Module Title: Shifting Perspectives on Transference

Instructor: Residency: May 2019

Time:

Module Description:
Transference is an important therapeutic phenomenon to consider, regardless of the clinician’s theoretical framework. And when it comes to relationship-based psychotherapies, understanding the client’s transference is critical for treatment. First discussed by Freud, the concept of transference has been refined over the last century. In this module, we discuss how this concept has evolved over time. We pay particular attention to the way in which transference has been conceptualized by classical and interpersonal analysts, object relations therapists, and finally relational therapists. This module concludes by emphasizing the relevance of transference as a tool in contemporary clinical practice.

Module Objectives:
1. Differentiate between classical conceptualizations of transference and those informed by interpersonal, object, and relational theorists.
2. Explain connections between transference and the working alliance.
3. Identify how transference can be used as a clinical tool in contemporary clinical practice.

Required Readings:

Recommended Readings:
Module Reflection Questions:

1. Has your understanding of transference changed following these readings? If so, how? If not, how come?