Module Title: Social Work at Midcareer: Reevaluation and Reflection

Instructor:

Residency: August 2018

Date:

Module Description:
The U.S. Council on Social Work Education’s Educational Policy and Accreditation Standards (2008; 2015) emphasize the importance of ongoing personal reflection and self-correction to assure continual professional development. Throughout their careers, social workers must maintain sufficient self-awareness in order to establish and maintain effective working relationships with their clients. Self-reflection is especially important during midcareer. The call to examine one’s career at midpoint is in concert with the assertions of developmental (Hall & Suddarth, 2015; Levin, 1986; Wang, Olsen, & Shultz, 2012) and depth psychologists (Corbett, 2011; Hollis, 2006; Jung, 1963) who describe midlife as an important developmental phase when people are called to reevaluate their lives; to pause, reflect and re-examine their priorities as they free themselves from prior family and societal expectations. During this module, DSW students will be guided to contemplate the personal and professional issues that affect their careers at this important juncture and consciously plan the next phase of their working lives so they are able to maximize their clinical relationships and effectiveness with their clients.

Module Objectives:
As a result of this module, participants will:

1. Develop a plan to modify career directions so that they are in keeping with their life purpose.
2. Develop a better understanding of their professional selves which will result in clearer and more meaningful work with their clients.
3. As a result of meeting objectives 1 and 2, participants will be better able to assess and assist clients with midlife concerns clients.

Module Readings:


References and Bibliography


