

Office of Continuing Education School of Social Work Rutgers, The State University of New Jersey 390 George St., 3rd Floor New Brunswick, NJ 08901 ce@ssw.rutgers.edu 848-932-8758 Fax: 732-932-7057 socialwork.rutgers.edu/ce

Bowen Family Systems Theory Clinical Certificate

Basic Program Application Form

Bowen family systems theory, for decades a staple in social services education and practice, provides a conceptual framework – consistent with 21st century evolutionary thinking and recent findings in the natural and neuro-sciences – for understanding human behavior, families, organizations, and human society as active living multigenerational emotional systems. This institute-level certificate program is designed for individuals who want to develop a solid understanding of: Bowen theory; its natural science foundations; a systems thinking approach to emotional symptoms, physical symptoms, and human behavior; and how to use this theory to manage self in professional endeavors and personal life.

Institute-Level Training

10 Monthly Online Workshops &
10 Monthly Online Supervision Sessions
Two Cohorts; Monday or Saturday (choose one)
September 2021– June 2022

All Sessions Conducted 100% Online via Zoom

Select a Cohort Below

Monday Cohort: ☐ First Choice; ☐Second					Saturday Cohort: ☐ First Choice; ☐ Second Choice;					
Choice; ☐ I'm not available on Monday					☐ I'm not available on Saturday					
	2021		2022			2021			2022	2
1.	September: 20	5.	January :	24	1.	September:	25	5.	January:	29
2.	October: 18	6.	February:	14	2.	October:	23	6.	February:	19
3.	November: 8	7.	March:	14	3.	November:	13	7.	March:	19
4.	December: 6	8.	April:	18	4.	December:	11	8.	April:	23
		9.	May:	16				9.	May:	21
		10.	June:	13				10.	June:	18

Program Details

- The cost of the Basic Certificate Program is \$2500. This includes:
 - o All 10 live webinars in the series. September June, 9:00am-3:30pm.
 - Live webcast presentations each month by an international Bowen experts.
 - Ten, two-hour small group supervision sessions with other program participants.
 - Rutgers certificate: Bowen Family Systems Theory Clinical Certificate, Basic.
 - 75 continuing education hours (clinical).
- Tuition is due upon acceptance into the certificate program and prior to starting the program in September. Applications due by September 10th, 2021

Na	me:								
Ac	ldress:								
Cu	arrent Professional Position(s):								
En	Employer(s):								
Jol	o Title(s):								
Ph	one Home: Office: Cell:								
Εı	mail:								
1)	1) Please indicate the type of work setting(s) you are employed in:								
	□ Self-Employed □ Government □ Non-Profit □ Private-for-Profit □ Other (specify)								
2)	Indicate your profession(s) (e.g., Social Work, Psychology, Nursing, Counseling):								
	Please indicate how long you have worked in your current profession(s): Less than two years Two to five years Five to ten years Ten to fifteen years Fifteen+ years								
4)	Indicate highest level of education completed: ☐ Master's Degree ☐ Other:								
5)	Current Employment Please describe your current work responsibilities and your experience providing individual, couples, & family therapy, organizational consultation, etc.:								
6)	 Professional and Educational Background a) Please attach a resume listing positions held since completing college, most recent first. Please include your educational background. List college, university, or any other educational institution attended and degree(s) conferred with dates of study. b) Are you currently a candidate for a degree? If so, give university, area of specialization, degree to be earned, and expected date of graduation. 								

c) Scholarships, fellowships, academic awards, or honors received:

- d) In addition to training from degree-conferring institutions, what applicable professional training have you had? Name of Institution | Location | Course | From Mo/Yr to Mo/Yr:
- e) List any research experience and interests. Please include published and unpublished papers.
- f) List membership in professional organizations and associations.
- g) How did you become acquainted with and interested in Bowen theory and this Certificate Program?

7) Attach a Document Answering the Following Questions:

- a) Briefly describe your major long-term professional interests and goals? How do you see this program as relevant to these goals?
- b) What is your current theoretical base for conceptualizing human behavior and guiding your professional work? How did you arrive at your current theoretical orientation? What have you found to be the strengths and weaknesses of this theoretical base?
- c) Please describe any previous experience with Bowen theory and the study of family systems.
- 8) Applicant Agreement: If accepted, I understand that I must complete a family functioning and history application supplemental prior to the start of the September workshop and that to complete this certificate program, I must complete all assignments, attend all ten workshops, and attend all supervision sessions. I also understand that during the supervision component of this certificate program, part of the educational process will involve exploring my own family-of-origin and related issues. I will be expected to discuss my three-to-five generation family diagram (genogram) with my supervisor during most supervision sessions and in the presence of my fellow supervisees. I also understand that this family diagram will include information on family size; history of physical, mental, and social symptoms and illnesses; and any additional information that may be helpful for understanding my family's functioning and that I am comfortable sharing in a professional, confidentiality-enforced, supervision environment.

☐ Yes Initials	
Signature (typed name is sufficient):	
Date:	

EACH APPLICATION MUST INCLUDE:

- 1. A completed copy of this application form
- 2. Narrative document for questions 7A, 7B, & 7C
- 3. A current resume

In a digital format (Word, PDF), send the completed application form, narrative document, and resume to: Dr. Douglas Behan, <u>dbehan@ssw.rutgers.edu</u>

Application must be received by: September 10, 2021

- Enrollment is limited to 12 certificate participants per cohort. Selections are based on the strength of the application.
- A maximum of four persons will be assigned to each supervision group
- Workshops may be attended individually without submitting an application just like regular continuing education workshops. However, this level of participation will not include the supervision component and does not lead to receiving the program certificate.
- Additional information & application forms can be found at http://socialwork.rutgers.edu/bowen