Clinical Psychology: Science and Practice*, 30(2), 170-185. <https://doi.org/10.1037/cps0000123>
4. Nower, L., **Anthony, W. L.**, Stanmyre, J. F., Behan, D. (2023). Gambling knowledge and experience among clinical social worker. *Journal of Social Work Practice in the Addictions*, 23(3), 230-242. Published online first. <https://doi.org/10.1080/1533256X.2022.2059849>
5. Williams-Butler, A., Howard, T., **Anthony, W. L.**, & Duron, J. (2023). Adverse childhood experiences, sexual debut and substance use among Black justice-involved youth: The imperative of trauma-informed sexuality education. *Children and Youth Services Review*, 106847. Advance online publication. <https://doi.org/10.1016/j.childyouth.2023.106847>
6. Zhao, Q., Arévalo, S., **Anthony, W. L.**, & O’Brien, J. (2022). Patterns of interpersonal violence and their association with mental health problems and substance abuse among women with incarceration histories: A longitudinal study. *Journal of Family Violence*. Advance online publication. <https://doi.org/10.1007/s10896-022-00453-y>

7. Nower, L., **Anthony, W. L.**, Stanmyre, J. F., Behan, D. (2022). Do you gamble? Gambling behavior, problems, and self-awareness among social workers and other mental health providers. *Journal of Evidence-Based Social Work*, 19(6), 776-789. <https://doi.org/10.1080/26408066.2022.2113581>
8. Nower, L., **Anthony, W. L.**, Stanmyre, J. F. (2022). The intergenerational transmission of gambling and other addictive behaviors: Implications of the mediating effects of cross-addiction frequency and problem. *Addictive Behaviors*, 135, 1-9. <https://doi.org/10.1016/j.addbeh.2022.107460>
9. **Anthony, W. L.** (2022). Feasibility, acceptability, and preliminary outcome of a cognitive-behavioral group intervention for problematic Internet use via smartphones in Chinese university students. *Journal of Cognitive Psychotherapy*, 36(2), 112-128. <https://doi.org/10.1891/JCPSY-D-21-00001>
10. Stanmyre, J., Mills, D., & **Anthony, W. L.**, & Nower, L. (2022). Mindfulness profiles among gamblers: Exploring differences in gambling behaviors, motivations, cognitions, and mental health. *Mindfulness*, 13, 339-350. <https://doi.org/10.1007/s12671-021-01791-6>
11. Nower, L., Blaszczynski, A., & **Anthony, W. L.** (2022). Clarifying gambling sub-types: Revising the pathways model of problem gambling. *Addiction*, 117(2), 2000-2008. <https://doi.org/10.1111/add.15745>
12. **Anthony, W. L.**, Zhu, Y., & Nower, L. (2021). The relationship of interactive technology use for entertainment and school performance and engagement: Evidence from a longitudinal study in a nationally representative sample of middle school students in China. *Computers in Human Behavior*. Publish online first. <https://doi.org/10.1016/j.chb.2021.106846>
13. Bosk, E., **Anthony, W. L.**, Folk, J., & Williams-Butler, A. (2021). All in the family: The relationship between parental substance misuse, punitive parenting practices, and the development of youth substance misuse among a justice-involved sample. *Addictive Behaviors*. Publish online first. <https://doi.org/10.1016/j.addbeh.2021.106888>
14. Mill, D., **Anthony, W. L.**, & Nower, L. (2021). General motivations, basic psychological needs, and problem gambling: Applying the framework of self-determination theory. *Addiction Research and Therapy*, 29(2), 175-182. <https://doi.org/10.1080/16066359.2020.1787389>
15. **Li, W.**, O'Brien, J. E., Zhu, Y., & Chen, Q. (2021). A path analysis investigating the relations between family violence, addictive behaviors, and trauma among adolescents in China. *Journal of Family Violence*, 36(6), 709-720. <https://doi.org/10.1007/s10896-020-00179-9>
16. **Li, W.**, Mill, D., & Nower, L. (2020). Validation of the Problematic Social Casino Gaming Scale. *International Gambling Studies*, 20(3), 436-451. <https://doi.org/10.1080/14459795.2020.1777577>

17. O'Brien, J. E., & Li, W. (2020). The role of the Internet in the grooming, exploitation, and exit of United States domestic minor sex trafficking victims. *Journal of Children and Media*, 14(2), 187-203. <https://doi.org/10.1080/17482798.2019.1688668>
18. Liu, T., O'Brien, J. E., Li, W., & Zhu, Y. (2020). Child victimization in China: Prevalence and links to family contextual characteristics using a representative sample. *Children and Youth Services Review*. Publish online first. <https://doi.org/10.1016/j.childyouth.2020.104919>
19. Li, W., Mill, D., Nower, L. (2019). The relationship of loot box purchases to problem video gaming and problem gambling. *Addictive Behaviors*, 97, 27-34. <https://doi.org/10.1016/j.addbeh.2019.05.016>
20. Li, W., Diez, S. L., & Zhao, Q. (2019). Exploring problematic Internet use among non-latinx black and latinx youth using the Problematic Internet Use Questionnaire-Short Form (PIUQ-SF). *Psychiatry Research*, 274, 322-329. <https://doi.org/10.1016/j.psychres.2019.02.048>
21. Zhu, Y., Li, W. (*Shared first authorship*), O'Brien, J. E., & Liu, T. (2019). Parent-child attachment moderates the associations between cyberbullying victimization and adolescents' health and mental health problems: An exploration of cyberbullying victimization among Chinese adolescents. *Journal of Interpersonal Violence*, 36, 9272-9298. <https://doi.org/10.1177/0886260519854559>
22. Mills, D. J., Li, W., & Marchica, L. (2019). Negative affect, life satisfaction, and Internet gaming disorder: Exploring the mediating effect of coping and the moderating effect of passion. *World Journal of Social Science Research*, 6(1), 45-66. <https://doi.org/10.22158/wjssr.v6n1p45>
23. Li, W., Garland, E. L., & Howard, M. O. (2018). Therapeutic mechanisms of Mindfulness-Oriented Recovery Enhancement for Internet gaming disorder: Reducing craving and addictive behavior by targeting cognitive processes. *Journal of Addictive Diseases*, 37, 5-13. <https://doi.org/10.1080/10550887.2018.1442617>
24. Li, W., O'Brien, J. E., Bowen, N. K. (2018). Body disapproval as a mediator of the relationship between risk factors and eating disordered behavior among adjudicated male youth. *International Journal of Mental Health and Addictions*, 16(3), 692-706. <https://doi.org/10.1007/s11469-017-9826-z>
25. O'Brien, J. E., Ermentrout, D., Li, W., Dababnah, S., Rizo, C. F., & Macy, R. J. (2018). Measuring substance use among system-involved IPV survivors: A research note. *Journal of Violence Against Women*, 24(1), 101-119. <https://doi.org/10.1177/1077801216675744>
26. Zhao, Q., Kim, B. K., Li, W., Hsian, H., & Rice, E. (2018). Incarceration history, social network composition, and substance use among homeless youth in Los Angeles. *Journal of Addictive Diseases*, 37, 64-76. <https://doi.org/10.1080/10550887.2018.1545555>
27. Li, W., Garland, E. L., O'Brien, J. E., Tronnier, C., McGovern, P., Anthony, B., & Howard, M. O. (2018). Mindfulness-Oriented Recovery Enhancement for video game addiction in emerging

- adults: Preliminary findings from case reports. *International Journal of Mental Health and Addictions*, 16(4), 928-945. <https://doi.org/10.1007/s11469-017-9765-8>
28. **Li, W.**, Garland, E. L., McGovern, P., O'Brien, J. E., Tronnier, C., & Howard, M. O. (2017). Mindfulness-Oriented Recovery Enhancement for Internet gaming disorder in US adults: A stage I randomized controlled trial. *Psychology of Addictive Behaviors*, 31(4), 393-402. <https://doi.org/10.1037/adb0000269>
 29. **Li, W.**, Howard, M. O., Garland, E. L., McGovern, P., & Lazar, M. (2017). Mindfulness treatment for substance misuse: A systematic review and meta-analysis. *Journal of Substance Abuse Treatment*, 75, 62-96. <https://doi.org/10.1016/j.jsat.2017.01.008>
 30. O'Brien, J. E., **Li, W.**, Givens, A., & Leibowitz, G. (2017). Domestic minor sex trafficking among adjudicated male youth: Prevalence and links to treatment. *Children and Youth Services Review*, 82, 392-399. <https://doi.org/10.1016/j.childyouth.2017.09.026>
 31. **Li, W.**, O'Brien, J. E., Snyder, S. E., & Howard, M. O. (2016). Diagnostic criteria for Internet addiction/problematic Internet use among U.S. university students: A mixed-methods evaluation. *PLOS ONE*, 11(1), e0145981. <https://doi.org/10.1371/journal.pone.0145981>
 32. O'Brien, J. E., **Li, W.**, Snyder, S. M., & Howard, M. O. (2016). Problem Internet overuse behaviors in college students: Readiness-to-change and receptivity to treatment. *Journal of Evidence-Informed Social Work*, 13(4), 373-385. <https://doi.org/10.1080/23761407.2015.1086713>
 33. O'Brien, J. E., Burton, D. L., & **Li, W.** (2016). Body disapproval among adolescent male sexual offenders: Prevalence and links to treatment. *Child and Adolescent Social Work Journal*, 33(1), 39-46. <https://doi.org/10.1007/s10560-015-0400-x>
 34. O'Brien, J. E., Ermantrout, D., Rizo, C. F., **Li, W.**, Macy, R. J., & Dababnah, S. (2016). "I never knew which way he would swing..." Exploring the roles of substances in the lives of system-involved intimate partner violence survivors. *Journal of Family Violence*, 31(1), 61-73. <https://doi.org/10.1007/s10896-015-9747-1>
 35. **Li, W.**, O'Brien, J. E., Snyder, S. M., & Howard, M. O. (2015). Characteristics of Internet addiction/pathological Internet use in U.S. university students: A qualitative-method investigation. *PLOS ONE*, 10(2), e0117372. <https://doi.org/10.1371/journal.pone.0117372>
 36. Snyder, S. M., **Li, W.**, O'Brien, J. E., & Howard, M. O. (2015). The effect of U.S. university students' problematic Internet use on family relationships. *PLOS ONE*, 10(12), e0144005. <https://doi.org/10.1371/journal.pone.0144005>
 37. O'Brien, J. E., **Li, W.**, & Burton, D. L. (2015). Eating disordered behaviors and body disapproval in adolescent males adjudicated for sexual versus non-sexual crimes. *Journal of Child Sexual Abuse*, 24(8), 922-942. <https://doi.org/10.1080/10538712.2015.1092004>

38. **Li, W.**, Garland, E. L., & Howard, M. O. (2014). Family factors in Internet addiction among Chinese youth: A review of English- and Chinese- language studies. *Computers in Human Science*, 31, 393-411. <https://doi.org/10.1016/j.chb.2013.11.004>

Publications Under Review

1. Diez, S., **Anthony, W. L.**, Brailovskaiad, J., Brabon, A. The mediating effect of problematic Internet use on the association between parental monitoring, academic performance, mental health, and sleep quality among Latino/a/e and Black adolescents. Submitted to *Psychiatry Research*.

BOOK CHAPTERS

1. **Anthony, W. L.**, & Garland, E. L. (In press). Treatment and intervention for addictive behaviors in cyberspace. In Z. Yan (Ed). *Cambridge Handbook of Cyber Behavior*. Cambridge University Press.
2. **Anthony, W. L.**, Mill, D., & Nower, L. (2020). Internet gaming disorder and problematic technology use. In A. L. Begun & M. Murray (Eds). *Handbook of social work and addictive behaviors*. Routledge.
3. Nower, L., Mills, D., & **Anthony, W. L.** (2020). Gambling disorder: The first behavioral addiction. In A. L. Begun & M. Murray (Eds). *Handbook of social work and addictive behaviors*. Routledge.

BIBLIOGRAPHIES

1. **Anthony, W. L.**, & Anthony, B. (2017). Internet and video game addiction. In E. J. Mullen (Ed). *Oxford bibliographies in social work*. New York: Oxford University Press. <http://www.oxfordbibliographies.com/view/document/obo-9780195389678/obo-9780195389678-0258.xml>

DISSEMINATION OF RESEARCH IN THE NEWS MEDIA

1. Julie Jargon (September 4, 2021). China sets weekday ban on kid's videogame play. Should you do that, too? *The Wall Street Journal*. https://www.wsj.com/articles/china-sets-weekday-ban-on-kids-videogame-play-what-should-you-do-11630690682?st=gb9z1c36dwri7sh&reflink=desktopwebshare_permalink
2. Andrew Keshner (May 25, 2021). A pandemic wakeup call? Middle schoolers should not spend more than 1 hour of recreation on screens. *MarketWatch*. https://www.marketwatch.com/story/a-pandemic-wakeup-call-middle-schoolers-should-spend-no-more-than-one-hour-on-screens-otherwise-they-face-consequences-11621962066?mod=mw_latestnews

3. Megan Schumann (May 24, 2021). Young teens should only use recreational Internet and video game one hour daily, Rutgers research suggests.
 - *Rutgers Today*. <https://www.rutgers.edu/news/young-teens-should-only-use-recreational-internet-and-video-games-one-hour-daily-rutgers>
 - *Rutgers Research News*. <https://research.rutgers.edu/news/young-teens-should-only-use-recreational-internet-and-video-games-one-hour-daily-rutgers>
 - *EurekaAlert!* https://www.eurekaalert.org/pub_releases/2021-05/ru-yts052421.php
 - *ScienceDaily*. <https://www.sciencedaily.com/releases/2021/05/210524110248.htm>
 - *NewJersey Patch*. <https://patch.com/new-jersey/newbrunswick/young-teens-should-only-use-recreational-tech-one-hour-daily>
4. Gambling Research Exchange (September 21, 2020). Development and evaluation of the problematic social casino gaming scale. *GREO Research Snapshot*. <https://www.greo.ca/Modules/EvidenceCentre/Details/development-and-evaluation-of-the-problematic-social-casino-gaming-scale>
5. Gambling Research Exchange (September 12, 2019). The link between buying loot boxes in video games, problem video gaming, and problem gambling. *GREO Research Snapshot*. <https://www.greo.ca/Modules/EvidenceCentre/Details/the-link-between-buying-loot-boxes-in-video-games-problem-video-gaming-and-prob>
6. Susan Snyder (February 15, 2016). There's a new addiction on campus: Problematic Internet use (PIU). *The Conversation*. <https://theconversation.com/theres-a-new-addiction-on-campus-problematic-internet-use-piu-54226>

PEER-REVIEWED CONFERENCE PRESENTATIONS AND POSTER SESSIONS

*Please note some presentations were presented under the name **Wen Li**

1. **Anthony, W. L.**, Mills, D., & Nower, L. *DSM-5 Internet Gaming Disorder measures: A systematic review*. Poster accepted and to be presented at the 36th National Conference of National Council on Problem Gambling, Washington D.C., 2023.
2. Nower, L., **Anthony, W. L.**, Stanmyre, J. F. *The intergenerational transmission of gambling and other addictive behaviors*. Paper accepted and to be presented at the 36th National Conference of National Council on Problem Gambling, Washington D.C., 2023.
3. Nower, L., **Anthony, W. L.**, Stanmyre, J. F. *The gambling knowledge and behavior of mental health providers*. Paper accepted and to be presented at the 36th National Conference of National Council on Problem Gambling, Washington D.C., 2023.
4. Nower, L., Blaszczynski, A., **Anthony, W. L.** *Revising the pathways model of problem gambling: Two decades of lessons learned*. Paper accepted and to be presented at the 18th International Conference on Gambling & Risk Taking, Las Vegas, NV, 2023.

5. **Anthony, W. L.**, Mills, D., Stanmyre, J., & Nower, L. *The nuance of mindfulness among gamblers and video game players: Empirical findings from latent profile analysis and links to intervention for problem gambling and problem video gaming*. Paper accepted and to be presented at the 18th International Conference on Gambling & Risk Taking, Las Vegas, NV, 2023.
6. Stanmyre, J., Mills, D., & **Anthony, W. L.**, & Nower, L. *Exploring differential profiles of mindfulness among gamblers*. Paper presented at the 35th National Conference of National Council on Problem Gambling, Boston, MA, 2022.
7. **Anthony, W. L.**, Zhu, Y., & Nower, L. *The effect of technology use for entertainment on school performance and engagement: Evidence from a longitudinal study in a nationally representative sample of middle school students in China*. Poster presented at the Society for Social Work and Research 25th Annual Conference, virtual conference, 2021.
8. Bosk, E., **Anthony, W. L.**, Folk, J., & Williams-Butler, A. *All in the family: The relationship between parental substance misuse, punitive parenting practices, and the development of youth substance misuse among a justice-involved sample*. Paper presented at the Society for Social Work and Research 25th Annual Conference, virtual conference, 2021.
9. **Anthony, W. L.**, Mills, D., & Nower, L. *A new measurement instrument to assess problematic social casino game play*. Paper presented at the 34th National Conference of National Council on Problem Gambling, virtual conference, 2020.
10. Mills, D., **Anthony, W. L.**, & Nower, L. *The emergence of problem cryptocurrency trading: A rising concern for mental health professionals*. Poster accepted at the 34th National Conference of National Council on Problem Gambling, virtual conference, 2020 (Poster session is canceled due to COVID-19).
11. **Anthony, W. L.**, Mills, D., & Nower, L. *Murky nexus of gambling and video gaming: Assessing problematic social casino gaming*. Poster presented at the Society for Social Work and Research 24th Annual Conference, Washington D. C., 2020.
12. **Anthony, W. L.**, O'Brien, J., & Zhu, Y. *A path analysis investigating the relations between family violence, behavioral health, and trauma among Chinese adolescents*. Paper presented at the Society for Social Work and Research 24th Annual Conference, Washington D. C., 2020.
13. O'Brien, J. E., **Anthony, W. L.**, & Opuda, E. *The use of technology and Internet among commercially sexually exploited children and youth: A systematic review of empirical research*. Poster presented at the Society for Social Work and Research 24th Annual Conference, Washington D. C., 2020.
14. Howell, T, **Anthony, W. L.**, Duron, J., & Williams-Butler, A. *ACEs, early sexual debut, and substance use among black adolescents in the juvenile justice system*. Paper presented at the Society for Social Work and Research 24th Annual Conference, Washington D. C., 2020.

15. Zhao, Q, & **Anthony, W. L.** *Incarceration history and women's mental and behavioral health problems: A nationally representative study*. Paper presented at the Society for Social Work and Research 24th Annual Conference, Washington D. C., 2020.
16. McGovern, **Anthony, W. L.**, Wilson, A. B., Zerden, L. *Using novel risk factors to predict college student binge-drinking: A behavioral economics and Satir growth model perspective*. Poster presented at the Society for Social Work and Research 24th Annual Conference, Washington D. C., 2020.
17. McGovern, Zerden, L., **Anthony, W. L.**, Wilson, A. B. *Measuring Satir and behavioral economic risk factors of college student binge drinking in Nescarc-III*. Poster presented at the Society for Social Work and Research 24th Annual Conference, Washington D. C., 2020.
18. Mills, D, **Anthony, W. L.**, Nower, L. *General motivations, basic psychological needs, and problem gambling: Applying the framework of self-determination theory*. Poster presented at the National Center for Responsible Gaming 20th Conference on Gambling and Addiction, Las Vegas, NV, 2019.
19. **Anthony, W. L.**, & Nower, L. *Loot box: A nexus of Internet gambling and video gaming*. Paper presented at the 17th International Conference on Gambling & Risk Taking, Las Vegas, NV, 2019.
20. **Li, W.**, Mills, D., & Nower, L. *Assessing Internet Gaming Disorder: A systematic review of diagnostic criteria and measurement instruments*. Poster presented at Society for Social Work and Research 23rd Annual Conference, San Francisco, CA, 2019.
21. **Li, W.**, Zhu, Y., O'Brien, J. E., & Jin, H. *Physical-, relational-, and cyberbullying victimization among adolescents in China: An investigation of a representative sample using structural equation modeling*. Paper presented at Society for Social Work and Research 23rd Annual Conference, San Francisco, CA, 2019.
22. Zhu, Y., **Li, W.**, & O'Brien, J. E. *Adverse impacts of cyberbullying victimization on health and mental health among adolescents in China: An investigation of a representative sample*. Paper presented at Society for Social Work and Research 23rd Annual Conference, San Francisco, CA, 2019.
23. **Li, W.**, & O'Brien, J. E. *The role of the Internet in the grooming, exploitation, and recovery of domestic minor sex trafficking victims*. Paper presented at the International Family and Child Victimization Research Conference, Portsmouth, NH, 2018.
24. **Li, W.**, Diez, S., & Zhao, Q. *Characteristics and psychosocial correlates of problematic Internet use behaviors among racial/ethnic minority youth in the United States: A latent profile analysis*. Paper presented at Society for Social Work and Research 22nd Annual Conference, Washington D.C., 2018.
25. Diez, S., **Li, W.**, & Elliott, L. *DSM-5 Internet gaming disorder in American minority youth: Investigating psychometric properties of the Internet Gaming Disorder Test and psychosocial*

- correlates of Internet gaming disorder*. Paper presented at Society for Social Work and Research 22nd Annual Conference, Washington D.C., 2018.
26. **Li, W.**, & Liu, C. *Multi-level intervention for problematic Internet use and Internet gaming disorder among migrant adolescents in mainland China: A pilot trial of treatment effects, feasibility, and acceptability*. Paper presented at Society for Social Work and Research 22nd Annual Conference, Washington D.C., 2018.
 27. Diez, S., **Li, W.**, & De La Rosa, M. *Parental monitoring, addictive behaviors, and school performance among racial/ethnic minority youths: A structural equation modeling analysis*. Poster presented at Society for Social Work and Research 22nd Annual Conference, Washington D.C., 2018.
 28. **Li, W.**, Garland, E. L., & Howard, M. O. *Mindfulness-based intervention for Internet gaming disorder*. Paper presented at Asian and Pacific Islander Social Work Educators Association Annual Conference, Hong Kong, China, 2017.
 29. Liu, C., & **Li, W.** *Multi-level intervention for problematic Internet use and Internet gaming disorder among migrant adolescents in mainland China: A pilot trial of treatment effects, feasibility, and acceptability*. Paper presented at Asian and Pacific Islander Social Work Educators Association Annual Conference, Hong Kong, China, 2017.
 30. **Li, W.**, Howard, M. O., McGovern, P., O'Brien, J. E., Tronnier, C., & Garland, E. L. *Mindfulness-Oriented Recovery Enhancement for video game addiction in U.S. emerging adults: An early-stage randomized controlled trial*. Paper presented at Society for Social Work and Research 21st Annual Conference, New Orleans, LA, 2017.
 31. **Li, W.**, Howard, M. O., Garland, E. L., McGovern, P., & Lazar, M. *Mindfulness treatment for substance misuse: A systematic review and meta-analysis*. Paper presented at Society for Social Work and Research 21st Annual Conference, New Orleans, LA, 2017.
 32. O'Brien, J. E., Givens, A., Leibowitz, G. S., & **Li, W.** *Risk factors associated with prostitution among adjudicated adolescent males: Implications for social work*. Paper presented at Society for Social Work and Research 21st Annual Conference, New Orleans, LA, 2017.
 33. **Li, W.**, O'Brien, J. E., Anthony, B., & Howard, M. O. *Characteristics of Internet Gaming Disorder in U.S. emerging adults*. Paper presented at Council on Social Work Education Annual Program Meeting Conference, Atlanta, GA, 2016.
 34. McGovern, P., O'Brien, J. E., & **Li, W.** *Social support group for Internet Gaming Disorder in young adults*. Paper presented at Council on Social Work Education Annual Program Meeting Conference, Atlanta, GA, 2016.
 35. **Li, W.**, O'Brien, J. E., & Bowen, N. K. *The mediation effect of body disapproval on eating disordered behavior among adjudicated male youth*. Paper presented at Society for Social Work and Research 20th Annual Conference, Washington D.C., 2016.

36. **Li, W.**, O'Brien, J. E., & Burton, D. L. *Body disapproval and eating disordered behavior in male youth adjudicated for sexual versus non-sexual crimes*. Poster presented at Society for Social Work and Research 20th Annual Conference, Washington D.C., 2016.
37. **Li, W.**, O'Brien, J. E., & Howard, M. O. *Problem Internet overuse behaviors in college students: Readiness-to-change and receptivity to treatment*. Paper presented at Council on Social Work Education Annual Program Meeting Conference, Denver, CO, 2015.
38. Cynthia, R. F., **Li, W.**, & O'Brien, J. E., & Macy, R. J. *Measurement of substance use among CPS and/or justice involved female IPV survivors*. Paper presented at Council on Social Work Education Annual Program Meeting Conference, Denver, CO, 2015.
39. **Li, W.**, O'Brien, J. E., Snyder, S. E., & Howard, M. O. *Evaluation of the diagnostic criteria of Internet addiction/problematic Internet use among U.S. university students: A mixed-methods evaluation*. Paper presented at Society for Social Work and Research 19th Annual Conference, New Orleans, LA, 2015.
40. O'Brien, J. E., Ermantrout, D., Rizo, C. F., **Li, W.**, & Macy, R. J. *Exploring the roles of substances in the lives of system-involved intimate partner violence survivors*. Paper presented at Council on Social Work Education Annual Program Meeting Conference, Tampa, FL, 2014.

INVITED TALKS AND PRESENTATIONS

1. **Advanced clinical training: The nexus of gambling and video gaming**. Invited workshop for the Association of Professionals Treating Problem Gambling. NJ, 2023.
2. **The trouble with technology: The negative impact of technology on wellness**. The Chancellor-Provost's Mental Health and Wellness Lecture. Rutgers University. NJ, 2023.
3. **The intersections of gambling and video gaming: Social casino games, loot boxes and skin betting**. Invited presentation at the New York Council on Problem Gambling (NYCPG) 2023 Annual Conference. NY, 2023.
4. **The nuance of mindfulness: Gambling Treatment Implications**. Invited presentation with Jackie Stanmyre at the Statewide Conference on Disordered Gambling, Council on Compulsive Gambling of NJ, West Windsor, NJ, 2022.
5. **The impact of excessive technology use for recreation on academic performance and school engagement**. Invited talk for Rutgers Child Health & Well-Being Research Group Virtual Webinar. NJ, 2022.
6. **Problem video gaming and gambling activities in video games**. Invited talk at the Gambling Counseling Training Certification Course. Rutgers Addiction Counselor Training Certificate Program, NJ, 2021.

7. **Evaluation of the psychometric properties of the DSM-5 Internet gaming disorder measures: A COSMIN systematic review.** Presentation at Rutgers School of Social Work Faculty Research Colloquium, NJ, 2021.
8. **The nexus of gambling and video gaming: Social casino games, loot boxes and skin betting.** Invited presentation at the Statewide Conference on Disordered Gambling, Council on Compulsive Gambling of NJ, Princeton, NJ, 2019.
9. **Preparation for job market.** Invited talk at the doctoral student dissertation seminar, Rutgers School of Social Work, NJ, 2019, 2021.
10. **Investigating problematic Internet use among minority youth in the United States.** Presentation at Rutgers School of Social Work Faculty Research Colloquium, NJ, 2018.
11. **Problematic Internet use and video gaming addiction among college students.** Invited talk at Shandong Youth University of Political Science, China, 2017 summer.
12. **Evidence-based interventions for adolescents and young adults with Internet and video gaming addiction.** Invited talk at Dekang Residential Treatment Center, China, 2017 summer.
13. **The Dark side of digital technology and social media.** Invited discussion facilitation for an online MSW course, Rutgers School of Social Work, NJ, 2017, 2018, 2020.
14. **A pilot study of a cognitive-behavioral treatment for Internet gaming disorder among Chinese youths.** Presentation at Rutgers School of Social Work Faculty Research Development Seminar, NJ, 2017.
15. **Internet and video gaming addiction among adolescents and young adults: Implications for social work practice.** Invited online lecture for Chinese social worker and health professionals, Dawning Consulting, LLC, 2016 summer.
16. **Systematic review and meta-analysis.** Guest lecture at the Consortium for Statistical Development and Consultation in Social Intervention Research Workshop, University of North Carolina at Chapel Hill, NC, 2016.
17. **Systematic review and meta-analysis.** Guest lecture for a doctoral course, University of North Carolina at Chapel Hill, School of Social Work, NC, 2016.
18. **Alcohol, tobacco, and other drug abuse and dependence: Social work practice with Asian populations.** Guest lecture for a MSW course, University of North Carolina at Chapel Hill, School of Social Work, NC, 2014.
19. **Family factors in Internet addiction among Chinese youth: A review of English- and Chinese- language studies.** Paper presented at University Research Day, the 9th Annual Research Symposium at University of North Carolina at Chapel Hill, NC, 2013.

20. **Characteristics of Internet addiction/pathological Internet use in U.S. university students: A qualitative study.** Poster presented at University Research Day, the 9th Annual Research Symposium at University of North Carolina at Chapel Hill, NC, 2013.

FUNDED RESEARCH PROJECTS

PROPOSAL SUBMITTED

- 2022- **Developing a syndemic approach to problem gambling in New Jersey: Comprehensive integration of prevention, education, and treatment services.** New Jersey Division of Mental Health and Addiction Services (PI: Nower, \$1,650,000).
Role: Co-I

FUNDED ONGOING PROJECTS

- 2023-2024 **An investigation of esports betting: Involvement, risk, and gambling-related harms among esports bettors.** International Center for Responsible Gaming (\$43,657)
Role: PI
- 2023-2025 **Feasibility and effects of behavioral interventions to reduce problematic smartphone use with college students: A stage I randomized controlled trial.** Rutgers Research Council Awards (\$25,000).
Role: PI
- 2022- **Provider gambling training and technical assistance initiative.** NJ Department of Human Services, Division of Mental Health and Addiction Services. (PI: Nower, \$895,674)
Role: Co-I
- 2021- **A dynamic framework for gambling and video gaming treatment.** Kindbridge Inc. (PI: Nower, \$72,989)
Role: Co-PI
- 2019- **Gam-BIRT: A randomized controlled trial of gambling SBIRT in Ohio.** The State of Ohio Department of Mental Health and Addiction Services. (PI: Nower, \$115,496)
Role: Co-I
- 2018- **What facilitates video gaming disorder:** A cross-sectional survey study with university students in China to explore the cognitive factors underlying problem video game playing. Rutgers Global International Collaborative Research Grant: \$8,000.

Role: PI

FUNDED COMPLETED PROJECTS

2017-2019 **Social casino games – the Nexus of video gaming and gambling:** Explored social casino game play among U.S. adults, and the relationship of social casino gaming to problem video gaming and problem gambling (Rutgers School of Social Work Seed Grant, \$10,000).

Role: PI

2014-2017 **Mindfulness-Oriented Recovery Enhancement intervention for Internet gaming disorder:** Adapted and pilot tested the Mindfulness-Oriented Recovery Enhancement intervention for Internet gaming disorder in American young adults using a randomized controlled trial design (UNC Dissertation Completion Fellowship, Armfield-Reeves Innovation Fund, UNC University Research Council Research Grant, total \$26,000).

Role: PI

OTHER RESEARCH AND EVALUATION EXPERIENCE

2021-present **Evaluation of the eSports personal performance improvement Curriculum** (PI: Peter Economou)

Role: Contribute to developing data collection instruments on video gaming and problem video gaming behaviors, and eSports wagering; will contribute to conceptualizing research questions, analyzing and interpreting data, and developing manuscripts.

2019-present **Prevalence Study of Gambling in New Jersey** (PI: Lia Nower)

Role: Contribute to developing survey questions assessing video gaming and problem video gaming behaviors, engagement in gambling-like activities in video games, and eSports wagering, analyzing and interpreting data, and developing research report.

2018-present **Internet Gambling in New Jersey:** (PI: Lia Nower).

Role: Contribute to data analysis and manuscript development.

2018-2021 **Grounding Research in Practice (GRIP): Assessing training needs of allied health professionals in New Jersey:** (PI: Lia Nower)

Role: Contributed to developing survey questionnaire, analyzing survey data, and developing manuscripts.

- 2017-2019 **Evidence-based intervention for Chinese university students with problematic Internet use:** Adapted and pilot tested a cognitive-behavioral group intervention for problematic Internet and smartphone use among university students in China.
Role: PI
- 2015-2017 **Multi-level intervention for Internet addiction among Chinese migrant adolescents:** Developed and pilot tested an intervention for Internet addiction/Internet gaming disorder in Chinese adolescents who migrate to urban area from rural area with their migrant worker parents (PI: Chennan Liu, Renmin University of China).
Role: Contributed to intervention protocol development and outcome evaluation analysis.
- 2010-2011 **International education collaboration for vocational college in China:** Explored the approaches for vocational colleges in China to develop international collaboration programs (PI: Yusheng Chen, Director of International Education Program, Beijing College of Social Administration, Ministry of Civil Affairs).
Role: Conducted literature review.
- 2010 **Program evaluation for UNC Alcohol and Substance Abuse Clinic:** Evaluated patients' involvement, perceived treatment outcomes, and satisfaction with treatment at UNC Medical Center, Alcohol and Substance Abuse Clinic.
Role: Collected data, performed data analysis, and contributed to developing report.
- 2008 **Special education program for social work college students with physical disabilities** (PI: Xuesen Qi, Chair of China Social Welfare Education Fund).
Role: Contributed to developing study proposal.

AWARDS AND FELLOWSHIPS

- 2019 **Program for Early Career Excellence (PECE) Mini Grant**, Rutgers University
- 2015-2016 **Dissertation Completion Fellowship**, University of North Carolina at Chapel Hill
- 2011-2015 **Sam and Betsy Reeves Doctoral Fellowship**, University of North Carolina at Chapel Hill
- 2003-2006 **University Scholarship**, Beijing Language and Cultural University

TEACHING EXPERIENCE

- 2021-present **Intervention Research (16:910:660)**
Instructor
PhD level course
Rutgers University, School of Social Work
- 2020-present **Human Behavior and the Social Environment I (09:910:502)**
Instructor
Bachelor's and Master's-level course
Rutgers University, School of Social Work
- 2017-present **Methods of Social Work Research I (19:910:505)**
Instructor
Master's-level course (on the ground and online)
Rutgers University, School of Social Work
- 2016-present **Methods of Social Work Research II (19:910:595)**
Instructor
Master's-level course (on the ground)
Rutgers University, School of Social Work
- 2015 Summer **Introduction to Data Analysis (3-day Workshop)**
Instructor
Doctoral-level course
University of North Carolina at Chapel Hill, School of Social Work
- 2015 Spring **Multiple Regression Analysis (SOWO 918)**
Co-instructor
Doctoral-level course
University of North Carolina at Chapel Hill, School of Social Work
- 2013 **Foundations of Addiction (SOWO 700)**
Graduate teaching assistant
Master's-level course
University of North Carolina at Chapel Hill, School of Social Work
- 2009-2010 **English**
Instructor
Undergraduate level course
Beijing College of Social Administration, Beijing, China
- 2006-2008 **English**
Instructor
Undergraduate level course
China Civil Affairs College, Beijing, China

SERVICE EXPERIENCE**SERVICE TO RUTGERS UNIVERSITY**

- 2022-2023 Member, *Scarlett Well* Initiative, Rutgers Academic Master Plan
- 2022-2023 Member, School of Social Work dean search committee
- 2022-2023 Member, public policy faculty search committee, Rutgers Addiction Research Center

SERVICE TO RUTGERS SCHOOL OF SOCIAL WORK

- 2023-2025 Member, Research Advisory Committee
- 2023 Spring Interim MSW director
- 2023 Spring Member, search committee for Assistant Director of Student Affairs
- 2022-present Faculty liaison, doctoral student association
- 2021-2022 Member, pre-tenure track faculty search committee
- 2021-present Course coordinator, Methods of Social Work Research II – Intensive Weekend (MSW course)
- 2021 Member, research staff search team for the Center for Gambling Studies
- 2019-2020 Member, tenure-track faculty search committee
- 2019-2021 Member, Deans Advisory Committee
- 2019-present Member, PhD Program Executive Committee
- 2019-present Course coordinator, Methods of Social Work Research II - OTG (MSW course)
- 2019-present Member, task force on teaching evaluation
- 2019 Evaluator, peer teaching observation and evaluation
- 2018-present Member, research curriculum group
- 2018 Summer Member, non-tenure-track faculty search team for the Center for Gambling Studies
- 2017-present Faculty advisor, Rutgers doctoral students Julia Cusano, Michael Enich, Huiying Jin, Jackie Stanmyre, Andrew Kim, Peixu Liu

2017 Summer Member, MSW Orientation Committee

SERVICE TO PROFESSIONAL COMMUNITY

2022-present Board member, International Gambling Counselor Certification Board

SERVICE TO THE ACADEMIC COMMUNITY

Doctoral dissertation committee:

2022- Shannon Cheung, Rutgers University (Chair)
2022- Amanda Stroiman, Rutgers University (Member)
2022- Jackie Stanmyre, Rutgers University (Member)
2017-2019 Patricia McGovern, University of North Carolina at Chapel Hill (Member)

Student advisor:

2017-present Faculty advisor for PhD students, Rutgers University School of Social Work
2017 Faculty mentor for F31 fellowship application: Stephanie Diez, Florida International University.

Ad hoc reviewer:

2023-present ***Journal Editorial Board***

- International Gambling Studies

2015- present ***Ad hoc Journal Reviewer***

- Addiction
- International Gambling Studies
- Computers in Human Behavior
- Addictive Behaviors
- Psychology of Addictive Behaviors
- Cyberpsychology, Behavior, and Social Networking
- Journal of Behavioral Addictions
- Psychiatry Research
- Mindfulness
- Substance Abuse Treatment
- Journal of Addictive Diseases
- International Journal of Mental Health and Addictions

- Children and Youth Services Review
- Human Behavior in the Social Environment
- Social Science Research
- BMC Psychiatry
- PLOS ONE

Ad hoc Grant Reviewer

- International Center for Responsible Gaming, Large Grant, 2023
- Medical Research Council of United Kingdom, The Newton Fund, 2015

CERTIFICATIONS

Teaching Online – An Introduction to Online Delivery, Quality Matters.

LANGUAGES

Fluent in written and spoken Chinese

AFFILIATIONS

- National Association of Social Workers (NASW)
- Society for Social Work and Research (SSWR)
- Council on Social Work Education (CSWE)
- Asian and Pacific Islander Social Work Educators Association (APISWEA)
- National Council of Problem Gambling (NCPG)