

## Rutgers DSW Program Syllabus

**Module Title:** Shifting Perspectives on Transference

**Instructor:**

**Residency:** May 2019

**Time:**

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### **Module Description:**

Transference is an important therapeutic phenomenon to consider, regardless of the clinician's theoretical framework. And when it comes to relationship-based psychotherapies, understanding the client's transference is critical for treatment. First discussed by Freud, the concept of transference has been refined over the last century. In this module, we discuss how this concept has evolved over time. We pay particular attention to the way in which transference has been conceptualized by classical and interpersonal analysts, object relations therapists, and finally relational therapists. This module concludes by emphasizing the relevance of transference as a tool in contemporary clinical practice.

### **Module Objectives:**

1. Differentiate between classical conceptualizations of transference and those informed by interpersonal, object, and relational theorists.
2. Explain connections between transference and the working alliance.
3. Identify how transference can be used as a clinical tool in contemporary clinical practice.

### **Required Readings:**

1. Freud, S. (1912). The dynamics of transference. *The Standard Edition of the Complete Psychological Works of Sigmund Freud, Volume XII (1911-1913): The Case of Schreber, Papers on Technique and Other Works*, 97-108.
2. Cooper, A. M. (2008). Commentary on Greenson's "The working alliance and the transference neurosis." *Psychoanalytic Quarterly*, 77, 103-119.
3. Greenson, R. R. (1965/2008). The working alliance and the transference neurosis. *Psychoanalytic Quarterly*, 77, 77-102.
4. Thompson, C. (1945/2014). Transference as a therapeutic instrument. *Psychiatry*, 77, 1-7.

### **Recommended Readings:**

1. Duquette, P. (1993). What place does the real-relationship have in the process of therapeutic character change? *Jefferson Journal of Psychiatry*, 11, 55-62. Retrieved from <http://jdc.jefferson.edu/jeffjpsychiatry/vol11/iss2/11>
2. Gill, M. M. (1979). The analysis of the transference. *Journal of the American Psychoanalytic Association*, 27S, 263-288

**Module Reflection Questions:**

1. Has your understanding of transference changed following these readings? If so, how? If not, how come?