

CURRICULUM VITAE

TRINAY V. THOMAS, MSW, LCSW, LICSW SHE, HER, HERS
ASSISTANT PROFESSOR (ASSOCIATE DIRECTOR OF FIELD EDUCATION, NEWARK)

School of Social Work
Rutgers University
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EDUCATION

1999 M.S.W. Rutgers University, School of Social Work, New Brunswick, NJ
1995 B.S. Rutgers University, Newark College of Arts and Sciences Newark, NJ

POST GRADUATE CLINICAL TRAINING

2001 New Jersey Psychiatric Screener Certification Program
(formally referred to as) Mental Health Screener Certification
2005 Clinical Supervision Certification Program
2021 Eye Movement Desensitization Reprocessing (EMDR) Training, River Edge Institute

ACADEMIC AND LEADERSHIP POSITIONS

Rutgers School of Social Work

2013-Present **Assistant Professor (Associate Director of Field Education, Newark)**

- I lead, guide, support and direct the coordination of field placements for more than 250+ MSW/BSW students.
- Supervise (2) full time MSW professionals. Our field coordinator and our senior program coordinator.
- Supervise (25) part-time MSW field education staff that consist of field liaisons and off-site field instructors.

Rutgers School of Social Work

2013-Present

Assistant Professor (Associate Director of Field Education, Newark)

- Interview, recruit and train all field liaisons and off-site field instructors.
- Coordinate student field placements.
- Maintain regular contact with field liaisons and off-site field instructors.
- Monitor and evaluate student field experiences.
- Teach and facilitate field education workshops.

3/2013-4/2013

Teaching Instructor(Field Education Coordinator)

- Coordinated the intricate process of engaging agencies and assessing student skills to secure an enriching field placement for social work students in a timely and efficient manner.
- Engaged in regular and timely communication with students, liaisons, and field instructors.
- Taught field education preparation workshops.
- Troubleshoot student field problems in a collaborative way with liaisons and respective agencies.

Essex County Community College

2008-2012

Social Work Adjunct Faculty, Social Services Division

Courses taught:

- Human and Social Services Field Work Internship
- Introduction to Social Services Policy and Procedures I
- Introduction to Sociology

2020-Present

Founder, The Good Healing Firm, LLC

Virtual Private Practice: Serving NJ,NY, DC and FL

- Our private practice provides Cognitive Behavioral Therapy, Psychodynamic Psychotherapy and Eye Movement Desensitization Reprocessing Therapy to individuals experiencing anxiety, depression or trauma. Working with individuals from parts of the Caribbean, Asian and African Diasporas has become our specialty.
- Provide bi-weekly group and individual clinical supervision for LSWs and LMSWs in the State of New Jersey and New York.
- Create engaging online learning experiences, including continuing education course at the Good Healing Firm Collective, on Thinkific, a Learning Management System (LMS) where we teach, train and educate mental health professionals.

2018-2020 **Clinical Supervisor/Needs Assessor, Part-time**

Supreme Consultants, Rutherford, NJ

- Provided clinical supervision for Behavioral Assistants(BA) and Masters level Clinicians/LSWs, Intensive In- Community Clinicians(IIC) regarding the identified children, youth or adolescent assigned to their caseload.
- Read, review and provide feedback and direction on treatment plans that IICs develop for clients on their caseload.
- Supported IICs in creating interventions that would further assist in the social, emotional, and psychological goals that are in conjunction with set forth treatment plans.
- Ensured that BAs meet their regulatory requirements and required trainings. Directly observed and/or tracked BAs completion of core competency training.
- Verified BA's training attendance and core competencies in the BA Training Certification Online System. Ensured that BAs meet all the deadlines for BA Training Certification Online System.
- Completed Strengths and Needs Assessment with clients and caregivers in various counties to assess presenting issues of an identified client based upon referrals from Perform Care.
- Assessed in depth the strength, needs and symptomatology of clients and provide a DSM 5 diagnosis.
- Created treatment recommendations and provide referrals to clients and caregivers to complete the Needs Assessment experience

Psychiatric Social Worker, Per Diem

St. Joseph's Regional Medical Center, Crisis Intervention Unit, Emergency Department of Psychiatry, Paterson, NJ

- Engaged and assessed the level of risk/ safety for crisis patients that presented as a danger to themselves or others.
- Conducted Clinical Assessments with patients in psychiatric crisis.
- Consulted with Psychiatrist on patients presented in the Emergency Room with psychotic features, suicidal ideations, intent or plan and audio/visual hallucinations.

- 2001-2005 **Psychiatric Social Worker, Per Diem**
St. Joseph's Regional Medical Center, Crisis Intervention Unit, Emergency
Department of Psychiatry, Paterson, NJ
- Participated in the team decision making process with Psychiatrist regarding voluntary or involuntary admission for patients presenting in the Emergency Room.

- 1999-2001 **Clinical Social Worker 1999-2001**
St. Joseph's Regional Medical Center, Outpatient Mental Health Clinic,
Department of Psychiatry, Paterson, NJ
- Conducted psycho-social assessments and intake with various populations.
 - Provided individual and family therapy for children and their families who were experiencing symptoms of depression, oppositional/defiant behavior or attention deficit disorders.
 - Provided individual and family therapy for adults that were experiencing symptoms of depression, anxiety, suicidal/homicidal ideations and audio/visual hallucinations.
 - Provided case management services, connecting patients to appropriate community referrals and resources.

SOCIAL WORK POSITION

- 2001-2013 **School Social Worker**
Englewood Public Schools, Englewood, NJ
- Provided individual counseling, play therapy and crisis intervention for children, youth and adolescents in school settings.
 - Provided group counseling and social skills for children focusing on peer relationships, self-esteem building and increasing social-emotional language.
 - Supervised BSW student in the early childhood field, working with children with various different abilities.
 - Conducted Social Assessments with children to determine eligibility for special education services.
 - Created Individualized Education Plans(IEP) for children with various different abilities.

CONFERENCE PRESENTATIONS

1. Thomas, T., (2022) *Advanced Clinical Supervision: Integrating Diversity, Equity and Inclusion, supporting Decolonialization and Anti Racist Approaches to Clinical Supervision*. National Association of Social Workers, New Jersey Chapter, Annual Conference, Virtual.
2. Hiraldo, B., & Lamar, M., Schley, N., **Thomas, T.** (2021) *Using Simulation to Teach MSW Generalist MSW Students Engagement and Assessment Skills*, Global Social Work Symposium. Ramapo College of New Jersey. April 21–22, 2021, Virtual.
3. Lamar, M., **Thomas, T.** (2019) *Practicing Micro and Macro Social Work to End Firearms*, National Association of Social Workers Conference, Atlantic City, New Jersey, April 2019.

INVITED AND CONTINUING EDUCATION PRESENTATIONS

1. **Thomas, T (March 2023)**. *Advanced Clinical Supervision: Tips and Tools for Experienced Supervisors*. National Association of Social Workers, New Jersey Chapter., Virtual
2. Thomas, T. (October 2022) *Introduction to the DSM-5-TR*. National Association of Social Workers, NYC Chapter, New York, Virtual.
3. Thomas, T. (July 2022) *DSM: Upgrading from 5 to 5TR*. Rutgers University, School of Social Work. Continuing Education Department, New Jersey, Virtual.
4. Thomas, T. (June 2022) *DSM: Upgrading from 5 to 5TR*. Association of Caribbean Social Work Educators. A subdivision of Council on Social Work Educators, Caribbean Region, Virtual
5. Thomas, T. (June 2022) *DSM: Upgrading from 5 to 5TR*. The Good Healing Firm, LLC, International, Virtual.
6. Thomas, T. (April 2022) *DSM: Upgrading from 5 to 5TR*. Rutgers University, School of Social Work. Continuing Education Department, New Jersey, Virtual.

GUEST LECTURE

1. Thomas, T (May 2022). *Lecture: Insight on race relations, inequalities, racial prejudice and their intersection with issues of nationality, ethnic diversity, language, scholarship and social work professional experiences in the USA*. Department of Behavioural Sciences. University of The West Indies, St. Augustine Campus, Trinidad and Tobago, International, Virtual.

PROFESSIONAL AFFILIATIONS

- Founder, Mental Health Caribbean Collective
- Member, National Association of Social Workers
- Member, Clinicians of Color, Inc
- Member, Black Girls in Social Work

TEACHING EXPERIENCE

Graduate Courses- Rutgers University School of Social Work

- Clinical Assessment and Diagnosis-Fully Online, Asynchronous Model
- Field Skills Lab- On the Ground(OTG), Synchronous Live Model
- Clinical Social Work: School Settings- On The Ground (OTG)

Course Development: Rutgers School of Social Work

- 2018-Present:Play Therapy- On the ground (OTG), Intensive Weekend Format
- 2013-2020: Clinical Social Work: School Settings

Course Coordinator: Rutgers School of Social Work

- 2018- Present: Play Therapy- On the ground (OTG), Intensive Weekend Format
- 2013-2020-Clinical Social Work: School Settings

Associate Courses-Essex County Community College, Social Services Division

- Human and Social Services Field Work Internship
- Introduction to Social Services Policy and Procedures I
- Introduction to Sociology

ONLINE COURSES AND WORKSHOPS

- DSM-5-TR
- Advance Clinical Supervision: Integrating Diversity, Equity and Inclusion, supporting Decolonization and Anti Racist Approaches to Clinical Supervision.
- Multistate Licensure

COMMUNITY SERVICE

- More Than Friends, Inc Non-Profit Organization: Cancer Prevention Initiative
- Members of Women Empowered Democratic Organization
- Member of Mentor/Mentee Program for Recent MSW Graduates in Black Girls in Social Work, Inc,

SERVICE/PARTICIPATION TO THE RUTGERS UNIVERSITY COMMUNITY

- Voice in The Field, November 2022: Liberatory Consciousness
- Virtual Open House Princeton Theological Seminary October 2022
- Co-facilitated faculty discussion group for MSW Orientation
- Attended Voices in The Field Series: Serving Victims of Human Trafficking through Civil Legal Assistance, January 2022
- Attended Transgender Training Q&A by the Transgender Training Institute, September 2021.
- Attended SSW Graduation, May 2021
- Attended Voices in The Field Series: Can you hear me now? Staying connected in a time of disconnection, February 2021

SERVICE/ PARTICIPATION/SUPPORT WITHIN THE PROFESSIONAL COMMUNITY

- Member of Mentor/Mentee Program for Recent MSW Graduates in Black Girls in Social Work, Inc, 2020-Present
- Attended NASW-NJ Meeting with Board of Social Work Examiners Forum addressing Licensure Crisis in NJ.
- Attend Council on Compact discussion Social Work meeting

SOCIAL WORK LICENSE AND CERTIFICATIONS

- Licensed Clinical Social Worker, License #44SC05204900
State of New Jersey
- Licensed Clinical Social Worker, License #09313-01
State of New York
- Licensed Independent Clinical Social Worker, License # LC200001614
Washington, District of Columbia.
- Registered Psychiatric Social Worker, Registration#2814
Republic of Trinidad and Tobago, Medical and Psychiatric Board of Trinidad and Tobago
- Clinical Social Work Supervision Certification 2005
National Association of Social Workers, New Jersey Chapter
- Certified School Social Worker 2000
State of New Jersey