

Marla Blunt-Carter, Rutgers School of Social Work 0:03

Hi, this is Marla Blunt-Carter from Rutgers School of Social Work's Toward a More Just Future. During my time with Sarah McBride, I asked a few questions that didn't make our episode. Here is a rapid-fire with State Senator McBride.

Okay, Sarah, let's start our rapid-fire questions. What is your proudest achievement?

Sarah McBride, Delaware State Senator 0:28

I think to this day my proudest achievement remains passage of the State's Transgender Rights, Non-Discrimination Law. It was my formative experience in advocacy it is the experience that I draw on today for how to advocate and for the fact and the reminder that change remains possible.

Marla Blunt-Carter, Rutgers School of Social Work 0:52

Well, what was the hardest thing you've ever done?

Sarah McBride, Delaware State Senator 0:55

The hardest thing I've ever done was serving as a caregiver to my husband, Andy during his battle with cancer. That was without question the most formative experience of my life. And both the most tragic and the most beautiful experience of my life, especially the last month of his life when we were able to marry.

Marla Blunt-Carter, Rutgers School of Social Work 1:17

So, who do you admire?

Sarah McBride, Delaware State Senator 1:21

There's so many people. But I think the person who comes to mind and I'm so excited that I had the opportunity to meet him when he was still alive-I know you have as well- is John Lewis. Someone who demonstrates that you can be progressive, you can fight for meaningful structural change, and you can still be a figure that brings people together and builds bridges. You can be a joyful warrior.

Marla Blunt-Carter, Rutgers School of Social Work 1:49

Yes, you are definitely an example of always getting into good trouble. In one word, what motivates you?

Sarah McBride, Delaware State Senator 2:01

What motivates me? It's trite, but youth. And posterity.

Marla Blunt-Carter, Rutgers School of Social Work 2:10 Okay.

Sarah McBride, Delaware State Senator 2:11

Future generations.

Marla Blunt-Carter, Rutgers School of Social Work 2:13

Okay, I love your interpretation of one word.



Sarah McBride, Delaware State Senator 2:16

Sorry. [laughter]. Youth, youth.

Marla Blunt-Carter, Rutgers School of Social Work 2:20

[laughter] What is your favorite book?

Sarah McBride, Delaware State Senator 2:25

My favorite book is actually *Team of Rivals* by Doris Kearns Goodwin about Abraham Lincoln's cabinet. I think it's one of the most incredible books on leadership that I've ever read. His ability to, his confidence, his ability to bring people around the table who have very different perspectives, who have competing interests and ambitions, but actually to bring together those different competing interests and move forward as one.

Marla Blunt-Carter, Rutgers School of Social Work 2:53

Okay. So, what's currently on your playlist? What are you listening to?

Sarah McBride, Delaware State Senator 3:00

Oh, oh, this is embarrassing. Two things: Taylor Swift's latest albums.

Marla Blunt-Carter, Rutgers School of Social Work 3:10

Okay.

Sarah McBride, Delaware State Senator 3:12

And I don't know if you've seen *Bridgerton*, but I'm like, really into the orchestral, like, the orchestral versions of contemporary music that they use, so I've been listening to that soundtrack.

Marla Blunt-Carter, Rutgers School of Social Work 3:25

It's absolutely amazing. I've watched the whole season twice.

Sarah McBride, Delaware State Senator 3:29

It's so good.

Marla Blunt-Carter, Rutgers School of Social Work 3:30

And you're right, the music trying to figure out what song that is, as they're playing it in, you know that version is very entertaining.

Sarah McBride, Delaware State Senator 3:40

It's so true.

Marla Blunt-Carter, Rutgers School of Social Work 3:41

My last question, what's the greatest lesson you've learned? And who or what taught you that lesson?



Sarah McBride, Delaware State Senator 3:50

The greatest lesson I've learned is that hope as an emotion only makes sense in the face of hardship, and that all of us in times of difficulty, in times of hardship, in times of tragedy, can bear witness to acts of amazing grace. I learned that in the last month of Andy's life. And I think it's summed up so well in Mr. Rogers quote about how when he was younger, and he would see something scary on the news, his mother would tell him to look for the helpers. And that is a mindset that is a perspective that I learned in my own life and I try to bring with me to everything I do.

Marla Blunt-Carter, Rutgers School of Social Work 4:34

Well, you are definitely one of the helpers. Thank you for your time. Thank you for your service. And thank you for your authenticity. Thank you, Sarah.

Sarah McBride, Delaware State Senator 4:44

Thank you, Marla. It's always a pleasure to be with you.