Grief due to loss is part of all human experience, yet the losses during the COVID-19 pandemic range from small to incomprehensible in scale. People who attempt to understand all grief as following set rules will find themselves stymied. This session will discuss the theoretical understandings of grief including ambiguous grief, the assumptive world, and disenfranchised grief. We will also address self-care and ways to intervene effectively with those who are suffering.

JUNE 17 12-1PM
LOSS & COPING DURING COVID
JUDITH MCCOYD, ASSOCIATE PROFESSOR

Social work and public health are a natural fit with both professions evolving in the early 20th century. Today, social workers are partnering with health care providers in multiple ways to help clients deal with topics such as infectious diseases, chronic illness, aging issues, and maternal/child health. In this session we’ll discuss this important work as well as the types of jobs one can expect with an MSW and coursework in public health.

JUNE 29 12-1PM
SOCIAL WORKERS & PUBLIC HEALTH
PATRICIA FINDLEY, ASSOCIATE PROFESSOR, DIRECTOR OF THE MSW PROGRAM, & SPECIAL ASSISTANT TO THE DEAN FOR INTERPROFESSIONAL HEALTH INITIATIVES

Mindfulness and meditation are commonly used to decrease stress, anxiety, and depression and to improve sleep and overall health. With the current worldwide health crisis, it is important that you feel trained and empowered to offer these therapeutic interventions. Tools and techniques for working with clients, supporting fellow students, and self-care practices will be highlighted.

JULY 10 10-11AM
MINDFULNESS & MEDITATION: HELPING YOU & HELPING OTHERS IN A HEALTH CRISIS
KRISTY CASE, LCSW, OSW-C

Join recent graduates of the MSW program to learn about their journey in the program and how their experiences prepared them for their career.

JULY 29 12-1PM
SOCIAL POLICIES, FATHERS, & CHILD WELL-BEING
LENNI NEPOMNYASCHY, ASSOCIATE PROFESSOR

Half of the children in the US will spend some time living apart from their biological father and this is particularly true for children with fathers with less than a college education. Fathers are a key source of financial and non-financial support and their involvement contributes to child well-being. However, economic changes over the last several decades have made it more difficult for lower-educated men to support themselves and their families. In this session, we will discuss the social and economic policies that can promote or inhibit nonresident fathers’ economic prospects and their children’s well-being.

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