# Ryan White Part A Program Serving the Middlesex, Somerset, Hunterdon Transitional Grant Area

# **Service Standards for Psychosocial Support** Ryan White HIV/AIDS Treatment Extension Act of 2009

Approved on May 2, 2017

Prepared by

Service Standards and Integrated Care Plan Committee of the Middlesex-Somerset-Hunterdon HIV Health Services Planning Council

#### **Psychosocial Support Definition:**

Psychosocial support services are the provision of support and counseling activities, child abuse and neglect counseling, HIV support groups, pastoral care, caregiver support and bereavement counseling. It includes nutrition counseling provided by a non-registered dietitian, but it excludes the provision of nutritional supplements.

(US Dept. of Health and Human Services, Health Resources and Services Administration, (HRSA), HIV/AIDS Bureau (HAB) 2009 Ryan White HIV/AIDS Treatment Modernization Act of 2006)

#### Key services may include:

- Individual and group counseling, including drop-in sessions. These counseling sessions should be structured, with a plan or curriculum, to move clients toward identified goals.
- Peer counseling or peer support groups offered by HIV-positive individuals or those with similar life experiences who are knowledgeable about HIV and are culturally sensitive to the special populations. These support groups should be purposeful, with agendas and a plan, to move the group toward identified goals.
- Nutritional counseling services for HIV-infected clients that include the provision of education, but do not include the distribution of nutritional supplement.
- Assist in management of benefits and referral for services
- Escort to medical and social service appointments

(US Dept. of Health and Human Services, Health Resources and Services Administration, (HRSA), HIV/AIDS Bureau (HAB) 2009 Ryan White HIV/AIDS Treatment Modernization Act of 2006)

# Agency Service Standards (Psychosocial Support)

Table 1. A	Table 1. Agency Related Issues				
Policy Number	Activity/Issue	Standard of Care Minimum Acceptable Threshold of Service	Accountability Mechanism		
1.1	Definition of services	Agency has description of services on file.	100% of agencies will define services they provide.		
1.2	Licensure	Agency has current licenses on file from appropriate licensing agency.	100% of agencies are licensed and accredited by appropriate state/federal agencies.		
1.3	Hours of operation	Agency has documentation of operating hours on file.	Staff is available to answer incoming calls during agency's normal operating hours.  If client calls within		
			operating hours, staff will respond within 24 business hours.		
1.4	Emergency services	Agency has policy on file outlining emergency service procedures related to the service they provide.	100% of agencies will have policies in place to handle emergencies/crises that occur outside of normal operating hours.		
1.5	Special service needs	Agency complies with Americans Disabilities Act (ADA).	100% of agencies have policies to respond to special needs clients.		
1.6	Cultural/Linguistic diversity	Agency has written policy on file including process for language translation.	100% of agencies have policies in place for responding to cultural and linguistic diversity (including translation services).		
1.7	Referrals	Agency has written referral policy on file.	100% of agencies will have a referral process for care of HIV related problems outside of their direct service area.		
1.8	Linkages	Agency has written policy for establishing linkages and record of linkages on file.	100% of agencies will develop and maintain linkages with primary health care, support and other service providers.		

Table 1. A	Agency Related Issues		
Policy Number	Activity/Issue	Standard of Care Minimum Acceptable Threshold of Service	Accountability Mechanism
1.9	Provider communication	Agency has written policies on file that allow for communication between different programs.  Documentation of consent is required	100% of providers document communication regarding patient care (HRSA funded services and others.)
1.10	Policies and procedures	Agency has written staff policies on file.	100% of agencies have written policies for staff which include (but are not limited to):  • Agency policy and procedures  • Agency has a description of the Ryan White Treatment Extension Act of 2009  • Standards of professional behavior  • Compliance with the Health Insurance Portability and Accountability Act [PL 104-191]  • Client confidentiality  • Release of information  • Communication about agency issues  • Health and safety procedures including universal precautions  • Grievance policy and procedures
1.11	Staff evaluation	Agencies have procedures in place to evaluate staff.	100% of agencies have evaluation procedures on file.  100% of agency staff has a working knowledge of evaluation procedures.  100% of agency staff receive an annual performance evaluation.
1.12	Quality management	Agencies have procedures in place to evaluate the quality and effectiveness of psychosocial support on an	100% of agency has written procedures on file to evaluate psychosocial support services.

Table 1. A	Table 1. Agency Related Issues			
Policy Number	Activity/Issue	Standard of Care Minimum Acceptable Threshold of Service	Accountability Mechanism	
		ongoing basis.	100% of agency staff has a working knowledge of evaluation procedures.	
			Agency participates fully in TGA Quality Management activities including data and chart review processes.	
1.13	CAREWare data collection	Monthly reports are sent to grantee and are available on request.  CAREWare is used to ensure data is collected in a uniform manner	100% of agencies regularly update client information, needs assessment, client progress and care and client referrals and other services provided and share monthly reports with grantee.	
1.14	Planning Council attendance	Agency representatives must attend monthly Planning Council meeting	Agency must attend 75% of monthly Planning Council meetings.	

## **Staff Service Standards**

(Psychosocial Support)

Table 2. S	Table 2. Staff Related Issues					
Policy Number	Activity/Issue	Standard of Care Minimum Acceptable Threshold of Service	Accountability Mechanism add percentages			
2.1	Staff hiring	All staff will have necessary skills and experience determined by  • Written application  • Resume  • References  • Personal interview	Application, resume, and communication with personal references are documented in personnel files.			
2.2 (a)	Staff qualifications Psychosocial Support	Staff will have a high school diploma or GED.	100% of staff possesses a diploma, certificate or license (if appropriate) or experience documented in personnel file.			
2.2 (b)	Staff qualifications Peer Navigator	A member of the peer community living with HIV/AIDS with a high school diploma or GED, plus two years of social service experience. Peer must demonstrate understanding of HIV services and healthcare service navigation.	100% of staff possesses a diploma/GED with the required experience documented in personnel file.			
2.3	Staff job descriptions	Staff will be given a written job description. The job description includes definition of psychosocial support.	100% of staff has job description documented in personnel file.			
2.4	Staff training	All staff are trained and knowledgeable on:  • HIV/AIDS and the affected community including disease process, comorbidities and psychosocial effects of the disease.  • Cultural sensitivity.  • Entitlement programs, benefits to clients, and community resources/support services  • Client confidentiality, client rights, agency grievance procedures	Training is documented in 100% of personnel files.			
2.5	Staff continuing education	Staff has the opportunity to take advantage of continuing education training that is available and appropriate.	Training is documented in 100% of personnel files.			

Policy	Staff Related Issues Activity/Issue	Standard of Care	Accountability
Number	Tietivity/133uc	Minimum Acceptable	Mechanism add
Number		Threshold of Service	percentages
		Timeshold of Service	percentages
		Staff attends at least one in-	
		service or specialized training a	
		year on topics related to their	
		position.	
		Position	
2.6 (a)	Staff supervision	All supervisors are	100% of supervisors are
	Psychosocial Support	knowledgeable about RW HIV	knowledgeable about RW
		psychosocial support services	program.
		and procedures including fiscal	
		and program.	
	Staff supervision	Staff will receive (at minimum)	Supervision is
	continued	one hour supervision per week	documented in personnel
		to develop skills.	file.
2.6 (b)	Staff supervision	All peer navigators will receive	Supervision is
	Peer Navigator	(at minimum) one hour	documented in personnel
		supervision per week to include	file.
		patient case conference, peer	
		navigator job performance, and	
2.7	Agency policies and	skill development. Signed form is documented in	100% of staff agrees to
2.7	procedures	personnel file.	follow agency policies and
	procedures	personnerme.	procedures (See 1.10).
			procedures (see 1.10).
2.8	Staff evaluation	Staff evaluations are	100% of staff is evaluated
-		documented in personnel files.	on their performance
			annually.
			-
2.9	Documentation	All staff will keep written	100% of all contacts are
		documents of contact with	documented in client files.
		clients in accordance with RW	
		data collection procedures.	

## **Client Service Standards**

(Psychosocial Support)

Table 3. C	lient Related Issues		
Policy Number	Activity/Issue	Standard of Care Minimum Acceptable Threshold of Service	Accountability Mechanism
3.1	Client eligibility	In order to be eligible for services, individuals must meet the following:  • HIV positive • Residing or receiving services in the Middlesex, Somerset, Hunterdon TGA • Income no greater than 500% of the Federal Poverty Level • Client is recertified every 6 months	90% of clients have documentation of HIV status and income.
3.2	Client intake	Intake tool completed within thirty (30) days of initial visit that includes (but is not limited to):  • Identify and obtain appropriate release of information  • Confidentiality and grievance policies  • Client rights and responsibilities  • Medical history  • Current health status  • Review of housing status and health care coverage	90% of clients have an intake tool is documented in their file.
3.3	Documentation	Activity described meets the following criteria:  • Individual and group counseling, including dropin sessions. These counseling sessions should be structured, with a plan or curriculum, to move clients toward identified goals.  • Peer counseling or peer support groups offered by	90% of client files will have date of service and corresponding activity.
		HIV-positive individuals or those with similar life experiences who are knowledgeable about HIV	

Table 3. Client Related Issues			
Policy Number	Activity/Issue	Standard of Care Minimum Acceptable Threshold of Service	Accountability Mechanism
		and are culturally sensitive to the special populations. These support groups should be purposeful, with agendas and a plan, to move the group toward identified goals.	
		<ul> <li>Nutritional counseling services for HIV-infected clients that include the provision of education, but do not include the distribution of nutritional supplement.</li> </ul>	
		<ul> <li>Assist in management of benefits and referral for services</li> </ul>	
		Escort to medical and social service appointments	
3.4	Monitoring of individuals client progress	Evidence of client progress toward meeting established goals through documentation of activity; such documentation includes sign-in sheets, case notes, support group curriculum, client plan, etc.	90% of client files detail each service experience.
3.6	Referrals	Referrals to other resources are provided as needed.	90% of client files have documentation of referrals to resources provided.