

**Rutgers School of Social Work
Institute for Families
Professional Credit Courses**

Parsippany Directions

Octagon 10 Office Center
1719 Route 10 East
Parsippany, NJ 07054
Telephone: 973-984-2646

- **Parking:** Parking is free. Park in the West parking lot (closest to entrance road).

- **Classroom Location:** **Suite 101** The location of the classroom can be found on signs in Lobby A at the West Entrance of the building.

From the North via Route 287 South

1. Take Exit 39B for Route 10 West toward Dover.
2. Follow Route 10 West for 1.2 miles.
3. Bear right onto the exit ramp for Littleton Road (Route 202 South), just BEFORE the Wendy's on the right.
4. Turn left onto Littleton Road (Route 202 South) and stay in the right lane.
5. After light, make an immediate right into the jug handle.
6. Turn right onto Route 10 East.
7. Turn right onto Johnson road. (Look for the yellow Weichert realty sign)
8. Make an immediate left turn into the parking lot.
9. Turn left toward the Chase Bank entrance.

From the South via Route 287 North

1. Take Exit 39 for Route 10 toward Dover/Whippany.
2. Follow Route 10 West for 1.2 miles.
3. Bear right onto the exit ramp for Littleton Road (Route 202 South), just BEFORE the Wendy's on the right.

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4. Turn left onto Littleton Road (Route 202 South) and stay in the right lane.
5. After light, make an immediate right into the jug handle.
6. Turn right onto Route 10 East.
7. Turn right onto Johnson road. (Look for the yellow Weichert realty sign)
8. Make an immediate left turn into the parking lot.
9. Turn left toward the Chase Bank entrance.

From the East via Route 80 West

1. Take Route 80 West to Exit 42A-B to Parsippany (Route 46)/Morris Plains (Route 202).
2. Take Exit 42A to Route 80 East/Morris Plains (Route 202).
3. Bear right onto Cherry Hill Road, which becomes Littleton Road (Route 202 South), and continue for 2.1 miles.
4. Immediately after crossing Route 10, take the jug handle exit on the right.
5. Turn right onto Route 10 East.
6. Turn right onto Johnson road. (Look for the yellow Weichert realty sign)
7. Make an immediate left turn into the parking lot.
8. Turn left toward the Chase Bank entrance.

From the West via Route 80 East

1. Take Exit 42A-C to Morris Plains (Route 202)/Parsippany (Route 46).
2. Take Exit 42A to Route 202 South/Morris Plains.
3. Merge onto Littleton Road (Route 202 South) and continue for 1.9 miles.
4. Immediately after crossing Route 10, bear right onto the Route 10 jug handle exit.
5. Turn right onto Route 10 East.
6. Turn right onto Johnson road. (Look for the yellow Weichert realty sign)
7. Make an immediate left turn into the parking lot.
8. Turn left toward the Chase Bank entrance.