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 Washington University in St. Louis
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EDUCATION

- 2018-present **Postdoctoral Fellow**
 Brown School, Washington University in St. Louis,
 National Institute of Mental Health T32 Training Grant
 The Center for Mental Health Services Research
 Mentors: Drs. Sean Joe, Leopoldo J. Cabassa
- 2018 **Doctor of Philosophy in Social Work**
 University of Texas at Austin School of Steve Hicks Social Work,
 Austin, Texas
 Dissertation: *The Role of School Environment and Life Stressors
 in Youth Suicidality*
 Committee: Drs. Lauren Gulbas (chair), Cynthia Franklin,
 Yuri Jang, Sean Joe
- 2011 **Master of Science in Social Work**
 Columbia University School of Social Work, New York, NY
- 2009 **Bachelor of Arts**
 International Studies; Foreign Languages (Russian and Spanish)
 Kenyon College, Gambier, OH

PUBLICATIONS

Journal Articles in Press or in Print

1. **Szlyk, H.S.** (2020). Resilience among students at risk of dropout: Expanding perspectives on youth suicidality in a non-clinical setting. *School Mental Health*. doi: 10.1007/s12310-020-09366.
2. **Szlyk, H.**, Deng, J., Xu, C., Krauss, M. & Cavazos-Rehg, P. (2020). Leveraging social media to explore the barriers to treatment among individuals with depressive symptoms. *Depression & Anxiety*. doi: 10.1002/da.22990 PMID: 31943530.
3. **Szlyk, H.S.** (Accepted). Suicidal ideation among alternative high school students: The impact of student demographics, stressors, and academic self-concept. *Health & Social Work*.
4. **Szlyk, H.S.**, Roth, K. & Garcia-Perdomo, V. (2020). Subgroups of suicidal texters engaging Crisis Text Line. *Psychiatric Services*, 71(4), 319-327. doi:10.1176/appi.ps.201900149 PMID: 31795857

5. **Szlyk, H.S.**, Berger-Cardoso, J., Lane, L. & Evans, K. (2020). Me perdía en la escuela. Latino newcomer youth in the U.S. school system. *Social Work*. doi: 10.1093/sw/swaa001/5814580
6. Gulbas, L.G., Guz, S. Hausmann-Stabile, C., **Szlyk, H.S.** & Zayas, L. (2019). Trajectories of well-being among Latina adolescents who attempt suicide: A longitudinal qualitative analysis. *Qualitative Health Research*. doi: 10.1177/1049732319837541. PMID: 30920942; PMCID: PMC6765449
7. Gulbas, L.G., Hausmann-Stabile, C., & **Szlyk, H.S.** & Zayas, L. (2019). Evaluating the interpersonal theory of suicide among Latina adolescents. *Qualitative Psychology*, 6(3), 297-311. doi: 10.1037/qup0000131 PMID: 32051834; PMCID: PMC7015267.
8. **Szlyk, H.S.**, Azasu, E. & Joe, S. (2019). Firearm suicide as a human rights priority for prevention. *Washington University Journal of Law and Policy*, 60, 133-146.
9. **Szlyk, H.S.**, Gulbas, L.G. & Zayas, L. (2018). "I just kept it to myself:" The roles of silence and secrets among Latina teenage suicide attempters. *Family Process*. doi:10.1111/famp.12384 PMID: 30117539; PMCID: PMC6378134.
10. **Szlyk, H.S.** (2018). Fostering independence through an academic culture of social responsibility: A grounded theory for engaging at-risk students. *Learning Environments Research*, 21(2), 195-209. doi:10.1007/s10984-017-9245.
11. Berger Cardoso, J., **Szlyk, H.S.**, Goldbach, J., Swank, P.R. & Zvolensky, M.J. (2017). General and ethnic biased bullying among Latino Students: Exploring risks of depression, suicidal ideation, and substance use in a new immigrant destination city. *Journal of Immigrant and Minority Health*. doi:10.1007/s10903-017-0593-5. PMID: 28493116.
12. Gulbas, L, Zayas, L., Yoon, H., **Szlyk, H.**, Aguilar-Gaxiola, S., & Natera, G. (2016). Deportation experience and depression among U.S. citizen- children with undocumented Mexican parents. *Child: care, health and development*, 42(2), 220-230. doi: 10.1111/cch.12307. PMID: 26648588; PMCID: PMC5053095
13. Fowler, J.C., Allen, J. G., Hart, J. M., **Szlyk, H.**, Frueh, B. C., Ellis, T, & Oldham, J.M. (2014). Intensive inpatient treatment improves emotion–regulation capacities among adults with severe mental illness. *Borderline Personality Disorder and Emotion Dysregulation*, 1(19), 1-10. doi: 10.1186/2051-6673-1-19 PMID: 26401732; PMCID: PMC4579504

Journal Articles Under Review

1. **Szlyk, H.S.** (Under review). Narratives of suicidality, academic failure, and resiliency: Implications for social work practice and research. *British Journal of Social Work*.
2. Roth, K. & **Szlyk, H.S.** (Revise and resubmit). Hotline use in the United States: Results from the Collaborative Psychiatric Epidemiology Surveys. *Administration and Policy in Mental Health and Mental Health Services Research*.

3. **Szlyk, H.S.**, Joe, S. & Lindsay, R. (Under review). Assessing school-based suicide prevention and intervention capacity. *Youth & Child Care Forum*.
4. **Szlyk, H.S.** & Tan, J. (Under review). Role of technology across continuum of care for youth suicidality: A systematic review. *Journal of Medical Internet Research*.

Journal Articles in Progress

1. Joe, S., Ahuja, M., Quinn, C. & **Szlyk, H.** (In progress). Non-fatal suicidal behavior among U.S. parents.
2. **Szlyk, H.S.**, Tan, J., Lengnick-Hall, R. (In progress). Where is implementation science in youth suicide research?: A systematic review of technology-enhanced interventions.

Book Chapters in Print

1. Franklin, C., Webb, L. & **Szlyk, H.** (2016). Alternative education. *Encyclopedia of Social Work, On-line*. New York, NY: Oxford University Press.
2. Franklin, C., Kelly, M.S. **Szlyk, H.S.** (2016). Alternative schools. *Encyclopedia of Adolescence, Living Reference Work*. New York, NY: Springer-Verlag.
3. Jordan, C., Vandiver, V., **Szlyk, H.**, Nagoshi, J. & Nagoshi, C. (2016). Families who are multistressed. In C. Jordan, & C. Franklin (Eds.) *Clinical Assessment for Social Workers, (4th Edition)*, Chicago, IL: Lyceum Book Inc.

Technical Reports

1. Lopez, M.A., Cohen, D.A., & **Szlyk, H.** (August, 2014). *Texas Family Partner Evaluation: Addendum*. Texas Institute for Excellence in Mental Health, Steve Hicks School of Social Work, University of Texas at Austin.

Magazine Articles and Practice Publications

- Szlyk, H.** (2014, September 30). Is anomie the enemy? Another perspective on the increase in school shootings. [Web blog post]. Retrieved from <http://saynotostigma.com/2014/09/is-anomie-the-enemy-another-perspective-on-the-increase-of-school-shootings/>.
- Szlyk, H.** (2013, April 12). The shame game: obesity as an indication of an increase in disordered eating and poor body image. [Web blog post]. Retrieved from <http://saynotostigma.com/2013/04/the-shame-game-obesity-as-an-indication-of-an-increase-in-disordered-eating-and-poor-body-image/>.
- Szlyk, H.** (2013, Feb. 28). Can we handle the truth? Exploring society's drive for the idealized image. [Web blog post]. Retrieved from <http://saynotostigma.com/2013/02/can-we-handle-the-truth-exploring-societys-drive-for-the-idealized-image/>.

Wagner, R., MacCaughelty, C., Morgan, K., & Szlyk, H. (2012, April 5). The silent victims: More men have *eating disorders than ever before*. *The Atlantic Monthly.Com*. Retrieved from <http://www.theatlantic.com/health/archive/2012/04/the-silent-victims-more-men-have-eating-disorders-than-ever-before/255171/>.

PRESENTATIONS

International or National Conferences

Szlyk H. (2019). *Social work training and a public health crisis: Lessons from suicide research*. Oral paper presented at the Council on Social Work Education conference, Denver, CO.

Szlyk, H. (2019). *Resilience among students at risk of drop-out: Expanding perspectives on youth suicidal ideation in a non-clinical setting*. Oral paper presented at the American Association of Suicidology conference, Denver, CO.

Szlyk, H. (2019). *Suicidal ideation among alternative high school students: the impact of student demographics, stressors, and academic self-concept*. Oral paper presented at the Society for Social Work Research conference, San Francisco, CA.

Szlyk, H., García-Perdomo, V. & Filbin, B. (2018). *Who is most vulnerable?: Relationships between psychosocial issues and imminent risk of suicide among Crisis Text Line users with histories of suicidality*. Oral paper presented at the National Institute for Mental Health Mental Health Services Research conference, Washington, DC.

Szlyk, H., Berger-Cardoso & Lane, L. (2018). *“Me perdía en la escuela:” Latino newcomer youth in the U.S. school system*. Oral paper presented at the annual Society for Social Work Research (SSWR) Conference, Washington, DC.

La Brenz, C., Kim, Y., Olcon, K., Bender, A. & Pulliam, R. (2017). In **H. Szlyk** (Moderator), *Breaking the silence: The unacknowledged role of whiteness in social work*. Panel Presented at the annual Council on Social Work Education (CSWE) Conference, Dallas, TX.

Borelli, K., Diaz-Strong, D.X., Faulkner, M., **Szlyk, H.** & Velazquillo, A. (2017). In A. Webb (Moderator), *Strategizing social work practice with immigrant populations in the current political climate*. Panel presented at the annual Society for Social Work and Research (SSWR) Conference, New Orleans, LA.

Berger Cardoso, J., **Szlyk, H.**, Goldbach, J., Swank, P. & Zvolensky, M. (2017). *Testing the association between general bullying, ethnic-based bullying, suicidal ideation and substance use in Hispanic youth*. Oral paper presentation presented at the annual Society for Social Work and Research (SSWR) Conference, New Orleans, LA.

Szlyk, H. (2017). *Fostering independence through an academic culture of social responsibility: A grounded theory for engaging at-risk students*. Oral paper presentation presented at the annual Society for Social Work and Research (SSWR) Conference, New Orleans, LA.

Szlyk, H., Zayas, L. & Gulbas, L. (2016). Threats to well-being among citizen-children living with

undocumented parents. In A. Rivera (Moderator), *Mixed-status immigrant families and child well-being*. Break-out session conducted at the Research and Evaluation Conference on Self-Sufficiency (RECS), Washington, DC.

Szlyk, H., O'Brien, K., Almeida, J. & Singer, J.B. (2016). *Understanding youth suicidality through qualitative methods*. Symposium presented at the annual American Association of Suicidology conference. Chicago, IL.

Regional or local Conferences

Szlyk, H. (2017, February). *Prevention starts here: Working with suicidal teens in schools*. Presentation presented at the Texas School Social Work Conference, Austin, TX.

Szlyk, H. (2014, November). *Losing a client to suicide: the experience of a mental health provider*. Speech presented at the American Foundation for Suicide Prevention of Central Texas International Survivors of Suicide Loss Day meeting, Austin, TX.

Wagner, R., MacCaughelty, C., Morgan, K., Newlin, E., Peters, C., **Szlyk, H.**, & Webb, C. (2013, May). *Interprofessional treatment of eating disorders: A case study*. Continuing education panel presented at The Menninger Clinic, Houston, TX.

Poster Presentations

Szlyk, H.S., Joe, S. & Lindsay, R. (2020). *Assessing school-based suicide prevention and intervention capacity*. Poster presented at the annual conference for the Society for Social Work Research, Washington, DC.

Gulbas, L.G., Hausmann-Stabile, C., & **Szlyk, H.S.** & Zayas, L. (2018). *Testing Joiner's Interpersonal Theory Suicide among Latina adolescent suicide attempters*. Poster presented at the annual conference for the Society for Social Work Research, Washington, DC.

Szlyk, H. & Gulbas, L. & Zayas, L. (2017). *"I just kept it to myself:" The role of secrets and silence among Latina suicide attempters*. Poster presented at the IASR/AFSP International Summit on Suicide Research, Las Vegas, NV.

Szlyk, H. & Espinosa, E. (2016). *Youth with suicidal ideation and justice system involvement: identifying the impact of gender, race, offense, suicide ideation and trauma on placement on out-of-home placement*. Poster presented at the annual American Association of Suicidology conference. Chicago, IL.

Szlyk, H., Franklin, C., Gulbas, L. & Armour, M. (2015). *How do teachers maintain at-risk students in the classroom?: A preliminary grounded theory on teacher decision-making in a solution-focused alternative high school*. Poster presented at the Solution-Brief Therapy Association annual conference, Wilmington, NC.

Szlyk, H., Lopez, M., Cohen & Heise, J. (2015, April). *The quest for zero: an assessment of workforce readiness and training within a state-wide suicide prevention initiative*. Poster presented at the American Association of Suicidology Annual Conference, Atlanta, GA.

Szlyk, H. & Wagner, R. (2013, May). *Eating disorder not otherwise specified (ED NOS) and symptom severity: Assessing the correlation between the severity of an eating disorder and suicide risk.* Poster presented at the Academy of Eating Disorders International Conference on Eating Disorders 2013, Montreal, CA.

Szlyk, H. & Wagner, R. (2012, November). *Eating disorder NOS and suicidal ideation: Is risk overlooked in "unspecified" and secondary eating disorder diagnoses?.* Poster presented at the 2nd Annual Renfrew Center Foundation Eating Disorders Conference, Philadelphia, PA.

Workshops

Szlyk, H. & Franklin, C. (2015, November). *Training teachers to use SFBT: Lessons from Gonzalo Garza Independence High School.* Workshop presented at the Solution-Focused Brief Therapy Association annual conference, Wilmington, NC.

Szlyk, H. (2013, March). Patient educational workshop on self-image and resiliency presented at The Menninger Clinic, Houston, TX.

Guest Presentations or Lectures

Szlyk, H. (2020, January). *Suicidality and the role of technology-enhanced interventions.* Colloquium given to Columbia University School of Social Work.

Szlyk, H. (2020, January). *Suicidality and the role of technology-enhanced interventions.* Colloquium given to Tulane University School of Social Work.

Szlyk, H. (2019, December). *Suicidality and the role of technology-enhanced interventions.* Colloquium given to Rutgers University School of Social Work.

Szlyk, H. (2019, December). *Suicidality and the role of technology-enhanced interventions.* Colloquium given to the Department of Social Welfare at the Luskin School of Public Affairs at the University of California in Los Angeles.

Szlyk, H. (2019, September). *Suicidality and the role of technology-enhanced interventions.* Monthly seminar for the Center for Mental Health Services Research given to the Brown School at Washington University in St. Louis, Missouri.

Szlyk, H. (2019, April). *A case for qualitative methods.* Guest lecture at Masters in Health Science research methods course (P. Cavazos-Rehg), at Washington University in St. Louis, Missouri.

Szlyk, H. (2018, October). *Youth suicide and telehealth: What can youth text messages tell us about suicidal distress and service effectiveness of a national crisis hotline?.* Monthly seminar for the Center for Mental Health Services Research given to the Brown School at Washington University in St. Louis, Missouri.

Szlyk, H. (2018, January). *Toward a social work approach to youth suicidal behaviors.* Colloquium given to the Silberman School of Social Work in New York, New York.

- Szlyk, H.** (2018, January). *Toward a social work approach to youth suicidal behaviors*. Colloquium given to the Jane Addams College of Social Work at the University of Illinois in Chicago.
- Szlyk, H.** (2018, May). *Final dissertation report to PEO Austin Chapter*. Guest lecture on dissertation study results given to local PEO chapter members in Austin, Texas.
- Szlyk, H.** (2018, May). *Dissertation project results and implications for Garza*. Guest lecture given to high school staff in completion of dissertation study at Garza Gonzalo High School in Austin, Texas.
- Szlyk, H.** (2017, October). *Individual and family practice with suicidal youth*. Guest lecture given to Undergraduate students at the Individuals and Families course at the University of Texas at Austin Steve Hicks School of Social Work.
- Szlyk, H.** (2017, August). *Our students and ourselves: Supporting while preparing social work students for the work ahead*. Guest lecture given to faculty and staff at Our Lady of the Lake University, Worden School of Social Service, San Antonio, Texas.
- Szlyk, H.** (2017, February). *Working with suicidal teens as a new social worker*. Guest lecture given to undergraduate students in the Individuals and Families course at the University of Texas at Austin Steve Hicks School of Social Work.
- Szlyk, H.** (2016, September). *Working with high risk and suicidal teens*. Guest lecture given to undergraduate students in the Individuals and Families course at the University of Texas at Austin Steve Hicks School of Social Work.
- Szlyk, H.** (2016, February). *Suicide assessment*. Guest lecture given to Masters students in the Clinical Assessment and Differential Diagnosis course at the University of Texas at Austin Steve Hicks School of Social Work.
- Szlyk, H.** (2015, August). *Working with suicidal teens in schools*. Guest lecture given to school staff and teachers at the Garza Independence Alternative High School in Austin, Texas.
- Szlyk, H.** (2014, April). *DSM, ED, and the real world*. Guest lecture given to students at the University of Houston Graduate School of Social Work, Houston, TX.
- Szlyk, H.** (2014, January). *Body image: an inconvenient truth*. Guest lecture given to students at The Kinkaid School, Houston, TX
- Szlyk, H.** (2013, July). *Feeding a distorted image: challenging the public & professional stereotypes of eating disorders*. Second year fellowship presented at The Menninger Clinic, Houston, TX.
- Szlyk, H.** (2012, August). *First year fellowship presentation on eating disorders and suicide risk* presented at The Menninger Clinic, Houston, TX.
- Szlyk, H.** (2012, January). *Case presentation presented at Baylor College of Medicine Case Conference for Psychiatric Residents*, Houston, Texas.

RESEARCH INTERESTS AND EXPERIENCE

Interests

Suicidality and suicide interventions for underserved and minority youth; technology-enhanced suicide interventions for minority youth; computational social science; community and culturally tailored interventions for at-risk youth and adolescents; implementation science; qualitative research methods (grounded theory and thematic analysis)

Experience

Washington University in St. Louis, The Brown School

Dates: 09/4/18-present

The Race and Opportunity Lab (PI: Joe)

The lab has several current goals: the development and launch of HomeGrownSTL project (NIMH R01 funding recently announced), which focuses on the upward social mobility of Black boys and young men living in St. Louis, MO; local and national reporting on the health and wellbeing of young Black males and their families in the U.S.; manuscript and grant development on suicidality among Black children, youth, and families; academic discussion on the topic of race in science via ongoing book club.

Role: Lab member

National Institute of Mental Health

Dates: 6/15/18-6/15/20

Post-doctoral training fellowship in Mental Health Services Research (T32 MH019960-23; PI: Cabassa)

The major goal for this grant is to establish a pre-doctoral and post-doctoral Mental Health Services Research Training Program that will train Ph.D. level researchers who are knowledgeable about the prevalence of mental disorder, the history and trends in public and private service delivery, sources and patterns of funding, and the design, measurement, and analysis issues in studying mental health services and their component treatment.

Role: Post-doctoral research scholar

PEO International

Dates: 07/10/17-03/11/18

The Role of School Environment and Life Stressors in Youth Suicidality (PEO Scholar Award; PI: Szlyk)

The P.E.O. Scholar Awards are one-time, competitive, merit-based awards intended to recognize and encourage academic excellence and achievement by women in doctoral-level programs. These awards provide partial support for study and research. The funding supported the set up costs and cost of transcription for the dissertation project.

Role: Principal Investigator

The Hogg Foundation

Dates: 06/30/17-5/30/18

The Role of School Environment and Life Stressors in Youth Suicidality (The Frances Fowler Wallace Dissertation Award; PI: Szlyk)

The annual award funds dissertation research by doctoral students in Texas. The funding was used to

purchase standardized instruments and pay for printing during the quantitative stage of the dissertation project.

Role: Principal Investigator

The Hogg Foundation

Dates: 06/15/17-5/15/18

The Role of School Environment and Life Stressors in Youth Suicidality (Moore Fellowship for Doctoral Research; PI: Szlyk)

The annual award funds doctoral research which has a focus on the mental health needs of Texans. The funding was to support the dissertation project, specifically to hire a research assistant, provide compensation to participants, and purchase related materials for both stages of the mixed methods project (e.g. software, recorders). The dissertation project aimed to examine and understand suicidality among students attending a public, alternative high school in central Texas.

Role: Principal Investigator

The University of Texas Public Health Initiative Level II Grant Program, Population Research Center

Dates: 10/10/16-10/15/17

Examining Disparities in Internalizing Disorders among Mexican American Youth (PIs: Gulbas, Calzada, Kim & Hausmann-Stabile)

The purpose of this grant is to develop a model of Latino child internalizing disorders and test the feasibility of recruitment procedures with Latino families and children in sites across Texas.

Role: Pre-Doctoral Research Assistant

University of Texas at Austin Health Communications Scholars Program

Dates: 06/11/16-06/13/17

Crisis text lines as youth life lines: Examining the utility Crisis Text Line program with suicidal teenagers (PI Szlyk)

The Scholars Program supported university-wide doctoral research that focused on or related to the field of health communications. This project included an exploratory study of text messages from Crisis Text Line hotline users who endorsed suicidality. The investigators partnered with the Crisis Text Line hotline organization for data access.

Role: Principal Investigator

Solution-Focused Brief Therapy Association

Dates: 10/5/15-10/1/16

Fostering independence through an academic culture of social responsibility: A grounded theory for engaging at-risk students (SFBTA Research Award; PI: Szlyk)

The funding supports original research on solution-focused practices. This study used a grounded theory approach to understand how teachers employ solution-focused strategies to support students at an alternative high school.

Role: Principal Investigator

The University of Texas Office of the Vice President Special Research Grant

Dates: 10/10/14-9/30/15

Immigrant-Related Stress and Suicidal Behavior among Latino Adolescents (PI: Gulbas)

The purpose of this pilot project was to identify perceived factors that contribute to experiences of psychosocial adversity and resiliency among Hispanic immigrant teens as related to suicidal behavior.

Role: Pre-Doctoral Research Assistant

National Institute of Mental Health

Dates: 09/10/14-02/11/15

The Texas Body Project (NIMH; R01MH086582; PI Stice)

The Body Project is a dissonance-based body-acceptance program designed to help high school girls and college-age women resist cultural pressures to conform to the appearance ideal standard of female beauty and reduce their pursuit of unrealistic bodies. This trial was conducted with college female students at a Texas university.

Role: Group Facilitator

Substance Abuse and Mental Health Services Administration

Dates: 6/15/14-8/20/15

Zero Suicides in Texas (PI: Heise)

This grant supported the Texas Institute for Excellence in Mental Health's evaluation of the launch of a Zero Suicide program in partnership with the Texas Department of State Health Services, Mental Health America of Texas, and local community mental health agencies.

Role: Pre-Doctoral Researcher Assistant

Substance Abuse and Mental Health Services Administration

Dates: 6/15/14-8/20/15

Achieving a Texas System of Care (PI: Hammack)

This grant supported the Texas Institute for Excellence in Mental Health's evaluation of the launch of the Texas System of Care program in partnership with the Texas Department of State Health Services, Mental Health America of Texas, and local community mental health agencies.

Role: Pre-Doctoral Researcher Assistant

The Menninger Clinic, Houston, Texas

Dates: 10/5/11-08/12/13

Eating Disorder Research Group (PI: Wagner)

The main goals of the research group were to conduct quantitative analysis of patient data specifically on eating disorder and suicidal outcomes, collaborate on article development, present findings at national and international conferences, and lead both in-house and community-based presentations on the risk of suicide among eating disorder patients.

Role: Lab member

TEACHING INTERESTS AND EXPERIENCE

Interests

Foundations of social work practice; human behavior and the social environment (HBSE); clinical work with suicidal and high-risk individuals; qualitative research methods; research design and data collection; social justice and critically- informed research

Experience

Undergraduate Education (BSW)

Fall 2017

Assistant Instructor

University of Texas at Austin, Steve Hicks School of Social Work
Human Behavior in the Social Environment

- Updated course curriculum with current and timely materials
- Facilitated committee discussion of how course content relates to practice and research
- Assisted students in development of writing skills and critical thinking related to social work approaches and theories

Spring 2017

Teaching Assistant for Lauren Gulbas, PhD

University of Texas at Austin, Steve Hicks School of Social Work
Human Behavior in the Social Environment, undergraduate students

- Graded weekly assignments, exams and papers
- Provided after-class consultation on class content and assignments
- Helped to foster student writer and research project development

Spring 2016

Teaching Assistant for Lauren Gulbas, PhD

University of Texas at Austin, Steve Hicks School of Social Work
Human Behavior in the Social Environment, undergraduate students

- Responded to and consulted on student emotional response to class content
- Held weekly office hours with students to discuss assignments and class-related questions
- Served as a substitute facilitator for class on community work
- Assisted in creating exams and quizzes.

Spring 2015

Teaching Assistant for Lauren Gulbas, PhD

University of Texas at Austin, Steve Hicks School of Social Work
Foundations of Social Justice, undergraduate students

- Graded exams and research papers and essays
- Evaluated student writing skills

Masters in Social Work (MSW)

Fall 2016

Teaching Assistant for Lauren Gulbas, PhD

University of Texas at Austin, Steve Hicks School of Social Work
Foundations of Social Justice, graduate students

- Helped students to develop critical thinking and writing skills and APA formatting
- Prepared class materials, including readings and hand-outs
- Assessed and monitored student personal and professional growth and consulted with faculty

Fall 2014

Teaching Assistant for Lauren Gulbas, PhD

University of Texas at Austin, Steve Hicks School of Social Work
Foundations of Social Justice, Graduate students

- Graded exams and written reports
- Assisted in syllabus and web-based course platform preparation

CLINICAL and PRACTICE EXPERIENCE

Fall 2016	Pro bono assistance to asylum seekers, Greater Austin, Texas <i>Mental Health Consultant</i>
January 2015- 2018	Gonzalo Garza Independence High School, Austin, TX <i>Contract Therapist</i>
September 2013- June 2014	Micki Grimland, LCSW and Southwest Psychotherapy Associates, Houston, TX <i>Contract Therapist</i>
October 2013- April 2014	Houston Eating Disorder Center, Houston, TX <i>Primary Therapist</i>
September 2011- August 2013	The Menninger Clinic, Houston, TX <i>Post-Masters Social Work Fellow</i>
September 2010- April 2011	Mount Sinai Hospital, Child, Adolescent and Family Services/ Outpatient Child Psychiatry, New York, NY <i>Social Work Intern</i>
June 2010- August 2010	New York State Psychiatric Institute, Washington Heights Community Service Unit, New York NY <i>Social Work Intern</i>
September 2009- May 2010	Turnaround for Children, Middle School 118, Bronx, NY <i>Social Work Intern</i>

SCHOLARSHIPS and AWARDS

Summer 2019	Participant, Summer Institute in Computational Social Science (SICSS) Hunter College (CUNY) location, New York, NY
2017	Professional Development Award University of Texas at Austin Graduate School (\$300)
2017-2018	Harry E. and Bernice M. Moore Fellowship Project: <i>The Role of School Environment and Life Stressors in Youth Suicidality</i> The Hogg Foundation for Mental Health (\$ 20,000)
2017-2018	Frances Fowler Wallace Memorial for Mental Health Dissertation Award The Hogg Foundation for Mental Health (\$1,453)
2017-2018	PEO Scholar Award

Project: *The Role of School Environment and Life Stressors in Youth Suicidality*, PEO International Women's Organization (\$15,000)

- 2017 Graduate Student Summer Fellowship,
University of Texas at Austin Graduate School (\$7,000)
- 2017 New Writers' Fellowship
Family Process Institute, Northwestern University (\$300)
- 2016-2017 David M. and Zuria F. Austin Endowed Graduate Fellowship,
University of Texas at Austin Steve Hicks School of Social Work (\$2,000)
- 2016-2017 Health Communications Scholarship Program,
Project: *Crisis text lines as youth life lines?: Examining the utility of the Crisis Text Line program with suicidal teenagers*
University of Texas at Austin Moody School of Communications
(\$2,000)
- June, 2016 Professional Development Award, University of Texas at Steve Hicks
Austin School of Social Work (\$300)
- March, 2016 Professional Development Award, University of Texas at Austin,
Steve Hicks School of Social Work (\$300)
- 2015-2016 The Solution-Focused Brief Therapy Association Research Award
Project: *Fostering independence through an academic culture of social responsibility: A grounded theory for engaging at-risk students*,
The Solution-Focused Brief Therapy Association (SFBTA) (\$2,000)
- 2014-2016 Stella Churchill Mullins Endowed Presidential Scholarship
in Social Work, University of Texas at Austin Steve Hicks School of
Social Work (\$5,000)

COMMUNITY SERVICE

- Summer 2016 ECELA Human Services Program, Lima, Peru
Foreign Language Student Volunteer
- Summer 2008 Luther Social Services, Refugee Resettlement, Concord, New Hampshire
Student Volunteer
- Spring 2008 Red Cross-Red Crescent of Saint Petersburg, Russia
Student Volunteer

UNIVERSITY SERVICE

- 2019-2020 Washington University Post-Doctoral Symposium
Planning committee member

- 2018 The Brown School Professional Development Seminar Series,
Washington University in St. Louis
Panel member
- 2017 The Monarch Program, University of Texas at Austin
Social work affiliate and group member
- 2014-2017 Doctoral Student Advisory Group, University of Texas at Austin,
Steve Hicks School of Social Work
Group member
- 2013-2014 Kenyon College Admissions Office, Gambier, Ohio
Alumni Prospective Student Recruitment Volunteer
- 2006-2009 Student-based disaster relief response group, Kenyon College, Ohio
Co-Leader

PROFESSIONAL ASSOCIATIONS & LICENSURE

Member, American Association of Suicidology
Member, Youth Suicide Research Consortium
Member, the Council for Social Work Education (CSWE)
Member, Society for Social Work and Research (SSWR)
Licensed Clinical Social Worker (LCSW) in State of Texas, October 2013 – present

PEER REVIEW WORK

Manuscript Reviewer

- 2018 Ad hoc reviewer, *Mobile Media & Communication*
2019 Ad hoc reviewer, *Family Process*
2020 Ad hoc reviewer, *Social Work in Public Health*
2020 Ad hoc reviewer, *Qualitative Health Research*