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New Discount Plan — “2 for $200”

Many of you have told us how much you love coming to our workshops, but the reality of cost is always a major factor in how often you attend. We have heard your concerns and have developed the best discount plan in our almost 40-year history just in time for the end of the license cycle. Our single-day workshop rate is $129; however, if you register for two workshops the rate drops to $200. For those of you interested in attending several workshops or a certificate program, the rate is stackable — 4 workshops for $400, 6 for $600, and so on. The discount rate does not apply to multi-day workshops or special programs.

Our main location at 390 George Street in New Brunswick. Free Parking!

Are You Ready to Teach With Us?

As you will see in this catalog, the Office of Continuing Education offers LOTS of topics relevant to social work practice. We are always interested in finding new instructors who have expertise in a specific area along with a driving passion to teach others. If you or someone you know is an experienced professional who would like to partner with us in sharing expertise, please contact us at ce@ssw.rutgers.edu or go to our webpage http://ssw.rutgers.edu/ce.

The Office of Continuing Education
Learn for Good

social work.rutgers.edu/ce
Discounts!

2 for $200! Our best discount ever makes it easier to take all the workshops you need to complete your CE requirements. It has never been more affordable. Plan ahead and register for the workshops that benefit you the most or consider starting a certificate program. Enroll early to ensure your spot is reserved.

◆ Discount applies to registrations in multiples of two (i.e., two, four, six workshops, etc.).
◆ Registration for the workshops must be done at the same time.
◆ Only workshops listed in the spring/summer 2016 catalog are eligible.
◆ Applies to individuals or groups if registering together.
◆ Normal cancellation policy applies; refunds will be prorated.
◆ Discount does not apply to multi-day workshops or special programs.
◆ Any discount cannot be combined with other discounts or coupons.

10% Discount

We also offer a discount of 10% to Rutgers alumni, staff, field instructors, and students! Discounts cannot be combined with other discount offers.

Helping Couples Get the Love They Want

With Maya Kollman, MA, on Wednesday, August 3, 2016, 390 George Street, New Brunswick. Do you find working with couples challenging? Most clinicians do. Learn about the widely acclaimed Imago model from the internationally known master trainer Maya Kollman. You are guaranteed to learn new ways of working with couples and will be thoroughly energized to use them in your practice. See page 16.

Are You Licensed in New York? Read This...

As of January 1, 2015, social workers licensed in New York State are required to obtain CEHs to maintain their license. The Rutgers University School of Social Work, Office of Continuing Education, is an approved provider of continuing education for LMSWs and LCSWs in New York State (provider #0069). Unless otherwise noted, all events in this catalog are approved for CE hours in New York State.
NY Locations and Instructors Needed
If your organization has comfortable classroom space in New York City, we are interested in renting or offering free workshop registrations for your staff for use of the classroom. Also, if you are an instructor in or close to New York City, we would love to speak with you as well — 848-932-8438 or ce@ssw.rutgers.edu.

Mini-Certificate in Complex Trauma
This four-week series provides you with in-depth training on the essential principles and practices in healing complex trauma. Utilizing a closed cohort model, you will learn the most modern conceptualizations of complex trauma and learn to utilize a resilience-based, attachment-focused treatment framework. See page 27.

Goodbye, Bagels
Once a breakfast staple, the bagel has fallen out of favor. We have noticed most of the baked goods we provide at workshops go uneaten. To reduce waste and cut costs (and calories), we will no longer provide baked goods at our workshops. Coffee service, however, will still continue at most locations.

Get CE Hours for the Entire Staff Through Customized Workshops
Train all your staff, on the same topic, at the same time. We can develop training for any size organization on virtually any topic and then bring it to you. To find out more, contact us at ce@ssw.rutgers.edu or call 848-932-8758.

Need Ethics and Cultural Competence Workshops?
We have several scheduled this spring. See page 4 for the “Must-Haves in CEHs.”

Rutgers LCSW/LSW Exam Prep Course
Be prepared to pass! Developed by the Office of Continuing Education, this engaging and stimulating workshop will cover what you need to know, teach you proven test-taking strategies, and provide useful practice questions. See page 19.

Want to Become an LCSW? If Yes, READ THIS!
If you are an LSW who wants to become an LCSW, do you know that your clinical supervisor must complete 20 hours of an approved course in clinical supervision before the start of your supervision? Since July 2004, LCSWs who do clinical supervision must first have a minimum of three years of licensure and at least 20 CE hours of a N.J. Board of Social Work Examiners approved course in supervision. We offer a fully approved dynamic 20-hour clinical supervision series to meet this need. See page 27 for more information.

Follow Us on Twitter!
We are at @RutgersCEU. Receive special updates, promotions, and deals!

Track Your CE Progress on Our Website
We have designed our own registration and account management system. Online you can see a list of all our offerings, register for workshops, see your workshop history, get directions to all workshop sites, and even see your progress in each certificate program with “Certificate Advisor”! Just open your web browser and visit socialwork.rutgers.edu/ce.

Single Workshop or Certificate Program? You Decide
All workshops in the catalog can be taken individually. Completing a certificate program is self-paced. Just sign up for any workshop you want. If it is part of a certificate program, we will automatically apply your attendance toward the appropriate certificate. You can track your progress on our website.
The Rutgers School of Social Work recognizes its role in offering Continuing Education Hours (CEHs) that meet the requirements for social work re-licensure and supervision. Look for the following throughout the workshop listings:

**Ethics**

**Social and Cultural Competence**

**Clinical**

All workshops are standard (nonclinical) unless indicated as above.

**License Requirement: Ethics**

The N.J. social work license mandates that all social workers fulfill a CE requirement of 5 hours in ethics each relicensing period. The Office of Continuing Education provides the opportunity to fulfill this necessity of re-licensure with innovative and interesting workshops. Below are the spring/summer 2016 workshops that meet the ethics requirements. Please see indicated pages for workshop details.

- **LGBT Issues and the Law**
  - March 31, 2016 • New Brunswick • See page 10
  - June 13, 2016 • New York • See page 17
  - June 14, 2016 • Parsippany • See page 26

- **Bioethical Decision-Making: Considerations for Advanced Planning**
  - June 15, 2016 • New Brunswick • See page 21

- **Ethical and Legal Issues in Substance Abuse Counseling**
  - June 16, 2016 • Teterboro • See page 23

- **Ethical Issues in Social Work Practice**
  - June 17, 2016 • Glassboro • See page 14
  - June 24, 2016 • Teterboro • See page 14

- **Assuming a Posture of Cultural Reciprocity**
  - June 18, 2016 • New Brunswick • See page 21

- **Social Work, Ethics, and Professional Responsibilities**
  - June 23, 2016 • Long Beach Township • See page 19

- **Ethical Issues in Social Work Practice**
  - June 24, 2016 • Teterboro • See page 14

- **Legal and Ethical Issues in Child/Adolescent Mental Health**
  - July 14, 2016 • Parsippany • See page 26

- **Confidentiality and Counseling Ethics**
  - July 15, 2016 • W. Long Branch • See page 37

- **Incorporating Cultural Competence into Ethical Decision-Making**
  - July 16, 2016 • New Brunswick • See page 21

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**Left Out? Expanding LGBTQ Awareness and Increasing Clinical Competency**
- April 14, 2016 • New Brunswick • See page 10

**Ethics Essentials in Geriatric Care**
- April 21, 2016 • New Brunswick • See page 30

**Social Work, Ethics, and Professional Responsibilities**
- April 22, 2016 • Monroe • See page 19

**Bullying and Special-Needs Children**
- May 2, 2016 • New Brunswick • See page 19

**Social Work, Ethics, and Professional Responsibilities**
- May 17, 2016 • New Brunswick • See page 19

**Decision-Making for People With Developmental Disabilities**
- May 18, 2016 • New Brunswick • See page 29

**Ethical Decision-Making in Private Practice**
- May 19, 2016 • Bordentown • See page 12

**Self-Care in Trauma Work**
- May 20, 2016 • Bordentown • See page 36

**If It Isn’t in Writing, It Didn’t Happen: Documentation to Protect Your Client, Yourself, and Your Organization**
- April 7, 2016 • New Brunswick • See page 18
  - May 23, 2016 • Parsippany • See page 18
  - June 23, 2016 • W. Long Branch • See page 37

**Legal and Ethical Issues in Clinical Supervision**
- May 25, 2016 • Bordentown • See page 27

**Social Work Ethics: Dealing With Serious Practice Challenges**
- June 1, 2016 • Paramus • See page 20

**Community Organizing and Ethics**
- June 10, 2016 • Teterboro • See page 34

**LGBT Issues and the Law**
- June 13, 2016 • New York • See page 17

**Bioethical Decision-Making: Considerations for Advanced Planning**
- June 15, 2016 • New Brunswick • See page 21

**Ethical and Legal Issues in Substance Abuse Counseling**
- June 16, 2016 • Teterboro • See page 23

**Ethical Issues in Social Work Practice**
- June 17, 2016 • Glassboro • See page 14

**Assuming a Posture of Cultural Reciprocity**
- June 18, 2016 • New Brunswick • See page 21

**Social Work, Ethics, and Professional Responsibilities**
- June 23, 2016 • Long Beach Township • See page 19

**Ethical Issues in Social Work Practice**
- June 24, 2016 • Teterboro • See page 14

**Legal and Ethical Issues in Child/Adolescent Mental Health**
- July 14, 2016 • Parsippany • See page 26

**Confidentiality and Counseling Ethics**
- July 15, 2016 • W. Long Branch • See page 37

**Incorporating Cultural Competence into Ethical Decision-Making**
- July 16, 2016 • New Brunswick • See page 21
License Requirement: Social and Cultural Competence

All N.J. licensed social workers are required to take a minimum of 3 CEUs in the area of social and cultural competence each relicensing period. As social workers, we embrace the goal of increasing culturally competent practice and are pleased to offer the following dynamic workshops:

- **Incorporating Cultural Competence into Ethical Decision-Making**
  - July 18, 2016 • Parsippany • See page 21
- **Ethical Issues in Social Work Practice**
  - July 19, 2016 • New Brunswick • See page 14
- **Ethical Dilemmas for Administrators and Managers**
  - August 9, 2016 • Bordentown • See page 33
- **Avoiding the Legal and Ethical Pitfalls of Social Work Practice**
  - August 10, 2016 • New Brunswick • See page 22
- **Incorporating Cultural Competence into Ethical Decision-Making**
  - August 13, 2016 • New Brunswick • See page 21
- **Ethical Dilemmas in Working With Older Adults**
  - August 17, 2016 • Parsippany • See page 32
- **Ethical Decision-Making in Private Practice**
  - August 19, 2016 • New Brunswick • See page 12

Cultural Competence and Equity in LGBT Healthcare: Awareness and Strategies for Medical and Mental Healthcare Providers

- May 2, 2016 • Bordentown • See page 33

Sexual Orientation and Gender Identity Diversity: Understanding the Needs of LGBT Individuals

- May 5, 2016 • New Brunswick • See page 19

End-of-Life Issues

- May 6, 2016 • Bordentown • See page 31

Aging: Policy and Economic Considerations

- May 10, 17, and 24, 2016 • New Brunswick • See page 30

Practicing Multiculturalism: Providing Culturally Competent Services

- May 11, 2016 • Parsippany • See page 12

Successful Treatment for Criminal Justice Clients: A Social Work Perspective

- May 13, 2016 • Long Beach Township • See page 12

Ethnoriatrics: Working With Older Adults of Various Cultures

- May 13, 2016 • Highland Park • See page 31

Managing Differences and Difficult Supervisees

- May 18, 2016 • Bordentown • See page 27

Promoting Wellness in Older Adults

- May 19, 2016 • New Brunswick • See page 31

Fatherhood

- May 24, 2016 • Parsippany • See page 20

Social Justice Practicum: Managing Conflicts and Challenges in the 21st Century

- June 2, 2016 • New Brunswick • See page 33

Spanish for Social Service Settings

- June 4, 11, 18, 25, and July 9, 2016 • New Brunswick • See page 20

Becoming a Trans-Inclusive Clinician: A Basic Overview of Transgender Concerns and Clinical Considerations

- June 9, 2016 • Piscataway • See page 13

LGBT Issues and the Law

- June 13, 2016 • New York • See page 17

Reducing Racial Disparities in School Discipline

- June 14, 2016 • New Brunswick • See page 14

Living as a Multicultural Family: An Adoptive Family Perspective

- June 16, 2016 • Parsippany • See page 24

Assuming a Posture of Cultural Reciprocity

- June 18, 2016 • New Brunswick • See page 21

Multicultural Perspectives in Developmental Disabilities

- June 23, 2016 • New Brunswick • See page 29

Violence Against Women in Diverse Populations

- July 13, 2016 • Parsippany • See page 37

Understanding the World of the Medically Ill Patient

- July 14, 2016 • New York • See page 15

Incorporating Cultural Competence into Ethical Decision-Making

- July 16, 2016 • New Brunswick • See page 21

Incorporating Cultural Competence into Ethical Decision-Making

- July 18, 2016 • Parsippany • See page 21

Working With Latino Cultures

- July 20, 2016 • Parsippany • See page 16

The Race Dialogue: An Opportunity for Change

- July 30, 2016 • Parsippany • See page 16

School-to-Prison Pipeline: Understanding the Relationship Between School Discipline, Dropping Out, and Incarceration

- August 5, 2016 • Parsippany • See page 34

Understanding Child Development Through a Cultural Lens

- August 11, 2016 • New York • See page 27

Immigration, Acculturation, and Mental Health

- August 12, 2016 • Harrison • See page 17

Incorporating Cultural Competence into Ethical Decision-Making

- August 13, 2016 • New Brunswick • See page 21

License Requirement: The Clinical Supervision Series

LCSWs who provide clinical supervision for LSWs must first have a minimum of 3 years of licensure and 20 continuing education hours in a specialized course approved by the N.J. Board of Social Work Examiners. The CE supervision course must be done prior to the start of the supervision. We offer a highly praised 20-hour clinical supervision series in a time-sensitive format for LCSWs who are interested in providing supervision. Completion of the four workshops will fully meet the coursework requirement for LCSWs to supervise LSW candidates. Please see page 27 for more information on each of the 4 workshops that will be offered this spring:

- **Core Issues in Clinical Supervision**
  - May 4, 2016 • Bordentown • See page 27

- **Models and Techniques of Clinical Supervision**
  - May 11, 2016 • Bordentown • See page 27

- **Managing Differences and Difficult Supervisees**
  - May 18, 2016 • Bordentown • See page 27

- **Legal and Ethical Issues in Clinical Supervision**
  - May 25, 2016 • Bordentown • See page 27

Saturday Workshops

Wherever I Go, There I Am (Eventually) — Getting Beyond Blaming Self or Others — Becoming Factual About 500-Pound Gorilla Multigenerational Patterns

- April 2, 2016 • New Brunswick • See page 29
SPECIALIZED AREAS OF PRACTICE

Mindfulness

Mini-certificate in “Mindfulness Across the Lifespan.” Complete all four workshops for $400 to receive the certificate. Workshops may also be taken singly.

East and West Converge in the Present Moment: How Mindfulness Practice Activates Innate Healing and Happiness
April 8, 2016 • Bordentown • See page 18

Mindfulness Practice for Children: Keys to Success in the Age of Distraction
April 15, 2016 • Bordentown • See page 18

Mindfulness and the Teenage Brain
April 22, 2016 • Bordentown • See page 18

Senior Moments Redefined: Mindfulness Practices for Older Adults and Their Caregivers
May 11, 2016 • Bordentown • See page 19

Also see these other single-day workshops on the important topic of mindfulness:

The Application of Multi-Sensory Mindfulness Practices in Trauma Treatment
June 16, 2016 • New Brunswick • See page 36

Mindfulness and Beyond: The Eastern Psychology of Flourishing
June 25, 2016 • Parsippany • See page 15

Parenting

Bullying and Special-Needs Children
May 2, 2016 • New Brunswick • See page 19

Attachment Theory: A Helpful Framework for Understanding and Intervening With At-Risk Children and Their Families
May 20, 2016 • Parsippany • See page 26

Fatherhood
May 24, 2016 • Parsippany • See page 20

Behavioral Management and Discipline With Adopted Children
May 24, 2016 • Piscataway • See page 24

Communicating With Adolescents: Speaking Their Language
May 25, 2016 • Parsippany • See page 13

Partners Today, Parents Tomorrow: Helping Couples Successfully Navigate the Transition to Parenthood
May 26, 2016 • New Brunswick • See page 13

Teaching Practical Parenting: Developing Parenting Skills That Work
June 28, 2016 • Long Beach Township • See page 21

Training Skills

Learn how to design and deliver amazing training presentations with our training skills certificate. See page 9.

Working in Schools

Challenging Cognitive Distortions in School-Age Children
April 29, 2016 • Parsippany • See page 11

Bullying and Special-Needs Children
May 2, 2016 • New Brunswick • See page 19

Practical Social Skills Workshop for Children and Students With Developmental Disabilities
May 7, 2016 • New Brunswick • See page 12

The Bereaved Child: Children, Caregivers, and Schools
July 15, 2016 • New Brunswick • See page 15

Mindfulness and Beyond: The Eastern Psychology of Flourishing
June 25, 2016 • Parsippany • See page 15
A university certificate program is a substantial credential representing advanced postgraduate education. Each certificate is designed to enhance your work and further your career by providing knowledge that is both broad and deep in a concentrated area. Upon completion, your certificate will demonstrate your advanced training and commitment.

Key Information About Certificate Programs

◆ Any workshop in a certificate program can also be taken as a single-day workshop. No special enrollment required. Take one, a few, or all the workshops to complete a certificate.

◆ Completion of a certificate program is self-paced. You can complete the required workshops in a certificate in as little as one year or over a few years.

◆ Create an account on our website and you can track your workshop history and certificate progress with “Certificate Advisor.”

◆ Full details on each certificate can be found on our website: socialwork.rutgers.edu/ce.

◆ Contact the Office of Continuing Education at 848-932-8758 or ce@ssw.rutgers.edu for more information or with inquiries about certificate programs.

◆ Workshops typically offered in the spring/summer semester are in GREEN.

◆ Workshops typically offered in the fall/winter semester are in BROWN.

Certificate Program in Adoption

This clinical certificate program addresses the key issues involved in the adoption process and focuses on how the clinician can skillfully help adoptive families. To receive the final certificate, a participant completes: 7 required workshops, 2 elective workshops, a total of 9 days. For this semester’s offerings, see page 24.

ADOPTION CERTIFICATE WORKSHOPS

1. #5954: Attachment-Focused Therapy for Adoptive Families
2. #5955: Family-Focused Therapy for Post-Institutionalized Adopted Children
3. #5957: Behavioral Management and Discipline With Adopted Children
4. #5978: Conceptualizing Crisis Intervention When Working With Adoptive Families
5. #5951: The Psychology of Adoption
6. #5953: Life Cycle Experience and Issues in the Adoption of Older Children
7. #5963: Impact of Early Adverse Childhood Experiences — Implications for Adoption

PLUS TWO ELECTIVE WORKSHOPS

Bowen Family Systems Theory Clinical Certificate and Individual Workshop Series

Bowen theory is regarded as one of the most important and substantive social-behavioral theories of the 20th and current centuries. This workshop series, offered in conjunction with the Center for Family, Organizational, and Natural Systems Education, is designed for individuals who want to develop a solid understanding of Bowen theory, its natural science foundations, a systems thinking approach to human behavior, and how to use this theory to manage self in professional endeavors and personal life.

CLINICAL CERTIFICATE IN BOWEN FAMILY SYSTEMS THEORY

10 workshops (including 10 group/individual supervision sessions)
9:30 a.m. - 6:00 p.m., September-June,
75 clinical CE hours
Applications for the certificate are accepted every August
See the Bowen webpage to apply or for more info: http://socialwork.rutgers.edu/bowen

Single-day workshops: You may take any of the certificate workshops as a single-day enrollment. See page 29 for the workshops being offered this semester. Up to two workshops in the year immediately before acceptance into the certificate can be taken in advance.

Certificate Program in Case Management

The certificate program in case management provides extensive training in the specialized skills used in this important practice modality that is used by all social workers. To receive the final certificate, a participant completes: 5 required workshops, 2 elective workshops, a total of 8 days. For this semester’s offerings, see page 25.

CASE MANAGEMENT CERTIFICATE WORKSHOPS

1. #4504: Building the Helping Relationship
2. #4503: Handling Crisis in Case Management
3. #4505: Advocacy and Collaborating Skills in Case Management
4. #4502: Improving Networking Skills and Enhancing Interagency Relationships
5. #4501: Comprehensive Assessment and Case Planning (2 days)

PLUS TWO ELECTIVE WORKSHOPS

Certificate Program in Child/Adolescent Mental Health

This certificate program offers clinicians the opportunity to increase their diagnostic and treatment skills particular to the needs of children and adolescents. Designed for the advanced practitioner in a variety of settings, these workshops address developmental, environmental, cultural, and family issues that impact clinical interventions. To receive the final certificate, a participant completes:
9 required workshops, 2 elective workshops, a total of 14 days. For this semester’s offerings, see page 25.

CHILD AND ADOLESCENT MENTAL HEALTH CERTIFICATE WORKSHOPS
1. #5651: Principles of Differential Diagnoses in Adolescents (2 days)
2. #5652: Psychopharmacology With Children and Adolescents
3. #5655: Legal and Ethical Issues in Child/ Adolescent Mental Health
4. #5656: Understanding and Treating Children and Adolescents in the Context of Their Families
5. #5653: Attachment Theory
6. #5650: Normality or Pathology: An Exploration of Child Development and Mental Health
7. #5654: Assessment and Differential Diagnoses of Childhood Disorders (2 days)
8. #5657: Psychotherapeutic and Psychosocial Treatments for Child and Adolescent Disorders (2 days)
9. #5658: Dealing With Differences and Diversity in the Clinical Treatment of Children and Adolescents
PLUS TWO ELECTIVE WORKSHOPS

Mini-Certificate in Complex Trauma
This four-week series provides you with in-depth training on the essential principles and practices in healing complex trauma. Utilizing a closed-cohort model, you will learn the most modern conceptualizations of complex trauma and learn to utilize a resilience-based, attachment-focused treatment framework. See page 27.

Certificate Program in Developmental Disabilities
The certificate program in developmental disabilities has been created through a joint effort with the Rutgers Boggs Center on Developmental Disabilities and the Rutgers School of Social Work. It is intended to enhance the specialized skills and knowledge of professionals working in the field of developmental disabilities. To receive the final certificate, a participant completes: 11 required workshops, 1 elective workshop, a total of 12 days. For this semester’s offerings see page 28.

DEVELOPMENTAL DISABILITIES CERTIFICATE WORKSHOPS
1. #3025: Community Services and Supports: Evolving Approaches
2. #3009: Growing Old Together: Aging and Family Caregiving
3. #3005: Multicultural Perspectives in Developmental Disabilities
4. #3028: Understanding and Managing Problem Behaviors
5. #3010: Health and Wellness
6. #3008: Starting Out: From Diagnosis Through Early Childhood
7. #3001: An Introduction to Developmental Disabilities and Social Work Practice
8. #3027: Supporting Youth With Disabilities in the Transition to Adult Life
9. #3002: Disability Policy Issues
10. #3003: Legal and Ethical Issues
11. #3026: Supporting Families Through Change
PLUS ONE ELECTIVE WORKSHOP

The Gerontology Certificate Programs
The gerontology program offers four different certificates:
◆ Basic Certificate Program in Gerontology
◆ Advanced Certificate Program in Gerontology
◆ Certificate Program in Senior Services Management
◆ Certificate Program in Senior Housing Issues

Advanced Certificate Program in Gerontology
This advanced certificate program offers higher-level knowledge and skills for social workers and others who work with older adults. It has been specifically designed for professionals who have completed the Basic Gerontology Certificate Program and who are looking for advanced training. Individual workshops can be taken by anyone who is interested; however, the final certificate is only available to those who complete the Basic Gerontology Certificate. To receive the final Advanced Certificate in Gerontology, a participant must attend: 6 required workshops, 2 elective workshops, a total of 8 days. For this semester’s offerings see page 31.

ADVANCED GERONTOLOGY CERTIFICATE WORKSHOPS
1. #1036: Ethical Dilemmas in Working With Older Adults
2. #1023: Ethnogeriatrics
3. #1103: End-of-Life Issues
4. #1102: Advanced Care Planning
5. #1013: Legal Issues and Planning for Older Adults
6. #1101: Psychiatric Vulnerabilities in Older Adults
PLUS TWO ELECTIVES

Certificate Program in Senior Housing Issues
This certificate program has been created as a joint effort between social workers who work in senior housing around the state and the Rutgers School of Social Work. It is intended to enhance the skills and knowledge of service coordinators, property managers, and other building staff who work in senior citizen housing developments. To receive the final Senior Housing Certificate, a participant must attend: 5 required workshops, 2 elective workshops, a total of 9 days. For this semester’s offerings see page 32.

SENIOR HOUSING ISSUES CERTIFICATE WORKSHOPS
1. #1036: Ethical Dilemmas in Working With Older Adults
2. #1200: Working Together: Property Management and Social Services Staff
3. #1001: Aging: The Human Process (3-Day Workshop)
4. #1013: Legal Issues and Planning for Older Adults
5. #1024: Common Health Problems and Medication Use With Older Adults
PLUS TWO ELECTIVES
Certificate Program in Senior Services Management

This certificate program has been created as a joint effort between the N.J. Association of Senior Center Directors and the Rutgers School of Social Work. It is intended to enhance the skills and knowledge of the professional directors, administrators, and managers of senior services programs, such as senior centers, offices on aging, and other agencies that provide services to older adults. To receive the final Senior Services Management Certificate, a participant must attend:

7 required workshops, 2 elective workshops, a total of 14 days.

For this semester’s offerings see page 32.

SENIOR SERVICES MANAGEMENT CERTIFICATE WORKSHOPS

1. #1036: Ethical Dilemmas in Working With Older Adults
2. #7153: Management of Budgeting and Finance
3. #1001: Aging: The Human Process (3-Day Workshop)
4. #1005: Communicating With Older Adults
5. #7002: Strategic Planning Skills (2-Day Workshop)
6. #7158: Program Evaluation — An Opportunity, Not a Burden
7. #2002: Basic Elements and Skills Necessary for Effective Volunteer Management (2-Day Workshop)

PLUS TWO ELECTIVE WORKSHOPS

(Electives may be selected from all workshops listed under the Gerontology Programs or the Nonprofit and Public Management Program)

Certificate Program in Training Skills

This certificate program teaches participants the skills and methods to plan, design, and deliver effective and engaging training programs for professionals based on current theories about adult learning. To receive the final certificate in training skills, a participant must attend:

6 required workshops, a total of 6 days.

For this semester’s offerings see page 34.

TRAINING SKILLS CERTIFICATE WORKSHOPS

1. #8006: Developing Objectives and Planning the Workshop
2. #8001: Creating Effective Training Presentations
3. #8005: Working with Case Studies and Role Plays
4. #8004: Experiential and Interactive Training Methods
5. #8002: Group Skills for Trainers
6. #8003 Training Needs Assessment and Evaluation

Certificate Program in Nonprofit and Public Management

Inspired by the work of the former Dean of the School of Social Work, Richard Edwards, as well as many experienced faculty and leaders, this certificate program is designed to build and enhance the knowledge, skills, and competencies of current and future leaders of nonprofit and public human service organizations and to assist them in strategically managing the many challenges presented in today’s human services environment. To receive the final certificate in nonprofit and public management, a participant must attend:

5 required workshops, 3 elective workshops, a total of 8 days.

For this semester’s offerings see page 32.

NON-PROFIT AND PUBLIC MANAGEMENT CERTIFICATE WORKSHOPS

1. #7151: Strategic Management

Certificate Program in Trauma Response and Crisis Intervention

This clinical certificate program is designed for clinicians, mental health professionals, and practitioners from other disciplines who wish to enhance their knowledge and skills in the field of trauma response and crisis intervention. Workshops will address a variety of traumatic events such as interpersonal violence, natural disaster, terrorism, and personal/family crises. To receive the final certificate in trauma response and crisis intervention, a participant must attend:

9 Required Workshops, 2 Elective workshops, a total of 13 days.

For this semester’s offerings see page 35.

TRAUMA RESPONSE AND CRISIS INTERVENTION CERTIFICATE WORKSHOPS

1. #5850: Foundations and Models of Crisis Intervention (2 Days)
2. #5851: Self-Care in Trauma Work
3. #5856: Responding to Disaster
4. #5855: Family Treatment Approaches in Working with Trauma
5. #5684: Group Treatment Approaches in Working with Trauma
6. #5853: The Ethics of Trauma and Disaster Response: Doing Right, Doing Good
7. #5858: Individual Treatment Approaches in Working With Trauma
8. #5857: The Effects of Trauma Across the Developmental Spectrum (2 Days)
9. #5852: Differences and Diversity in the Experience, Effects, and Treatment of Trauma

PLUS FIVE ELECTIVES

VAW CLINICAL CERTIFICATE

6 required, 2 electives, a total of 8 days

1. #1301: Understanding Violence Against Women
2. #1303: Violence Against Women in Diverse Populations
3. #1304: Legal Responses to Violence Against Women
4. #1305: Ethical Issues and Values in Violence Against Women Work
5. #1314: Violence Against Women: Techniques in Screening, Assessment and Basic Interventions

PLUS TWO ELECTIVES

VAW FOUNDATION CERTIFICATE

5 required, 5 electives, a total of 10 days

1. #1301: Understanding Violence Against Women
2. #1303: Violence Against Women in Diverse Populations
3. #1304: Legal Responses to Violence Against Women
4. #1305: Ethical Issues and Values in Violence Against Women Work
5. #1314: Violence Against Women: Techniques in Screening, Assessment and Basic Interventions
Clinical Workshops

#5049
Understanding the DSM-5: Diagnostic Changes and Clinical Implications
The ability to assess and diagnose is a core competency for mental health providers. The significant changes in the DSM-5 manual require practitioners to modify their current understanding of diagnostic symptoms and categories. This one-day workshop will help you become knowledgeable about the DSM-5 by covering 20 revised diagnostic categories. In addition, the new “dimensional assessment” will be reviewed. This workshop is being offered on three different dates and locations:

Fee: $129
CEHs: 5 Clinical
Instructor: Jennifer Hilligus, LPC
Date: Wednesday, March 30, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: 390 George St., New Brunswick

Fee: $129
CEHs: 5 Clinical
Instructor: Amanda Mathisen Stylianou, LCSW
Date: Saturday, June 11, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: 390 George St., New Brunswick

Fee: $129
CEHs: 5 Clinical
Instructor: Judeth Forlenza Wesley, RN, MSW, LCSW, LCADC, CPS
Date: Thursday, May 5, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: Octagon 10 Office Center, Parsippany

#4108
Left Out? Expanding LGBTQ Awareness and Increasing Clinical Competency
What is an LGBTQ-inclusive provider and how do I become one? As lesbian, gay, bisexual, transgender, and queer/questioning (LGBTQ) people still face extensive discrimination and prejudice, professionals are called to affirm clients’ ability to integrate their sexual identity in healthy ways as well as support LGBTQ inclusivity in the larger community. We will explore values, attitudes, and beliefs about sexual orientation, gender identity, and gender expression. Topics addressed include affirmative and inclusive language, the coming-out process, best practice considerations, adolescent-specific issues, and sexually inclusive interviewing. Social work ethics will be reviewed and emphasized as a foundation for working affirmatively with clients. This workshop does not qualify for NBCC (National Board for Certified Counselors) clock hours in ethics.

Fee: $129
CEHs: 5 Clinical, Social and Cultural Competence, OR Ethics
Instructor: Tracey Post, MSW, LCSW
Date: Thursday, April 14, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: 390 George St., New Brunswick

#5024
Diagnostic Assessment for Youth Anxiety and Depressive Disorders
This workshop will present current knowledge of unipolar depression and a range of anxiety disorders as they present in youth. The workshop will then introduce participants to structured clinical interviews (e.g., Anxiety Disorders Interview Schedule for Children, Children’s Depression Rating Scale) that can be used to formally diagnose anxiety and mood disorders in youth.

Fee: $129
CEHs: 5 Clinical
#5053 Emotional Freedom Techniques (EFT) — A Mind-Body Approach to the Anxiety Spectrum Disorders

This how-to-do-it workshop focuses on learning meridian techniques to treat the anxiety spectrum disorders, including simple phobias, generalized anxiety, panic, acute stress reaction, and trauma. These disorders overwhelmingly report physiological symptoms as well as emotional. Learn how to incorporate several complementary and integrative meridian techniques to quell these mind-body complaints using methods emanating from China and Asia that are 2000 years old. These methods are emerging into the mainstream in both the mental health and coaching arenas.

Fee: $129
CEHs: 5 Clinical
Instructor: Robin Bilazarian, LCSW, DCSW, DCEP, AAMET
Date: Wednesday, April 20, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: Octagon 10 Office Center, Parsippany

#5550 The Psychology of Forgiveness: Application in Clinical Practice

In this second workshop you will learn the Stanford Forgiveness Methodology developed by Fred Luskin, PhD, as it pertains to the clinical situation. Forgiveness is an extremely valuable methodology that can be employed in ways that can bring deep and lasting change and reduce the suffering of our clients. In this workshop, the participant will deepen his/her understanding of the method and learn to apply this technique to the psychotherapeutic and counseling process.

Fee: $129
CEHs: 5 Clinical
Instructor: Jan Krolack, LPC, LCADC, ACS, CCS
Date: Wednesday, April 27, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: 390 George St., New Brunswick

#5067 The Impact of Shame and Belonging on the Spiritual Self

This workshop will help you to understand the powerful and pervasive nature of shame and the impact that shame and belonging have on spiritual and emotional development. The workshop will provide you with strategies and methods to reduce and heal shame, while improving self-worth. Other key areas of focus will include a guided meditations, the role that belonging has on development, ways to develop an appreciation for authenticity vs. artificial identity, and ways to honor the spiritual self through authentic identity development.

Fee: $129
CEHs: 5 Clinical
Instructor: Lauren Hammer, LCSW, MS
Date: Wednesday, May 4, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: 390 George St., New Brunswick

#5088 Challenging Cognitive Distortions in School-Age Children

Cognitive-behavioral interventions (CBI) can be a viable approach to remediate behavioral deficits and excesses by providing clients with the tools necessary to control their own behavior. Cognitive behavioral therapy is a highly structured and goal-directed form of treatment that has been shown to provide effective symptom relief for a wide range of mood, anxiety, and behavioral disorders. CBIs involve teaching the use of inner speech (“self-talk”) to modify underlying cognitions that affect overt behavior. This workshop will provide a brief overview of cognitive behavioral therapy and provide specific interventions to teach clients to control their thoughts and behaviors through the use of a coping template. Participants will gain a greater understanding of the basic components of cognitive and behavioral therapies and will be able to identify and utilize CBI for school-age children.

Fee: $129
CEHs: 5 Clinical
Instructor: Debbie Mann, LCSW
Date: Friday, April 29, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: 390 George St., New Brunswick

#5089 How is Anxiety Good for You?

While many do their best to avoid feeling anxious, anxiety is not all bad. In fact, it can be good for you. It functions as a cue for examining how stress is managed and what contributes to an anxious mind. Through the lens of Bowen Family Systems Theory, participants will increase their awareness as to how anxiety impacts them, their family, and workplace; understand what triggers their anxiety; and learn how they can strategically work to ease their anxious mind. This workshop is intended for clinicians interested in increasing their ability to better manage their own anxiety as well as strengthening their therapeutic skills for counseling anxious clients.

Fee: $129
CEHs: 5 Clinical
Instructor: Natalie Contreras, MA, LPC
Date: Friday, April 29, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: 390 George St., New Brunswick

#5722 Adverse Childhood Experiences: Implications for Health, Mental Health, and Early Death Throughout the Lifespan

The Adverse Childhood Experiences Study links childhood trauma to adult chronic medical illness, behavioral health disorders, and early death. This study, conducted by the CDC and Kaiser Permanente Health Services will show the alarming prevalence of childhood trauma among a group of 17,000 typical American participants of the study. Attendees will learn about the Adverse Childhood Experiences Study, the effects of childhood trauma in adult life, the neurobiology of child trauma, the role Attachment Theory plays in childhood trauma, and current attachment-based treatments for trauma.

Fee: $129
CEHs: 5 Clinical
Instructor: Alex Seidler, LCSW
Date: Monday, April 25, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: 390 George St., New Brunswick

#5002 Cutting, Self-Mutilation, and Suicide

Despite the seemingly growing rate of self-injurious behavior across all cultures, particularly among adolescent and college populations, therapists and other helping professionals often fail to ask direct questions to their young clients about the origin of unusual injuries. Others are often left feeling frustrated by those who repeatedly injure themselves and resort to responses such as “they’re just doing it for attention” or misinterpret the behavior to mean that the individual is suicidal. It is not enough to focus on symptom reduction such as putting ice cubes on arms instead of cutting. As professionals, we must focus on deeper, more long-lasting change. This workshop explains the underlying dynamics such as affect regulation, control/punishment, alexithymia, and self capacities/invalidation. Participants will also participate in learning concrete relaxation and breathing skills that can be utilized for their own affect regulation when dealing with such emotionally charged issues.

Fee: $129
CEHs: 5 Clinical
Instructor: Natalie Contreras, MA, LPC
Date: Tuesday, April 19, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: 390 George St., New Brunswick

This workshop can be taken as an elective towards the certificate program in child/adolescent mental health.

#5002 Cutting, Self-Mutilation, and Suicide

Despite the seemingly growing rate of self-injurious behavior across all cultures, particularly among adolescent and college populations, therapists and other helping professionals often fail to ask direct questions to their young clients about the origin of unusual injuries. Others are often left feeling frustrated by those who repeatedly injure themselves and resort to responses such as “they’re just doing it for attention” or misinterpret the behavior to mean that the individual is suicidal. It is not enough to focus on symptom reduction such as putting ice cubes on arms instead of cutting. As professionals, we must focus on deeper, more long-lasting change. This workshop explains the underlying dynamics such as affect regulation, control/punishment, alexithymia, and self capacities/invalidation. Participants will also participate in learning concrete relaxation and breathing skills that can be utilized for their own affect regulation when dealing with such emotionally charged issues.

Fee: $129
CEHs: 5 Clinical
Instructor: Natalie Contreras, MA, LPC
Date: Tuesday, April 19, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: 390 George St., New Brunswick

This workshop can be taken as an elective towards the certificate program in child/adolescent mental health and trauma response.
#3267
Practical Social Skills Workshop for Children and Students With Developmental Disabilities
This workshop will focus on the practical skills needed to help children and adolescents with developmental disabilities such as autism spectrum disorders. The goal in this workshop is to teach about practical socialization skills in individual and group settings to do such things as: build friendships, transfer acquaintances to friend relationships, avoiding behaviors that may serve to distance possible relationships, as well as appropriate skills necessary for the real world. In addition, we will discuss what works in application from instruction with social skills and what may not create difficulty from instruction to “real world” application.
Fee: $129
CEHs: 5 Clinical
Instructor: Brett Novick, MS, LMFT, CSSW
Date: Saturday, May 7, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: 390 George St., New Brunswick

#5090
Practicing Multiculturalism: Providing Culturally Competent Services
Understanding and attending to all the different aspects of individual and family functioning that are influenced by culture, including race, religion, age, gender, class, and sexual orientation, are crucial to our work with individuals and families. Recognizing and communicating differences in culture when working with families is the responsibility of the counselor. This workshop will define and identify the components of culture. It will provide participants with the introductory knowledge and skills necessary to promote a safe environment for individuals and families to openly discuss issues of diversity and culture. The concept of power and privilege will also be explored. It provides a social construct of culture. The importance of self-awareness will also be discussed.
Fee: $129
CEHs: 5 Clinical, Social and Cultural Competence
Instructor: Natalie Contreras, MA, LPC
Date: Wednesday, May 11, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: Octagon 10 Office Center, Parsippany

#5025
Cognitive and Behavioral Therapies for Youth Depression Disorders
Depression is one of our most impairing psychological disorders, and nearly 20% of youth can be diagnosed with a depressive episode by the end of adolescence. The workshop will present current knowledge of unipolar depression, its phenomenology and impact on children and adolescents, and demonstrate current best practices in therapy techniques within a cognitive-behavioral framework (CBT). Examples of evidence-based protocols will be highlighted. The workshop will concentrate on behavioral activation, problem-solving, social skills training, cognitive restructuring, and exposure-based interventions. A mixture of didactics, discussion, and interactive activities is planned. This workshop is being offered on two different dates and locations:
Fee: $129
CEHs: 5 Clinical
Instructor: Brian Chu, PhD
Date: Saturday, May 12, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: 390 George St., New Brunswick

#5154
Understanding and Treating the Sexual Desire Disorders
One of the greatest challenges in treating couples with sexual problems is resolution of sexual desire conflicts. Such problems range from the “low-sex” or the “no-sex” relationship, to problems related to the controversial phenomenon of “sexual addiction.” Most couples therapists and sex therapists report this to be amongst the most common sexual complaints presented in therapy, yet it is also one of the most difficult to successfully treat. This workshop will attempt to develop a better understanding of this clinical phenomenon and will discuss some of the treatment strategies that have been useful in assisting individuals and couples resolve this frustrating situation. The information presented will be relevant to all therapists who see couples complaining of problems related to sexual desire.
Fee: $129
CEHs: 5 Clinical
Instructor: Brian Chu, PhD
Date: Tuesday, August 30, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: Harlem Children’s Zone, New York
This workshop can be taken as an elective towards the certificate program in child/adolescent mental health.

#5051
A Walk Through Grief: What to Expect and How to Work With the Bereaved
Grief is universal and will eventually emerge in the practice of all professionals. Are you ready? This workshop will provide clinicians with a useful guide on the varied presentations and symptoms encountered when working with the bereaved. All aspects of the grieving process will be examined, including symptom presentation, prognosis of mourning, key aspects of healing, and specific tools to use when working with the bereaved. The workshop will include informative case examples and a resource guide to help practicing clinicians in healing their bereaved clients. This workshop is being offered on two different dates and location:
Fee: $129
CEHs: 5 Clinical
Instructor: Jennifer Vazquez, LCSW
Date: Tuesday, August 30, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: Cancer Care, New York

#5490
Ethical Decision-Making in Private Practice
Clinicians in private practice often face complex clinical and ethical dilemmas without the support of immediately accessible colleagues. Decisions about how to resolve complicated situations require a model for ethical decision-making. Otherwise, the clinician may find him or herself using intuition alone to solve such dilemmas. This workshop will provide the private practitioner with three ethical models for solving challenging clinical situations in therapeutic relationships. Participants are invited to bring their own case examples. This workshop does not qualify for NBCC (National Board for Certified Counselors) clock hours in ethics. This workshop is being offered on two different dates and locations:
Fee: $129
CEHs: 5 Clinical, Ethics
Instructor: Russell Healey, LCSW
Communicating With Adolescents: Speaking Their Language

When parents and helping professionals try to start a conversation with adolescents, they often get one-word answers or no answers at all. Many families and helping professionals struggle to understand how adolescents think and feel and how to get adolescents to respond. Participants will learn strategies and techniques to engage adolescents and to help families learn how to talk to their adolescents about difficult topics and get the adolescents to respond.

#5029

The Mother and the Sexually Abused Child

The idea that the non-offending mother should be a focus of clinical assessment and intervention when a child has been sexually abused can be controversial. However, research in the area suggests that the mother is important, not only in the risk for sexual abuse, but in how the child recovers after abuse disclosure. This workshop will review the literature on sexual abuse and the importance of the mother. The second half of the workshop will focus on clinical assessment and intervention when a sexually abused child or adolescent presents for therapy. While this workshop does not specifically focus on therapy for the non-offending mother, participants will leave the workshop with a clear conceptualization of why the non-offending mother should be engaged in the child's therapy and with practical ways to do so.

#5596

Partners Today, Parents Tomorrow: Helping Couples Successfully Navigate the Transition to Parenthood

Unprecedented joys and daunting challenges await couples entering into parenthood. Clinicians are often called upon to help clients successfully negotiate life's transitions. This workshop will explore ways to utilize what we know about the transition to parenthood in order to benefit clients. The focus will be on helping couples to anticipate, normalize, plan for, and minimize the stress and maximize the opportunities both within their relationship and in their new roles as parents.

#5487

The Use of Body-Oriented Psychotherapy in the Treatment of Anxiety Disorders

When people suffer from any anxiety disorder, ranging from simple phobia to complex PTSD, their clinical presentation will always include a profound feeling of being unsafe in this world. The art of self-soothing and containment is a critical first step in helping these clients restore their sense of resiliency and safety. Using techniques from Somatic Experiencing, EMDR, Heart Math, and Energy Psychology, the clinician can assist clients in recognizing their body-based activation signals and relearning how to self-regulate. This practice-based workshop will give participants a basic understanding of the neurophysiology of anxiety and provide them direct and gentle clinical interventions to enhance the healing process.

#5546

Non-Suicidal Self-Injury

Non-suicidal self-injury (NSSI) is what we see; underneath the skin is where the monsters lie. These monsters are the emotional and psychological experience that self-injurers contend with, and what we as providers need to become more comfortable with and aware of. Please join us in a profound workshop on NSSI, and immerse yourself in the research, hypotheses, mechanisms, and risk pertaining to NSSI.

#5091

Prison Break: Working With the Criminal Justice Client

Working with criminal justice connected clients can be challenging work. Having insight into the special needs of this population and specialized skills to work with them can make a significant difference in the effectiveness of your work. This population of clients includes those that are community-based as well as the criminal offender re-entering society. This workshop will provide a model for treatment to help clinicians address issues facing these clients. Areas covered will include identification of the criminal justice client, treatment planning strategies, self-awareness when working with this population, use and misuse of countertransference, and cultural differences.

#4068

Becoming a Trans-Inclusive Clinician: A Basic Overview of Transgender Concerns and Clinical Considerations

Transgender people are frequently ignored or presented as a subset of lesbian and gay populations in both physical and mental health settings. This training will specifically address clinical concerns of the transgender community, including identity, barriers to care, transition support, legislative developments, and resources. Participants will gain a basic understanding of gender identity development, trans vocabulary, and ways to address trans issues throughout the life cycle. Working with a focus on trauma-related practice is highlighted.

#5485

Instructor: Tracey Post, MSW, LCSW

Instructor: Debbie Mann, LCSW

Instructor: Colleen Daly Martinez, PhD, LCSW

Instructor: Judeth Forlenza Wesley, RN, MSW, LCSW, LCADC, CPS

Instructor: Danielle Forshee, PsyD, LCSW

Instructor: Victoria Britt, LCSW, LMFT

Instructor: Russell Healey, LCSW

Instructor: Nancy Harrison, PsyD

Instructor: Danielle Forshee, PsyD, LCSW

Instructor: Debbie Mann, LCSW

Instructor: Victoria Britt, LCSW, LMFT

Instructor: Debbie Mann, LCSW

Instructor: Nancy Harrison, PsyD

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Instructor: Victoria Britt, LCSW, LMFT

Instructor: Russell Healey, LCSW

Instructor: Nancy Harrison, PsyD

Instructor: Debbie Mann, LCSW

Instructor: Victoria Britt, LCSW, LMFT
#5092
How to Become a Really Good Therapist
What are the attributes that make a really good therapist? This workshop will dynamically explore the art, science, and behavioral characteristics that help us to achieve this goal. We will explore psychotherapy as the art of being present to our clients and ourselves, with very particular attention being paid to structured, purposeful sessions and a commitment to growth and learning. The complex, constantly evolving set of skills that inform best practices are part technique, part intuition, part common sense, and always relational. Whatever your clinical orientation — family systems, psychodynamic, CBT, relational, etc. — this interactive workshop will thoughtfully help you reshape your approach to therapy in ways both practical and philosophical.
Fee: $129  
CEHs: 5 Clinical  
Instructor: Victoria Britt, LCSW, LMFT  
Date: Tuesday, June 14, 2016  
Time: 9:30 a.m. - 3:30 p.m.  
Location: 390 George St., New Brunswick

#5071
Tips and Strategies for Professionals Working With Individuals on the Autism Spectrum
This workshop will explore various attributes associated with autism spectrum disorders that professionals typically struggle with. Each attribute will be explored and defined in ways to assist the professional in identifying the core function of the attribute from the perspective of the diagnosis. Participants will be encouraged to engage in problem-solving activities so as to develop their own assemblage of interventions and strategies that they can then incorporate into their professional practices. This workshop is presented at the basic to intermediate knowledge level. Professionals from varied fields (education, clinical, medical, residential, employment, and many others) will benefit from exploring how these attributes not only affect the individual with autism, but also how they affect the manner in which professionals respond. By understanding the intent and foundation behind these attributes, professionals can then develop effective strategies to not only enhance their professional skills but also to better assist the individuals with whom they work.
Fee: $129  
CEHs: 5 Clinical  
Instructor: Coleen Vanderbeek, PsyD  
Date: Tuesday, June 14, 2016  
Time: 9:30 a.m. - 3:30 p.m.  
Location: Octagon 10 Office Center, Parsippany

#5045
Reducing Racial Disparities in School Discipline
In this workshop, the presenter will address the most current trends in school discipline and racial disproportionality. She will provide an overview of factors that fuel the over-representation of African American students in suspension and expulsion and best practices for teachers, school administrators, and school mental health counselors/psychologists to reduce the racial discipline gap and to increase positive student behavior. Participants will learn about the latest research on race/ethnicity and school discipline. They will also learn about current efforts to improve school climate and school discipline. Participants will understand new techniques and approaches for improving the schooling of students who have historically been underserved.
Fee: $129  
CEHs: 5 Clinical, Social and Cultural Competence  
Instructor: Anne Gregory, PhD  
Date: Tuesday, June 14, 2016  
Time: 9:30 a.m. - 3:30 p.m.  
Location: 390 George St., New Brunswick

#5080
Schema Therapy Basics
Schema therapy is an innovative psychotherapy approach developed by Dr. Jeffrey Young for personality disorders, chronic depression, and other difficult individual and couples problems. Schema therapy integrates elements of cognitive therapy, behavior therapy, object relations, and gestalt therapy into one unified, systematic approach to treatment. The model is effective in addressing lifelong self-defeating patterns of functioning. This workshop will offer an introduction to the schema therapy model and its main components, including the 18 maladaptive schemas. We will use case studies to highlight the theory and techniques.
Fee: $129  
CEHs: 5 Clinical  
Instructor: Carlos Rojas, MS, MSW, LCSW  
Date: Friday, June 17, 2016  
Time: 9:30 a.m. - 3:30 p.m.  
Location: 390 George St., New Brunswick

#5047
Ethical Issues in Social Work Practice
Clinicians face ethical dilemmas on a daily basis and must make ethical decisions as a part of their practice. In this interactive, experiential workshop, practitioners will explore theories of ethical decision-making, discuss guidelines for ethical decision-making, and practice using a framework for ethical decision-making. Codes of ethics as well as issues around dual relationships will be addressed. This workshop does not qualify for NBCC (National Board for Certified Counselors) clock hours in ethics. This workshop is being offered on three different dates and locations:
Fee: $129  
CEHs: 5 Clinical, Ethics  
Instructor: Robert Hazlett, PhD, LCSW  
Date: Friday, June 17, 2016  
Time: 9:30 a.m. - 3:30 p.m.  
Location: Advance Housing, Teterboro  
Fee: $129  
CEHs: 5 Clinical, Ethics  
Instructor: Robert Hazlett, PhD, LCSW  
Date: Friday, July 19, 2016  
Time: 9:30 a.m. - 3:30 p.m.  
Location: 390 George St., New Brunswick

#5069
Working With Depressed Women Struggling to Restore Hope
Many depressed women suffer from trauma, anxiety, anger, and pain. Stifled by the stigma of mental health counseling, these conditions impact their physical health, social life, and financial status. Often times, depressed women isolate themselves from their friends, family, religious community, and their co-workers. Moving these women from pain to possibility becomes paramount in the therapeutic process. Workshop participants will explore effective techniques that aid in helping depressed women improve their overall outlook and mental state. Through interactive engagement and group exercises/demonstrations, this workshop will introduce an innovative and integrative approach to working with depressed women struggling with the loss of self, low self-esteem, and hopelessness.
Fee: $129  
CEHs: 5 Clinical  
Instructor: Vashonna Etienne, MSW, LCSW  
Date: Tuesday, June 21, 2016  
Time: 9:30 a.m. - 3:30 p.m.  
Location: 390 George St., New Brunswick
Dialectical Behavior Therapy (DBT): Treatment for a Challenging Population

DBT is an evidence-based therapy designed to work with populations who present multiple and challenging problems to mental health professionals and agencies. This workshop will provide an overview of DBT, including the theoretical foundation, the overall structure of the therapy, and an overview of the components of DBT, including individual therapy, telephone coaching, group skills training, and the DBT consultation team. Also addressed will be challenges faced in providing a comprehensive and adherent DBT program.

Fee: $129
CEHs: 5 Clinical
Instructor: Lona Stranieri, LCSW
Date: Friday, June 24, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: Rutgers Eco Complex, Bordentown

The Assessment and Treatment of Dissociative Disorders

Chronic trauma that occurs early in life has profound effects on personality development and can lead to the development of dissociative identity disorder (DID). This workshop will present an overview of trauma and dissociation. The diagnostic assessment of DID, formerly known as multiple personality disorder, will be reviewed, and the stages of treatment and specific intervention strategies will be covered. Through case examples, the treatment of DID will be discussed, including pacing treatment, balancing containment, and processing trauma.

Fee: $129
CEHs: 5 Clinical
Instructor: Marsha Heiman, PhD
Date: Friday, June 24, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: 390 George St., New Brunswick

Please note: This workshop can also be used as an elective towards the trauma response and processing trauma.

Mindfulness and Beyond: The Eastern Psychology of Flourishing

The future of mental health is being measured by one’s ability to know his/her own mind (metacognitive abilities) and reasonably know the mind of the other. Traditional Western methods are about identifying dysfunction and largely work with negative states of mind. If those methods are effective, the best you get out of that work is a relative reduction or absence of negative states. For attachment disorders and trauma, reprocessing negative emotions may contribute to even greater disorganization of mind. Freud described this experience as problems with “everyday unhappiness.” This workshop will provide a comprehensive overview of a whole other set of Eastern methods designed to cultivate positive states and help clients to flourish, rather than languish. We will go beyond the limits of mindfulness and positive psychology to develop a vocabulary and skill set of Eastern interventions that you can put to use immediately. These methods will help develop positive internal representations that lead to organization of mind and everyday happiness for your clients.

Fee: $129
CEHs: 5 Clinical
Instructor: Robert Jaskiewicz, LCSW
Date: Saturday, June 25, 2016
Time: 9:30am - 3:30pm
Location: Octagon 10 Office Center, Parsippany

Treatment With Gusto: Positive Psychology to Propel Clients Forward

The goal of this workshop is to introduce theoretical perspectives and practical uses of positive psychology in clinical practice. The workshop will provide a comprehensive theoretical framework for a conceptual and practical understanding of pessimism/optimism, negative/positive emotions, and happiness, contentment, and self-fulfillment in the lives of our clients and ourselves. The workshop aims to broaden the clinician’s perspective from a focus on what is “wrong” to a focus on the expansion of client’s psychological wellness. This interactive workshop will utilize didactics and discussion, along with practice of self-assessment tools that you can use in your work with clients. Appropriate resources, specific techniques, and ideas for things clients can do both in and outside of sessions will be addressed.

Fee: $129
CEHs: 5 Clinical
Instructor: Nancy Violette, PhD, LCSW, LCADC, CCS
Date: Thursday, July 14, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: 390 George St., New Brunswick

The Bereaved Child: Children, Caregivers, and Schools

Dealing with loss in childhood can be complex and scary for any practitioner. This workshop will help participants identify loss in different developmental stages, recognize different types of losses in childhood and in the school environment, and how to work with caregivers and other providers to provide grief-sensitive interactions. Participants are encouraged to bring case examples to aid in workshop discussion. This workshop does not specifically discuss therapeutic modalities but is geared towards helping practitioners feel more comfortable working with grief and loss.

Fee: $129
CEHs: 5 Clinical
Instructor: Sarah Kautz, LCSW
Date: Friday, July 15, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: 390 George St., New Brunswick

Engaging the Hard-to-Engage Adolescent

Adolescence is a period in the life cycle fraught with confusion; mood swings; powerful and often overwhelming emotions; personal, social, and sexual identity formation; and self-esteem fluctuation. During this period, adolescents often develop coping methods that include blocking others from having access to them emotionally. This “wall” is a survival technique that provides protection but makes therapeutic engagement difficult. This workshop gives an overview of essential interviewing techniques to engage hard-to-engage adolescents. These techniques include necessary preparations for the interview; presentation of yourself, defining your role and the nature of your involvement; creating a contract that is attractive to the adolescent; and last resorts when traditional interventions fail.

Fee: $129
CEHs: 5 Clinical
Instructor: Frank Picone, LCSW
Date: Friday, July 15, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: Rutgers Eco Complex, Bordentown

Solution-Focused Practice

In a managed-care environment, where treatment is often driven and constrained by time limits, it is critical for clinicians to have a diverse knowledge base of skills that enable them to provide effective treatment in the short term. This interactive, hands-on workshop will teach participants a systems theory clinical model of solution-focused brief therapy that utilizes solution-focused premises, techniques, and tasks to promote improvement and change quickly. Generic formula (continued on next page)
interventions and an emphasis on client strengths and solution development provide clinicians with effective clinical tools that are useful with a variety of client populations.

Fee: $129
CEHs: 5 Clinical
Instructor: Debra D. Castaldo, PhD, LCSW
Date: Tuesday, July 19, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: Octagon 10 Office Center, Parsippany

#5095
Working With Latino Cultures
This training will expose the participants to the stages of cultural identity development model. Through small group discussions, role plays, case vignettes, and large group participation, they will increase their knowledge of Latino cultural norms, including machismo, personalismo, etc.; identity in the U.S. and group differences stemming from country or region of origin; cultural and family factors that influence relationships; and perceptions of health/illness and mental health services. Participants will also learn skills and techniques to facilitate positive engagement with Latino families.

Fee: $129
CEHs: 5 Clinical, Social and Cultural Competence
Instructor: Natalie Contreras, MA, LPC
Date: Wednesday, July 20, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: Octagon 10 Office Center, Parsippany

#5096
Who's Afraid of the Angry Client? — Using Schema Therapy to Understand and Treat Angry Modes
Anger is challenging to deal with both interpersonally and professionally. This workshop will provide clinicians with strategies for discerning anger modes as they surface in your clients in the treatment room, such as the angry/enraged child, bullying adolescent, angry/defiantly detached protector, critic, and aggressive overcompensator. You will learn methods to effectively address them, including how to “listen” for and recognize the signs of an angry bully, resentful adult, or childlike victim; and know how/when to allow for ventilation, empathically confront, or set limits.

#5097
Gestalt Theory, Therapy, Technique: An Introductory Workshop in the Gestalt Approach
This is an introductory workshop for those interested in Gestalt therapy, one of the most dynamic and enduring theories in psychotherapy. In this workshop, we experimentally explore and discuss the major concepts and interventions of Gestalt therapy, which emphasizes the primacy of here-and-now experience and the unity of body, mind, and environment. Highlighted areas include the importance of the dialogic therapist/client relationship, awareness, body cues and breathing, polarities, and the use of the empty chair, dreamwork, and group work. Participants will learn theory and technique through lecture, demonstration, and facilitated experiential exercises to help broaden their way of working with clients.

Fee: $80
CEHs: 3 Clinical
Instructor: Laura Carite, LPC
Date: Friday, July 22, 2016
Time: 9:30 a.m. - 12:30 p.m.
Location: Octagon 10 Office Center, Parsippany

#5337
Here-and-Now Interpretations: The One-Session Guide to Formulating Your Client’s Patterns With and Within Relationships
The more reliably and accurately you can formulate your client’s relational theme patterns, the sooner therapeutic mastery of conflicts will progress. How many times have you had a client come in and describe his or her love of conflicts? Conflicts are avoided like the proverbial plague and for good reason — people who come into our offices lack relationship pattern awareness skills. Reliably determining which skills clients lack and helping them identify those skills will show how patterns are ubiquitous in their everyday life. This workshop will provide a comprehensive guide to determining whether a person’s conflicts are with relationships (attachment based) and therefore intra-personal, or inter-personal (core conflict relational based — CCRT) problems within a relationship. Interventions include how to develop secure attachment, providing an emotionally corrective experience, articulating and correcting the repetition of old patterns by clustering evidence, delivering the CCRT method of establishing and mastering new adaptive relationship patterns.

Fee: $129
CEHs: 5 Clinical
Instructor: Robert Jaskiewicz, LCSW
Date: Saturday, July 23, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: Octagon 10 Office Center, Parsippany

#5593
The Race Dialogue: An Opportunity for Change
This workshop will provide a necessary framework for helping social workers understand and critically analyze multiple forms of racism and oppression. Introduction to key concepts and participation in interactive, experiential activities allows participants to acquire the skills necessary for identifying, analyzing, and taking steps to address racism, both professionally and personally.

Fee: $129
CEHs: 5 Clinical, Social and Cultural Competence
Instructor: Deepa Sadhwani-Monchak, MSW, LCSW
Date: Saturday, July 30, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: Octagon 10 Office Center, Parsippany

#5700
Helping Couples Get the Love They Want
Counseling couples can be the most challenging work of all. Do you ever find yourself working with couples and feeling as if you have no idea what to do? Imago theory and skills will give you a clinical roadmap to help you feel more effective in your work. In this master trainer-led workshop, you will receive a toolbox that will assist you in helping couples to have necessary breakthroughs that move them from conflict into connection. This workshop is led by Maya Kollman, a dynamic and internationally sought trainer. She is one of five Imago master trainers and has worked closely with Harville Hendrix, the originator of Imago therapy.

Fee: $129
CEHs: 5 Clinical
Instructor: Maya Kollman, MA
Date: Wednesday, August 3, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: 390 George St., New Brunswick

#5042
Escape from the Land of the Hungry Ghosts: Using Meditation to Enhance Addictions Treatment and Recovery
Life’s difficult issues have an enormous impact on our attitudes, interactions, and ability to function, and they can impact our ability to embrace spirituality, meaning, and purpose. Quality recovery and life management depend on caring for all aspects of self. We need a concrete framework of what it means to be spiritual and how we can tap into spirituality daily. This workshop offers a bio-psycho-social understanding of life and recovery management, with an emphasis on using tools like meditation to clarify and enhance treatment and recovery work. This workshop weaves the principles, goals, and impact of each of the 12 steps with specific meditations designed to enhance the working of each step. Techniques will be explored for use with self and with clients to promote relaxation, manage stress, and encourage wellness and resiliency. No matter what level of stress or recovery you may have, this workshop will give you insight into the use of several meditative techniques to enhance spirituality and recovery work, especially when using the 12 steps. Wear loose, comfortable clothes for this workshop!
Clinical Social Work Practitioners in Public and Private Settings report that they have limited opportunities for detailed, clinical case conferencing, in-depth clinical supervision, and clinical training. This clinical case study psychotherapy series offers a new and innovative approach to continuing education, offering clinicians an opportunity to bring case conferencing back into their practice and to deepen their experience of their clinical work. Each of the six sessions will focus on a specific area of practice and will be led by highly experienced clinicians with expertise in the topic area. If you are curious about your clinical cases and those of other seasoned practitioners, and you also want to learn how to develop a structured routine for clinical reflection and self-evaluation, then this series is for you! The format of each three-hour CE session will consist of an introduction to the clinical case study method, a case presentation by a seasoned practitioner, and a discussion of the case by the faculty and participants with the application of the case study method. The series consists of three spring workshops and three fall workshops. Participants are encouraged to complete the series, but each workshop can be taken as a standalone experience. Register early. Slots are limited to foster the in-depth experience. To learn more about the instructors and each workshop, go to tinyurl.com/clinical-case-study.

Clinical Case Study in Psychodynamic Psychotherapy Series

Clinical social work practitioners in public and private settings report that they have limited opportunities for detailed, clinical case conferencing, in-depth clinical supervision, and clinical training. This clinical case study psychotherapy series offers a new and innovative approach to continuing education, offering clinicians an opportunity to bring case conferencing back into their practice and to deepen their experience of their clinical work. Each of the six sessions will focus on a specific area of practice and will be led by highly experienced clinicians with expertise in the topic area. If you are curious about your clinical cases and those of other seasoned practitioners, and you also want to learn how to develop a structured routine for clinical reflection and self-evaluation, then this series is for you! The format of each three-hour CE session will consist of an introduction to the clinical case study method, a case presentation by a seasoned practitioner, and a discussion of the case by the faculty and participants with the application of the case study method. The series consists of three spring workshops and three fall workshops. Participants are encouraged to complete the series, but each workshop can be taken as a standalone experience. Register early. Slots are limited to foster the in-depth experience. To learn more about the instructors and each workshop, go to tinyurl.com/clinical-case-study.

#5070 Immigration, Acculturation, and Mental Health

Immigration affects a person’s self-identity even though many people view the migratory process as an ancillary historic detail. Societal perceptions of immigrants are currently a major political issue. Undocumented immigrants may not be aware of the forms of obtaining documentation. Immigrant parents may experience language barriers, unemployment, long hours for low wages, discrimination, and social isolation. All of these factors are barriers that place immigrants at a higher rate of victimization or mental health concerns. These barriers may render immigrant parents to become less involved in their child’s education or social activities. Additionally, immigrant children develop multicultural identities that differ from their parents, causing stress or maladaptive behaviors. Children of undocumented families live in fear at the prospect of parental deportation. A sudden separation from parents is a traumatic event. Immigration itself can be the traumatic event. These are just some of the factors to be considered in our clinical work. Research on acculturation and mental health and their real-world impact on the clinical work will be explored in this workshop. This workshop does not qualify for NBCC (National Board for Certified Counselors) clock hours in ethics.

#5082 The New DSM-5: Mood and Anxiety Disorders

This advanced workshop will provide a cutting-edge presentation for clinicians seeking to enhance their understanding and skill related to the assessment and treatment of mood and anxiety disorders. Based on the new DSM-5, this presentation will familiarize participants with the new diagnoses and criteria for mood and anxiety disorders utilizing both lecture and case practice examples. Discussion will include current evidence-based methods for treating mood and anxiety disorders from both a psychological and pharmacological perspective.

Fee: $129
CEHs: 5 Clinical
Instructor: Amanda Mathisen Stylianou, LCSW
Date: Saturday, August 6, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: 390 George St., New Brunswick

#0473 LGBT Issues and the Law

Being lesbian, gay, bisexual, or transgender often requires clients to view who they are and what their rights are as defined by law. A general understanding of what the law says is required in many situations, such as: legalizing a relationship, ending a relationship, housing, protecting civil rights in employment, and asserting one’s rights when it comes to discrimination and hate crime victimization. This workshop will address what the helping professional needs to know when it comes to the New Jersey civil union and domestic partnership statutes, adoption law, the Law Against Discrimination, and the Employment Nondiscrimination Act, among other things. The participant will also learn who they can refer their clients to and what kind of assistance is available to them, as well what changes are currently pending to make New Jersey safer and more equal for LGBT clients. Knowledge of the law is not necessary as the presenter is committed to making law understandable for social workers and other helping professionals. This workshop does not qualify for NBCC (National Board for Certified Counselors) clock hours in ethics. This workshop is being offered on three different dates and locations:

Fee: $129
CEHs: 5 Ethics OR Social and Cultural Competence
Instructor: Christine M. Heer, Esq., LCSW, DVS
Date: Thursday, March 31, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: 390 George St., New Brunswick

Fee: $129
CEHs: 5 Ethics OR Social and Cultural Competence
Instructor: Christine M. Heer, Esq., LCSW, DVS
Date: Friday, April 8, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: 390 George St., New Brunswick

Fee: $129
CEHs: 5 Ethics OR Social and Cultural Competence
Instructor: Christine M. Heer, Esq., LCSW, DVS
Date: Monday, June 13, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: Cancer Care, New York
Mini-Certificate in Mindfulness Across the Lifespan

Take all four workshops for $400 to receive the certificate. Workshops may also be taken singly.

#4162

East and West Converge in the Present Moment: How Mindfulness Practice Activates Innate Healing and Happiness

Mindfulness involves focusing awareness and non-judgmental attention to the experience of the present moment. Modern-day scientists are identifying a wealth of empirical evidence of the physical and emotional benefits of mindfulness practice that Eastern masters have known for centuries. As a result, mindfulness skills are increasingly being taught by therapists and other health professionals to help clients address stress, addiction, pain, and other physical and emotional challenges. This workshop will provide participants with an update on the latest scientific findings as well as the opportunity to learn and practice a variety of mindfulness exercises. As Jon Kabat-Zinn, founder of the Harvard Mindfulness-Based Stress Reduction (MBSR) program has stated, “You can’t stop the waves, but you can learn to surf.”

Fee: $129
CEHs: 5
Instructor: Lori Schlosser, PhD
Date: Friday, April 8, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: Rutgers Eco Complex, Bordentown

#4765

Mindfulness and the Teenage Brain

Recent research in neuroscience is giving us a better understanding of the teenage brain. The changes that occur in brain circuitry during this period offer fertile opportunities for creativity and growth, while also creating risks for impulsivity and dangerous behavior. Mindfulness practices show great promise in helping teens develop skills to navigate these challenges while also fostering creativity and growth. This workshop provides participants with information on the latest research regarding the developing teenage brain, as well as experiential practice in mindfulness exercises that are specifically designed for use with adolescents.

Fee: $129
CEHs: 5
Instructor: Lori Schlosser, PhD
Date: Friday, April 22, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: Rutgers Eco Complex, Bordentown

#4182

Mindfulness Practice for Children: Keys to Success in the Age of Distraction

The latest research in teaching mindfulness to children demonstrates that they experience better focus and concentration, increased patience and frustration tolerance, improved relationship skills, stronger impulse control, and an ability to handle stress in healthier ways. Teaching mindfulness to children gives them the keys to social and emotional intelligence and the awareness they need to succeed in this era of ever-increasing stressors and demands. It may be the most powerful play there is! This workshop blends the latest scientific research about mindfulness and its effects on the brain and body with activities, games, and playful practices that have been proven to resonate with children. Participants will practice these activities and leave the workshop with a variety of resources that they can apply in educational settings, in their professional work with children and their parents, as well as within their own families, with their own children.

Fee: $129

#4946

Senior Moments Redefined: Mindfulness Practices for Older Adults and Their Caregivers

This workshop blends the latest scientific research about mindfulness and its effects on the brain and body with activities, games, and practices that have been proven to resonate with older adults and are modified to accommodate people of all physical abilities. These practices will also reduce caregiver stress and offer caregivers new methods to foster relaxation and support in the relationship between the caregiver and the person being cared for. Participants will practice these activities and leave the workshop with a variety of resources that they can apply in their professional work with seniors and/or their caregivers, as well as within their own families.

Fee: $129
CEHs: 5
Instructor: Lori Schlosser, PhD
Date: Wednesday, May 11, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: Rutgers Eco Complex, Bordentown

#5578

Cross-Cultural Competence Skills: Bridging Cultural Differences With Respect and Understanding

This workshop provides professionals with the knowledge and skills necessary to communicate effectively across cultural differences in a variety of contexts. Inter-cultural competence calls for a framework that supports recognizing individuality and variation within each culture. The focus of this workshop will be on ethnic and cultural differences, and it will also touch upon other forms of difference, including ability/disability, religion, and sexual orientation. In addition to information about specific cultural and
other differences, participants will gain understanding of the dimensions along which cultures differ from each other to enable the application of inter-cultural communication skills to a variety of cultural contexts.

Fee: $129
CEHs: 5 Social and Cultural Competence
Instructor: Paula Rodriguez Rust, PhD
Date: Tuesday, April 12, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: Octagon 10 Office Center, Parsippany

#4821 Adaptation, Integration, and Community Transformation: The Impact of Immigration on the Human Service System in New Jersey

The purpose of this workshop is to provide an overview of the field of immigrant and refugee services. Participants will gain insight into current demographic trends, major immigrant source countries, admission and legal categories, and the social, educational, and economic characteristics of immigrant and refugee groups in New Jersey, including their proficiency in English, workforce participation rates, and poverty levels. The workshop will explore various facets of the migrant experience and offer insight into immigrant vulnerabilities and resilience as revealed in relevant, evidence-based studies. Participants will learn about the response of health and human service systems to changing demographics, with special attention to refugee resettlement, child welfare, deportation relief, anti-human trafficking strategies, and the implementation of culturally competent approaches in clinical and non-clinical settings. Finally, the workshop will introduce the concept of immigrant integration as a framework for policy development and community planning.

Fee: $129
CEHs: 5 Social and Cultural Competence
Instructor: Nicholas V. Montalto, PhD
Date: Thursday, April 14, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: Octagon 10 Office Center, Parsippany

#5407 Social Work, Ethics, and Professional Responsibilities

This workshop will examine the ethical and professional responsibilities that social workers have to their clients, to their colleagues, and to the profession. Topics will include confidentiality and evidentiary privilege, duties and standards of care, and the role of the NASW Code of Ethics and licensure regulations. Participants should be prepared to discuss hypothetical situations and strategize responses that include both legal and social work ethical requirements. This workshop does not qualify for NBCC (National Board for Certified Counselors) clock hours in ethics. This workshop is being offered on three different dates and locations:

Fee: $129
CEHs: 5 Ethics
Instructor: Christine M. Heer, Esq., LCSW, DVS
Date: Friday, April 22, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: Parker at Monroe, Monroe

Fee: $129
CEHs: 5 Ethics
Instructor: Christine M. Heer, Esq., LCSW, DVS
Date: Tuesday, May 17, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: 390 George St., New Brunswick

Fee: $129
CEHs: 5 Ethics
Instructor: Christine M. Heer, Esq., LCSW, DVS
Date: Thursday, June 23, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: St. Francis Community Center, Long Beach Township

#5153 LCSW/LSW Examination Preparation Course

It is wise to do everything you can to pass the exam the first time. This popular interactive workshop will give participants the opportunity to learn test-taking strategies, practice test-taking with sample questions, and identify those content areas of the test where they have strengths as well as content areas where they need to improve their knowledge base. The workshop will include hands-on activities, practice test questions, discussions, PowerPoint presentations, and short lectures.

Note: This course is not eligible for CEHs. This course will be offered three times this semester:

Fee: $129
Instructor: Robert Hazlett, PhD, LCSW
Date: Friday, April 22, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: Rutgers Eco Complex, Bordentown

Fee: $129
Instructor: Robert Hazlett, PhD, LCSW
Date: Friday, May 6, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: Octagon 10 Office Center, Parsippany

Fee: $129
Instructor: Robert Hazlett, PhD, LCSW
Date: Saturday, May 21, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: 390 George St., New Brunswick

#4937 Continuing Issues in Supervision

As supervision moves beyond the basics, there are several issues that should be the focus of the supervisory relationship to improve the experience for both the supervisee and the supervisor. This workshop will concentrate on the importance of structuring the supervision session, expectations of the supervisee based on his or her developmental stage in the field, and ethical issues. This workshop does not qualify for NBCC (National Board for Certified Counselors) clock hours.

Fee: $129
CEHs: 5

Instructor: Robert Hazlett, PhD, LCSW
Date: Friday, April 29, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: Robins’ Nest, Glassboro

#4118 Bullying and Special-Needs Children

This workshop is being offered three times this semester:

Fee: $129
CEHs: 5 Ethics
Instructor: Colleen Vanderbeek, PsyD
Date: Monday, May 2, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: 390 George St., New Brunswick

#4947 Stress Management for Regaining Life’s Balance

Today’s fast-paced life style and the accompanying stressors can leave you with less satisfaction in your life, greater anxiety, and even depression. Stress contributes to diabetes, high blood pressure, and a whole host of other physical ailments that may be preventable. This interactive workshop identifies common contributors to stress and numerous opportunities to offset it. Learn how to develop a “rebalancing plan” to reduce stress and better manage what life throws at you and your clients.

Fee: $129
CEHs: 5

Instructor: John Kriger, MSM, CADC, CPS
Date: Thursday, May 5, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: Rutgers Eco Complex, Bordentown

#5579 Sexual Orientation and Gender Identity Diversity: Understanding the Needs of LGBT Individuals

This workshop provides an in-depth examination of sexual orientation and gender identity diversity, with a focus on the psychological and social issues facing lesbian, gay, bisexual, and transgender people, as it relates to the provision of care in the social service context. Topics include LGBT subculture, the impact of prejudice, discrimination, and the “heterosexual assumption” on LGBT individuals and in the LGBT community. Use of inclusive language and other techniques for creating environments that are welcoming for LGBT individuals will be addressed, as well

(continued on next page)
as how professionals can help youth and adults who are questioning their sexualities or genders. The workshop also examines common stereotypes and attitudes toward LGBT, including the origins of these stereotypes, related research findings, and effective techniques for addressing the stereotypes and attitudes of others.

Fee: $129
CEHs: 5 Social and Cultural Competence
Instructor: Paula Rodriguez Rust, PhD
Date: Thursday, May 5, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: Octagon 10 Office Center, Parsippany

#4176 Developing and Sustaining Community Activism
It should not take two to three weeks to learn how to become a powerful coalition and make substantial changes in your community. Discover the eight powerful steps in the Community Empowerment Model to take you beyond the basics of coalition development and planning to make a powerful and sustaining difference. Transform your organization and community into a far more impacting force to address today’s most devastating social issues. This process takes over where most programs and collaborative training efforts leave off. Become a dynamic entity for creating sustaining change.

Fee: $129
CEHs: 5
Instructor: John Kriger, MSM, CADC, CPS
Date: Wednesday, May 25, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: Middlesex Regional Educational Services Commission, Piscataway

This workshop can be taken as an elective towards the certificate program in case management.

#4121 Social Work Ethics: Dealing With Serious Practice Challenges
This workshop will review selected ethical principles from the Social Work Code of Ethics and provide an opportunity for practicing social workers at all levels, and in all sectors, to discuss the nuances of their practice. Changes in social mores and key societal shifts leading to modifications in the Code will be discussed (e.g., the use of technology related to social service practice). Case studies will be provided to ensure the relevance of the discussion. Participants will be taught to differentiate between ethical violations and errors in judgment or violations of the law. The workshop will also include a discussion of the role of the supervisor in ethical conduct and the ramifications of ethical breaches. A strategy for assessing ethical dilemmas will be presented and discussed. This workshop does not qualify for NBCC (National Board for Certified Counselors) clock hours in ethics.

Fee: $129
CEHs: 5 Ethics
Instructor: Cynthia Amnaria, MSW
Date: Saturdays, June 4, 11, 18, 25, and July 9, 2016
Time: 9:30 a.m. - 12:30 p.m.
Location: Rutgers Eco Complex, Bordentown

#4738 Interviewing Techniques: Approaching the Unapproachable
When an interview runs into challenges, the tendency to attribute cause for the unsuccessful exchange to the interviewee is natural. However, challenging exchanges, particularly in the helping profession, rely heavily on the interviewer’s proper and thorough assessment of personality types as well as genuine recognition of his/her own conscious or subconscious biases and their role in communication. The training breaks down various
client/family types and how successful exchange relies heavily on the approach of the interviewer. Various strategies are reviewed, along with practices to encourage more productive interviews and improved overall engagement and partnering with families.

**Fee:** $129  
**CEHs:** 5  
**Instructor:** Rob Mann, LCSW  
**Date:** Tuesday, June 7, 2016  
**Time:** 9:30 a.m. - 3:30 p.m.  
**Location:** 390 George St., New Brunswick

### #4941 Working With Traumatized and Aggressive Youth

Traumatized youth create survival skills that may be seen as aggressive or unsafe so that they can function in their environments. Often our approach, as professionals, is to confront the youth with the negative consequences of their current way of behaving as a way of getting them to consider alternative ways to meet their needs. This leads to the youth feeling misunderstood and criticized. This training will assist the professional who works with aggressive and traumatized youth to understand better the survival skills of their clients and how to create a therapeutic environment that both respects the survival skills while providing opportunities to practice new ways of meeting their needs. By the end of the training, participants will know how cultural influences factor into the way youths view the world, recognize four types of risk factors for crisis, identify four strategies for de-escalating youth and gaining safety and cooperation, and recognize the core standards of the Nurtured Heart Approach.

**Fee:** $129  
**CEHs:** 5  
**Instructor:** Frank Picone, LCSW  
**Date:** Friday, June 10, 2016  
**Time:** 9:30 a.m. - 3:30 p.m.  
**Location:** Octagon 10 Office Center, Parsippany

### #4949 Shifting Paradigms, Challenging Perceptions

Clients often present with a limited capacity to meet the varying demands and challenges of introspection in treatment and recovery. Many individuals are so busy reacting to what life throws at them that they don’t realize the need or take the time to build the necessary cognitive and coping skills to develop multiple options in approaching life’s problems. Professionals often learn about family dynamics, dealing with resistance, and getting clients unstuck, but may lack the practical knowledge or experience to initiate, provide, and model a variety of skills for shifting paradigms and challenging perceptions. You may have been asked to think out of the box, but have you ever been told how to do it? To paraphrase Albert Einstein, we can’t use the same thinking to solve a problem that got us into it. This workshop provides a variety of strategies for clients and professionals to help them actually think out of the box and generate greater options.

**Fee:** $129  
**CEHs:** 5  
**Instructor:** John Kriger, MSM, CADC, CPS  
**Date:** Tuesday, June 14, 2016  
**Time:** 9:30 a.m. - 3:30 p.m.  
**Location:** Rutgers Eco Complex, Bordentown

### #4145 Bioethical Decision-Making: Considerations for Advanced Planning

As the American healthcare system grows more complex, especially in the wake of the Terri Schiavo case, there is a growing public awareness of the need for advance planning involving end-of-life decisions. Conflicts among healthcare professionals, patients, families, and payors are almost inevitable, given the growing number of choices available, particularly when it comes to terminal prognoses and death. Participants in this seminar will learn of the controversy surrounding the living will, the use of the out-of-hospital do-not-resuscitate order, and legal considerations of capacity that impact the individual’s right to voluntary decision-making. Issues of voluntary versus involuntary approaches to ethical decision-making will be explored using clinical examples. This workshop does not qualify for NBCC (National Board for Certified Counselors) clock hours in ethics.

**Fee:** $129  
**CEHs:** 5 Ethics  
**Instructor:** Helen Hunter, ACSW, LSW  
**Date:** Wednesday, June 15, 2016  
**Time:** 9:30 a.m. - 3:30 p.m.  
**Location:** 390 George St., New Brunswick

This workshop can be taken as an elective towards the certificate program in gerontology.

### #4083 Silent Anguish: Understanding the Impact of the Death of a Pet

There is nothing as special as the human-animal bond. Our pets give us companionship, joy, a reason to live, a connection to the world, and, most important, unconditional love. When a companion animal dies, it can be a devastating and incomprehensible loss. This workshop will explore the human-animal bond, the grieving process and what makes it the same and different from other losses, euthanasia, rituals and memorials, special needs of children, and unique situations, i.e., working with veterinarians, pet techs, breeders, rescue groups, violent situations, and life changes. Video will be used as well as an interactive forum. At the end of this workshop, participants will be able to be aware and recognize the importance of animal relationships and know how to help and support their clients through illness, trauma, or losses of their beloved pets.

**Fee:** $129  
**CEHs:** 5  
**Instructor:** Nancy Saxton Lopez, LCSW  
**Date:** Friday, June 17, 2016  
**Time:** 9:30 a.m. - 3:30 p.m.
several areas of their work and how to apply ethical decision-making models to guide their practice. This workshop does not qualify for NBCC (National Board for Certified Counselors) clock hours in ethics. This workshop is being offered on three different dates and locations:

Fee: $129  
CEHs: 5 Social and Cultural Competence OR Ethics  
Instructor: Robert Hazlett, PhD, LCSW  
Date: Saturday, July 16, 2016  
Time: 9:30 a.m. - 3:30 p.m.  
Location: 390 George St., New Brunswick  

Fee: $129  
CEHs: 5 Social and Cultural Competence OR Ethics  
Instructor: Robert Hazlett, PhD, LCSW  
Date: Monday, July 18, 2016  
Time: 9:30 a.m. - 3:30 p.m.  
Location: Octagon 10 Office Center, Parsippany  

Fee: $129  
CEHs: 5 Social and Cultural Competence OR Ethics  
Instructor: Robert Hazlett, PhD, LCSW  
Date: Saturday, August 13, 2016  
Time: 9:30 a.m. - 3:30 p.m.  
Location: 390 George St., New Brunswick

#4076  
Avoiding the Legal and Ethical Pitfalls of Social Work Practice  
The subject of ethics can often seem dry until social workers find themselves in the middle of an ethical dilemma. This workshop, led by an attorney and social work ethicist, will offer an interactive discussion using real-world scenarios to illustrate legal and ethical dilemmas confronting social workers today. Participants will learn practical strategies of how to identify and avoid legal risks and how to apply the NASW Code of Ethics to empower their professional practice. This workshop does not qualify for NBCC (National Board for Certified Counselors) clock hours in ethics.  
Fee: $129  
CEHs: 5 Ethics  
Instructor: David Barry Esq., MSW  
Date: Wednesday, August 10, 2016  
Time: 9:30 a.m. - 3:30 p.m.  
Location: 390 George St., New Brunswick

Addictions

#4116  
Crisis Cycle — Creating Safe and Respectful Environments  
This training provides a thorough description of the key components of the crisis cycle (pre-crisis, crisis, and post-crisis) that staff and youth experience in residential, school, and mental health settings and the specific interventions that are recommended at each stage of the cycle to most effectively return the environment to safe and optimal status.  
Fee: $129  
CEHs: 5  
Instructor: Frank Picone, LCSW  
Date: Friday, July 22, 2016  
Time: 9:30 a.m. - 3:30 p.m.  
Location: 390 George St., New Brunswick

#4934  
Social Work at Mid-Career: Reevaluation and Reflection  
This workshop will be experiential and will require a good deal of participation. Participants will be engaging in group discussions and reflective exercises designed to stimulate their thinking about these important issues in order to take stock of where they have come professionally and where they are headed. This workshop does not qualify for NBCC (National Board for Certified Counselors) clock hours.  
Fee: $129  
CEHs: 5  
Instructor: Michael LaSala, PhD, LCSW  
Date: Friday, July 29, 2016  
Time: 9:30 a.m. - 3:30 p.m.  
Location: 390 George St., New Brunswick

#5057  
The Significance of Culture in Diagnosing and Treating Substance Use and Mental Disorders  
The new DSM-5 highlights the significance of culture in diagnosing all mental disorders. There is a cultural effect regarding addictions (risk factors, beliefs/understanding of addiction as a disease, views towards treatment, impact on life areas that are culturally influenced). All clinicians benefit from examining the role of culture in their counseling, as well as their own cultural influences and biases. Through the use of lecture, individual/small group exercises, sharing of personal case experiences, and a video, we will examine culture and its impact on addictions and the role of the professional in light of the new DSM-5 mandates.  
Fee: $129  
CEHs: 5 Clinical, Social and Cultural Competence  
Instructor: Anthony Polizzi, MA, LCADC  
Date: Friday, April 1, 2016  
Time: 9:30 a.m. - 3:30 p.m.  
Location: Octagon 10 Office Center, Parsippany

#4333  
Addictions in the Lesbian, Gay, Bisexual, Transgender, Queer (LGBTQ) Communities: If Gay Means Happy Why Am I Always Getting High?  
LGBTQ people are more likely to use alcohol, tobacco, and other drugs than the general population. They are also less likely to abstain from alcohol, tobacco and other drugs; they report higher rates of substance abuse problems; and they are more likely to continue heavy drinking into later life. The workshop examines the complexity of sexual identity and gender expression, social and cultural variables, mental health, and trauma history that influence problematic use, abuse, and dependence on alcohol, tobacco, drugs, and other addictions. Participants will be better able to provide LGBTQ-affirmative treatment interventions in helping clients to enact behavior changes in the process of recovery from addictions. This workshop does not qualify for NBCC (National Board for Certified Counselors) clock hours.  
Fee: $129  
CEHs: 5 Social and Cultural Competence  
Instructor: Anthony Polizzi, MA, LCADC  
Date: Friday, April 15, 2016  
Time: 9:30 a.m. - 3:30 p.m.  
Location: Goodwill Industries, Harrison

#4104  
The Impact of Substance Abuse on Family Members  
Substance abuse often takes a devastating toll on families. In this workshop we will examine the effects of substance abuse on non-using family members, including the impact on self-esteem, communication
patterns, intimacy in relationships, and the increased risk for mental health and substance abuse. We will explore the family rules and roles that develop when addiction is present in the nuclear family unit. Several key factors will be discussed, including inter-generational relationship patterns, the role of genetics and environment, and learned behavior and how these factors lead to the dysfunctional rules and roles adopted by family members. Finally, we will discuss interventions to foster recovery from the harmful effects addiction has on the family. This workshop will be offered on two different dates and locations:

Fee: $129  
CEHs: 5 Clinical  
Instructor: Anthony Polizzi, MA, LCADC  
Date: Friday, May 6, 2016  
Time: 9:30am - 3:30pm  
Location: Harlem Children’s Zone, New York

#4103  
Current Drug Trends and Emerging Drugs of Abuse  
Many new drugs are making local and national headlines, such as K2/spice and bath salts. This interactive workshop will discuss the latest developments and information regarding synthetic cannabinoids, MDPV, mephedrone, kratom, salvia, and other designer drugs that have been emerging over the past few years. Workshop participants will be introduced to the physiology of these drugs and how they can possibly impact, mimic, and exacerbate mental health disorders such as anxiety and depressive disorders. Epidemiologic trends in drug abuse in both youth and adults will be discussed, as will the latest trends for 2013 from the New Jersey Division of Addiction Services. Workshop participants will participate in interactive discussions and exercises in differential diagnosis of similar symptoms produced by these emerging drugs of abuse and other mental health disorders. Patterns of use, abilities for urine detection, and other legal aspects regarding these emerging drugs will be discussed.

Fee: $129  
CEHs: 5  
Instructor: Glenn Duncan LPC, LCADC, CCS, ACS  
Date: Friday, May 6, 2016  
Time: 9:30 a.m. - 3:30 p.m.  
Location: 390 George St., New Brunswick

#5581  
The Dynamics of Addiction, Domestic Violence, and Child Abuse  
It is clear that all forms of abuse are destructive. This workshop will address the interrelationships between addiction, domestic violence, and child abuse and the devastating impact they have on all involved. We will explore the values of maintaining dysfunction and what it takes to interrupt the process. The increased concerns over stress in the hostile home environment will also be discussed. This workshop will utilize mixed modalities of presentation.

Fee: $129  
CEHs: 5  
Instructor: John Kriger, MSM, LCADC, CPS  
Date: Tuesday, May 17, 2016  
Time: 9:30 a.m. - 3:30 p.m.  
Location: Rutgers Eco Complex, Bordentown

#5059  
CBT for Addictions  
Cognitive Behavioral Therapy (CBT) has been proven effective by research. This workshop explains the theoretical foundations for cognitive behavioral interventions in the treatment of addictions. Through experiential activities, small group exercises, and discussion, participants will practice such CBT essentials as functional analysis and behavior chains. Participants will learn how to apply CBT within a client-centered, strengths-based approach. The role of stages of change and relapse prevention will be explored. Clinicians will come away with usable tools.

Fee: $129  
CEHs: 5 Clinical  
Instructor: Nancy Violette, PhD, LCSW, LCADC, CCS  
Date: Friday, June 3, 2016  
Time: 9:30 a.m. - 3:30 p.m.  
Location: Octagon 10 Office Center, Parsippany

#5224  
Co-Occurring Disorders: Going Beyond the Boundaries of Diagnosis  
We used to call individuals with mental illness and co-occurring substance use disorders a “special” population, but over the years we have become aware that the prevalence is so great that they are our population. This workshop is designed for helping professionals who may need hope, understanding, and methods for dealing with the most difficult of behaviors. An overview of the development of disorders, the interrelationship of mental illness and substance use, levels of severity, and how to sort through symptoms of each disorder will be explored. We will explore how attention to diagnosis, rather than attention to the total person, can complicate engagement and treatment. This workshop will provide underlying principles for assessment, diagnosis, treatment, and recovery support that can be provided in any agency in any system.

Fee: $129  
CEHs: 5 Clinical  
Instructor: Kathryn Bedard, MA, LCADC, NCADC  
Date: Friday, June 3, 2016  
Time: 9:30am - 3:30pm  
Location: Robins’ Nest, Glassboro

#5058  
Addictions Across the Lifespan  
Using a life course perspective as the theoretical foundation for this workshop, participants will learn how addictive behaviors manifest differently as clients move through the lifespan. Lecture and discussion on core theoretical concepts, including models for understanding addictive behaviors and best treatment approaches for your clinical populations, will be discussed within this life course perspective. This is a participatory workshop with exercises and discussion that will engage you to understand and explore your own “life line.” Clinical applicability will be emphasized throughout workshop.

Fee: $129  
CEHs: 5 Clinical  
Instructor: Nancy Violette, PhD, LCSW, LCADC, CCS  
Date: Thursday, June 9, 2016  
Time: 9:30 a.m. - 3:30 p.m.  
Location: 390 George St., New Brunswick

#5598  
Ethical and Legal Issues in Substance Abuse Counseling  
This interactive workshop focuses on the major elements of legal and ethical issues for those clinicians working in the substance abuse field. It is important to know that the legal/ethical standards for working with substance abusing clients were updated in October 2009. This workshop covers those changes and more. Legal areas include scope of clinical and supervisory practice, malpractice, duty to warn, informed consent, confidentiality, the impaired professional, and the ADA. Ethical areas covered include workplace harassment, dual relationships, and an overview of the division of consumer affairs LCADC/CCD ethical standards. This workshop does not qualify for NBCC (National Board for Certified Counselors) clock hours in ethics.

Fee: $129  
CEHs: 5 Clinical, Ethics  
Instructor: Glenn Duncan LPC, LCADC, CCS  
Date: Thursday, June 16, 2016  
Time: 9:30 a.m. - 3:30 p.m.  
Location: Advance Housing, Teterboro

#4777  
Applied Interventions for Addiction  
All addictions are dependent upon an inability to link positive affective states with internal self-representation. All addiction is mood related. Presented in this workshop is a comprehensive therapeutic plan from assessment to intervention that includes the one question you must ask every person with an addiction, the origins of addiction and why people “become” addicts, genetics and alcohol/drug sensitivity influences, assessing your client’s motivation and the stage-of-change model, the complex learning of addictive behavior, psycho-action and (continued on next page)
physiological properties of drugs/alcohol, stimulus control and self-regulation models, the four phases of addiction, why AA/NA is not the answer for everyone, specificity theory — addictions are a choice, dual lines of self and affective development, the culture of addiction, risk assessment and relapse prevention strategies, predicting withdrawal distress, techniques and methods of building of positive internalized self-representation, and coping skills for lasting change.

**#5933**
**Life Cycle Experience and Issues in the Adoption of Older Children**

This workshop introduces the special challenges related to parenting children who spent significant time in temporary care systems prior to adoption. Topics include adoption as the permanency plan, life in the child welfare system and common survival behaviors, and the interplay between adoption and child development. Also, attachment theory, family building, and characteristics of successful adoptive families will be discussed. A presentation will also focus on how adoptive families can be supported.

**Fee:** $129  
**CEHs:** 5 Clinical  
**Instructor:** Robert Jaskiewicz, LCSW  
**Date:** Saturday, June 18, 2016  
**Time:** 9:30 a.m. - 3:30 p.m.  
**Location:** Octagon 10 Office Center, Parsippany

**Note:** All required workshops in the adoption certificate are open to be taken individually or as part of the certificate program. See page 7 for details.

**#5954**
**Attachment-Focused Therapy for Adoptive Families**

In this workshop, participants will learn to recognize the symptoms of impaired attachment, and the profound impact of impaired attachment on the adoptive family. Interventions to facilitate family attachment will be discussed. Effective clinical strategies for assessment and treatment of attachment-related problems will be covered.

**Fee:** $129  
**CEHs:** 5 Clinical  
**Instructor:** Robert Jaskiewicz, LCSW  
**Date:** Saturday, June 18, 2016  
**Time:** 9:30 a.m. - 3:30 p.m.  
**Location:** Octagon 10 Office Center, Parsippany

**CERTIFICATE REQUIREMENT**

**#5957**
**Behavioral Management and Discipline With Adopted Children**

The focus of this workshop will be on discipline seen as protection and care. Supervision as a form of discipline, testing, limit-setting, rewards, consequences, incentives, and punishment will be discussed. Also, skill building in adoptive parents and crisis intervention methods for difficult situations will be presented.

**Fee:** $129  
**CEHs:** 5 Clinical  
**Instructor:** Robert Jaskiewicz, LCSW  
**Date:** Saturday, June 18, 2016  
**Time:** 9:30 a.m. - 3:30 p.m.  
**Location:** Octagon 10 Office Center, Parsippany

**CERTIFICATE REQUIREMENT**

**#5958**
**The Language of Adoption**

Learning to speak a new language is a skill that takes time and practice. When working with families formed by adoption, the words we use make a difference. Utilizing the principles of object relations theory, this course is designed to provide effective strategies for practitioners who work with anyone touched by adoption. Participants will gain an understanding of adoption-centered language and will demonstrate through small group activity and role play their enhanced ability to effectively connect with those involved in the adoption constellation. Additional topics covered will include the use of accurate terms, assisting adoptive families with navigating relationships with birth families, and techniques on how to craft developmentally appropriate discussions with children about adoption and birth stories.

**Fee:** $129  
**CEHs:** 5 Clinical  
**Instructor:** Robert Jaskiewicz, LCSW  
**Date:** Saturday, June 18, 2016  
**Time:** 9:30 a.m. - 3:30 p.m.  
**Location:** Octagon 10 Office Center, Parsippany

**CERTIFICATE REQUIREMENT**

**#5959**
**Conceputalizing Crisis Intervention When Working With Adoptive Families**

This workshop clearly presents the therapeutic nuances that must be comprehended when helping adoptive families work through crisis. Roberts’ Seven-Stage Model of Crisis Intervention is used as the framework for presenting adoption-specific information. Participants will come away with a strong grasp of crisis intervention, adoption, and trauma. In addition, the workshop emphasizes preliminary understanding and skill building of attachment-specific therapy techniques.

**Fee:** $129  
**CEHs:** 5 Clinical  
**Instructor:** Robert Jaskiewicz, LCSW  
**Date:** Saturday, June 18, 2016  
**Time:** 9:30 a.m. - 3:30 p.m.  
**Location:** Octagon 10 Office Center, Parsippany

**CERTIFICATE REQUIREMENT**

#5955
Family-Focused Therapy for Post-Institutionalized Children

Post-institutionalized children often demonstrate a pattern of behavioral symptoms. This workshop will provide the practitioner with the assessment tools to determine what the behavioral symptoms are and how they impact on the adoptive family. Clinical strategies for treatment will be presented in the framework of seeing the adoptive family as the primary source of care and healing.

**Fee:** $129  
**CEHs:** 5 Clinical  
**Instructor:** Robert Jaskiewicz, LCSW  
**Date:** Saturday, June 18, 2016  
**Time:** 9:30 a.m. - 3:30 p.m.  
**Location:** Octagon 10 Office Center, Parsippany

**CERTIFICATE REQUIREMENT**

**#5960**
**Individual Therapy With Adopted Children**

In this workshop, participants will learn assessment and treatment approaches for individual therapy with the adoptee. Identity development and separation problems will be the primary focus of discussion. Strategies and techniques for various ages will be presented.

**Fee:** $129  
**CEHs:** 5 Clinical  
**Instructor:** Robert Jaskiewicz, LCSW  
**Date:** Saturday, June 18, 2016  
**Time:** 9:30 a.m. - 3:30 p.m.  
**Location:** Octagon 10 Office Center, Parsippany

**CERTIFICATE REQUIREMENT**

**#5956**
**Conceptualizing Crisis Intervention When Working With Adoptive Families**

This workshop clearly presents the therapeutic nuances that must be comprehended when helping adoptive families work through crisis. Roberts’ Seven-Stage Model of Crisis Intervention is used as the framework for presenting adoption-specific information. Participants will come away with a strong grasp of crisis intervention, adoption, and trauma. In addition, the workshop emphasizes preliminary understanding and skill building of attachment-specific therapy techniques.

**Fee:** $129  
**CEHs:** 5 Clinical  
**Instructor:** Robert Jaskiewicz, LCSW  
**Date:** Saturday, June 18, 2016  
**Time:** 9:30 a.m. - 3:30 p.m.  
**Location:** Octagon 10 Office Center, Parsippany

**CERTIFICATE REQUIREMENT**
Note: All workshops in the case management certificate are open to be taken individually or as part of the certificate program. See page 7 for details.

#4502 Improving Networking Skills and Enhancing Interagency Relationships
This workshop will address the fundamental need of front-line workers to communicate more successfully, build effective coalitions, and enhance their networking potential. Participants will learn strategies to break down communication barriers that interfere with constructive interagency relationships and practice skills needed to work effectively with different types of agencies. The value of dialogue over discussion will be addressed as well as techniques to find common ground.

Fee: $129
CEHs: 5
Instructor: John Kriger, MSM, CADC, CPS
Date: Thursday, April 28, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: Robins’ Nest, Glassboro
CERTIFICATE REQUIREMENT

#4142 Interviewing Skills Throughout the Lifespan
In this workshop, the use of basic interviewing techniques will be explored throughout the life cycle. Developmental theories will be discussed and utilized as a guide to the interview process. Practical tips will be offered for professionals working with clients who may be experiencing barriers to communication.

Fee: $129
CEHs: 5
Instructor: Donna Gapas, LCSW
Date: Tuesday, May 10, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: 390 George St., New Brunswick

#5065 Introduction to Functional Behavioral Assessments
Functional behavior assessments are conducted in order to ascertain the function of maladaptive behaviors and identify positive replacement behaviors that foster socially acceptable ways to communicate and therefore decrease the need for a child to display challenging behaviors. This workshop presents a three-tier approach to performing functional behavioral assessments in educational and therapeutic settings and will involve participants establishing skills related to identifying behavioral (ABA) concepts and variables that affect behavior change, developing an understanding of data collection systems, determining the function of behavior, identifying appropriate replacement behaviors based on function, and developing a comprehensive behavior plan. Through the use of short lectures, case studies, media, and small group interactions, participants will receive instruction on applying functional behavior assessments to common disruptive behavior and anxiety-based disorders.

Fee: $129
CEHs: 5
Instructor: John Kriger, MSM, CADC, CPS
Date: Monday, June 13, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: Rutgers Eco Complex, Bordentown
CERTIFICATE REQUIREMENT

Child/Adolescent Mental Health

Note: All workshops in the child/adolescent mental health certificate are open to be taken individually or as part of the certificate program. See page 7 for details.

#5607 Dealing With Challenging Parents and Families
Whether you’re an educator, CST member, administrator, or mental health professional, you share one thing in common — dealing with difficult parents and families. All of us have experienced problematic, unproductive, and/or uncomfortable interactions with parents/families. Whether it be issues of defensiveness, “my child does no wrong,” noncompliance, or just plain hostile parents, it can place an incredible hurdle and stress on your job duties. So what can you do? In this workshop, learn effective, practical tools geared to help productively tailor your interventions around the most common types of challenging families. This workshop is being offered on two different dates and locations:

Fee: $129
CEHs: 5 Clinical
Instructor: Brett Novick, MS, LMFT, CSSW
Date: Thursday, March 31, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: St Francis Community Center, Long Beach Township

Fee: $129
CEHs: 5 Clinical
Instructor: Brett Novick, MS, LMFT, CSSW
Date: Wednesday, June 29, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: Octagon 10 Office Center, Parsippany
CERTIFICATE REQUIREMENT
Time: 9:30 a.m. - 3:30 p.m.
CEHs: 10 Clinical
Fee: $225
that participants bring a copy of the DSM-5, bring sample vignettes that illustrate diagnostic and assessment tools; mental perspectives, the use of multiple data sources, and standardized assessment tools; and major diagnostic categories, including disruptive behavior, reactive attachment disorder, and early character dysfunction in children. The workshop will include didactic presentation and case-centered group exercises. Participants are strongly encouraged to bring sample vignettes that illustrate diagnostic difficulties and puzzles. It is suggested that participants bring a copy of the DSM-5, if possible.
Fee: $225
CEHs: 10 Clinical
Instructor: Susan Esquelin, PhD, ABPP-Clinical
Time: 9:30 a.m. - 3:30 p.m.
Location: 390 George St., New Brunswick
CERTIFICATE REQUIREMENT

#5654 Assessment and Differential Diagnosis of Children
This workshop seeks to enhance the clinician's ability to diagnose child mental disorders accurately and comprehensively. We will address two major topic areas: the key factors in accurate assessment, including developmental perspectives, the use of multiple data sources, and standardized assessment tools; and major diagnostic categories, including disruptive behavior, reactive attachment disorder, and early character dysfunction in children. The workshop will include didactic presentation and case-centered group exercises. Participants are strongly encouraged to bring sample vignettes that illustrate diagnostic difficulties and puzzles. It is suggested that participants bring a copy of the DSM-5, if possible.
Fee: $225
CEHs: 10 Clinical
Instructor: Susan Esquelin, PhD, ABPP-Clinical
Time: 9:30 a.m. - 3:30 p.m.
Location: 390 George St., New Brunswick
CERTIFICATE REQUIREMENT

#5653 Attachment Theory: A Helpful Framework for Understanding and Intervening With At-Risk Children and Their Families
Secure attachment has been found to be associated with better social, emotional, and behavioral outcomes of children. Maternal sensitivity is thought to be a major contributor to the development of a secure attachment. This workshop with provide participants with an introduction to attachment theory and its relevance to clinical practice with at-risk children and their families. Important contributors to attachment theory, as well as their research, will be reviewed, including John Bowlby, Mary Ainsworth, and Harry Harlow. More recent research on attachment and neurobiology, particularly by Alan Schore, will be discussed. Participants will learn about the importance of sensitivity in fostering a healthy parent-child relationship, thereby laying the foundation for future mental health. Participants will learn to evaluate parent-child interactions within the context of sensitivity and will learn strategies to improve parenting sensitivity. Cultural issues and their impact on parenting and sensitivity, as well as implications for the therapist-client relationship, will also be discussed.
Fee: $129
CEHs: 5 Clinical
Instructor: Colleen Daly Martinez, PhD, LCSW
Date: Friday, May 20, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: Octagon 10 Office Center, Parsippany
CERTIFICATE REQUIREMENT

#5655 Legal and Ethical Issues in Child/Adolescent Mental Health
This workshop will outline the legal and ethical requirements in providing mental health services to children and adolescents. The first half of the workshop will set out the legal framework as defined by relevant statute and case law. This segment of the workshop will devote particular attention to the provisions of the Health Insurance Portability and Accountability Act (HIPAA) and their applicability within various treatment settings. The second half of the workshop will focus on handling and resolving the ethical dilemmas that may arise in the treatment of children and minor adolescents, with particular attention to confidentiality issues. This workshop does not qualify for NBCC (National Board for Certified Counselors) clock hours in ethics.
Fee: $129
CEHs: 5 Clinical, Ethics
Instructor: Yolanda Hawkins-Rodgers, EdD
Date: Friday, June 24, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: Octagon 10 Office Center, Parsippany
CERTIFICATE REQUIREMENT

#5652 Psychopharmacology With Children and Adolescents
A comprehensive psychiatric assessment is crucial for determining the appropriate use of psychotropic medications as part of mental health treatment of children or adolescents. This workshop explores the basic classes of psychotropic medications, their indications for use, and their common side effects. The insights provided in this workshop are pertinent to all clinicians working with children on psychotropic medication. This knowledge enables good collaboration among mental health professionals and strengthens the client-clinician relationship.
Fee: $129
CEHs: 5 Clinical
Instructor: Judeth Forlenza Wesley, RN, MSW, LCSW, LCADC, CPS
Date: Tuesday, July 19, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: 390 George St., New Brunswick
CERTIFICATE REQUIREMENT

#5656
Understanding and Treating Children and Adolescents in the Context of Their Families
Treatment of children and adolescents by definition involves an understanding of their family context. This workshop is designed to highlight the interface between children/adolescents and the family in which they are growing. There will be an initial focus on assessment of individual and family functioning. Participants will enhance their understanding of the concept of “fit” between children and parents. Specific techniques will be presented in order to help improve children’s functioning within the context of their family. Finally, the role of the therapist in facilitating enhanced functioning will be discussed. The workshop will include both didactic and interactive components.
Fee: $129
CEHs: 5 Clinical
Instructor: Nancy Harrison, PsyD
Date: Thursday, July 21, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: 390 George St., New Brunswick
CERTIFICATE REQUIREMENT

#5670
Understanding Child Development Through a Cultural Lens
The challenges that children face while growing up are largely impacted by their environment. It is important to understand this environment through the “cultural looking glass.” This workshop will help participants recognize, identify, and compare children’s developmental issues within the framework of culture and focus on different aspects of early development as markers of a child’s progress.
Fee: $129
CEHs: 5 Clinical, Social and Cultural Competence
Instructor: Yolanda Hawkins-Rodgers, EdD, ACS
Date: Thursday, August 11, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: Harlem Children’s Zone, New York
For other workshops relevant to working with youth see also: clinical workshops on page 10 and general workshops on page 17.

Clinical Supervision
Note: Completion of all four workshops meets the continuing education requirement for an LCSW to provide clinical supervision in N.J.

#5305
Core Issues in Clinical Supervision
This interactive workshop will focus on demonstrating major elements of clinical supervision in social work. Participants will have the opportunity to observe modeled activities, discuss the elements of clinical supervision, the supervisory relationship, and practice determining supervisor and supervisee learning and communication styles.
Fee: $129
CEHs: 5 Clinical
Instructor: Robert Hazlett, PhD, LCSW
Date: Wednesday, May 4, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: Rutgers Eco Complex, Bordentown

#5306
Models and Techniques of Clinical Supervision
The goal of this workshop is to provide a theoretically based, focused, and practical experience in the use of supervision models. This interactive workshop will focus on three different models of supervision and participants will be able to discuss the theoretical rationale for the models as well as experience hands-on use of each.
Fee: $129
CEHs: 5 Clinical
Instructor: Robert Hazlett, PhD, LCSW
Date: Wednesday, May 11, 2016
Time: 9:30 a.m. - 3:30 p.m.

Location: Rutgers Eco Complex, Bordentown

#5307
Managing Differences and Difficult Supervisees
The focus of this interactive workshop will be major elements of managing differences and difficult supervisees in supervision. In addition to discussing the cultural contexts of the supervisory relationship, participants will be exposed to research regarding difficulties in supervision, practice problem-solving with case examples, and discuss the role of supervisory style as it impacts the interaction between supervisor and supervisee.
Fee: $129
CEHs: 5 Clinical, Social and Cultural Competence
Instructor: Robert Hazlett, PhD, LCSW
Date: Wednesday, May 18, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: Rutgers Eco Complex, Bordentown
Please note: If you are using this workshop to meet the 20-hour clinical supervision requirement, you cannot use it to meet your social and cultural competence requirement.

Mini-Certificate in Complex Trauma
Drawing upon the most current conceptualizations of complex trauma, this four-day workshop will provide in-depth training in working with issues of complex trauma with older adolescents, adults, and older adults. The workshop is designed for both clinicians new to working with complex trauma-spectrum problems, as well as for more experienced clinicians in various clinical settings.
(continued on next page)
Clinicians will learn the essential principles of a phase-oriented, relational approach. Utilizing a resilience-based, attachment-focused framework, clinicians will experience how to provide the necessary conditions for safely assisting clients in healing from complex traumatic disorders. In order to foster the kind of depth-oriented learning required to address the topic, the workshop is designed as a “closed-cohort model”, i.e., the same group of participants will be enrolled for the four-day sequence, working closely in small groups for maximum participation.

#8886
Mini-Certificate in Complex Trauma
A Four-Week Series
Fee: $500
CEHs: 20, Clinical
Instructor: Monica Indart, PsyD
Location: Octagon 10 Office Center, Parsippany

See the series dates below:

Week One: Current Conceptualizations and Biopsychosocial Assessment of Complex Trauma
This module provides an introduction to the series, as well as a theoretical foundation for the intervention approach. The developmental etiology and neurobiological consequences of complex trauma will be reviewed through the lens of current research on attachment. Potential psychological and physical consequences of untreated complex trauma across the lifespan will be discussed. Clinical assessment of complex trauma will be reviewed through the use of case vignettes and videotapes, highlighting managing the clinical interview, engaging the client, and setting the stage for treatment. Risk/vulnerability and resilience profiles will be presented so participants can understand the range of complexity inherent in treating complex trauma.
Date: Tuesday, April 19, 2016
Time: 9:30 a.m. - 3:30 p.m.

Week Two: Differential Diagnosis and Ethical Issues Encountered in the Treatment of Complex Trauma and Phase-Oriented Treatment Model
The morning module focuses on diagnostic dilemmas that clinicians face in accurately assessing complex trauma, as well as the ethical issues that are commonly encountered in working with individuals suffering from this type of distress. Identifying commonly misdiagnosed “presentations” of complex trauma, avoiding clinical pitfalls that can lead to ethical dilemmas, and adopting a process and outcome-focused treatment response model are presented as essential prerequisites to working with these issues. Case vignettes and small group exercises will provide experiential learning opportunities. The afternoon module presents an overview of the phase-oriented, relational approach (Courtois and Ford, 2013) that provides clinical guidelines for maintaining safety, providing structure, responding to particular reactions and issues, and managing the clinical disruptions that are inherent in the treatment of these trauma-spectrum problems.
Date: Tuesday, April 26, 2016
Time: 9:30 a.m. - 3:30 p.m.

Week Three: Implementation of the Phase-Oriented Treatment of Complex Trauma
The focus of this module will be on matching client needs to treatment sequences and interventions. The morning session will focus on applying the phase-oriented relational approach to trauma-spectrum problems through the use of case vignettes, videotapes, and small group practice exercises. The afternoon session will review evidence-based treatment models, such as cognitive processing therapy, prolonged exposure therapy, EMDR, sensorimotor psychotherapy, and narrative exposure therapy as examples of clinical approaches that can be integrated within the phase-oriented model. Continued practice exercises in small groups of three will focus on applying essential skills to case vignettes. Time permitting, case consultation and discussion will be provided at the end of this module.
Date: Tuesday, May 10, 2016
Time: 9:30 a.m. - 3:30 p.m.

Week Four: Building a Complex Trauma Model — Essential Practice Principles
This module further develops and deepens the competencies acquired through previous modules, focusing on integrating and applying best practice approaches to working with complex trauma across a variety of settings and populations. Drawing upon the experiences of the prominent clinicians and scholars in the field, application of a complex trauma model is reviewed and discussed, with continued practice of specific clinical situations, such as working with the dissociative client, addressing safety needs in real-world contexts of domestic violence, and providing culturally responsive approaches to traumatic grief. This module concludes with an experiential segment on self-care for clinicians and developing communities of practice to sustain trauma workers in the field.
Date: Tuesday, May 17, 2016
Time: 9:30 a.m. - 3:30 p.m.

Developmental Disabilities

Note: All workshops in the developmental disabilities certificate are open to be taken individually or as part of the certificate program. See page 8 for details.

#3028
Understanding and Managing Problem Behaviors
Problem behaviors present a significant barrier to community life and success for many people with developmental disabilities. This workshop will review approaches to investigating the reasons for the existence of problem behaviors and strategies for the management of problem behaviors. Mental health considerations, person-centered approaches, including positive behavior supports, and behavior analytic perspectives to assessing and treating problem behavior will be discussed.
Fee: $129
CEHs: 5
Instructor: Phillip Smith, PhD
Date: Thursday, May 5, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: The Boggs Center, New Brunswick
CERTIFICATE REQUIREMENT

#3025
Community Services and Supports for Adults With Disabilities: Evolving Approaches
Over the past years, the approach utilized in supporting adults with developmental dis-
Decision-Making for People With Developmental Disabilities

Whether an individual has (or should have) a guardian should no longer be either the beginning or the end of the discussion of decision-making for people with developmental disabilities. The workshop will discuss the legal concepts and ethical implications of decision-making capacity and guardianship, as well as alternatives to guardianship. The workshop will also explore the application of the model of shared decision-making for people with developmental disabilities. This workshop does not qualify for NBCC (National Board for Certified Counselors) clock hours in ethics.

Fee: $129
CEHs: 5 Ethics
Instructors: Joseph Young, JD and Deborah Spitalnik, PhD
Date: Wednesday, May 18, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: The Boggs Center, New Brunswick

Mental and Behavioral Health Aspects of Dual Diagnosis (MI/DD)

This workshop is intended to introduce participants to state-of-the-art information regarding adult dual diagnosis (MI/DD). The morning session will consist of an overview of major mental health and behavioral health problems found within the population of developmentally disabled adults, including signs and symptoms of affective spectrum disorders, psychosis, and personality disorder as manifest. Diagnostic considerations will be addressed via lecture and case studies. The afternoon session will be devoted to an overview of relevant community-based mental health and disabilities services, including identifying gaps in service and future trends in service delivery.

Fee: $129
CEHs: 5 Clinical
Instructor: Lucille Esralew, PhD
Date: Tuesday, June 14, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: The Boggs Center, New Brunswick

Multicultural Perspectives in Developmental Disabilities

In this workshop, participants will learn about ways for exploring and discovering the values and belief systems that shape the behavior of various ethnic groups and the ways that various cultures approach the understanding of disabilities, services, and supports. The focus will be on helping participants understand the ways that culture impacts their own identity and that of people they serve. We will explore ways that a commitment to cultural competence is crucial for effective relationships with people in many areas of concern and practice. The workshop will also examine some of the major ethnic groups in New Jersey and strategies/resources for interaction with these communities.

Fee: $129
CEHs: 5 Social and Cultural Competence
Instructor: Shelley Dacres, MA
Date: Thursday, June 23, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: The Boggs Center, New Brunswick
CERTIFICATE REQUIREMENT

Clinical Certificate in Bowen Family Systems Theory - Basic Program

10 Monthly Workshops: September 2015 - June 2016
Two Levels:
$2200 — Institute-level program with certificate. By application only (includes supervision and certificate). See page 7 or download the application from socialwork.rutgers.edu/bowen.

$129 — Single workshop(s). Sign up for any workshop below at any time. No application and no supervision participation requirements. Up to three workshops in the year immediately before institute-level program enrollment may be counted towards the institute-level program requirements.

Wherever I Go, There I Am (Eventually) — Repercussions of Escaping an “Impossible” Family

Emotional cutoff, a Bowen family systems theory concept, describes how unresolved emotional issues with parents, siblings, and other family members are managed by reducing or totally cutting off emotional contact with them — moving away and rarely going home or by staying in physical contact but avoiding sensitive issues. “Escaping” their families-of-origin and determined to be different, they invest strongly in their “new” families or develop substitute families with friends or organizations, investing much more emotionally in them than their families-of-origin. While a cutoff may relieve immediate pressure and lower anxiety, the vulnerability to intense relationships remains, making it likely a more intense version of the past (or its mirror image) is replicated in the present. Covering cutoff origins and consequences, this workshop also explores how bridging cutoffs provides a path out of recreating the past in the present nuclear family while reducing anxiety and improving personal and relationship functioning.

CEHs: 5.5 Clinical
Instructors: Charles M. White, LCSW, LCADC, and Ellen Rogan, MSN, APN

Emotional Process in Society — How It Promotes Regressive and Progressive Periods and Its Influence on Families

Societal emotional process, a Bowen concept, describes how both progressive and regressive periods in societies are strongly influenced

Certification:

SCC: Social and Cultural Competence

Certification:

Bowen: Power of the Family

Note: All workshops listed below are part of the clinical certificate in Bowen Family Systems Theory - Basic Program. Workshops can be taken individually or as part of the institute-level program. If you are interested in the institute-level program, please see page 7 for details.

CERTIFICATE REQUIREMENT

Getting Beyond Blaming Self or Others — Becoming Factual About 500-Pound Gorilla

This workshop explores the multigenerational transmission process, a Bowen family systems theory concept and how understanding the facts of a family across generations is a means of identifying persistent behavior patterns. We will see that these patterns have histories and influence that transcend that of any one family member, thereby promoting a more objective understanding of these behavioral patterns, family members, and the parts of the self that play a role in creating and perpetuating them.

Fee: $129
CEHs: 5.5 Clinical
Instructors: Charles M. White, LCSW, LCADC, and Ellen Rogan, MSN, APN
Date: Saturday, April 2, 2016
Time: 9:30 a.m. - 4:00 p.m. (9 a.m. - 6 p.m. for institute-level training)
Location: 390 George St., New Brunswick
CERTIFICATE REQUIREMENT

The Birth Order Blues — Understanding Sibling Position Strengths, Blind Spots, and Liabilities

The Bowen family systems theory concept of sibling position asserts that people who grow up in the same sibling position in families tend to have important common characteristics. For example, oldest children often gravitate towards leadership positions while youngest children often prefer to be followers. Applied to spousal, partner, and parenting relationships, sibling position often has considerable explanatory power for understanding the challenges and successes that couples and parents experience in their relationship and task negotiations.

Fee: $129
CEHs: 5.5 Clinical
Instructors: Charles M. White, LCSW, LCADC, and Ellen Rogan, MSN, APN
Date: Saturday, May 21, 2016
Time: 9:30 a.m. - 4:00 p.m. (9 a.m. - 6 p.m. for institute-level training)
Location: 390 George St., New Brunswick
CERTIFICATE REQUIREMENT

Emotional Process in Society — How It Promotes Regressive and Progressive Periods and Its Influence on Families

Societal emotional process, a Bowen concept, describes how both progressive and regressive periods in societies are strongly influenced

(continued on next page)
by an emotional system operating on a societal level. During regressive periods, societies and their leaders tend to take easy ways out for addressing challenging issues, and it is not until the pain associated with these short-term strategies begins to exceed the pain associated with acting on long-term views that societies emerge into progressive periods. This workshop will explore the challenges for families as parents attempt to raise children in periods of societal regression compared to raising children in more progressive periods.

Fee: $129  
CEHs: 5 Clinical  
Instructors: Charles M. White, LCSW, LCADC, and Ellen Rogan, MSN, APN  
Date: Saturday, June 4, 2016  
Time: 9:30 a.m. - 4:00 p.m. (9 a.m. - 6 p.m. for institute-level training)  
Location: 390 George St., New Brunswick  
CERTIFICATE REQUIREMENT

Gerontology Programs

The Gerontology Programs consist of:  
◆ Basic Certificate Program in Gerontology  
◆ Advanced Certificate Program in Gerontology  
◆ Certificate Program in Senior Housing Issues  
◆ Certificate Program in Senior Services Management  

Note: All workshops in the gerontology certificates are open to be taken individually or as part a certificate program. See page 8 for details.

Basic Certificate Program in Gerontology  

#1124 Ethics Essentials in Geriatric Care  
Participants will learn to recognize ethical dilemmas in both everyday and biomedical situations, especially those dilemmas commonly arising in geriatric care, and will practice methodologies for ethical decision-making. Topics will include ethical principles and values, best practices for advanced directives, weighing benefits and burdens, substituted judgment, ethics committees, and the NJ POLST: Practitioners Orders for Life-Sustaining Treatments. This workshop does not qualify for NBCC (National Board for Certified Counselors) clock hours in ethics.  
Fee: $129  
CEHs: 5 Ethics  
Instructor: Robin Bacon Hoffman, MDiv, ThM  
Date: Thursday, April 21, 2016  
Time: 9:30 a.m. - 3:30 p.m.  
Location: 390 George St., New Brunswick  

#1153 Resources for Older Adults  
Are you challenged by locating services and benefits for older adults? If so, this session is for you. As an individual who works with the senior population, you may need additional knowledge about federal, state, county, and community resources that will enhance the quality of life for this segment of the population. This session will provide information on seeking resources and an overview of resources such as financial, health, housing, nutritional, and recreational programs. You will also learn the importance of networking and the elements of making effective referrals. Participants will actively engage in discussion to share resource information.  
Fee: $129  
CEHs: 5  
Instructor: Eileen Doremus, BA, CSW  
Date: Thursday, April 28, 2016  
Time: 9:30 a.m. - 3:30 p.m.  
Location: 390 George St., New Brunswick  

#1006 Aging: Policy and Economic Considerations  
This is the second of the two-part basic workshop, which provides the foundation and contextual information for understanding the older adult population ("Aging: The Human Process" is the first part). This workshop addresses those segments of the population that are at risk, such as ethnic and racial minorities and women, and how their status affects their lives as older adults. Basic information regarding the economic status of the older adults, including work and retirement as well as social and healthcare policies and programs will be discussed. Experiential exercises will be used to demonstrate the interactions and interplay in these various areas.  
Fee: $225  
CEHs: 15 Social and Cultural Competence  
Instructor: Stephen Sidersky, LCSW  
Date: Mondays, May 10, 17, and 24, 2016  
Time: 9:30 a.m. - 3:30 p.m.  
Location: 390 George St., New Brunswick  
CERTIFICATE REQUIREMENT

#1157 The Next Frontier: Community Models and Alternative Approaches to Working With Older Adult Clients  
Research asserts that the older adult population in the United States is growing dramatically and choosing to remain in their homes as they age, prompting human service professionals to meet a variety of physical and psychological needs of older adult clients through community-based programs. This workshop will discuss the attributes of three older adult community models: naturally occurring retirement communities (NORCs), aging in place, and aging friendly. Attendees will become versed in the terminology associated with each community model to be able to effectively navigate each community system. In addition, this workshop will provide research on the benefits of alternative...
approaches to working with older adult clients in the community. The workshop will include an in-depth discussion and resources specific to animal-assisted therapy, an often overlooked resource. Interview excerpts conducted with animal handlers will be provided to demonstrate the benefits of animal-assisted therapy with clients as well as strategies to integrate alternative approaches within a practitioner's intervention care plan for older adult clients. Occupational therapy, music therapy, and art therapy will also be touched upon, and information will be provided as to where to turn to get more information for your clients.

Fee: $129
CEHs: 5
Instructor: Analeah Green, PhD
Date: Monday, July 11, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: 390 George St., New Brunswick

### 1004 Practical Case Management With Older Adults

Case management practice is based on two important principles. The first involves respect and support for independence. The second involves the principle of using the least-restrictive alternative in helping clients with lifestyle changes. You will learn practical skills such as making realistic plans with the client, determining the frequency and nature of client contacts needed to implement the case plan, using existing support systems, addressing cultural and ethnic factors, ongoing assessment, networking effectively with other agencies, clarifying respective roles, and scheduling case management time and case recording.

Fee: $129
CEHs: 5
Instructor: Judith Parnes, LCSW
Date: Wednesday, July 20, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: 390 George St., New Brunswick
CERTIFICATE REQUIREMENT

### Advanced Certificate Program in Gerontology

### 1116 Self-Neglect: The Other Abuse

Many people experience significant symptoms of self-neglect as they age. This may be seen in multiple aspects of their life, including personal hygiene, necessary and recommended medical care, home maintenance, and aggressive hoarding behaviors. It is upsetting to families, neighbors, and sometimes professionals. It also can become a public health issue, especially in congregant housing situations. This workshop will help define what is self-neglect and when it becomes a problem. It will also explore helpful interventions for families and professionals.

Fee: $129
CEHs: 5
Instructor: Maggie Auer, MSW, LSW
Date: Tuesday, April 12, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: 390 George St., New Brunswick

### 1103 End-of-Life Issues

Professionals working with clients at the end of their lives are dealing with a powerful and complex process. This workshop will address the topic of “What is dying well?” (physically, emotionally, and spiritually) and the religious and cultural differences that play a role in this. Other topics include how to empower caregivers in the end-of-life situation, advocacy for the client, grieving rituals, and how to help clients with the planning of the funeral.

Fee: $129
CEHs: 5 Social and Cultural Competence
Instructor: Robin Bacon Hoffman, MDiv, ThM
Date: Friday, May 6, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: Rutgers Eco Complex, Bordentown
CERTIFICATE REQUIREMENT

### 1023 Ethnogeriatrics: Working With Older Adults of Various Cultures

Understanding of older adults’ cultures is essential to effective work with them and their families. In this workshop, participants will learn about different cultures in New Jersey and the values and beliefs that shape the behavior of these elders. Specific beliefs regarding health, illness, and aging will be addressed. The workshop will focus on the barriers older adults may have in accessing and using public social services and programs. Culturally sensitive approaches and skills will be presented and practiced.

Fee: $129
CEHs: 5 Social and Cultural Competence
Instructor: Donna Gapas, LCSW
Date: Friday, May 13, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: Parker at the Pavilion, Highland Park
CERTIFICATE REQUIREMENT

### 1126 Promoting Wellness in Older Adults

Whole-person wellness depends on at least seven dimensions: physical, emotional, spiritual, vocational, environmental, social, and intellectual. This workshop addresses each of these primary dimensions of wellness and provides strategies for maximizing wellness through the aging process. Purpose, mindfulness, and activity programming will be among the specific topics for discussion.

Fee: $129
CEHs: 5 Social and Cultural Competence
Instructor: Robin Bacon Hoffman, MDiv, ThM
Date: Thursday, May 19, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: 390 George St., New Brunswick

### 1090 Understanding and Improving Relationships in Later Life

Relationships in older adults are varied, rich, and complex. The quality of these relationships has an enormous impact on the coping ability of clients and their caregivers. Providers of treatment are often drawn into interpersonal dynamics that evolve from complex family histories and depleted caregivers. In this workshop, aging trends, developmental theories, and treatment issues related to late-life relationships will be explored. Participants will gain a better understanding of the impact of these dynamics on the care of clients in community and medically based settings. Solutions to assisting clients and their family members in their interactions with one another while they face treatment issues, illness, addiction, death, grief, and loss will be offered. Opportunities to assist clients who are seeking peace and resolution in their relationships will also be discussed.

Fee: $129
CEHs: 5 Clinical
Instructor: Donna Gapas, LCSW
Date: Tuesday, June 7, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: Octagon 10 Office Center, Parsippany

### 1070 Psychotherapy and Counseling With Older Adults

This workshop will dispel the all-too-common assumption that psychotherapy and counseling are not effective treatment modalities with senior adults. Contrary to the belief that seniors are “inflexible and stuck in their ways” as well as having diminished cognitive and reflective capacity, studies indicate that they can benefit as much from these modalities as younger persons, albeit with some different approaches, techniques, and goals. In this workshop, we will consider the special strengths and challenges of senior adults, the place of their particular life-cycle issues, and how to understand and use transference, resistance, support, and interpretation in working with this population. Many case examples and exercises will be offered.

Fee: $129
CEHs: 5 Clinical
Instructor: Stephen Sidorsky, LCSW
Date: Thursday, June 16, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: Rutgers Eco Complex, Bordentown

### 1091 Understanding and Empowering Caregivers of Older Adults

Older adults are living longer and longer lives. However, with longer life, the need for significant support increases. Caregivers are increasingly called upon to provide the necessary supports to keep an older adult functioning, often for a period of years. A key aspect of effective work with older adults is understanding and supporting the difficult and important role of their caregivers. This workshop will explore the many dimensions of caregiving for older adults, including the challenges and rewards of caregiving from an emotional, physical, and financial perspective. Caregiver (continued on next page)
burnout, coping patterns, and long-distance caregiving will be covered. You will also learn strategies and resources for supporting caregivers.

**Fee:** $129  
**CEHs:** 5  
**Instructor:** Eileen Doremus, BA, CSW  
**Date:** Monday, July 25, 2016  
**Time:** 9:30 a.m. - 3:30 p.m.  
**Location:** Rutgers Eco Complex, Bordentown

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**#1036 Ethical Dilemmas in Working With Older Adults**  
This workshop will present valuable information to professionals working with families who have an aging relative. Participants will learn practical methods to identify and analyze ethical dilemmas arising in the care of older adults. The principles of ethics and ethics theory will be discussed, as well as moral issues surrounding topics such as decision-making capacity, informed consent, surrogacy issues, advance directives, promising comfort and care, withholding and withdrawing life-supporting treatment, and the role of ethics committees. This workshop does not qualify for NBCC (National Board for Certified Counselors) clock hours in ethics.

**Fee:** $129  
**CEHs:** 5  
**Ethics**  
**Instructor:** Stephen Sidorsky, LCSW  
**Date:** Wednesday, August 17, 2016  
**Time:** 9:30 a.m. - 3:30 p.m.  
**Location:** Octagon 10 Office Center, Parsippany

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**Certificate Program in Senior Housing Issues**  
The required workshop offered this semester is:  
**#1036 “Ethical Dilemmas in Working With Older Adults”** (see page 32). More required workshops will be offered in the fall of 2016. Electives can be selected from all elective workshops under the gerontology programs.

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**Certificate Program in Senior Services Management**  
The required workshops offered this semester are:  
**#1036 “Ethical Dilemmas in Working With Older Adults”** (see page 32) and  
**#7153 “Management of Budgeting and Finance”** (see page 33). Electives can be selected from all elective workshops under the gerontology or nonprofit and public management programs.

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**Nonprofit and Public Management**  
**Note:** All workshops in the nonprofit and public management certificate are open to be taken individually or as part of the certificate program. See page 9 for details. The nonprofit and public management workshops are not approved for NBCC continuing education credit for LPCs as they do not specifically fit into an approved NBCC content area.

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**#7688 Trauma-Informed Programs: A Forum for Agency Planning and Change**  
This workshop is designed for program administrators, supervisors, and individuals who have a desire to become a trauma-informed care setting and who can effect systems change within their agency. We will set a foundation for systems change by reviewing how trauma impacts those we serve. Participants will review and utilize the elements of a trauma-informed system of care as we perform an agency self-assessment of staff and program readiness to incorporate trauma into the treatment milieu. A SWOT analysis will begin your preparation for change by developing your strengths and needs into a “TO-DO” list — making growth toward becoming trauma informed painless, clear, and meaningful. Through both small and large group discussion, we shall share strategies and boost your potential to create growth within your agency. Because sustainability is always a factor with change, we will develop plans to identify the trauma champions within your program structure who will provide that reinforcement and accountability. As an important part of the process, we shall also review the role of care for the caregivers as we refine a supervision model that can be incorporated into your agency. Roll up your sleeves and be trauma informed!

**Fee:** $129  
**CEHs:** 5  
**Instructor:** Kathryn Bedard, MA, LCADC, NCADC  
**Date:** Friday, April 8, 2016  
**Time:** 9:30 a.m. - 3:30 p.m.  
**Location:** St. Francis Community Center, Long Beach Township

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**#8161 Fundraising Essentials**  
This introductory workshop is designed for nonprofit professionals who are employed in today’s highly competitive environment. Participants in this workshop will learn the basic concepts, theories, and activities of fundraising, including the connection between marketing and fundraising; friend-raising as a prerequisite to fundraising; sources and types of funds to be raised and the corporate implications associated with each; ethical issues and considerations; strategic assessment and planning for fundraising — identifying, selecting, and designing types of initiatives; building a corporate fundraising infrastructure and a culture of giving; the roles of governance and management relative to fundraising; and the exercise of stewardship as to the disposition of funds raised and donor relations. The mastery of the content of this workshop will provide the foundation for participants to proceed on to advanced and specialized fundraising topics.

**Fee:** $129  
**CEHs:** 5  
**Instructor:** Elsa Candelario, LCSW  
**Date:** Monday, May 23, 2016  
**Time:** 9:30 a.m. - 3:30 p.m.  
**Location:** 390 George St., New Brunswick

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**#7152 Human Resources Management**  
Human resource administration can be an organization’s biggest challenge. Successful management of human resources promotes and enhances the skills and abilities of employees by creating and engaging systems and procedures that maximize productivity and lifelong learning. In this workshop, participants will identify the key components of human resource management and explore the legal and ethical issues related to it. Strategies to recruit and retain a high-quality workforce will be addressed, and ways to maintain a discrimination- and harassment-free environment will be identified.

**Fee:** $129  
**CEHs:** 5  
**Instructor:** Shelly Wimpfheimer, DSW, LCSW, CSWM  
**Date:** Tuesday, May 10, 2016  
**Time:** 9:30 a.m. - 3:30 p.m.  
**Location:** Advance Housing Inc., Teterboro

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**#4110 How to Effectively Supervise Staff: For New and Mid-Level Supervisors**  
To effectively supervise staff, one must be an effective leader who demonstrates the ability to develop the people while satisfactorily meeting or exceeding the needs of the organization and its clientele. Effective supervision empowers staff to be problem-solvers, accountable for their behavior, take on new and more responsibility and be focused, goal-directed decision-makers. This workshop will educate new and mid-level supervisors in leadership skills, giving and receiving feedback, assertive communication, setting boundaries, resolving conflict, morale building, managing difficult personalities, performance evaluation, promotion and demotion, hiring and termination, and how to be the ultimate role model for staff.

**Fee:** $129  
**CEHs:** 5  
**Instructor:** Sharon D. Thomas, MS, LPC  
**Date:** Tuesday, May 17, 2016  
**Time:** 9:30 a.m. - 3:30 p.m.  
**Location:** 390 George St., New Brunswick

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**#7163 Change Leadership**  
We all know that change is inevitable and that we must be adaptive to be successful leaders. Yet, it is just as inevitable that we will encounter resistance to change within our organization and within ourselves. This workshop covers a variety of cutting-edge theories that will allow participants to discover the sources of their...
own internal resistance and how it is communicated to those they lead. Participants will also learn how to become aware of informal organizational relationships that emerge to resist change efforts. Using experiential exercises and case scenarios, participants will learn how personal awareness and transformation of the leader can create a dynamic shift in the organization.

Fee: $129
CEHs: 5
Instructor: Lori Schlosser, PhD
Date: Friday, June 3, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: 390 George St., New Brunswick

#8162
Grant-Writing Essentials
This introductory workshop on grant writing covers strategies to effectively pursue funding with federal, state, and local government agencies; corporate philanthropy; private foundations; and high-net-worth individuals. Participants will learn what a grant proposal looks like, reasons why most grant proposals fail, the role of research in grant writing, development of effective proposal statements, basics on matching funds, grant writing technical issues such as length and format, eGrant basics, how much time to allocate to proposal writing, characteristics of a good proposal, including sample grant proposals. This workshop will also take participants inside the state and federal (RFP) process, grant-writing best practices, grant-writing strategies, and what to do when you are awarded a grant.

Fee: $225
CEHs: 10
Instructor: Ron Quincy, PhD
Dates: Wednesday, June 8, and Thursday, June 9, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: 390 George St., New Brunswick

#7656
Board Management — A Delicate Balance
Managing a board of directors is a challenging job for most senior managers. Serving on a board has become increasingly complex and board members are often not clear what their roles are and how they should relate to the executive director and other staff. Paid staff is frequently unclear about the same issues. This full-day workshop will clarify various issues related to board management and will provide concrete assistance and consultation for paid staff on board-related issues.

Fee: $129
CEHs: 5
Instructor: Shelly Wimpfheimer, DSW, LCSW, CSWM
Date: Thursday, June 9, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: Octagon 10 Office Center, Parsippany

#7153
Management of Budgeting and Finance
Included in the job descriptions of most senior and executive non-financial management personnel are various accounting and financial responsibilities they are required to oversee and manage. Their involvement and supervisory review of various forms and documents are integral parts of the internal control structure of their organization. This interactive workshop is intended to help non-financial managers better understand critical financial areas necessary for them to be more effective managers. Some of these areas include: function and types of budgets, spending plans, key financial documents, and essential internal controls.

Fee: $129
CEHs: 5
Instructors: Raymond S. Mayers, PhD, and Fontaine Fulghum, PhD
Date: Friday, June 10, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: 390 George St., New Brunswick
CERTIFICATE REQUIREMENT

#1151
Ethical Dilemmas for Administrators and Managers
In running their programs and organizations, senior service administrators/managers strive to promote a caring, respectful, and compassionate culture for the clients they serve on a daily basis. In order to deal more successfully with difficult people, confidentiality concerns, issues of cultural diversity, and considerations of individual capacity, this workshop will deal with approaches to ethical dilemmas that produce the best outcomes, conflict resolution and mediation strategies, interpersonal communication skills, and a culturally competent model of decision-making that is respectful of individual values and traditions. This workshop does not qualify for NBCC (National Board for Certified Counselors) clock hours in ethics.

Fee: $129
CEHs: 5 Ethics
Instructor: Stephen Sidersky, LCSW
Date: Tuesday, August 9, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: Rutgers Eco Complex, Bordentown

Social and Economic Justice

#4204
Cultural Competence and Equity in LGBT Healthcare: Awareness and Strategies for Medical and Mental Healthcare Providers
This workshop provides healthcare practitioners with information and strategies designed to promote the provision of culturally competent and appropriate medical and mental healthcare to lesbian, gay, bisexual, and transgender individuals. As the Affordable Care Act extends health insurance coverage to more Americans, previously underserved populations, including LGBT, will receive greater access to healthcare, creating a greater need for providers who are prepared to provide this care. Topics include affirmative terminology and LGBT cultural information, as well as discussion of the unique medical and mental health needs of LGBT individuals, including needs associated with coming out, gender-confirming transition, sexual activity, STDs, aging, minority stress, suicide, and substance use. The workshop also explores the reasons for historical inadequacies in LGBT healthcare that might affect current health status, including disproportionate lack of insurance coverage, non-disclosure to healthcare practitioners, lack of provider awareness of LGBT healthcare needs, and previous negative healthcare experiences. Given that LGBT individuals exist in all diagnostic and demographic patient populations, this workshop is appropriate for all healthcare practitioners.

Fee: $129
CEHs: 5 Social and Cultural Competence
Instructors: Paula Rodriguez Rust, PhD, and Phil McCabe, CSW, CAS
Date: Monday, May 2, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: Rutgers Eco Complex, Bordentown

#4392
Elder Justice for All
Over 10,000 baby boomers will be turning 65 every day for the next 17 years, and 1 in 10 will be a victim of elder abuse, thus creating 1,000 victims a day! To address this ethical dilemma and human rights issue, multiple stakeholders gathered to create the Elder Justice Roadmap. As professionals and advocates, it is increasingly important that we familiarize ourselves with this roadmap and assess how we can participate no matter at what level of practice we serve — micro, mezzo or macro. This workshop will help professionals outside of adult protective services envision a roadmap to elder justice through lecture, discussion, and group exercises and explore what we can do to meet the goal of elder justice for all. Social work ethics will be compared to the adult protective services’ code of ethics in demonstrating how the roadmap may be interpreted among professions. This workshop does not qualify for NBCC (National Board for Certified Counselors) clock hours in ethics.

Fee: $129
CEHs: 5 Ethics
Instructor: Joe Snyder, MA
Date: Friday, May 6, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: St Francis Community Center, Long Beach Township

#4277
Social Justice Practicum: Managing Conflicts and Challenges in the 21st Century
This workshop is designed for professional in human services, criminal justice, education, (continued on next page)
and related fields. In this workshop, participants will advance their knowledge about social justice and related societal issues, and how these important issues impact the world of the clients they serve. Participants will enhance their ability to manage conflicts and challenges as they relate to populations marginalized by the dynamics of power and influence. The workshop will use several case studies, including Ferguson, Mo., as well as group discussion, case method, and video presentations to enhance the interactive learning experience. The day will be skillfully facilitated by an instructor who has direct knowledge of and experience working with individuals and the community impacted by the tragic incident at Ferguson and similar situations in which minority and/or economically challenged citizens have been faced with the use of excessive, and sometimes deadly, force by law enforcement officers.

Fee: $129

CEHs: 5 Social and Cultural Competence

Instructor: Ron Quincy, PhD

Date: Thursday, June 2, 2016

Time: 9:30 a.m. - 3:30 p.m.

Location: 390 George St., New Brunswick

#1316 Community Organizing and Ethics

This workshop will focus primarily on community organizing and will help prepare participants to be effective leaders in advocating for their clients and social justice. This workshop will examine the history of community organizing in the United States, as well as the different theories and approaches to effective grassroots organizing. Particular attention will be given to professional ethics in all community-organizing activities. Participants will leave the workshop with a clearer understanding of how they can apply these approaches and theories to their everyday practice. This workshop does not qualify for NBCC (National Board for Certified Counselors) clock hours in ethics.

Fee: $129

CEHs: 5 Ethics

Instructor: Jill Zinckgraf, MPA

Date: Friday, June 10, 2016

Time: 9:30 a.m. - 3:30 p.m.

Location: Advance Housing Inc., Teterboro

#4279 Trauma and Its Effect on Youth in the Juvenile Justice (JJ) System

As many as 90% of youth involved in the justice system have experienced at least one traumatic event in their lifetime. Traumatic events can include physical abuse, sexual abuse, domestic violence, community violence, and/or disasters. This workshop is designed to assist individuals working with youth and young adults in the justice system understand trauma and its impact. Participants will learn how exposure to traumatic events has affected the thoughts, feelings, and behaviors of youth in the juvenile justice system and young adults on probation; how trauma may derail normal childhood and adolescent development and affect a youth/young adult's ability to adapt and cope with challenging situations; offer a better understanding of the behaviors youth develop to survive traumatic events and what happens when these ways of coping are no longer appropriate; look at the toll working with traumatized youth/young adults can take on staff; and help participants reduce their own stress in order to cope with the most challenging situations. Understanding and implementing strategies to address traumatized youth/young adults in the justice system have the capacity to relieve the suffering caused by trauma and PTSD, as well as potentially reduce a youth/young adult's future health, mental health, and correctional involvement.

Fee: $129

CEHs: 5 Clinical

Instructor: Jennifer R. Jones, PsyD, LPC

Date: Friday, July 8, 2016

Time: 9:30 a.m. - 3:30 p.m.

Location: 390 George St., New Brunswick

This workshop can also be taken as an elective towards the certificate program in trauma response.

#4278 School-to-Prison Pipeline: Understanding the Relationship Between School Discipline, Dropping Out, and Incarceration

The school-to-prison pipeline: an epidemic that is plaguing schools across the nation. Far too often, students are suspended, expelled, or even arrested for minor offenses that leave visits to the principal's office a thing of the past. Statistics reflect that these policies disproportionately target students of color and those with a history of abuse, neglect, poverty, or learning disabilities. The purpose of this workshop is to begin to examine the causes and repercussions of the school-to-prison pipeline on today's youth; understand the impact race, gender, and poverty have on this epidemic; and empower participants to make changes in their schools and communities.

Fee: $129

CEHs: 5 Social and Cultural Competence

Instructor: Jennifer R. Jones, PsyD, LPC

Date: Friday, August 5, 2016

Time: 9:30 a.m. - 3:30 p.m.

Location: Octagon 10 Office Center, Parsippany

Training Skills

Note: All workshops in the training skills certificate are open to be taken individually or as part of the certificate program. See page 9 for details.

#8003 Training Needs Assessment and Evaluation

In this workshop you will learn different types of training needs assessment and an approach to conducting a needs assessment interview when you are asked to do training. Also, the workshop will focus on the four levels of training evaluation and the various methods used to approach each level. A brief presentation and activity will address the preparation of pre/post test items. This workshop does not qualify for NBCC (National Board for Certified Counselors) clock hours.

Fee: $129

CEHs: 5

Instructor: Robert Hazlett, PhD, LCSW

Date: Tuesday, April 26, 2016

Time: 9:30 a.m. - 3:30 p.m.

Location: 390 George St., New Brunswick

CERTIFICATE REQUIREMENT

#8006 Developing Objectives and Planning Your Workshop

This workshop will address the basic elements needed to present a successful training program. You will explore how adults learn and how that impacts the instructional techniques you use. You will learn how to develop goals and objectives for your workshop. You are invited to bring current training assignments for further development and input. Finally, an overview of common instructional techniques will be presented and you will design a timed outline for a training session. This workshop does not qualify for NBCC (National Board for Certified Counselors) clock hours.

Fee: $129

CEHs: 5

Instructor: John Kriger, MSM, CADC, CPS

Date: Tuesday, May 3, 2016

Time: 9:30 a.m. - 3:30 p.m.

Location: 390 George St., New Brunswick

CERTIFICATE REQUIREMENT

#8001 Creating Effective Training Presentations

At the heart of every training is how well the trainer transmits knowledge and experience. Here’s a workshop designed to enhance the trainer’s ability to create thorough, effective, and interesting presentations. This workshop will also address the components of a professional presentation and identify proficient public-speaking skills. Techniques presented and skills practiced will allow participants to create behaviorally specific objectives for training presentations, produce succinct and effective presentations, appear more confident and dynamic in their delivery of information, and maximize audience interest with visual aids and interactive exercises. This workshop does not qualify for NBCC (National Board for Certified Counselors) clock hours. This workshop is being offered on two different dates:

Fee: $129

CEHs: 5

Instructor: Robert Hazlett, PhD, LCSW

Date: Tuesday, June 21, 2016

Time: 9:30 a.m. - 3:30 p.m.

Location: 390 George St., New Brunswick

CERTIFICATE REQUIREMENT

#8003 Training Needs Assessment and Evaluation

In this workshop you will learn different types of training needs assessment and an approach to conducting a needs assessment interview when you are asked to do training. Also, the workshop will focus on the four levels of training evaluation and the various methods used to approach each level. A brief presentation and activity will address the preparation of pre/post test items. This workshop does not qualify for NBCC (National Board for Certified Counselors) clock hours.

Fee: $129

CEHs: 5

Instructor: Robert Hazlett, PhD, LCSW

Date: Tuesday, May 20, 2016

Time: 9:30 a.m. - 3:30 p.m.

Location: 390 George St., New Brunswick

CERTIFICATE REQUIREMENT
#4152
The Art of Prezentation
In this highly interactive session, discover concrete methods to design laser-focused presentations, deliver more professionally, and have your attendees remember your information longer! Learn powerful techniques for organizing and developing visually stimulating presentations. Be empowered to dynamically provide vital knowledge with far greater clarity and impact. Effectively compete in this world of information overload with message clarity and visual impact with the Art of Prezentation! Remember, if they can’t recall it, they didn’t learn it! This workshop does not qualify for NBCC (National Board for Certified Counselors) clock hours.
Fee: $129
CEHs: 5
Instructor: John Kriger, MSM, CADC, CPS
Date: Wednesday, June 15, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: Rutgers Eco Complex, Bordentown

#8004
Experiential and Interactive Training Methods
Experiential and interactive training methods are an important part of the trainer’s toolkit. In this training session, we will begin by demonstrating and discussing experiential methods, i.e., methods that make use of participants’ experiences. Examples from various training programs will be given, and trainers will learn methods to develop their own experiential activities. Interactive training methods make use of the different interaction formats available in the training group. Various examples of dyadic, triadic, and small group exercises will be demonstrated. Trainees are encouraged to bring examples of their training programs for further discussion. This workshop does not qualify for NBCC (National Board for Certified Counselors) clock hours.
Fee: $129
CEHs: 5
Instructors: Ada Saperstein, MS, and Maureen Braun Scalera, MSW
Date: Thursday, August 4, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: 390 George St., New Brunswick

#8005
Working With Case Studies and Role Plays in Training
In this workshop, you will learn to develop case studies and role-plays for your workshops. The basic elements of case studies and role-plays and how they relate to the training objectives will be presented. Attention will be given to how to use case studies and critical incidents most effectively. You will also learn to develop role-plays, and a demonstration will be given of the various ways in which role-plays can be used. Specific techniques, such as warm-ups, role reversal, and role rotation will be presented. You are invited to bring current training assignments for further development and input. This workshop does not qualify for NBCC (National Board for Certified Counselors) clock hours.
Fee: $129
CEHs: 5
Instructor: Doug Behan, LCSW
Date: Tuesday, July 12, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: 390 George St., New Brunswick
CERTIFICATE REQUIREMENT

#5852
Differences and Diversity in the Experience, Effects, and Treatment of Trauma
New Jersey is the fifth most culturally diverse state. Traumatic stress reactions are greatly influenced by culture, ethnicity, and spirituality. In addition, pre-existing and comorbid conditions such as mental illness and substance abuse affect outcomes. In this workshop, we will examine how cultural issues influence the experience, effects, and treatment of trauma and discuss culturally specific needs and interventions for trauma survivors. The needs of special populations will be explored as well.
Fee: $129
CEHs: 5 Clinical, Social and Cultural Competence
Instructor: Nicci Spinazzola, EdS, LMFT, LPC, ACS
Date: Wednesday, March 30, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: Octagon 10 Office Center, Parsippany
CERTIFICATE REQUIREMENT

#5451
The Impact of Trauma
This workshop provides an overview of trauma and its impact. Trauma is explored from a historical, epidemiological, psychological, and physiological perspective. Current assessment and treatment approaches are presented. The workshop will examine child sexual abuse as one type of traumatic event. Special attention is also given to the impact of trauma on the helping professional.
Fee: $129
CEHs: 5 Clinical
Instructor: Marsha Heiman, PhD
Date: Friday, April 8, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: 390 George St., New Brunswick

#5880
Understanding the Impact of Trauma and Community Violence
Trauma has sometimes been defined in reference to circumstances that are outside the realm of normal human experience. Unfortunately, this definition does not always hold true for the clients with whom we work. For some, trauma can occur frequently and become part of the common human experience, especially community violence. The results of trauma and community violence can influence and compound our clients’ difficulties. This training provides an overview of trauma and community violence, and explores the impact the two phenomena have on clients. The training is also designed to give professionals tools to address the residual effects of trauma and community violence with their clients. Additionally, professionals will examine ways they can be exposed to trauma vicariously and therefore will understand the importance of self-care to combat burnout.
Fee: $129
CERTIFICATE REQUIREMENT

Trauma Response and Crisis Intervention
Note: All workshops in the trauma and crisis intervention certificate are open to be taken individually or as part of the certificate program. See page 9 for details.

#5850
Foundations and Models of Crisis Intervention and Trauma Response
This two-day workshop will examine the history of crisis intervention and trauma response over the past century. This will be done as a means to understand the current response models and intervention techniques that will be specified and discussed, particularly as they relate to different affected populations (civilians, first responders, schools, etc.). Relevant research will be considered as a means to evaluate the effectiveness of these crisis response models. Community resources related to crisis and trauma will be identified. This workshop will include lecture, discussion, and experiential formats.
Fee: $225
CEHs: 10 Clinical
Instructor: Cynthia Lischick, PhD, DVS
Dates: Fridays, March 25 and April 8, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: Octagon 10 Office Center, Parsippany
CERTIFICATE REQUIREMENT

(continued on next page)
#5684 Group Treatment Approaches in Working With Trauma

Working together in a group atmosphere provides people who have survived a traumatic event with an opportunity to substantially cope with their reactions to this event. This workshop will help participants to learn a variety of different group interventions, when to apply them, and when not to apply them. The differences between therapy-oriented populations and non-therapy-oriented populations and their responses to trauma groups will be discussed. Establishing a safe environment for the exploration of feelings and the containment of overwhelming feelings as well as learning the curative factors in group therapy will be covered.

Fee: $129
CEHs: 5 Clinical
Instructor: Amanda Mathisen Stylianou, MSW, LCSW
Date: Saturday, May 14, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: Octagon 10 Office Center, Parsippany

CERTIFICATE REQUIREMENT

#5851 Self-Care in Trauma Work

Trauma hurts everyone it touches. Expect to be different, not worse, as a consequence of working in the field of trauma and loss. What happens to you? What happens to your clients? What does it mean to be mindful of your self? As a result of this workshop, participants will broaden their knowledge, understanding, and application of techniques that contribute to their own well-being as well as to those with whom they work. They will be able to distinguish between emotions and their distortions and will broaden their understanding of the physical, psychological, emotional, social, and spiritual issues related to working within the arena of trauma. This workshop does not qualify for NBCC (National Board for Certified Counselors) clock hours in ethics.

Fee: $129
CEHs: 5 Clinical, Ethics
Instructor: Lori Schlosser, PhD
Date: Friday, May 20, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: Rutgers Eco Complex, Bordentown

CERTIFICATE REQUIREMENT

#5879 Vicarious Traumatization: Sometimes the Cost of Caring

As professionals working with trauma, we sit with and vicariously live through — watching, listening, and feeling — another’s plight. The empathic engagement with those who have experienced trauma, be it abuse, neglect, domestic violence, death, war, or any traumatic event such as 911, can produce enormous strain on the clinician’s psychological, physical, and spiritual well-being. Our greatest gift of trying to help those impacted by trauma also becomes our greatest liability. “Vicarious traumatization” (McCann and Perlman, 1990), also known as “compassion fatigue” (Figley, 1995), is a term used to describe the cumulative impact on the lives of helping professionals who work with clients who have or are experiencing trauma. The training day will be divided into two parts. The first part of the workshop will be didactic, explaining the concept of vicarious traumatization, exploring the different ways vicarious traumatization can impact professionals, and reviewing strategies to minimize the impact. The second part of the workshop is experiential. With structured exercises, participants will be given the opportunity to share the impact of their work with trauma. The workshop will emphasize self-care strategies.

Fee: $129
CEHs: 5 Clinical
Instructor: Marsha Heiman, PhD
Date: Friday, June 10, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: 390 George St., New Brunswick

#5856 Responding to Disaster

In this workshop, mental health professionals will explore psychosocial impact of disasters and terrorism, as well as strategies and systems for assessing the need for mental health intervention and providing appropriate types of early psychological intervention in the wake of a disaster or terrorist event. This workshop addresses the critical knowledge areas and skill sets that will allow clinicians to work with the federal and state disaster mental health system, law enforcement, and emergency management system in addressing the mental health consequences of such events. This workshop introduces and is consistent with the Federal Emergency Management (FEMA) - Substance Abuse Mental Health Services Administration (SAMHSA) model of community crisis intervention, as well as the disaster mental health training curriculum standards established by the National Center for Posttraumatic Stress Disorder.

Fee: $129
CEHs: 5 Clinical
Instructor: Steve Crimando, MA
Date: Wednesday, June 15, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: Octagon 10 Office Center, Parsippany

CERTIFICATE REQUIREMENT

#5863 The Application of Multi-Sensory Mindfulness Practices in Trauma Treatment

This experiential workshop will define the core skills of mindfulness and discuss the application of them to trauma work. The majority of the day will be spent practicing and applying basic and advanced multi-sensory guided imagery and mindfulness exercises. Experience and strengthen your own mindfulness skills while exploring ways to incorporate these techniques in your practice. Please wear comfortable clothing!

Fee: $129
CEHs: 5 Clinical
Instructor: Susan Esquilin, PhD, ABPP
Date: Wednesday, June 22, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: 390 George St., New Brunswick

CERTIFICATE REQUIREMENT

#5855 Family Treatment Approaches in Working With Trauma

When trauma impacts a family member, the entire system is affected. This workshop will explore the intersection of the context and the impact of trauma on members of a family and the varied response of families and clinical strategies to help both the individual and family cope with the aftermath. Focus will also be on assessment of family functioning, trauma impact and intervention with both vulnerable and functional families, mental health concerns including PTSD, and the issues of primary and secondary impact. The utilization of the different family systems theories approaches to treatment will be explored.

Fee: $129
CEHs: 5 Clinical
Instructor: Tracey Post, MSW, LCSW
Date: Thursday, June 16, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: 390 George St., New Brunswick

CERTIFICATE REQUIREMENT

Violence Against Women

There are two Violence Against Women Certificates — Foundation and Clinical.

◆ Foundation Certificate in Violence Against Women

◆ Clinical Work with Survivors Certificate

Professionals may choose to take any individual workshop listed below that interests them. If you wish to earn either certificate, simply take all the required workshops. Workshops in the VAW Program that are eligible for N.J. Domestic Violence Specialist (DVS) credits are noted. For information on DVS credits, please contact the New Jersey Coalition to End Domestic Violence (NJCEDV) at http://www.njcedv.org/.

Foundation Certificate in Violence Against Women

Note: All workshops in the foundation certificate can be taken individually or as part of a certificate program. See page 9 for details.

#1306 Mental Health and Violence Against Women

Research has shown that survivors of violence against women have a greater risk of experiencing a myriad of mental health issues and are more likely to experience depression, post-traumatic stress disorder, to abuse alcohol and drugs, and to contemplate suicide as a result
of their experiences, causing many survivors to seek mental health and other supportive services. This fundamental workshop provides an overview of the common mental health issues that many survivors of violence may face. Additionally, information on how to prevent “screening out” survivors from support, shelter, or clinical services based on previous misdiagnosis will be discussed, as well as an introduction to some of the current effective treatment interventions that survivors may encounter while engaged in clinical services.

Fee: $129
CEHs: 5
5 NJ DVS credits: Mental Health
Instructor: Elaine Edelman, PhD, LCSW
Date: Tuesday, April 12, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: 390 George St., New Brunswick

#1301 Understanding Violence Against Women
Geared toward professionals who are eager to expand their knowledge of the issues of violence against women, this important workshop provides participants with an understanding of the fundamental issues related to violence against women in all its forms — physical, sexual, emotional, and financial.

Fee: $129
CEHs: 5
5 NJ DVS credits: Basic Domestic Violence Knowledge
Instructors: Laura Luciano, MA, and Lisa Smith, MS, DVS
Date: Friday, June 17, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: 390 George St., New Brunswick
CERTIFICATE REQUIREMENT

#1303 Violence Against Women in Diverse Populations
Recognizing the critical impact that issues of race, culture, sexual orientation, religious identity, ability, and other diverse identities have on victims’ experiences of violence, this workshop provides a first glimpse into the issues of violence against women in relation to: LGBT community, people with disabilities, cultural groups or ethnicities, immigrants, asylum seekers and refugees, people with language issues, elder victims, male victims, substance abuse population, severe mental illness population, and teens. Participants will leave this workshop having learned strategies for addressing the various obstacles or issues that victims face in accessing services and negotiating the various support systems.

Fee: $129
CEHs: 5
5 NJ DVS credits: Sexual Abuse
Instructor: Elaine Edelman, PhD, LCSW
Date: Tuesday, May 24, 2016

#1315 Confidentiality and Counseling Ethics
Geared towards professionals providing clinical services, this workshop presents information on confidentiality and counseling ethics as they relate to issues of violence against women. Participants taking this workshop will be provided with an overview of the N.J. state and federal laws regarding ethics and confidentiality, as well as some of the policy statements on ethics from major professions, including social work and psychology. This workshop will also examine appropriate methods of record keeping and mandatory reporting issues when working with survivors of violence, as well as issues relevant to online counseling and other cyber communication. Participants will also learn about the importance of maintaining boundaries and the difference between consultation, supervision, and violating confidentiality. This workshop does not qualify for NBCC (National Board for Certified Counselors) clock hours in ethics.

Fee: $129
CEHs: 5 Clinical, Ethics
5 NJ DVS credits: Confidentiality and Counseling Ethics
Instructor: Karolina Szatkowski, MSW, LSW
Date: Friday, July 15, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: Monmouth Care, West Long Branch
CERTIFICATE REQUIREMENT

#1320 Special Topics: Working With Perpetrators of Domestic Violence
Geared towards professionals providing clinical services, this workshop presents information on working with perpetrators of domestic violence. Participants will become familiar with perpetrator characteristics and profiles and identify the primary intervention and treatment approaches used with perpetrators, including psycho-educational and interpersonal group approaches. In addition, this workshop will examine the legal system response to perpetrators and common challenges of working with perpetrators, including: burnout, over-identification, collusion, compassion fatigue, the need to “punish,” experiencing hostility, and cultural blind-spots. Participants will also gain an understanding of a practice framework for effective work with perpetrators that includes clear structure, safety provisions, accountability, compassion, and use of best practices.

Fee: $129
CEHs: 5 Clinical
5 NJ DVS credits: Intervention Skills
Instructor: Richard S. Kessler, PhD, NCC, DVS
Date: Monday, July 18, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: 390 George St., New Brunswick

#1312 Violence Against Women and Technology
Participants taking this workshop will learn about the ways perpetrators of domestic violence, sexual violence, and stalking use various technologies to harm and control victims. Additionally, participants will learn strategies for basic safety planning around technology risks and the benefits of technology for survivors. Participants will also explore technological barriers and issues that service providers face in regard to data protection and collection.

Fee: $129
CEHs: 5
5 NJ DVS credits: Prevention
Instructor: Sharon Zucker, MPA
Date: Saturday, May 21, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: Octagon 10 Office Center, Parsippany

#1317 Violence Against Women and the Healthcare Response
This workshop will explore the healthcare system’s role in responding to violence against women and children and provide participants with an understanding of the impact of violence and abuse on women’s and children’s health. The workshop will also focus on how to appropriately screen patients for abuse, document information, and provide resources and referrals. Special attention will be given to understanding obstacles and barriers encountered by individuals in diverse populations when receiving medical care.

Fee: $129
CEHs: 5
2.5 NJ DVS credits: Intervention
2.5 NJ DVS credits: Mental Health
Instructor: Kathleen Kelleher APNC, DMH, Certified DV Specialist
Date: Friday, July 29, 2016
Time: 9:30 a.m. - 3:30 p.m.
Location: Octagon 10 Office Center, Parsippany

Clinical Work with Survivors Certificate
Note: All workshops in the clinical certificate can be taken individually or as part of the certificate program. See page 9 for details.

#1501 Treatment of Adult Survivors of Child Sexual Abuse
Geared toward professionals providing clinical services, this dynamic workshop presents clinical information on working with and treating adult survivors of child sexual abuse (CSA). As a result of this workshop, participants will gain an understanding of the various types of sexual abuse, common diagnoses, and therapeutic approaches and techniques for working with survivors of CSA in a clinical setting.

Fee: $129
CEHs: 5 Clinical
5 NJ DVS credits: Sexual Abuse
Instructor: Elaine Edelman, PhD, LCSW
Date: Tuesday, May 24, 2016

Time: 9:30 a.m. - 3:30 p.m.
Location: 390 George St., New Brunswick
CERTIFICATE REQUIREMENT
WORKSHOP LOCATIONS

DIRECTIONS TO WORKSHOPS

We strongly recommend using the directions and maps we provide to our workshop locations. GPS and online directions are often problematic. When you register for a workshop, you will receive a confirmation email approximately two weeks prior to the workshop date with a link to directions. However, you can access directions anytime on the “Workshop Locations and Maps” page at socialwork.rutgers.edu/ce.

NEW BRUNSWICK
Rutgers School of Social Work
Office of Continuing Education
390 George Street, 6th Floor
New Brunswick, NJ 08901
848-932-8758

(Note: This is our main office)

The Boggs Center on Developmental Disabilities
Rutgers Robert Wood Johnson Medical School
Liberty Plaza
335 George Street, 3rd Floor
New Brunswick, NJ 08901

PISCATAWAY
Middlesex Regional Educational Services Commission (MRESC)
Professional Development Academy
1690 Stelton Road
Piscataway, NJ 08854
732-777-9848 Ext. 3560

BORDENTOWN
Rutgers Eco Complex
1200 Florence Columbus Road
Bordentown Township, NJ 08505
609-499-2700

PARSIPPANY
Octagon 10 Office Center
1719 Route 10 East, Suite 101
Parsippany, NJ 07054

HACKENSACK
Department of Human Services
One Bergen County Plaza
4th Floor, Room 460
Hackensack, NJ 07601
201-336-7474

TETERBORO
Advance Housing Inc.
100 Hollister Street
Teterboro, NJ 07608
201-498-9140

PARAMUS
Care Plus NJ, Inc.
610 Valley Health Plaza
Paramus, NJ 07652
201-265-8200

HIGHLAND PARK
The Pavilion at Parker
443 River Road
Highland Park, NJ 08904
732-565-2500

HAMILTON
Hamilton Public Library
1 Justice Samuel A. Alito, Jr., Way
Hamilton, NJ 08619
609-581-4060

WEST LONG BRANCH
Monmouth Care
185 State Route 36, Bldg. B1
West Long Branch, NJ 07764
732-222-8008 x102

NEW YORK CITY
Cancer Care
275 Seventh Avenue
New York, NY 10001
212-712-6141
www.cancercare.org

Monroe
Parker at Monroe
395 Schoolhouse Road
Monroe Township, NJ 08831
732-565-2422
www.FrancisEParker.com

GLASSBORO
Robins’ Nest
42 South Delsea Drive
Glassboro, NJ 08038
856-881-8689

LONG BEACH TOWNSHIP
St. Francis Community Center
4700 Long Beach Boulevard
Long Beach Township, NJ 08008
609-494-8861

HARRISON
Goodwill Industries
400 Supor Boulevard
Harrison, NJ 07029
973-481-2300

HIGHLAND PARK
The Pavilion at Parker
443 River Road
Highland Park, NJ 08904
732-565-2500

HAMILTON
Hamilton Public Library
1 Justice Samuel A. Alito, Jr., Way
Hamilton, NJ 08619
609-581-4060

WEST LONG BRANCH
Monmouth Care
185 State Route 36, Bldg. B1
West Long Branch, NJ 07764
732-222-8008 x102

NEW YORK CITY
Cancer Care
275 Seventh Avenue
New York, NY 10001
212-712-6141
www.cancercare.org

Harlem Children’s Zone
245 West 129th Street
New York, NY 10027
646-582-1200 x 1335
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TIMES
All workshops are held from 9:30 a.m. to 3:30 p.m., unless otherwise noted.

CE APPROVAL
All workshops are approved for Continuing Education Hours (CEHs) by the Rutgers School of Social Work in accordance with New Jersey Administrative Code 13:44G and recognized by the: N.J. Board of Social Work Examiners N.J. Department of Education (approval code 1965) Pennsylvania State Board of Social Workers, Marriage and Family Therapists, and Professional Counselors National Board for Certified Counselors (provider 6389) Addictions workshops are appropriate for LCADC and CADC recertification/ renewal (N.J.A.C. 13:34 c-53) Association for Play Therapy (APT) (APT Approved Provider 11-300) New York State Education Department’s State Board for Social Work, provider #0069.

APPLICATION AND ENROLLMENT
Please register online at: socialwork.rutgers.edu/ce. You can also complete and return the registration form in the back of this catalog (online registration is preferred). Registrations taken on the day of the workshop at 390 George Street location only. Call first for availability. You will be notified by telephone or email if the workshop is full and you have been closed out. If the activity is cancelled due to insufficient enrollment, you will also be contacted. You must attend the entire workshop to receive continuing education hours. Partial credit units are not awarded if you arrive late or leave early. Certificates are distributed at the end of each workshop. We will address any accommodation on an as-needed basis. Please contact our office prior to the workshop. Confirmations will be sent by email upon registration and payment. If you do not provide us with an email address, you will receive a confirmation letter in the mail. We strongly recommend using our directions to workshops instead of a GPS. See “Workshop Locations and Maps” at socialwork.rutgers.edu/ce. Formal registration for a certificate program is no longer required — they are self-paced. Get full details on certificate program requirements and track your progress on our website, socialwork.rutgers.edu/ce. Please notify us when you have completed the certificate program. We will verify your record and issue the final certificate.

REGISTRATION/FEES
Registration for the educational activities listed in this announcement is on a first-come, first-served basis. Payment must accompany your registration. Registration does not hold your spot until payment is received. If the fee is to be paid by an agency, an official letter from an executive or fiscal officer guaranteeing payment must accompany the application. Registrations received without payment or a purchase order do not guarantee a spot and will be returned. Please include a registration form with the purchase order. See workshop descriptions for applicable fees. The replacement certificate fee is $10 per certificate (if you need a hard copy sent in the mail) or free (if an electronic copy can be sent via e-mail). We will address any accommodations on an as-needed basis.

CLOTHING
Please wear layered clothing as room temperatures vary throughout the day.

CANCELLATIONS
Cancellations made more than five working days before a workshop: You can receive a coupon for the same amount paid that can be applied towards another registration within the following year OR a refund less $25 cancellation fee. Cancellations made less than five working days before a workshop: You can only receive a coupon for the same amount paid that can be applied towards another registration within the next year. No refunds. Please note: If you withdraw from one or more workshops at the same time, the cancellation fee will remain $25. However, if you withdraw from workshops at different times, you will be charged $25 for each cancellation. If you registered for multiple workshops with a discount, the refund will be pro-rated.

Coupons cannot be exchanged for a refund. If you do not show up on the workshop day without informing us, no restitutions will be made. When a workshop is cancelled due to weather or insufficient enrollment, no penalties apply.

WEATHER NOTICE
When your workshop is in New Brunswick, you can go to campusstatus.rutgers.edu to check if Rutgers University is closed. You should also call 848-932-8758 because sometimes our workshops will still be held. When your workshop is off-site, please call our main number for information: 848-932-8758. When the weather is bad, we will provide status updates with the email addresses we have on file.

RIGHT RESERVED TO CANCEL OR MODIFY
The University reserves the right to cancel or modify any workshop listed herein for any reason.

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Dean and Professor, School of Social Work
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Assistant Professor of Professional Practice
Gina Sharpe, LCSW
Assistant Director of Continuing Education
Sabrina DeCoo, BS
Program Coordinator II
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Program Coordinator II

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Email: ce@ssw.rutgers.edu
Website: socialwork.rutgers.edu/ce
Twitter: @RutgersCEU
REGISTRATION FORM  Please print clearly and make a copy for your own records

Note: Online registration preferred at: socialwork.rutgers.edu/ce

Name (as you would like it to appear on your certificate): ____________________________________________________________

Home Address (Street): ____________________________________________________________________________________

City: ___________________________________________________________________________  State: ______________  Zip Code: ______________________

Home Phone Number: (_____)______________________________  Email Address: _________________________________

☐ Please check here if your address has changed since your last registration.

Employer or Agency Affiliation: ________________________________________________________________________________

Work Setting (e.g. hospital, school) ______________________________________________________________________________

Population Served: ______________________________________________________________________________________________

Business Address (Street): _________________________________________________________________________________________

City: ___________________________________________________________________________  State: ______________  Zip Code: ______________________

Business Phone Number: (_____)_________________________________  Business Fax Number: (_____) ________________________________

Email Address: _________________________________  Highest Degree Earned: _________________________________

WORKSHOP #  WORKSHOP TITLE (please print)  DATE  FEE

1. ____________________________________________________________ _____________________________ ____________

2. ____________________________________________________________ _____________________________ ____________

3. ____________________________________________________________ _____________________________ ____________

4. ____________________________________________________________ _____________________________ ____________

DISCOUNTS:
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◆ Rutgers alumni/students/faculty or current field instructors are eligible for a 10% discount.
◆ Please note: Only ONE discount can be used per order.
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◆ Registrations taken on the day of the workshop at 390 George St location only. Call first for availability.

Select Discount:
☐ 2 Workshops for $200
☐ 10% Rutgers Affiliation

TOTAL _______________________

Method of Payment: ❑ Check  ❑ Voucher  ❑ VISA  ❑ MasterCard  3-digit security code on back of your card: ________

Signature ____________________________  Credit Card # ____________________________  Exp. Date _______/

Make checks payable to Rutgers, The State University of New Jersey. Check, voucher, or credit card information must accompany registration. Registrations received without payment or voucher will be returned.

Send all materials to: Office of Continuing Education
School of Social Work
390 George Street, 6th Floor, New Brunswick, NJ 08901
ce@ssw.rutgers.edu

For additional information or brochures, call 848-932-8758 or fax 732-932-7057

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