

Vivien (Wen) Li Anthony

Curriculum Vitae

Rutgers University
School of Social Work
536 George St.
New Brunswick, NJ 08901
Office: 838-932-4442
wanthony@ssw.rutgers.edu

ACADEMIC POSITIONS

- 2016-Present **Assistant Professor**
School of Social Work
Rutgers, The State University of New Jersey
- 2016-Present **Affiliate Faculty**
Center for Gambling Studies
Rutgers University, School of Social Work
- 2010-2011 **Lecturer**
Project Manager
International Education and Training Office
Beijing College of Social Administration, Beijing, China
- 2006-2008 **Lecturer**
International Program Facilitator
China Civil Affairs College, Ministry of Civil Affairs, Beijing, China

EDUCATION

- 2016 PhD **University of North Carolina at Chapel Hill**
- 2010 MSW **University of North Carolina at Chapel Hill**
Concentration: Substance abuse and mental health
- 2006 BA **Beijing Language and Culture University**, Beijing, China
Major: English

RESEARCH INTERESTS

Substance abuse and behavioral addictions
Problem Internet use and gaming disorder
Problematic Internet-related behaviors
Intervention development and evaluation

TEACHING INTERESTS

Research methods
Study designs and statistics

PEER-REVIEWED PUBLICATIONS

*Please note publications were published under the name Wen Li

1. **Li, W.**, Garland, E. L., & Howard, M. O. (2018). Treatment mechanisms of Mindfulness-Oriented Recovery Enhancement for Internet gaming disorder: Reducing craving and addictive behavior by targeting cognitive processes. *Journal of Addictive Diseases*. Published online first. doi:10.1080/10550887.2018.1442617
2. **Li, W.**, O'Brien, J. E., Bowen, N. K. (2018). Body disapproval as a mediator of the relationship between risk factors and eating disordered behavior among adjudicated male youth. *International Journal of Mental Health and Addictions*, 16(3), 692-706. doi:10.1007/s11469-017-9826-z
3. O'Brien, J. E., Ermentrout, D., **Li, W.**, Dababnah, S., Rizo, C. F., & Macy, R. J. (2018). Measuring substance use among system-involved IPV survivors: A research note. *Journal of Violence Against Women*, 24(1), 101-119. doi:10.1177/1077801216675744
4. **Li, W.**, Garland, E. L., McGovern, P., O'Brien, J. E., Tronnier, C., & Howard, M. O. (2017). Mindfulness-Oriented Recovery Enhancement for Internet gaming disorder in US adults: A stage I randomized controlled trial. *Psychology of Addictive Behaviors*, 31(4), 393-402. doi:10.1037/adb0000269
5. **Li, W.**, Garland, E. L., O'Brien, J. E., Tronnier, C., McGovern, P., Anthony, B., & Howard, M. O. (2018). Mindfulness-Oriented Recovery Enhancement for video game addiction in emerging adults: Preliminary findings from case reports. *International Journal of Mental Health and Addictions*. Publish online first. doi:10.1007/s11469-017-9765-8
6. **Li, W.**, Howard, M. O., Garland, E. L., McGovern, P., & Lazar, M. (2017). Mindfulness treatment for substance misuse: A systematic review and meta-analysis. *Journal of Substance Abuse Treatment*, 75, 62-96. doi:10.1016/j.jsat.2017.01.008
7. **Li, W.**, & Anthony, B. (2017). Internet and Video Game Addiction. In *Oxford Bibliographies in Social Work*. Ed. Edward J. Mullen. New York: Oxford University Press.
8. O'Brien, J. E., **Li, W.**, Givens, A., & Leibowitz, G. (2017). Domestic minor sex trafficking among adjudicated male youth: Prevalence and links to treatment. *Children and Youth Services Review*, 82, 392-399. doi:10.1016/j.childyouth.2017.09.026
9. **Li, W.**, O'Brien, J. E., Snyder, S. E., & Howard, M. O. (2016). Diagnostic criteria for Internet addiction/problematic Internet use among U.S. university students: A mixed-methods evaluation. *PLOS ONE*, 11(1), e0145981. doi:10.1371/journal.pone.0145981
10. O'Brien, J. E., **Li, W.**, Snyder, S. M., & Howard, M. O. (2016). Internet addiction and pathological Internet use in college students: Readiness-to-change and receptivity to treatment. *Journal of Evidence-Based Social Work*, 13(4), 373-385. doi:10.1080/23761407.2015.1086713

11. O'Brien, J. E., Ermantrout, D., Rizo, C. F., **Li, W.**, Macy, R. J., & Dababnah, S. (2016). "I never knew which way he would swing..." Exploring the roles of substances in the lives of system-involved intimate partner violence survivors. *Journal of Family Violence*, *31*(1), 61-73. doi:10.1007/s10896-015-9747-1
12. **Li, W.**, O'Brien, J. E., Snyder, S. M., & Howard, M. O. (2015). Characteristics of Internet addiction/pathological Internet use in U.S. university students: A qualitative-method investigation. *PLOS ONE*, *10*(2), e0117372. doi:10.1371/journal.pone.0117372
13. Snyder, S. M., **Li, W.**, O'Brien, J. E., & Howard, M. O. (2015). The effect of U.S. university students' problematic Internet use on family relationships. *PLOS ONE*, *10*(12), e0144005. doi:10.1371/journal.pone.0144005
14. O'Brien, J. E., **Li, W.**, & Burton, D. L. (2015). Eating disordered behaviors and body disapproval in adolescent males adjudicated for sexual versus non-sexual crimes. *Journal of Child Sexual Abuse*, *24*(8), 922-942. doi:10.1080/10538712.2015.1092004
15. O'Brien, J. E., Burton, D. L., & **Li, W.** (2015). Body disapproval among adolescent male sexual offenders: Prevalence and links to treatment. *Child and Adolescent Social Work Journal*, *33*(1), 39-46. doi:10.1007/s10560-015-0400-x
16. **Li, W.**, Garland, E. L., & Howard, M. O. (2014). Family factors in Internet addiction among Chinese youth: A review of English- and Chinese- language studies. *Computers in Human Science*, *31*, 393-411. doi:10.1016/j.chb.2013.11.004

Publications Under Review

1. Zhu, Y., **Li, W.**, O'Brien J. E., & Liu, T. Victims of cyberbullying among adolescents in China: An exploration of prevalence and psychosocial correlates of cyberbullying victimization. Submitted to *Child Abuse & Neglect*.
2. **Li, W.**, Diez, S. L., & Zhao, Q. Exploring Problematic Internet Use using the Problematic Internet Use Questionnaire (PIUQ) among Minority Youth in the United States. Submitted to *Psychiatry Research*.
3. Zhao, Q., Kim, B. K., **Li, W.**, & Rice, E. Incarceration experiences, personal networks, and homeless youth's substance use. Submitted to *Journal of Addictive Diseases*.

PEER-REVIEWED CONFERENCE PRESENTATIONS AND POSTER SESSIONS

-
1. **Li, W.**, O'Brien, J. E. *The role of the Internet in the grooming, exploitation, and recovery of domestic minor sex trafficking victims*. Paper presented at the International Family and Child Victimization Research Conference, Portsmouth, NH, 2018.

2. Mills, D., **Li, W.**, Nower, L. Should we be concerned about social casino game use? Results from a statewide prevalence study. Paper presented at the 32nd National Conference of National Council on Problem Gambling. Cleveland, OH, 2018.
3. **Li, W.**, Diez, S., & Zhao, Q. *Characteristics and psychosocial correlates of problematic Internet use behaviors among racial/ethnic minority youth in the United States: A latent profile analysis*. Paper presented at Society for Social Work and Research 22nd Annual Conference, Washington D.C., 2018.
4. Diez, S., **Li, W.**, & Elliott, L. *DSM-5 Internet gaming disorder in American minority youth: Investigating psychometric properties of the Internet Gaming Disorder Test and psychosocial correlates of Internet gaming disorder*. Paper to be presented at Society for Social Work and Research 22nd Annual Conference, Washington D.C., 2018.
5. **Li, W.**, & Liu, C. *Multi-level intervention for problematic Internet use and Internet gaming disorder among migrant adolescents in mainland China: A pilot trial of treatment effects, feasibility, and acceptability*. Paper to be presented at Society for Social Work and Research 22nd Annual Conference, Washington D.C., 2018.
6. Diez, S., **Li, W.**, & De La Rosa, M. *Parental monitoring, addictive behaviors, and school performance among racial/ethnic minority youths: A structural equation modeling analysis*. Poster to be presented at Society for Social Work and Research 22nd Annual Conference, Washington D.C., 2018.
7. **Li, W.**, Garland, E. L., & Howard, M. O. *Mindfulness-based intervention for Internet gaming disorder – A stage 1 randomized controlled trial*. Paper presented at Asian and Pacific Islander Social Work Education Association Annual Conference, Hong Kong, China, 2017.
8. Liu, C., & **Li, W.** *Multi-level intervention for problematic Internet use and Internet gaming disorder among migrant adolescents in mainland China: A pilot trial of treatment effects, feasibility, and acceptability*. Paper presented at Asian and Pacific Islander Social Work Education Association Annual Conference, Hong Kong, China, 2017.
9. **Li, W.**, Howard, M. O., McGovern, P., O'Brien, J. E., Tronnier, C., & Garland, E. L. *Mindfulness-Oriented Recovery Enhancement for video game addiction in U.S. emerging adults: An early-stage randomized controlled trial*. Paper presented at Society for Social Work and Research 21st Annual Conference, New Orleans, LA, 2017.
10. **Li, W.**, Howard, M. O., Garland, E. L., McGovern, P., & Lazar, M. *Mindfulness treatment for substance misuse: A systematic review and meta-analysis*. Paper presented at Society for Social Work and Research 21st Annual Conference, New Orleans, LA, 2017.
11. O'Brien, J. E., Givens, A., Leibowitz, G. S., & **Li, W.** *Risk factors associated with prostitution among adjudicated adolescent males: Implications for social work*. Paper presented at Society for Social Work and Research 21st Annual Conference, New Orleans, LA, 2017.

12. **Li, W.**, O'Brien, J. E., Anthony, B., & Howard, M. O. *Characteristics of Internet Gaming Disorder in U.S. emerging adults*. Paper presented at Council on Social Work Education Annual Program Meeting Conference, Atlanta, GA, 2016.
13. P. McGovern, O'Brien, J. E., & **Li, W.** *Social support group for Internet Gaming Disorder in young adults*. Paper presented at Council on Social Work Education Annual Program Meeting Conference, Atlanta, GA, 2016.
14. **Li, W.**, O'Brien, J. E., & Bowen, N. K. *The mediation effect of body disapproval on eating disordered behavior among adjudicated male youth*. Paper presented at Society for Social Work and Research 20th Annual Conference, Washington D.C., 2016.
15. **Li, W.**, O'Brien, J. E., & Burton, D. L. *Body disapproval and eating disordered behavior in male youth adjudicated for sexual versus non-sexual crimes*. Poster presented at Society for Social Work and Research 20th Annual Conference, Washington D.C., 2016.
16. **Li, W.**, O'Brien, J. E., & Howard, M. O. *Problem Internet overuse behaviors in college students: Readiness-to-change and receptivity to treatment*. Paper presented at Council on Social Work Education Annual Program Meeting Conference, Denver, CO, 2015.
17. **Li, W.**, Cynthia, R. F., & O'Brien, J. E. *Measurement of substance use among CPS and/or justice involved female IPV survivors*. Paper presented at Council on Social Work Education Annual Program Meeting Conference, Denver, CO, 2015.
18. **Li, W.**, O'Brien, J. E., Snyder, S. E., & Howard, M. O. *Evaluation of the diagnostic criteria of Internet addiction/problematic Internet use among U.S. university students: A mixed-methods evaluation*. Paper presented at Society for Social Work and Research 19th Annual Conference, New Orleans, LA, 2015.
19. O'Brien, J. E., Ermantout, D., Rizo, C. F., **Li, W.**, & Macy, R. J. *Exploring the roles of substances in the lives of system-involved intimate partner violence survivors*. Paper presented at Council on Social Work Education Annual Program Meeting Conference, Tampa, FL, 2014.

INVITED TALKS AND PRESENTATIONS

1. **Problematic Internet Use and Video Game Addiction among College Students**. Guest lecture at Shandong Youth University of Political Science, 2017 summer.
2. **Evidence-Based Interventions for Adolescents and Young Adults with Internet and Video Game Addiction**. Invited talk for MSW students at Shandong University and Clinicians at Dekang Residential Treatment Program, 2017 summer.
3. **The Dark Side of Digital Technology**. Guest speaker for an online MSW course on adolescents at risk, Rutgers University, School of Social Work, 2017 spring.

4. **Internet and Video Game Addiction among Adolescents and Young Adults: Implication for Social Work Practice.** Invited online lecture for Chinese social work clinicians, Dawning Consulting, LLC, 2016 summer.
5. **Systematic Review and Meta-Analysis.** Guest lecture for Consortium for Statistical Development and Consultation in Social Intervention Research Workshop, University of North Carolina at Chapel Hill, School of Social Work, 2016 summer.
6. **Systematic Review and Meta-Analysis.** Guest lecture for a MSW course on systematic review, University of North Carolina at Chapel Hill, School of Social Work, 2016 spring.
7. **Alcohol, Tobacco, and Other Drugs Abuse and Dependence: Social Work Practice with Culturally Diverse Population.** Guest lecture for a MSW course on substance abuse treatment, University of North Carolina at Chapel Hill, School of Social Work, 2014 spring.
8. **Family Factors in Internet Addiction among Chinese Youth: A review of English- and Chinese- Language Studies.** Paper presented at University Research Day, the 9th Annual Research Symposium at University of North Carolina at Chapel Hill, 2013 spring.
9. **Characteristics of Internet Addiction/Pathological Internet Use in U.S. University Students: A Qualitative Study.** Poster presented at University Research Day, the 9th Annual Research Symposium at University of North Carolina at Chapel Hill, 2013 spring.

GRANTS AND FELLOWSHIPS

2018-2020	Rutgers Global International Research Collaboration Grant , Rutgers University, \$8,000
2017-2018	Internal Seed Grant , Rutgers University School of Social Work, \$10,000
2015-2016	Dissertation Completion Fellowship , University of North Carolina at Chapel Hill, tuition and stipend (\$16,500)
2014-2016	Armfield-Reeves Innovation Fund , University of North Carolina at Chapel Hill, \$5,000
2014-2016	University Research Council Research Grant , University of North Carolina at Chapel Hill, \$4,500
2011-2015	Sam and Betsy Reeves Doctoral Fellowship , University of North Carolina at Chapel Hill
2003-2006	University Scholarship , Beijing Language and Cultural University, only entitled to the top 10% students

RESEARCH AND EVALUATION EXPERIENCE

- 2018-present **What Facilitates Video Gaming Disorder:** a cross-sectional survey study with students in Shandong University in China to explore the cognitive factors underlying problem gaming (\$8,000).
Role: Principle investigator – developing study design and grant proposal, preparing for IRB application, designing data collection protocol, leading the data collection and analysis, writing manuscripts.
- 2017-present **Social Casino Games – the Nexus of Video Gaming and Gambling:** a mixed-methods study exploring the structural characteristics of social casino games, social casino game use among U.S. adults, and similarities/differences of social casino games, Internet gambling, and other social games (\$10,000).
Role: Principle investigator – developing study design and grant proposal, preparing for IRB application, designing data collection protocol, leading the data collection and analysis, writing manuscripts.
- 2017-present **Evidence-Based Intervention for Chinese University Students with Internet Addiction:** adapting and pilot testing the feasibility of a group, cognitive-behavioral intervention for problem Internet and smartphone use among university students in Shandong, China.
Role: Principle investigator – developing study design, grant proposal, and the treatment protocol for the CBT-based group intervention for Internet addiction, leading meetings with Chinese research collaborators and participating agency, supervising treatment groups and data collection, leading data analysis and manuscript preparation.
- 2014-2017 **Mindfulness-Oriented Recovery Enhancement Intervention for Internet Gaming Disorder:** adapting and pilot testing the Mindfulness-Oriented Recovery Enhancement intervention for Internet gaming disorder in American young adults using a randomized controlled trial design (\$26,000). Chapel Hill, NC
Role: Principle investigator – developed study design, data collection protocol, and grant proposals; adapted Mindfulness-Oriented Recovery Enhancement treatment manual and developed a support group protocol for Internet gaming disorder; facilitated clinical trials; conducted recruitment, and data collection and analyses; developed conference presentations and publications.
- 2015-present **Multi-level Intervention for Internet Addiction among Chinese Migrant Adolescents:** developing a multi-modal intervention for Internet addiction/Internet gaming disorder in Chinese adolescents who migrated to urban area from rural area with their migrant worker parents, and pilot testing treatment effects, feasibility, and acceptability using a mixed-methods design (PI: Dr. Chennan Liu, Renmin University of China, ¥50,000). Jiangu, China

- Role:** Co-Investigator – contributed to developing the group-based intervention protocol for Internet addiction; conducted outcome analyses; led conference presentations and manuscript preparation.
- 2012-2015 **Problematic Internet Use Behaviors among U.S. College Students:** investigating characteristics, potential risk factors, and negative outcomes of problematic Internet use among U.S. college students using a mixed-methods design (survey, individual interviews, and focus groups). Chapel Hill, NC.
- Role:** Principal Investigator – developed study design and data collection protocol; conducted survey data collection and individual interviews; facilitated focus groups; led the data analysis; conducted a systematic review on Internet addiction and problematic Internet use among Chinese adolescents and young adults (including college students); developed conference presentations and publications.
- 2010-2011 **Approaches and Mechanisms of International Education Collaboration for Chinese Vocational College:** exploring the mechanisms and promising approaches for Chinese vocational colleges to develop international collaboration programs using a case study design (PI: Yusheng Chen, Director for International Education Program, Beijing College of Social Administration attached to Ministry of Civil Affairs, ¥ 6500). Beijing, China.
- Role:** Co-Investigator – contributed to developing the research question and grant proposal.
- 2010 **Program evaluation for UNC Alcohol and Substance Abuse Clinic:** evaluating patients' involvement, perceived treatment outcomes, and satisfaction with treatment at UNC Medical Center, Alcohol and Substance Abuse Clinic. Chapel Hill, NC.
- Role:** Investigator – developed study design and data collection protocol, led meetings with participating therapists and agency leader, conducted data collection and analyses, developed a research report for the agency.
- 2008-2011 **Strong Couple – Strong Children:** implementing and evaluating an intervention that is to strengthen responsible fatherhood and couple relationships, and provide support for unmarried couples who are expecting a baby or have a child under 3-month old.
- Role:** Research assistant – assisted in preparing for treatment manual; participated in data entry and management; participated in literature review.
- 2008 **Special education program for social work college students with physical disabilities** (PI: Xuesen Qi, Chair of China Social Welfare Education Fund). Beijing, China

Role: Research staff – contributed to developing a grant proposal for China Social Welfare Education Fund.

TEACHING EXPERIENCE

2016-present	Methods of Social Work Research I & II Instructor Master's-level course Rutgers University, School of Social Work
2015 Summer	Introduction to Data Analysis Instructor Doctoral-level course University of North Carolina at Chapel Hill, School of Social Work
2015 Spring	Multiple Regression Analysis Co-instructor Doctoral-level course University of North Carolina at Chapel Hill, School of Social Work
2013	Alcohol, Tobacco, and Other Drugs Abuse and Dependence Graduate teaching assistant Master's-level course University of North Carolina at Chapel Hill, School of Social Work
2009-2010 2006-2008	English Instructor Undergraduate level course Beijing College of Social Administration attached to Ministry of Civil Affairs, Beijing, China

SERVICE EXPERIENCE

University Services

2017-present	Faculty advisor: Rutgers doctoral students Julia Cusano
2017-present	Dissertation Committee Member: Patricia McGovern (University of North Carolina-Chapel Hill School of Social Work)
2017 Summer	MSW Orientation Committee, Rutgers University School of Social Work
2016-present	Faculty mentor to doctoral student Stephanie Diez at Florida International University for F31 fellowship application, "The Mediating Effect of Problematic

Internet and Video Gaming Behaviors on Familial, Cultural, Social, and Academic Factors among Latino Youth."

Editorial Services

Ad hoc Journal Reviewer

2018	Journal of Addictive Diseases
2018	Mindfulness
2018	Computers in Human Behavior
2018	International Journal of Mental Health and Addictions
2018	Journal of Human Behavior in the Social Environment
2017-present	Journal of Substance Abuse Treatment
2017-present	Journal of Behavioral Addictions
2017-present	Journal of Social Science Research
2015-present	Journal of Psychiatry Research
2015-present	BMC Psychiatry
2015-2017	PLOS ONE

Ad hoc Grant Reviewer

2018	Medical Research Council of United Kingdom, The Newton Fund
------	---

LANGUAGES

Fluent in written and spoken Chinese

AFFILIATIONS

- National Association of Social Workers (NASW)
- Society for Social Work and Research (SSWR)
- Council on Social Work Education (CSWE)
- The Asian and Pacific Island Social Work Education Association (APISWEA)
- The National Council of Problem Gambling (NCPG)