

## CORE INSTRUCTORS

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This program is being offered in support of Rutgers Continuing Education and the School of Social Work.

## **CERTIFICATE PROGRAM IN DEVELOPMENTAL DISABILITIES**

The field of developmental disabilities is a dynamic and growing area of practice in human services. Working with people with developmental disabilities presents many challenges for professionals. Several new approaches include community integration, self-direction, and self-advocacy.

The Certificate Program in Developmental Disabilities has been created as a joint effort between The Elizabeth M. Boggs Center on Developmental Disabilities, UMDNJ-Robert Wood Johnson Medical School, and Rutgers Center for Children and Families, Continuing Education and Professional Development Program. It is intended to enhance the skills and knowledge of professionals working with people with disabilities in a variety of settings. Workshops may also benefit individuals who have an interest in developmental disabilities.

Certificates of completion will be offered after each workshop. To receive the final certificate, a participant has to attend 11 required and one elective workshop, a total of twelve days.

Participants interested in receiving the final certificate are required to fill out an application form and pay a one-time fee of \$20.00. For more information and application please call (732) 445-3178.

Workshops are open to anyone interested, and can be taken by individuals not enrolled in the certificate program.

THE STATE UNIVERSITY OF NEW JERSEY  
**RUTGERS**

**The Center for Children and Families  
Continuing Education and  
Professional Development Program**  
Building 4161 • Livingston Campus  
Rutgers, The State University of New Jersey  
100 Joyce Kilmer Avenue  
Piscataway • NJ 08854-8045

RUTGERS, THE STATE UNIVERSITY OF NEW JERSEY

**The Center For Children and Families**



# **CERTIFICATE PROGRAM in DEVELOPMENTAL DISABILITIES**

## **Continuing Education and Professional Development Program**

THE STATE UNIVERSITY OF NEW JERSEY  
**RUTGERS**

THE ELIZABETH M. BOGGS CENTER  
ON DEVELOPMENTAL DISABILITIES  
Department of Pediatrics



**ROBERT WOOD JOHNSON  
MEDICAL SCHOOL**  
University of Medicine & Dentistry of New Jersey

**PROGRAM COORDINATOR:**

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Fax: (732) 445-0580

**REQUIRED WORKSHOPS** (11 Days total)

**1. An Introduction to Developmental Disabilities and Social Work Practice** 5 C.E.H.

- Identify the disabilities covered under federal and state definitions
- Explore eligibility for services and the service systems utilized

**LIFESPAN ISSUES:**

**2. Starting Out: From Diagnosis through Early Childhood** 5 C.E.H.

- Discuss issues in diagnosis and identification
- Locate and access developmental and educational services

**3. Supporting Youth with Disabilities in the Transition to Adult Life** 5 C.E.H.

- Identify the challenges faced by youth
- Discuss a variety of strategies to facilitate the transition process

**4. Community Services and Supports: Evolving Approaches** 5 C.E.H.

- Describe the evolution of consumer-directed services
- Identify various techniques used in assisting people with life planning

**5. Growing Old Together: Aging and Family Care giving** 5 C.E.H.

- Discuss the issues of aging with a developmental disability
- Explore strategies for supporting family caregivers

**CROSS-CUTTING ISSUES:**

**6. Disability Policy Issues** 5 C.E.H.

- Describe the importance of major federal and state disability legislation
- Discuss future trends and directions in disability policy

**7. Legal and Ethical Issues** 5 C.E.H.

- Identify major ethical issues
- Develop strategies for resolving legal and ethical dilemmas

**8. Multicultural Perspectives in Developmental Disabilities** 5 C.E.H.

- Explore values and belief systems of ethnic groups
- Implement techniques to overcome barriers

**9. Supporting Families Through Change** 5 C.E.H.

- Identify crisis points for the family from diagnosis to adulthood
- Explore effective support strategies for families

**10. Health and Wellness** 5 C.E.H.

- Explore various techniques that contribute to healthy living
- Identify potential common secondary conditions

**11. Understanding and Managing Problem Behaviors** 5 C.E.H.

- Explore the reasons for problem behaviors
- Identify various approaches for managing problem behaviors

**ELECTIVE WORKSHOPS** (choose one)

One elective is required in addition to the required workshops.

**Some Examples**

- Mental and Behavioral Health Aspects of Dual Diagnosis (MI/DD)
- Sexuality and Developmental Disabilities
- Autism and other Disability-Specific Topics
- Guardianship and Developmental Disabilities

**PROGRAM NOTES**

- Workshop sessions are held from 9:30 a.m. to 3:30 p.m. with one hour for lunch.
- All participants who attend the total number of hours for each workshop will receive Continuing Education Hours (CEH) for social workers. Continuing Education Hours for teachers are also available (#1965).
- For an application, workshop dates and fees, please call (732) 445-3178 and request the workshop brochure.