

Telehealth Tales from the Social Work Field: A Practical Primer for Working with Clients Across the Lifespan

PART OF THE DAVID J. STERN ENDOWED LECTURE SERIES ON INNOVATIONS IN SOCIAL WORK AND GERONTOLOGY



Thursday, January 14, 2021

4:30-6:30PM EST | via Zoom | Free CEUs Available

WELCOME & OPENING REMARKS

TELETHERAPY WITH OLDER ADULTS

Lauren Taylor, MA, MS, LCSW

**WELCOME TO TELEHEATH WITH TINY, TENACIOUS HUMANS:
A K-5 VIRTUAL SCHOOL SOCIAL WORK PRIMER**

Dr. Kristin Biri, LCSW

TELEHEALTH IN PK-12 EDUCATION

Tashia Martin, MSW, LSW

PANEL DISCUSSION

CLOSING REMARKS

Lauren Snedeker, DSW, LSW, LMSW

Margaret O'Donoghue, PhD, LCSW

Speakers

Lauren Taylor, MA, MS, LCSW is a psychiatric social work, oral historian, and a Senior Lecturer at the Columbia University School of Social Work. Ms. Taylor is a graduate of Columbia's Oral History Master of Arts program and has been on staff for many years at the Service Program for Older People (SPOP), a mental health clinic for older adults. At present, Ms. Taylor is delivering all clinical services via Telehealth.

Ms. Taylor gives seminars and workshops on a wide variety of mental health issues related to the aging process, with a focus on therapeutic use of narrative. In 2002, in conjunction with CUSSW, she made an education film about sexuality and aging, funded by the Hartford Foundation and distributed by the New York Academy of Medicine. In 2005, Ms. Taylor created a second teaching film, in which she brought together young social work students and older women for a dialogue about the challenges facing women across the lifespan.

Dr. Kristin Biri is a Licensed Clinical Social Worker in New Jersey. She completed her BSW degree at Marist College and her MSW degree at Adelphi University. In 2019, Dr. Biri completed her Doctorate in Clinical Social Work (DSW) at Rutgers University where she focused on technology and social media's impact on adolescent and young adult identity development and interpersonal relationships. In addition to scholarly writings, Dr. Biri created a Multimedia Project, "Screen Smart Counseling", and developed an interactive website with tools for mental health professionals and parents to more effectively navigate online experiences with their clients and children. She uses this website to teach Continuing Education courses to mental health professionals in New Jersey and New York.

She is currently employed by a local K-8 public school district where she helps coordinate the district's mental health, professional development, mindfulness, and kindness initiatives, while also maintaining a small caseload of students providing in-school counseling services. Additionally, she owns a small private practice in Monmouth County, NJ. In her practice, Dr. Biri works primarily with adolescents and young adults with mood and behavioral disorders and conducts individual, family, and telemental health services.

Tashia Martin is the Senior Director of Student Supports at BRICK Education Network. A licensed social worker and educational leader, Ms. Martin has over 15 years of experience in New Jersey's education, behavioral health, and child welfare systems. As a Newark native, Tashia recognizes the importance of supporting children and families to replace negative self-concepts with a redefined and affirmed esteem. Her life's purpose is to help individuals break generational cycles and restore their legacy through the power of "I Am".

Kenya Roper is a School Social Worker at Marion P. Thomas Charter School, PAC Campus who has a strong sentiment for children and families. Being a Newark native has driven her long-term goal to provide affordable mental health and child care services. She also serves as an Independent Contractor for an Early Childhood Services Organization. In her leisure time she enjoys art, cooking, dancing, and creative games.

Lauren Snedeker, DSW, LSW, LMSW is Coordinator for the [Aging & Health Certificate Program](#) and Assistant Professor of Teaching at Rutgers School of Social Work.

Margaret O'Donoghue, PhD, LCSW is Coordinator for the [MSW Certificate in Promoting Child & Adolescent Well-being Program \(CHAP\)](#) and Assistant Professor of Professional Practice at Rutgers School of Social Work.

About the Lecture

This lecture series was endowed by Robert M. Stern (Rutgers B.A. and J.D.) as a surprise birthday present for his father, David. It is their hope that by demonstrating successful interdisciplinary approaches to addressing human needs this lecture series will establish Rutgers as a thought leader and encourage the broader community to adopt such approaches.

David J. Stern, MSW, is a graduate of the University of Pennsylvania with honors in philosophy. After working at the NYC Department of Social Service, he served for two years as a social work specialist and medic in the U.S. Army. With help from the G.I. Bill and the remarkably affordable tuition of Rutgers University, David was able to attend Rutgers School of Social Work and earn his MSW. He was named the Outstanding Student of the Year and received the Mark Forman Award for Excellence in Group Work.

With the strong recommendation of Professor Marcos Liederman, David was appointed as Assistant Executive Director of Lenox Hill Neighborhood House, a multi-service settlement house on the east side of NYC, and, after 11 years became its executive director. Eight years later he joined the Jewish Association for Services for the Aged as its CEO and the CEO of its eight housing corporations and two homecare affiliates. JASA, the largest geriatric social service agency in New York, serves more than 45,000 older adults annually. In 2003 David was recruited to become the Chief Professional Officer of the Living Independently Group, a company that designed and developed passive monitoring technologies that enabled older adults to live more safely and independently in their homes. The company was subsequently acquired by GE and merged into Care Innovations, a joint Intel-GE initiative. David retired in the fall of 2012.



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School of Social Work

Rutgers, The State University of New Jersey
120 Albany Street, Tower One, Suite 200
New Brunswick, NJ 08901



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